

**TINGKAT MOTIVASI ATLET REMAJA MENGIKUTI GLADIATOR
BASKETBALL ACADEMY CLUB
SINGARAJA TAHUN 2022**

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ABSTRAK

Penelitian ini bertujuan untuk mengetahui tingkat motivasi atlet remaja mengikuti latihan di Gladiator Basketball Academy Club dan mengetahui manakah motivasi yang lebih dominan antara motivasi intrinsik dan motivasi ekstrinsik. Populasi dalam penelitian ini yaitu atlet remaja awal di Gladiator Basketball Academy Club yang berjumlah 34 atlet remaja awal, 23 laki-laki dan 11 perempuan. Instrumen yang digunakan adalah angket yang berisi pernyataan yang di gunakan untuk mengetahui motivasi atlet yang mengikuti Gladiator Basketball Academy Club dari faktor intrinsik (kemampuan, kondisi fisik dan aspirasi/cita-cita) dan faktor ekstrinsik (upaya pelatih, pujian, hadiah dan persaingan lingkungan latihan). Metode analisis data yang digunakan statistik deskriptif, selanjutnya metode validitas dilanjutkan dengan reliabilitas dan berdasarkan hasil penelitian yang diperoleh dalam penelitian ini yaitu tingkat motivasi atlet mengikuti Gladiator Basketball Academy Club tahun 2022 yang digolongkan dalam kategori baik berdasarkan analisis interval. Berdasarkan hasil analisis data menggunakan deskriptif kuantitatif disimpulkan bahwa tingkat motivasi atlet Gladiator Basketball Academy Club tahun 2022 berada kategori motivasi intrinsik sangat tinggi dan motivasi ekstrinsik tinggi. Total keseluruhan respon atlet mengikuti latihan di dominasi dari motivasi intrinsik.

Kata kunci : Motivasi, Basketball, Atlet, Remaja.

**THE MOTIVATION LEVEL OF YOUTH ATHLETES FOLLOWING THE
GLADIATOR BASKETBALL ACADEMY CLUB
SINGAPORE, 2022**

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ABSTRACT

This study aims to determine the level of motivation of adolescent athletes participating in training at the Gladiator Basketball Academy Club and to find out which motivation is more dominant between intrinsic motivation and extrinsic motivation. The population in this study were early adolescent athletes at the Gladiator Basketball Academy Club, which consisted of 34 early adolescent athletes, 23 male and 11 female. The instrument used is a questionnaire containing statements that are used to determine the motivation of athletes who take part in Gladiator Basketball Academy Club from intrinsic factors (ability, physical condition and aspirations/aspirations) and extrinsic factors (coach efforts, praise, prizes and competition in the training environment.). The data analysis method used was descriptive statistics, then the validity method continued with reliability and based on the research results obtained in this study, namely the level of motivation of athletes participating in the Gladiator Basketball Academy Club in 2022 which was classified in good category based on interval analysis. Based on the results of data analysis using quantitative descriptive, it can be concluded that the level of motivation of the Gladiator Basketball Academy Club athletes in 2022 is in the category of very high intrinsic motivation and high extrinsic motivation. The total overall response of athletes following training was dominated by intrinsic motivation.

Keywords: Motivation, Basketball, Athletes, Youth..