

ABSTRAK

Diastrimarina, Ni Nyoman (2023), Pengembangan Panduan Konseling Behavioristik Teknik Role Playing serta Modeling untuk Meminimalisir Perilaku Bullying Siswa SMP Negeri 4 Denpasar.

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Kata-kata kunci: Konseling Behavioristik, Teknik *Role Playing*, Teknik Modeling, Perilaku *Bullying*

Penelitian ini bertujuan adalah untuk (1) menyusun dan menghasilkan buku panduan konseling behavioristik, (2) mengetahui validitas isi buku panduan konseling behavioristik, (3) mengetahui kepraktisan buku panduan konseling behavioristik, dan (4) mengetahui efektivitas buku panduan konseling behavioristik teknik *role playing* serta modeling untuk meminimalisir perilaku *bullying* siswa SMP. Metode penelitian ini menggunakan *research and development (R&D)* dengan model *4D (Four D)* yang dikembangkan oleh Thiagarajan (1974). Penelitian ini menggunakan instrumen kuesioner perilaku *bullying*. Penguji pakar pada produk panduan melibatkan lima orang pakar Guru Besar Bimbingan dan Konseling. Hasil penelitian ini menunjukkan bahwa (1) menghasilkan buku panduan konseling behavioristik terdiri dari cover, kata pengantar, skema panduan, langkah-langkah, evaluasi dan penutup (2) Buku panduan konseling behavioristik teknik *role playing* serta modeling untuk meminimalisir perilaku *bullying* siswa dinyatakan valid yang tinggi dengan nilai $CVR = 1$ ($CVR > 0$) dan CVI memperoleh skor 1, (3) uji kepraktisan buku panduan atas penilaian lima orang praktisi bimbingan konseling dinyatakan praktis (89%), (4) Penerapan buku panduan konseling behavioristik teknik *role playing* serta modeling efektif digunakan untuk meminimalisir perilaku *bullying* siswa dengan nilai $t = 19.171$ dengan signifikansi < 0.05 .

ABSTRACT

Diastrimarina, Ni Nyoman (2023). Development of Behavioristic Counseling Guidelines for Role Playing Techniques and Modeling to Minimize Bullying Behavior in Students of SMP Negeri 4 Denpasar.

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This thesis has been approved and examined by Supervisor I: Prof. Dr. I Ketut Dharsana, M.Pd., Kons., and Supervisor II: Prof. Dr. Kadek Suranata, M.Pd., Cons.

Key words: Behavioristic Counseling, Role Playing Techniques, Modeling Techniques, Bullying Behavior.

The aims of this study is to (1) compile and produce a behavioristic counseling guidebook, (2) determine the content's validity of the behavioristic counseling guidebook, (3) find out the practicality of a behavioristic counseling guidebook, and (4) determine the effectiveness of a behavioristic counseling guidebook using the role playing technique. as well as modeling to minimize bullying behavior of junior high school students. This research method uses research and development (R&D) with the 4D (Four D) model developed by Thiagarajan (1974). This study used a bullying behavior questionnaire as an instrument. Expert examiner on the guide product involve five experts from Guidance and Counseling Professors. The results of this study indicate that (1) produce a behavioristic counseling guidebook consisting of covers, prefaces, guide schemes, steps, evaluation and closing (2) behavioristic counseling guidebooks using role playing techniques and modeling to minimize student bullying behavior are declared valid. high with CVR = 1 (CVR > 0) and CVI got a score of 1, (3) the practicality test of the guidebook on the assessment of five guidance counseling practitioners was declared practical (89%), (4) The application of the guidebook behavioristic counseling technique role playing and Effective modeling is used to minimize student bullying behavior with a value of $t = 19.171$ with a significance < 0.05 .