

APPENDICES



Appendix 1

STUDENTS' POST TEST SCORE

No	Students	Scores	
		Experimental group	Control Group
1	Student 1	97	100
2	Student 2	62	62
3	Student 3	62	76
4	Student 4	72	86
5	Student 5	76	76
6	Student 6	59	41
7	Student 7	62	69
8	Student 8	72	86
9	Student 9	100	66
10	Student 10	66	45
11	Student 11	93	52
12	Student 12	72	83
13	Student 13	83	55
14	Student 14	83	69
15	Student 15	100	76
16	Student 16	100	79
17	Student 17	76	48
18	Student 18	93	45
19	Student 19	76	52
20	Student 20	79	100
21	Student 21	86	52
22	Student 22	100	76
23	Student 23	100	100
24	Student 24	52	90
25	Student 25	100	69
26	Student 26	69	52
27	Student 27	83	48
28	Student 28	83	93
29	Student 29	86	69
30	Student 30		79
31	Student 31		100

Appendix 2

POST-TEST

Read the text carefully and answer the following questions!

Healthy Lifestyle

A healthy lifestyle can help you thrive throughout your life. Making healthy choices isn't always easy, but here are some steps to get a healthy life.

Steps you can take:

- Be physically active for 30 minutes most days of the week. Healthy movement may include walking, sports, dancing, yoga, running or other activities you enjoy.
- Eat a well-balanced. Choose a low-fat diet with lots of fruits, vegetables, and whole grains.
- Do not smoke, or quit if you do. Ask your healthcare provider for help if it is needed
- Drink in moderation if you drink alcohol. Never drink before or while driving or when pregnant
- Ask someone you trust for help if you think you might be addicted to drugs or alcohol.
- Help prevent sexually transmitted infections (STIs) and HIV/AIDS by using condoms every time you have sexual contact. Condoms aren't 100 percent foolproof, so discuss STI screening with your provider. Birth control methods other than condoms, such as pills and implants, won't protect you from STIs or HIV.
- Stay out of the sun, especially between 10 a.m. and 3 p.m. when the sun's harmful rays are strongest. You are not protected if it is cloudy or if you are in the water — harmful rays pass through both. Use a broad spectrum sunscreen that guards against both UVA and UVB rays, with a sun protection factor (SPF) of 15 or higher.

Adapted from: <https://www.ucsfhealth.org/education/healthy-lifestyles-healthy-outlook>

1. The text mainly tells us about...
 - a. A healthy lifestyle
 - b. How to look healthy
 - c. How to maintain your health
 - d. Exercise regularly
2. Why should we stay out of the sun at 10 a.m. – 3 p.m.?
 - a. It can make your skin getting darker

- b. UVs exposure can trigger skin cancer
 - c. Sun rays can pass through cloudy weather
 - d. It makes you to buy sun protection
3. What is the underlined word in this following sentence means?
“Condoms aren't 100 percent foolproof, so discuss STI screening with your provider”
 - a. Safe
 - b. Easy
 - c. Reliable
 - d. Credible
4. Which of the following statement that is TRUE?
 - a. You can use gun to save you from any injuries
 - b. Birth control methods can protect you from STIs or HIV.
 - c. Don't quit smoking without the help of health care provider
 - d. A diet that is low in saturated fat and cholesterol is recommended
5. If you want to be physically stronger and healthier, what should you do?
 - a. Do the exercise for at least 30 minutes
 - b. Do movements such as slouching in the couch
 - c. Keep drinking and smoking
 - d. Consuming drugs
6. What can you conclude from the text?
 - a. Healthy living is not easy and very troublesome
 - b. Living healthily means that you have to be physically active and eat healthy meals.
 - c. Prevent sex and use sun protection is not a kind of healthy lifestyle
 - d. We must taking drugs whatever the condition

Read the text carefully and answer the following questions!

Maintaining a Healthy Outlook

Women today have busy, demanding lives. Learning to balance your life with some time for yourself will pay off with big benefits which are a healthy outlook and better health.

Steps you can take:

- Stay in touch with family and friends.
- Keep involved in a community.
- Maintain a positive attitude and do things that make you happy.
- Keep your curiosity alive. Lifelong learning is beneficial to your health.
- Healthy intimacy takes all forms but is always free of coercion.
- Learn to recognize and manage stress in your life. Signs of stress include trouble sleeping, frequent headaches and stomach problems; being angry a lot; and turning to food, drugs and alcohol to relieve stress.

