

**PENGEMBANGAN MEDIA PEMBELAJARAN AKTIVITAS SENAM
BERORIENTASI ICT TPACK UNTUK PESERTA DIDIK DI SEKOLAH
DASAR**

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ABSTRAK

Media pembelajaran PJOK berorientasi ICT TPACK merupakan hal urgen saat ini. Penelitian ini bertujuan mengembangkan video tugas gerak cium lutut, keseimbangan, dan melompat untuk peserta didik di sekolah dasar dengan mengangkat desain model ADDIE. Artikel ini berfokus pada fase analisis dan perencanaan. Populasi penelitian terdiri atas peserta didik berjumlah 683. Penelitian ini mengambil sampel dari 448 peserta didik di 5 Sekolah Dasar Negeri di Kecamatan Buleleng instrument penelitian menggunakan angket tertutup berupa Google formulir dan lembar validasi tugas gerak. Teknik analisis menggunakan analisis deskriptif kuantitatif-kualitatif. Berdasarkan hasil penelitian ditemukan bahwa 1) 96,9% (448 orang) siswa membutuhkan video PJOK untuk pembelajaran tugas gerak. 2) ahli isi memberikan nilai 69 dari skor tertinggi, 75. Berdasarkan hasil penelitian dan pembahasan, maka penelitian ini dapat disimpulkan: 1) Guru PJOK Sekolah Dasar sangat membutuhkan video tugas gerak dan melaksanakannya sesuai dengan penelitian ini 2) Tugas gerak tersebut di nyatakan valid oleh ahli isi PJOK

Kata Kunci: PJOK cium lutut, keseimbangan, melompat, ICT TPACK

THE DEVELOPMENT OF BASIC MOTION LEARNING MEDIA FOR FLOOR GYMNASTICS ORIENTED TO ICT TPACK

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ABSTRACT

ICT TPACK-oriented Physical Education learning media is an urgent matter at this time. This study aims to develop a video task of forward fold, balance, and jumping for elementary school students by adopting the ADDIE model design. This article focuses on the analysis and planning phases. The research population consists of a total number of students 683. This study took a sample of 448 students in 5 public elementary schools in the Buleleng District. The research instrument used a closed questionnaire in the form of a Google Form and a motion task validation sheet. The analysis technique uses quantitative-qualitative descriptive analysis. Based on the study's results, it was found that 1) 96.9% (448 people) of students needed PE videos for learning motion tasks. 2) the content expert scored 69 from the highest score, 75. Based on the research and discussion results, this research can be concluded: 1) Elementary School PE teachers need a motion task video and carry it out according to this study 2) The motion task is considered valid by PE content experts.

Keywords: PE forward fold, balance, jump, ICT TPACK