



LAMPIRAN

**Lampiran 01. Kategorisasi Skor Indeks Massa Tubuh Mahasiswa Fakultas
Olahraga dan Kesehatan Undiksha Tahun 2022**

Interval Skor	Kategori
< 18,5	Underweight
18,5 – 22,9	Normal
23,0 – 24,9	Overweight
25,0 – 29,9	Obesitas I
≥ 30	Obesitas II

Sumber: WHO dan P2PTM Kemenkes RI



**Lampiran 02. Output SPSS Analisis Deskriptif Indeks Massa Tubuh
Mahasiswa Fakultas Olahraga dan Kesehatan Undiksha
Tahun 2022**

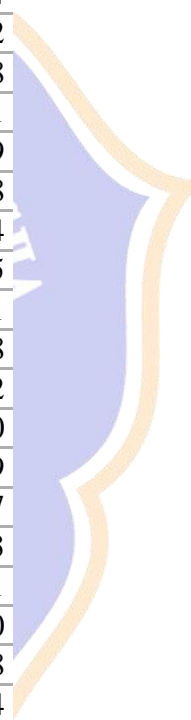
Frequencies

		Statistics		
		Berat_Badan	Tinggi_Bada n	IMT
N	Valid	122	122	122
	Missing	0	0	0
Mean		64.10	1.6818	22.575
Std. Deviation		11.723	.07257	3.3381
Minimum		40	1.51	16.6
Maximum		98	1.91	30.8

Frequency Table

		IMT			
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	16.6	1	.8	.8	.8
	17.0	1	.8	.8	1.6
	17.2	1	.8	.8	2.5
	17.6	1	.8	.8	3.3
	18.0	4	3.3	3.3	6.6
	18.1	1	.8	.8	7.4
	18.4	3	2.5	2.5	9.8
	18.6	2	1.6	1.6	11.5
	19.0	1	.8	.8	12.3
	19.3	1	.8	.8	13.1
	19.4	1	.8	.8	13.9
	19.5	3	2.5	2.5	16.4
	19.6	2	1.6	1.6	18.0
	19.7	1	.8	.8	18.9
	19.8	1	.8	.8	19.7
	20.0	2	1.6	1.6	21.3
	20.1	3	2.5	2.5	23.8
	20.2	4	3.3	3.3	27.0
	20.3	3	2.5	2.5	29.5
	20.5	2	1.6	1.6	31.1
20.7	2	1.6	1.6	32.8	