- Good ways to deal with stress include regular exercise, healthy eating habits and relaxation exercises, such as deep breathing or meditation. Talking to trusted family members and friends can help a lot. Some women find that interacting with their faith community is helpful in times of stress.
- Get enough sleep and rest. Adults need around eight hours of sleep a night.
- Talk to your health care providers if you feel depressed for more than a few days; depression is a treatable illness. They can help you to survive from this condition. Signs of depression include feeling empty and sad, crying a lot, loss of interest in life, and thoughts of death or suicide. If you or someone you know has thoughts of suicide, get help right away.

Adapted from: <https://www.ucsfhealth.org/education/healthy-lifestyles-healthy-outlook>

7. What is the main idea of the text?
 - a. Mental health
 - b. Woman's stresses
 - c. Healthy outlook
 - d. Life balance
8. What is the sign of depression based on the text above?
 - a. Trouble in sleeping, frequent headaches, loss of interest in life
 - b. Consuming a lot of foods and alcohol
 - c. Having thoughts to suicide
 - d. Always having stomach trouble
9. "They can help you to survive from this condition". The word *they* in this sentence refer to...
 - a. Adults
 - b. Family and friend
 - c. Health care providers
 - d. Women
10. "Healthy intimacy takes all forms but is always free of coercion". What can you infer from this sentence?
 - a. Healthy relationship do not have many restrictions
 - b. Coercion is an example of healthy relationship
 - c. Healthy relationship can be achieved by forcing our partners
 - d. Healthy relationship is freedom and loneliness
11. The word *coercion* means...
 - a. Violence
 - b. Compulsion
 - c. Toughness
 - d. Severity
12. Based on the text above, what is the characteristic of healthy outlook?
 - a. Having positive attitude but does not like to be involved with community
 - b. Can manage stress and socialize in the community

- c. Having a long sleeping time
 - d. Always lazy to improve their knowledge
13. The text states that...
- a. Food can relieve stress
 - b. Adults only need less than 8 hours to sleep
 - c. Stay alone, do not involve with any community
 - d. Depression can be cured

Read the text carefully and choose the appropriate phrase to complete the sentence from number 14-16!

Teaching Swimming to Kids

When teaching kids how to swim, the experience should be fun and playful. To teach your child how to swim, practice each step until they're comfortable with each phase:

Simple instructions

1. Enter the water together. 13. _____ to help them stay afloat.
2. Hold your child under their armpits. Ask them to inhale, reach out like a superhero, and blow bubbles for five seconds underwater to practice exhaling
3. 14. _____, allow your child to float for five seconds.
4. Hold your child under their armpits. Ask them to blow five-second bubbles as you walk slowly backward.
5. Repeat and have them kick their feet up and down
6. Repeat, this time letting go.
7. To inhale, have your child lift their head, take a breath and move their hands forward like a tiger.

Adapted from: <https://www.healthline.com/health/exercise-fitness/how-to-swim#for-beginners>

14. a. holding their arms or hands
b. hold their arms or hands
c. held their arms or hands
d. holding their arms or hands
15. a. Repeating and let go
b. Repeated and let go
c. Repeat and letting go
d. Repeat and let go
16. a. lifting their head
b. pushed their head
c. lift their head
d. push their head

17. The text tell us about ...
- Steps to teach kids to swim
 - Parents obligation to teach their kids to swim
 - Steps how to make swim experiences more enjoyable
 - Parents should let their kids float alone

Read the text carefully and answer the following questions!

TRETENS

The Covid-19 pandemic threatens not only physical health, but also mental health. It is normal to feel sad, depressed, worried, confused, or angry when we are in a pandemic crisis. However we should try to keep a clear mind for our mental health. Therefore, here are some tips on how to stay healthy mentally while staying at home.

- Sharing and Listening to Each Other.*** One of the basic human needs is the need to listen and be heard. Talk to people you trust. Share your feelings; share the mood with friends, family, or your loved ones.
- Reduce News Intake.*** Reading information or news is necessary, but don't let it make you anxious. Too much consumption of news on certain topics can also disturb our mental health.
- Take Time to Exercise.*** Exercise can help us to be fresher. Take at least 15-30 minutes a day for morning walks around the house, doing yoga, or some light stretching at home. That can also help us the release our stress.
- Do Your Favorite Hobby.*** There are so many things that might become your hobby, from gardening, listening to music, painting, cooking, playing games, and many other more. Do whatever hobbies you like through your daily activities, and your mind will be calmer, fresher, and of course your heart will be happy.
- Take Time to Indulge Yourself.*** If you feel overwhelmed take a minute to breathe, relax, and do something just for yourself. You can watch your favorite movies and TV shows, etc. Do whatever makes you relax, and forget for a moment the problem that you have.
- Limit Use of Social Media.*** Keeping up with the news that is happening is indeed important, but if it affects your mental health, you should limit the use of social media. Limit the use of technology make you feel happy and comfortable.

