

## DAFTAR PUSTAKA

- Agustina, S, Sari, SM, & Savita, R 2014, 'Faktor-Faktor yang Berhubungan dengan Hipertensi Pada Lansia di Atas Umur 65 Tahun', *Jurnal Kesehatan Komunitas*, vol. 2, pp. 180–186.
- Amira, I, Suryani, & Hendrawati D.A 2021, 'Hubungan tingkat stres dengan hipertensi pada lansia di puskesmas guntir kabupaten garut', *Jurnal Kesehatan Bakti Tunas Husada : Jurnal Ilmu Ilmu Keperawatan, Analisis Kesehatan dan Farmasi*, vol. 21, no. 1, pp. 21–28.
- Bhowmik, D, Vel, SD, A.N, R, & Kumar, KPS 2014, 'Stress -Sign, Symptoms, Pathology and its Managements', *Elixir Pharmacy*. Available from: [www.elixirpublishers.com](http://www.elixirpublishers.com). [12 May 2022].
- Borikar Dhal, H, Sheth, KN, Borikar, H, & Sheth Director Operations, KN 2016, 'Stress and Human Body System Reaction-A Review', *International Multidisciplinary Research Journal (RHIMRJ)*. Available from: [www.rhimrj.com](http://www.rhimrj.com).
- Bindroo,S, Quintanilla Rodriguez, BS, & Challa, HJ 2022, 'Renal Failure', In *StatPearls*, StatPearls Publishing.
- Cahyono, T 2017, *Statistik Uji Korelasi*. Yayasan Sanitarian Banyumas (Yasamas), Purwekerto.
- Chu, B., Marwaha, K., Sanvictores, T., & Ayers, D. (2021). Physiology, Stress Reaction. In *StatPearls*. StatPearls Publishing.
- Dewi, N & Purnomosidi, F 2019, 'The Role of Depression, Anxiety, and Stress Against Hypertension In The Elderly', *Psycho Idea*, vol. 17, no. 2, pp. 1693–1076.
- DEWI, NPRI, Lestari, NKY, & Dewi, NLPT 2020, 'Korelasi Tingkat Stres Dengan Kualitas Tidur Lansia', *Bali Medika Jurnal*, vol. 7, no. 1, pp. 61–68.
- Eredoro Christian O. & Egbochuku Obiageli O 2019, 'Overview of Stress and Stress Management', *ARC Journal of Nursing and Healthcare*, vol. 5, no. 2.
- Goit, LN & Yang, S 2019, 'Treatment of Hypertension: A Review', *Yangtze Medicine*, vol. 03, no. 02, pp. 101–123.
- Inamdar, AA, & Inamdar, AC 2016, 'Heart Failure: Diagnosis, Management and Utilization', *Journal of clinical medicine*, 5(7), 62. Available from: <https://doi.org/10.3390/jcm5070062>

- Kaunang, VD, Buanasari, A, & Kallo, V 2019, 'Gambaran Tingkat Stres pada Lansia', *e-journal Keperawatan(e-Kp)*, vol. 7, no. 2.
- Kemenkes RI 2014, *Profil Kesehatan Indonesia Tahun 2014*. Available from: <http://www.kemkes.go.id>.
- Kemenkes 2016, 'Situasi lanjut usia (lansia)', *Situasi Lanjut usia (Lansia) di Indonesia*, p. 1. Available from: [http://www.depkes.go.id/resources/download/pusdatin/infodatin/infodatin\\_lansia\\_2016.pdf](http://www.depkes.go.id/resources/download/pusdatin/infodatin/infodatin_lansia_2016.pdf).
- Kemenkes 2017, *Profil Kesehatan Indonesia Tahun 2016*. Available from: <http://www.kemkes.go.id>.
- Kementerian Kesehatan RI Badan Penelitian dan Pengembangan 2018, 'Hasil Utama Riset Kesehatan Dasar', *Kementerian Kesehatan Republik Indonesia*, pp. 1–100. Available from: <http://www.depkes.go.id/resources/download/info-terkini/hasil-risikesdas-2018.pdf>.
- Khairunnisa, D & Oktavia Hidayati, N 2016, 'Tingkat Stres pada Remaja Wanita yang Menikah Dini di Kecamatan Babakancikao Kabupaten Purwakarta', *Jurnal Ilmu Keperawatan*, no. 2. Available from: <http://ejournal.bsi.ac.id/ejurnal/index.php/jk>.
- Kholifah, SN 2016, *Keperawatan Gerontik*. Kemenkes RI, Jakarta Selatan.
- Kuriakose, D, & Xiao, Z 2020, 'Pathophysiology and Treatment of Stroke: Present Status and Future Perspectives', *International journal of molecular sciences*, 21(20), 7609. Available from: <https://doi.org/10.3390/ijms21207609>
- Ladyani, F, Febriyani, A, Prasetya, T, & Berliana, I 2021, 'Hubungan antara Olahraga dan Stres dengan Tingkat Hipertensi Pada Lansia', *Jurnal Ilmiah Kesehatan Sandi Husada*, vol. 10, no. 1, pp. 82–87.
- Lu, L, Liu, M, Sun, R, Zheng, Y, & Zhang, P 2015, 'Myocardial Infarction: Symptoms and Treatments', *Cell biochemistry and biophysics*, 72(3), 865–867. Available from: <https://doi.org/10.1007/s12013-015-0553-4>
- Lumban Gaol, NT 2016, 'Teori Stres: Stimulus, Respons, dan Transaksional', *Buletin Psikologi*, vol. 24, no. 1, p. 1.
- Mahmudah, S, Maryusman, T, Arini, FA, & Malkan, I 2015, 'Hubungan Gaya Hidup Dan Pola Makan Dengan Kejadian Hipertensi Pada Lansia Di Kelurahan Sawangan Baru Kota Depok Tahun 2015', *Biomedika*, vol. 7, no. 2, pp. 43–51.
- Mardare, I & Bratu, EC 2020, 'Measuring Stress – Methods and Tools', *Acta Medica Transilvanica*, vol. 25, no. 1, pp. 5–7.