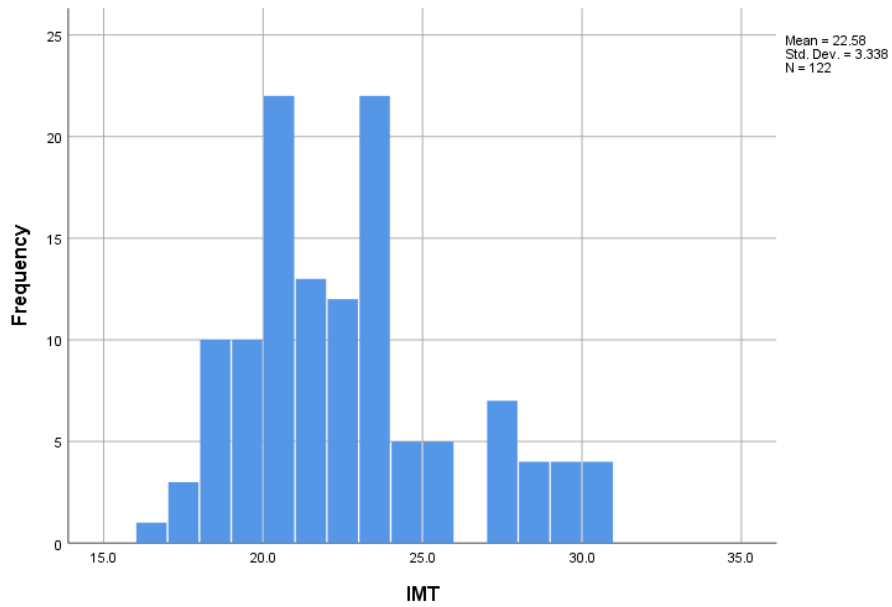
20.8	4	3.3	3.3	36.1
20.9	2	1.6	1.6	37.7
21.0	1	.8	.8	38.5
21.2	3	2.5	2.5	41.0
21.3	3	2.5	2.5	43.4
21.4	1	.8	.8	44.3
21.5	1	.8	.8	45.1
21.6	1	.8	.8	45.9
21.7	1	.8	.8	46.7
21.9	2	1.6	1.6	48.4
22.0	2	1.6	1.6	50.0
22.2	2	1.6	1.6	51.6
22.5	4	3.3	3.3	54.9
22.6	1	.8	.8	55.7
22.7	2	1.6	1.6	57.4
22.8	1	.8	.8	58.2
23.0	2	1.6	1.6	59.8
23.1	4	3.3	3.3	63.1
23.2	1	.8	.8	63.9
23.3	1	.8	.8	64.8
23.4	2	1.6	1.6	66.4
23.5	5	4.1	4.1	70.5
23.6	2	1.6	1.6	72.1
23.8	2	1.6	1.6	73.8
23.9	3	2.5	2.5	76.2
24.0	1	.8	.8	77.0
24.1	1	.8	.8	77.9
24.8	1	.8	.8	78.7
24.9	2	1.6	1.6	80.3
25.1	1	.8	.8	81.1
25.2	1	.8	.8	82.0
25.7	1	.8	.8	82.8
25.9	2	1.6	1.6	84.4
27.1	1	.8	.8	85.2
27.2	1	.8	.8	86.1
27.3	1	.8	.8	86.9
27.4	1	.8	.8	87.7
27.6	1	.8	.8	88.5
27.7	2	1.6	1.6	90.2
28.1	1	.8	.8	91.0
28.2	1	.8	.8	91.8
28.3	1	.8	.8	92.6
28.4	1	.8	.8	93.4
29.3	1	.8	.8	94.3
29.7	1	.8	.8	95.1



29.8	2	1.6	1.6	96.7
30.1	1	.8	.8	97.5
30.2	1	.8	.8	98.4
30.4	1	.8	.8	99.2
30.8	1	.8	.8	100.0
Total	122	100.0	100.0	



**Lampiran 03. Diagram Histogram Data Skor Indeks Massa Tubuh
Mahasiswa Fakultas Olahraga dan Kesehatan Undiksha
Tahun 2022**



Lampiran 04. Data Indeks Massa Tubuh Mahasiswa Fakultas Olahraga dan Kesehatan Undiksha Tahun 2022

Timestamp	Nama	NIM	Massa Badan (kg)	Tinggi Badan (m)	IM T
7/25/2022 21:12:10	I Gede Andika Duta Purnadana	1816021006	90	1.71	30.8
7/25/2022 21:25:18	I Wayan Leon Surya Candra	2016041010	78	1.77	24.9
7/25/2022 21:31:10	Dictyo Renaldi	1916041004	58	1.65	21.3
7/25/2022 22:35:04	I Komang Ragil Palguna	2116021004	50	1.65	18.4
7/25/2022 22:52:55	Kadek Sukma Arijaya	2016041015	68	1.71	23.3
7/25/2022 23:22:48	Miftahul Maghfiroh	1816021009	60	1.58	24.0
8/7/2022 21:03:59	Bati Armando Vegatus	1916021006	61.3	1.65	22.5
8/7/2022 21:06:59	Bati Armando Vegatus	1916021006	61.5	1.65	22.6
8/7/2022 21:09:47	Bhaskara Premasairam Das	1916021008	73	1.74	24.1
8/7/2022 21:10:38	Bati Armando Vegatus	1916021006	61.3	1.65	22.5
8/7/2022 21:14:38	I Nyoman Widiarsa	1716021004	62	1.74	20.5
8/11/2022 1:30:18	I Putu Eka Wicaksana	2016011054	75	1.85	21.9
8/11/2022 1:36:48	Ni Made Nandini Prashanti	2016011075	70	1.60	27.3
8/11/2022 1:38:10	Ni Made Putri Darmayanti	1916011043	58	1.57	23.5
8/11/2022 1:42:06	Made Sastra Purnadinata	2016011049	86.5	1.75	28.2
8/11/2022 1:45:06	Ketut Widianto	1916011038	83	1.79	25.9
8/11/2022 1:46:38	Ida Anak Agung Istri Mirah Widyani	2116011008	54	1.55	22.5
8/11/2022 1:47:24	I Kadek Bhaskara Utangka	2016011094	64	1.65	23.5
8/11/2022	I Putu Pradipta Yoga	2116011077	63	1.65	23.1

