

ABSTRAK

Asuhan Kebidanan Komprehensif Pada Perempuan “KS” Di PMB “YW” Wilayah Kerja Di Puskesmas Gerokgak II Tahun 2021

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Pada kehamilan sering terjadi keluhan sering kencing yang berdampak pada gangguan ketidaknyamanan pada ibu. sulit tidur dan infeksi saluran kencing. suatu upaya di lakukan untuk mengatasi hal tersebut adalah asuhan kebidanan komprehensif. Metode penelitian yang di gunakan dilaksanakan di PMB “YW” Wilayah Kerja Puskesmas Gerokgak II Kabupaten Buleleng Tahun 2021. Subjek penelitian yaitu perempuan “KS” UK 39 minggu bersalin sampai 2 minggu Post partum dan neonatus. Tehnik pengumpulan data di lakukan dengan metode wawancara,observasi, pemeriksaan fisik. Hasil penelitian diperoleh analisa kehamilan. ibu mengeluh sering kencing dan di berikan KIE cara mengatasi sering kencing seperti tidak menahan kencing, mengurangi meminum air putih berlebihan dan mengurangi minum berkafein. Pada INC proses berjalan normal pada nifas proses berjalan lancar. pada neonatus tidak ada keluhan dan tidak ada penyulit. Dari asuhan kehamilan komprehensif dapat disimpulkan bahwa keluhan yang dialami oleh perempuan “KS” adalah keluhan fisiologis dan asuhan diberikan sesuai dengan keluhan perempuan”KS”

Kata kunci : Komprehensif, Sering Kencing

ABSTRACT

Comprehensive Midwifery Care for “KS” Women at PMB “YW” Work Area at Gerokgak II Health Center in 2021

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In pregnancy, complaints of frequent urination often occur which have an impact on discomfort for the mother. difficult tissue and urinary tract infections. An attempt to overcome this is comprehensive midwifery care. The research method used was carried out in PMB "YW" in the Gerokgak II Health Center, Buleleng Regency in 2021. The research subjects were women "KS" UK 39 weeks of delivery to 2 weeks Post partum and neonates. Data collection techniques were carried out by interview, observation, and physical examination methods. The results of the study obtained pregnancy analysis. the mother complained of frequent urination and was given IEC how to overcome frequent urination such as not holding back urine, reducing drinking excessive water and reducing caffeinated drinking. In INC, the process runs normally in the postpartum period, the process runs smoothly. in neonates there are no complaints and no complications. From comprehensive pregnancy care, it can be concluded that the complaints experienced by women "KS" are physiological complaints and care is given in accordance with the complaints of women "KS"

Keywords: Comprehensive, Frequent Peeing