

**ANALISIS *SHOOTING* DAN POLA MENCETAK GOL  
PERSATUAN SEPAKBOLA JEMBRANA PADA  
KOMPETISI LIGA 3 PSSI BALI**

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**ABSTRAK**

Salah satu tujuan setiap tim sepakbola adalah mencetak gol ke gawang lawan lebih banyak dari pada kemasukan gol. Penelitian ini bertujuan untuk menganalisis *shooting* dan pola mencetak gol, tim PS Jembrana selama Liga 3 PSSI Bali tahun 2021. Metode penelitian yang digunakan dalam penelitian ini yakni, deskriptif kuantitatif dengan cara meng-observasi seluruh pertandingan PS Jembrana selama Liga 3 PSSI Bali 2021 (8 pertandingan), yang akan menghasilkan interval waktu (15 menit), type of play, jumlah pass sebelum terjadinya *shooting* dan *scoring*, aksi pemain sebelum melakukan *shooting* dan *scoring*, posisi pemain dalam bermain dan Zona bermain. Berdasarkan hasil pengolahan dan analisa data, maka berdasarkan interval waktu (15 menit) *shooting* terbaik terjadi pada menit 75-90 atau sebanyak 19% dan *scoring* terbaik terjadi pada menit 75-90 atau sebanyak 19%. Dari type of play seperti *open play* maupun *set play*, selanjutnya dikalkulasi pula jumlah *shooting* dan *scoring* yang berhasil dibuat oleh PS Jembrana. Saat *open play* tercipta 105 kali (88%) *shooting*, dan saat *set play* tercipta 14 kali (12%) *shooting*. Jumlah *scoring* yakni 9 (69%) saat *open play*, dan 4 (31%) dari situasi *set play*. Berdasarkan *passing* sebelum melakukan *shooting*, *persentase shooting* terbaik PS Jembrana terjadi pada dua kali (2 *passing*) *passing* sebelum melakukan *shooting* sebanyak 18 kali *shooting* atau 15% dari total keseluruhan *shooting*, sedangkan *persentase scoring* terbaik PS Jembrana terbaik terjadi pada empat kali (4 *passing*) *passing* sebelum melakukan *scoring* sebanyak 3 kali atau 23% dari total keseluruhan *scoring*. Kemudian pada awalan/aksi sebelum melakukan *shooting*, *persentase shooting* terbaik PS Jembrana terjadi pada *Control + Dribble + Shoot* sebanyak 58 atau 49% dari total *shooting* keseluruhan, sedangkan *persentase scoring* terbaik PS Jembrana terbaik *Control + Dribble + Shoot* sebanyak 7 atau 54% dari total keseluruhan *scoring*. Dari posisi pemain, *midfielder* menjadi yang terbanyak dalam melakukan tembakan (*shooting*) 41 kali (34%) dan *scoring* terbanyak diciptakan oleh *winger* yakni 6 gol (46%). Kemudian di *zone* terbaik melakukan *shooting* terjadi pada *ultra offensive centre zone* sebanyak 82% dan *scoring* terbanyak terjadi di *ultra offensive centre zone* yakni 77%. Data ini berimplikasi pada evaluasi program latihan taktikal dan pula pada salah satu pedoman dalam menyusun program latihan PS Jembrana untuk kompetisi selanjutnya.

**Kata Kunci:** *Shooting*, pola mencetak gol, PS Jembrana

**SHOOTING ANALYSIS AND SCORING PATTERNS  
JEMBRANA FOOTBALL UNION AT  
PSSI BALI LEAGUE 3 COMPETITION**

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*One of the goals of every football team is to score more goals against the opponent's goal than conceding goals. This research aims to analyze shooting and scoring patterns, PS Jembrana team during Liga 3 PSSI Bali in 2021. The research method used in this research is descriptive quantitative by observing all PS Jembrana matches during Liga 3 PSSI Bali 2021 (8 matches), which will produce time intervals (15 minutes), type of play, number of passes before the shot and goal scoring, player action before shooting and goal scoring, player position in play and playing zone. Based on the results of data processing and analysis, based on the time interval (15 minutes) the best shooting occurs in minutes 75-90 or as much as 19% and the best scoring occurs in minutes 75-90 or as much as 19%. From the type of play such as open play and set play, the number of shooting and scoring made by PS Jembrana is also calculated. When open play created 105 times (88%) shooting, and when set play created 14 times (12%) shooting. The number of scoring is 9 (69%) during open play, and 4 (31%) from set play situations. Based on passing before shooting, the best shooting percentage of PS Jembrana occurs in two times (2 passing) passing before shooting as many as 18 times shooting or 15% of the total shooting, while the best scoring percentage of PS Jembrana best occurs in four times (4 passing) passing before scoring 3 times or 23% of the total scoring. Then in the prefix / action before shooting, the best shooting percentage of PS Jembrana occurs in Control + Dribble + Shoot as many as 58 or 49% of the total shooting, while the best scoring percentage of PS Jembrana best Control + Dribble + Shoot as many as 7 or 54% of the total scoring. From the position of the player, the midfielder became the most in shooting 41 times (34%) and the most scoring was created by the winger, namely 6 goals (46%). Then in the best zone shooting occurs in the ultra offensive center zone as much as 82% and the most scoring occurs in the ultra offensive center zone which is 77%. This data has implications for the evaluation of tactical training programs and also for one of the guidelines in compiling the PS Jembrana training program for the next competition.*

**Keywords:** Shooting, scoring patterns, PS Jembrana

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