- Marsidi, SR 2021, 'Identification of Stress, Anxiety, and Depression Level of Students In Preparation for The Exit Exam Competency Exam', *Journal of Vocational Health Studies*, vol. 5, no. 2, p. 87.
- Modi, P, & Arsiwalla, T 2022, 'Hypertensive Retinopathy', InStatPearls,StatPearls Publishing.
- Nasution, S 2017, 'Variabel penelitian', *Raudhah*, vol. 05, no. 02, pp. 1–9. Available from: <http://jurnaltarbiyah.uinsu.ac.id/index.php/raudhah/article/view/182>.
- Nuraeni, E 2019, 'Hubungan Usia Dan Jenis Kelamin Beresiko Dengan Kejadian Hipertensi Di Klinik X Kota Tangerang', *Jurnal JKFT*, vol. 4, no. 1, p. 1.
- Nuryadi, Astuti, T, Utami, E, & Budiantara, M 2017, *Dasar-Dasar Statistik Penelitian*, 1st edn. Sibuku Media, yogyakarta. Available from: [www.sibuku.com](http://www.sibuku.com).
- Olin, BR & Pharm, D 2018, 'Hypertension : The Silent Killer : Updated JNC-8 Guideline Recommendations', *Alabama Pharmacy Association*, p. 4.
- Oparil, S., Acelajado, M. C., Bakris, G. L., Berlowitz, D. R., Cífková, R., Dominiczak, A. F., Grassi, G., Jordan, J., Poulter, N. R., Rodgers, A., & Whelton, PK 2019, 'HHS Public Access. Hypertension.', *Nature Reviews Disease Primers*, vol. 22, no. 4, pp. 1–48. Available from: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6477925/>.
- Pandit, A 2017, 'Hypertension and Myocardial Infarction: A Study and Review', In *J Cardiol Clin Res* (Vol. 5, Issue 6).
- Potter, T, & Schaefer, TJ 2022, 'Hypertensive Encephalopathy', In *StatPearls*, StatPearls Publishing
- Pradani, ADA, Mudigdo, A, & Qadrijati, I 2018, 'Biopsychosocial Factors Affecting Hypertension in Post-Menopausal Women in Surakarta, Central Java', *Journal of Epidemiology and Public Health*, vol. 3, pp. 88–88.
- Puar, THK, Mok, Y, Debajyoti, R, Khoo, J, How, CH, & Ng, AKH 2016, 'Secondary hypertension in adults', *Singapore Medical Journal*, vol. 57, no. 5, pp. 228–232.
- Putra, SW, Winarni, & Leni, ASM 2020, 'Pengaruh Senam Aerobic Low Impact Terhadap Penurunan Tingkat Stres Pada Lansia', *Universitas Muhammadiyah Malang*, vol. 2, pp. 7–36.
- Ramanto Saputra, B, . R, & Sis Indrawanto, I 2017, 'Profil Penderita Hipertensi Di Rsd Jombang Periode Januari-Desember 2011', *Saintika Medika*, vol. 9, no. 2, p. 116.