1:48:10					
8/11/2022 1:52:44	I Made Nurana Wijaya	2016011086	60	1.68	21.3
8/11/2022 1:54:06	Tut Bagas Indra Wijaya	1916011047	72	1.80	22.2
8/11/2022 1:59:01	I Gusti Ngurah Bagus Putu Adhitya	2016011060	52	1.75	17.0
8/11/2022 2:08:02	Rizki Ihsan Kurniyanto	2016011021	52	1.68	18.4
8/11/2022 2:12:16	Natan Parama Putra Prema	2116011032	55	1.72	18.6
8/11/2022 2:13:15	I Kadek Dimas Diantara	2016011073	53	1.65	19.5
8/11/2022 2:13:21	Anak Agung Gde Arta Sujana	2116011007	90	1.78	28.4
8/11/2022 2:15:52	I Kadek Adi Sukma Nanda	2016011020	65	1.79	20.3
8/11/2022 2:24:49	I Kadek Panji Kusuma Yuda	2016011090	55	1.69	19.3
8/11/2022 2:29:03	Ngakan Made Satria Wiguna	2016011041	66	1.78	20.8
8/11/2022 2:37:09	Putu Mahedi	2116011012	55	1.63	20.7
8/11/2022 2:37:32	I Kadek Dwi Putra Adnyana	2116011046	57	1.65	20.9
8/11/2022 2:38:02	I Wayan Krisna Ananda Kusuma	2116011079	81	1.71	27.7
8/11/2022 2:38:02	I Made Braja Mandala Bumi D	2116011001	55	1.72	18.6
8/11/2022 2:38:39	Komang Shintya Purnama Dewi	2116011010	60	1.60	23.4
8/11/2022 2:38:46	Maha Yanny R.J	2116011034	50	1.56	20.5
8/11/2022 2:40:00	Ni Komang Putri Wulandari	2116011019	64	1.65	23.5
8/11/2022 2:42:18	Komang Budi Artana	2116011013	55	1.65	20.2
8/11/2022 2:43:02	I Nyoman Giri Natha	1916011019	53	1.65	19.5
8/11/2022 2:44:26	Ni Wayan Pujasari	2116011014	50	1.66	18.1
8/11/2022 2:45:46	Andi Setiawan	1916011018	89	1.71	30.4
8/11/2022 2:46:30	Moh. Hasbi Assidiqi	2116011005	66	1.68	23.4
8/11/2022 2:54:29	I Kadek Lois Surya Astawa Adhi Putra	2116011066	85	1.69	29.8

