

**TINGKAT PENGETAHUAN DAN SIKAP IBU TENTANG PEMBERIAN
MP-ASI PADA BAYI USIA 6-24 BULAN DI POSYANDU SARI BUANA,
DESA TEGAL HARUM, KECAMATAN DENPASAR BARAT
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ABSTRAK

Pemberian MP-ASI (Makanan Pendamping Air Susu Ibu) harus dilakukan dengan tepat pada waktunya, dan jenis makanan pendamping yang diberikan sangatlah penting untuk diperhatikan, sebab dapat mempengaruhi status nutrisi dan kesehatan anak di masa depan. Penelitian ini bertujuan untuk mengetahui tingkat pengetahuan dan sikap ibu yang memiliki bayi usia 6-24 bulan tentang pemberian MP-ASI pada bayi usia 6-24 bulan, yang akan diukur dengan instrumen berupa kuesioner tingkat pengetahuan, dan kuesioner sikap. Penelitian ini merupakan penelitian deskriptif dengan pendekatan *cross sectional* yang melibatkan 42 ibu yang memiliki bayi usia 6-24 bulan di Posyandu Sari Buana, Desa Tegal Harum, Kecamatan Denpasar Barat, yang ditentukan secara *total sampling*. Analisa data pada penelitian ini menggunakan program SPSS (*Statistical Package for the Social Sciences*), yang akan dianalisa secara deskriptif, dan ditampilkan dalam bentuk tabel distribusi frekuensi, dan persentase. Berdasarkan pengambilan data primer yang dilakukan langsung dengan wawancara, dan menggunakan *google form*, menunjukkan hasil dari 42 responden, mayoritas berasal dari kelompok tingkat pendidikan hingga Sekolah Menengah Atas atau sederajat sebanyak 22 ibu (52,38%), dimana dengan hasil ibu yang memiliki pengetahuan baik sebanyak 30 ibu (71,43%), cukup sebanyak 7 ibu (16,67%), dan tingkat pengetahuan kurang sebanyak 5 ibu (11,90%). Sedangkan ibu yang memiliki sikap sangat setuju sebanyak 12 ibu (28,57%), setuju sebanyak 28 ibu (66,67%), dan ragu-ragu sebanyak 2 ibu (4,76%). Dapat disimpulkan bahwa mayoritas responden memiliki tingkat pengetahuan yang baik dan sikap yang setuju tentang pemberian MP-ASI pada bayi usia 6-24 bulan di Posyandu Sari Buana, Desa Tegal Harum, Kecamatan Denpasar Barat tahun 2021.

Kata-kata kunci: MP-ASI, tingkat pengetahuan, sikap

**LEVEL OF KNOWLEDGE AND ATTITUDE OF MOTHERS ABOUT
COMPLEMENTARY FEEDING ON INFANT AGED 6-24 MONTHS AT
POSYANDU SARI BUANA, TEGAL HARUM VILLAGE, WEST DENPASAR
IN 2021**

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ABSTRACT

The complementary feeding (MP-ASI) must be given on the right time and very important to consider the type of complementary foods, because it can affect the nutritional status and health of children in the future. This study aims to determine the level of knowledge and attitudes of mothers who have infant aged 6-24 months about giving complementary feeding to infants aged 6-24 months, which will be measured by instruments in the form of a knowledge level questionnaire, and an attitude questionnaire. This is a descriptive study with a cross sectional approach involving 42 mothers with infant aged 6-24 months at the Posyandu Sari Buana, Tegal Harum Village, West Denpasar, which were determined by total sampling methods. The data analysis of this study by using the SPSS (Statistical Package for the Social Sciences) program, which will be analyzed descriptively, and displayed in the form of frequency distribution tables, and percentages. The data on this study based on primary data collection which was carried out directly by interview, and using google form. It showed the results of 42 respondents majority came from the high school education level there were 22 mothers (52.38%), which the results of mothers who had good knowledge about complementary feeding were 30 mothers (71.43%), medium level of knowledge were 7 mothers (16.67%), and less of knowledge were 5 mothers (11.90%). Meanwhile, mothers who had a strongly agree attitude about complementary feeding were 12 mothers (28.57%), agree about complementary feeding were 28 mothers (66.67%), and still hesitating were just 2 mothers (4.76%). The conclusions of this study is that the majority of respondents have a good level of knowledge and agree attitudes about giving complementary feeding to infants aged 6-24 months at Posyandu Sari Buana,, Tegal Harum Village, West Denpasar in 2021.

Keywords: Complementary Feeding, level of knowledge, attitude