- Rochlani, Y, Pothineni, NV, Kovelamudi, S, & Mehta, JL 2017, 'Metabolic syndrome: pathophysiology, management, and modulation by natural compounds', *Therapeutic advances in cardiovascular disease*, 11(8), 215–225. Available from: <https://doi.org/10.1177/1753944717711379>
- Rudnicka, E, Napierała, P, Podfigurna, A, Męczekalski, B, Smolarczyk, R, & Grymowicz, M 2020, 'The World Health Organization (WHO) approach to healthy ageing', *Maturitas*, vol. 139, pp. 6–11.
- Sabbatini, AR & Kararigas, G 2020, 'Estrogen-related mechanisms in sex differences of hypertension and target organ damage', *Biology of Sex Differences*, vol. 11, no. 1, pp. 1–17.
- Santosa, IME, Ikhsan, M, & Ikhsan, IBY 2016, 'Pengaruh Teknik Manajemen Stres terhadap Penurunan Tingkat Stres pada Lansia di Panti Sosial Tresna Werdha Puspa Karma Mataram.', *Jurnal Ilmiah Ilmu Kesehatan Stikes Mataram*, vol. 2, no. 2, pp. 31–44.
- Sarkar, A, Roy, D, M.Chauhan, M, Dave, P, R.Makwana, N, & V.Parmar, D 2017, 'A lay epidemiological study on coexistent stress in hypertension: Its prevalence, risk factors, and implications in patients' lives', *Journal of Family Medicine and Primary Care*, vol. 6, no. 2, pp. 169–170. Available from: <http://www.jfmprc.com/article.asp?issn=2249-4863;year=2017;volume=6;issue=1;spage=169;epage=170;aulast=Faizi>
- Sauma, W, Sriagustini, I, Fitriani, S, Hidayani, WR, & Malabanan, LM 2022, 'The Analysis of Factors Influencing Hypertension on Elderly: A Literature Study', *Jurnal of Public Health Sciences*, vol. 01, no. 01, pp. 16–29. Available from: [journal.iistr.org/index.php/JPHS](http://journal.iistr.org/index.php/JPHS).
- Selo, J, Candrawati, E, & Putri, R 2017, 'Perbedaan Tingkat Stres Pada Lansia Di Dalam Dan Di Luar Panti Werdha Pangesti Lawang', *Nursing News*, vol. 2, no. 3, pp. 522–533.
- Setyawan, Febri Endra Budi 2017 'Pengantar Metologi Penelitian (Statistik Praktis)', Sidoarjo: Zivatama Jawara. Hlm 84-87
- Shahsavarani, AM, Azad, E, Abadi, M, & Kalkhoran, MH 2015, *Stress: Facts and Theories through Literature Review*.
- Sharma, DK 2018, 'Physiology of Stress and its Management'.
- Shukuri, A, Tewelde, T, & Shaweno, T 2019, 'Prevalence of old age hypertension and associated factors among older adults in rural Ethiopia', *Integrated Blood Pressure Control*, vol. 12, pp. 23–31.
- Situmorang, FD, Sri, I, & Wulandari, M 2020, 'Hubungan Tingkat Stres dengan Kejadian Hipertensi pada Anggota Prolanis di Wilayah Kerja Puskesmas Parongpong', vol. 2, no. 1. Available from: <http://ejournal.unklab.ac.id/index.php/kjn>.



- Sugiyono 2018, 'Metode Penelitian Kuantitatif, Kualitatif, dan R&D', Bandung :Alfabeta, CV.
- Suyanto, Amal, AI, Noor, MA, & Astutik, IT 2018, 'Analisis Data Penelitian', Unisula Press, Jawa Tengah, Indonesia.
- Tackling, G, & Borhade , MB 2021 'Hypertensive Heart Disease', In *StatPearls*, StatPearls Publishing
- Unger, T, Borghi, C, Charchar, F, Khan, NA, Poulter, NR, Prabhakaran, D, Ramirez, A, Schlaich, M, Stergiou, GS, Tomaszewski, M, Wainford, RD, Williams, B, & Schutte, AE 2020, '2020 International Society of Hypertension Global Hypertension Practice Guidelines', *Hypertension*, vol. 75, no. 6, pp. 1334–1357.
- UUD RI 2009 'Undang-Undang Republik Indonesia 36 Tahun 2009', *Tentang Kesehatan*.
- Vaidya, SR, & Aeddula, NR 2021, 'Chronic Renal Failure', In *StatPearls*, StatPearls Publishing.
- Whelton, PK, Carey, RM, Aronow, WS, Casey, DE, Collins, KJ, Dennison Himmelfarb, C, DePalma, SM, Gidding, S, Jamerson, KA, Jones, DW, MacLaughlin, EJ, Muntner, P, Ovbiagele, B, Smith, SC, Spencer, CC, Stafford, RS, Taler, SJ, Thomas, RJ, Williams, KA, Williamson, JD, & Wright, JT 2018, '2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines', *Journal of the American College of Cardiology*, vol. 71, no. 19, pp. e127–e248.
- WHO 2021, *Guideline for the pharmacological treatment of hypertension in adults*.
- Yam, JH & Taufik, R 2021, 'Hipotesis Penelitian Kuantitatif', *Jurnal Ilmu Administrasi* , vol. 3, no. 2.
- Yuli Hilda Sari, Usman, & Makhrajani Majid 2019, 'Faktor-Faktor Yang Berpengaruh Terhadap Kejadian Hipertensi Pada Lansia Di Wilayah Kerja Puskesmas Maiwa Kab.Enrekang', *Jurnal Ilmiah Manusia Dan Kesehatan*, vol. 2, no. 1, pp. 68–79.