8/11/2022 2:55:09	Ikadek Yasa	2116011042	86	1.70	29.8
8/11/2022 2:55:39	Gede Agus Saputra	2116011040	65	1.75	21.2
8/11/2022 2:59:37	I Kade Suka Wiadnyana	1916011005	56	1.67	20.1
8/11/2022 2:59:48	I Putu Andika Putra	2016011040	65	1.75	21.2
8/11/2022 3:05:33	I Made Agus Wirayudha	2016011044	60	1.70	20.8
8/11/2022 3:09:08	Bagus Ade Prasetya Dinata	2016011061	71	1.80	21.9
8/11/2022 3:19:56	Putu Merta Adi Kusuma Jaya	2016011087	65	1.76	21.0
8/11/2022 3:20:28	I Gusti Nyoman Agung Mahadiptha	2116011054	65	1.73	21.7
8/11/2022 3:30:41	Oka Ananta Yogiswara	2116011009	78	1.91	21.4
8/11/2022 3:30:50	Desak Putu Novi Aristya Dewi	1916011008	63	1.59	24.9
8/11/2022 3:31:12	Wahyu Hidayat	1916011065	80	1.68	28.3
8/11/2022 3:31:49	Ketut Peri Ardiasa	2116011115	68	1.72	23.0
8/11/2022 3:31:51	Kadek Mita Rahma Yuni	2116011078	50	1.58	20.0
8/11/2022 3:32:35	Muhammad Isnaini	2116011114	73	1.64	27.1
8/11/2022 3:34:15	Siswandi A. Karo- Karo	2116011072	48	1.65	17.6
8/11/2022 3:34:56	Ni Wayan Rina Darma Yanti	2116011070	74	1.65	27.2
8/11/2022 3:35:37	Ni Made Diah Pujiani	2116011030	63	1.51	27.6
8/11/2022 3:35:54	Putu Setiawan	2016011101	55	1.65	20.2
8/11/2022 3:36:15	Gede Mahendra Yasa Suardana	2116011094	65	1.65	23.9
8/11/2022 3:36:59	Ketut Santika	2116011111	45	1.58	18.0
8/11/2022 3:37:35	Made Angga Wiguna	2116011117	67	1.69	23.5
8/11/2022 3:38:39	Handyka Prasetyo	2116011062	65	1.75	21.2
8/11/2022 3:39:51	I Nyoman Gede Satya Prakasa	2116011099	55	1.70	19.0
8/11/2022	Hani Elinta Br	2016011007	58	1.56	23.8

3:40:09	Simatupang				
8/11/2022 3:41:05	I Gusti Ngurah Alit Wijaya Kasuma	2116011027	65	1.66	23.6
8/11/2022 3:41:43	Kadek Ratna	2116011058	58	1.58	23.2
8/11/2022 3:41:56	Ni Kadek Denita Putri Ramadani	2116011093	54	1.64	20.1
8/11/2022 3:41:58	I Putu Mahesa Angga Ariesta Putra	2116011103	58	1.72	19.6
8/11/2022 3:42:42	I Gusti Ngurah Panca	1916011072	72	1.74	23.8
8/11/2022 3:42:50	Deva Oktav Riana	2116011061	60	1.75	19.6
8/11/2022 3:43:09	Komang Gangga Kurniawan	2016011018	47	1.60	18.4
8/11/2022 3:44:16	Oni Nuari Mendrofa	2016011030	58	1.60	22.7
8/11/2022 3:45:01	I Komang Adi Widiadnyana	2116011120	65	1.70	22.5
8/11/2022 3:45:06	Alfi Maisatul Mukaromah	2016011029	48	1.54	20.2
8/11/2022 3:49:37	Kadek Agus Nusa Wardana	2116011104	60	1.65	22.0
8/11/2022 3:49:43	I Gusti Ngurah Kade Wahyu Ari Dewata	1916011059	67	1.63	25.2
8/11/2022 3:50:16	I Putu Eka Artawijaya	1816011028	70	1.67	25.1
8/11/2022 3:50:20	Ni Luh Ani Chessiani	2.01601E+1 1	53	1.65	19.5
8/11/2022 3:51:02	Yosep Bartholomeus Dwi Yulianto	1916011055	98	1.80	30.2
8/11/2022 3:51:30	Formendi O Saragih	2116011021	55	1.67	19.7
8/11/2022 3:52:47	I Putu Harya Dana Kusuma	2116011095	60	1.70	20.8
8/11/2022 3:53:13	Rajendra Nur Oktaviano	2116011096	69	1.71	23.6
8/11/2022 3:55:32	I Dewa Putu Prana Angira	2016011023	68	1.70	23.5
8/11/2022 3:55:43	Made Anggie Surya Darma	1916011071	73	1.78	23.0
8/11/2022 3:55:58	Irvan	2116011002	48	1.67	17.2
8/11/2022 3:56:25	I Putu Andre Oktavyatama Putra	2116011102	70	1.65	25.7
8/11/2022 3:56:37	Ketut Santika	211601111	45	1.58	18.0

