

**PENGEMBANGAN MEDIA PEMBELAJARAN SENAM LANTAI
BERORIENTASI ICT TPACK UNTUK PESERTA DIDIK KELAS VII
SEKOLAH MENENGAH PERTAMA**

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ABSTRAK

Media audio visual berorientasi *ICT TPACK* dalam pembelajaran PJOK merupakan hal urgen saat ini. Penelitian ini bertujuan untuk mengembangkan video tugas gerak meroda dan kayang untuk peserta didik kelas VII SMP. Penelitian pengembangan (*research and development*) ini menggunakan rancangan model ADDIE. Sampel penelitian terdiri atas peserta didik kelas VII berjumlah 2.985 orang, berasal dari 8 SMP Negeri di Kecamatan Buleleng. Instrumen penelitian berupa angket tertutup dalam bentuk google form dan lembar validasi tugas gerak. Teknik analisis data menggunakan analisis deskriptif kuantitatif-kualitatif. Berdasarkan hasil penelitian, diketahui bahwa 1) 93,3% (795 orang) peserta didik membutuhkan video tugas gerak pembelajaran PJOK pada materi meroda dan kayang, 2) skor ahli isi terhadap tugas gerak meroda dan kayang mencapai 75 dari skor maksimal 75. Berdasarkan hasil penelitian dan pembahasan, simpulan penelitian ini adalah: 1) video tugas gerak pembelajaran PJOK pada materi meroda dan kayang sangat dibutuhkan oleh peserta didik SMP kelas VII, dan 2) tugas gerak meroda dan kayang dinyatakan valid oleh pakar isi PJOK. Kepada guru PJOK SMP Negeri di Kecamatan Buleleng dapat mengimplementasikan tugas gerak meroda dan kayang yang dirancang melalui penelitian ini.

Kata Kunci: PJOK, meroda, kayang, *ICT TPACK*

**THE DEVELOPMENT OF GYMNASTICS LEARNING MEDIA WITH ICT
TPACK ORIENTED FOR VII GRADE STUDENTS IN JUNIOR HIGH
SCHOOL**

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ABSTRACT

ICT-oriented audio-visual media TPACK in PJOK learning is an urgent matter these days. This study aimed to develop a video of cartwheel and upward bowing assignments for seventh grade students of junior high school. This research and development used in this study was the ADDIE model design. The research sample consisted of 2,985 class VII students, from 8 public junior high schools in Buleleng District. The research instrument was a closed questionnaire in the form of a google form and a motion task validation sheet. The data analysis technique used in this study was quantitative-qualitative descriptive analysis. Based on the results of the study, it was found that 1) 93.3% (795 people) of students needed a video of the PJOK learning motion task on the cartwheel and upward bowing material, 2) the content expert score on the cartwheel and upward movement task reached 75 out of a maximum score of 75. Based on the results research and discussion, it can be concluded that 1) the video of the PJOK learning motion task on the cartwheel and upward bowing material is very much needed by seventh grade junior high school students, and 2) the cartwheel and upward bowing task was being declared ad valid by the content expert of PJOK. All PJOK teachers of Junior High Schools in Buleleng District can implement the wheeling and upward bowing tasks that was designed through this research.

Keywords: PJOK, cartwheel, upward, ICT TPACK