8/11/2022 3:56:47	I Wayan Krisna Ananda Kusuma	2116011079	80	1.70	27.7
8/11/2022 3:56:55	Ni Putu Asti Anggita Cahyani	2116011109	46	1.60	18.0
8/11/2022 3:57:09	I Putu Agus Satria Perdana Jelantik	2016011063	65	1.80	20.1
8/11/2022 3:57:56	Komang Raditya Ray Wijaya	2116011108	90	1.79	28.1
8/11/2022 3:58:13	Ida Bagus Km Sastra Adhy Nata	2116011107	70	1.68	24.8
8/11/2022 3:58:53	I Gede Widnyana	2116011105	60	1.70	20.8
8/11/2022 4:00:02	Made Pasek Sadhu Kosala	2116011004	56	1.66	20.3
8/11/2022 4:02:37	Valentino Bagus Sugiantara	1916011063	60	1.65	22.0
8/11/2022 4:03:21	I Putu Andika Candra Pratama	1916011053	95	1.80	29.3
8/11/2022 4:03:43	I Made Dwi Aksara	1916011011	60	1.67	21.5
8/11/2022 4:06:07	Made Loukika	1916011062	66	1.70	22.8
8/11/2022 4:07:00	Kadek Nova Juniartha	1916011056	72	1.78	22.7
8/11/2022 4:09:06	Kadek Soarnaya	2116011015	64	1.76	20.7
8/11/2022 4:17:48	Ni Luh Jelita Damawati	2116011011	52	1.60	20.3
8/11/2022 4:24:48	Kadek Mita Rahma Yuni	2116011078	50	1.58	20.0
8/11/2022 4:28:35	Gede Sudi Adinata	1916011060	74	1.69	25.9
8/11/2022 4:28:38	I Made Subawa Putra Loka	2016011080	68	1.75	22.2
8/11/2022 4:30:35	Luh Kade Dewi Rahayu	2116011071	59	1.57	23.9
8/11/2022 4:38:48	Pande Putu Epa Adnyana	2016011008	57	1.57	23.1
8/11/2022 4:51:26	Ketut Arcana	2016011027	56	1.68	19.8
8/11/2022 5:05:04	Agus Nuarta	1916011068	82	1.73	27.4
8/11/2022 5:22:38	Kezia Julianty Br Ginting	2016011010	53	1.62	20.2
8/11/2022 5:30:45	Ninik Risa Christina	2016011028	40	1.55	16.6
8/11/2022	I Made Sukma Putra	2116011118	56	1.61	21.6

5:36:52	Wiguna				
8/11/2022 5:44:14	Josep Sijabat	1816011043	55	1.75	18.0
8/11/2022 6:45:51	Komang Adhi Pramana Putra	2116011064	60	1.68	21.3
8/11/2022 14:38:10	I Putu Andre Hardiawan	2116011121	64	1.75	20.9
8/11/2022 20:48:18	I Kadek Dyas Saputra	2106011093	63	1.65	23.1
8/11/2022 21:04:49	I Gusti Ngurah Made Dwi Sanayasa	2116011026	69	1.73	23.1
8/11/2022 22:42:06	Made Diah Karisma Utami	2016011009	78	1.61	30.1
8/12/2022 3:49:12	Putu Maruliyana Putra	1916011015	92	1.76	29.7
8/12/2022 3:52:57	Ivantus Ombong	1816011017	56	1.70	19.4
8/12/2022 4:14:52	I Gusti Agung Made Adi Wirasmika	1816011009	74	1.76	23.9