Retrieved from: <https://www.studocu.com/id/document/universitas-swiss-german/british-cultural-studies/5-procedure-text/17757105>

18. Which of the following statement that is false?
- Read too much news can disturb your mental health
 - Feel anxious during the pandemic is not normal
 - It is important to keep our mind clear

- d. Taking care of ourselves can prevent any mental health issue
19. The antonym of word indulge is
- Pamper
 - Coddle
 - Abstain
 - Satiate
20. What is the goal of the text?
- To tell the reader how important is mental health
 - To tell the reader how to stay physically healthy
 - To tell the reader some steps to avoid boredom
 - To tell the reader how to keep our mental healthy
21. What is the conclusion of the text above?
- Sharing our problem to each other can increase our mood
 - Keep our mind clear is important in maintaining our mental health
 - Social media is a news sharing platform
 - Taking exercise makes us feel fresher
22. Please arrange the steps below into the right sequences!
- Serve the ball from behind the line at the back of the court.
 - Choose your players
 - Continue hitting the ball back and forth across the net until a fault happens.
 - Serve the ball again
 - Determine which team will "serve" the ball first.
 - Continue playing until you reach a threshold.
 - Return the ball if you're on the receiving team

Adopted from: <https://www.wikihow.com/Play-Volleyball>

- 2-1-5-7-3-4-6
 - 1-2-3-4-5-6-7
 - 2-4-1-7-5-3-6
 - 2-5-1-7-3-4-6
23. What is the text on number 22 talking about? (C2)
- How does volleyball match go
 - Volleyball rules
 - Volleyball tournament
 - How to be a good volleyball player

Read the text carefully and answer the following questions!

TASK 1

Healthy diet doesn't have to be overly complicated; here some ways to create and stick to a tasty, varied, and nutritious diet that is as good for your mind as it is for your body.

- 1. Prepare more of your own meals.** Cooking more meals at home can help

you take charge of what you're eating and better monitor exactly what goes into your food.

2. **Make the right changes.** When cutting back on unhealthy foods in your diet, it's important to replace them with healthy alternatives. Replacing dangerous trans fats with healthy fats.
3. **Read the labels.** It's important to be aware of what's in your food
4. **Focus on how you feel after eating.** The healthier the food you eat, the better you'll feel after a meal. The more junk food you eat, the more likely you are to feel uncomfortable, nauseous, or drained of energy.
5. **Drink plenty of water.** Water helps flush our systems of waste products and toxins.

Adapted: <https://www.helpguide.org/articles/healthy-eating/healthy-eating.htm>

TASK 2

These eight practical tips cover the basics of healthy eating, and can help you make healthier choices.

1. **Eat lots of fruit and vegetables.** It's recommended that we eat at least five portions of a variety of fruit and vegetables every day.
2. **Eat more fish, including oily fish.** Fish is a good source of protein and contains many vitamins and minerals. Try to eat at least two portions of fish a week, including at least one portion of oily fish.
3. **Cut down on saturated fat and sugar.** Too much saturated fat can increase the amount of cholesterol in the blood, which increases your risk of developing heart disease. Consuming foods and drinks high in sugar increases your risk of obesity and tooth decay.
4. **Eat less salt.** Eating too much salt can raise your blood pressure.
5. **Get active and be a healthy weight.** Maintaining weight is important part of overall good health. Being overweight can lead to unhealthy conditions such as diabetes, certain cancers, heart disease and stroke. But, being underweight could also affect your health. Further, physical activity can help you to maintain weight loss or be a healthy weight.
6. **Don't get thirsty.** We need to drink plenty of water to stop us getting dehydrated and the government recommends 6-8 glasses every day.
7. **Don't skip breakfast.** Some people skip breakfast because they think it will help them lose weight. In fact, people who regularly eat breakfast are less likely to be overweight. Breakfast has also been shown to have positive effects on children's mental performance and increase their concentration throughout the morning.

Adapted from: <https://www.livehealthily.com/healthy-diet/eight-tips-for-healthy-eating>

24. Focus on the text no 1. The word them in the sentences “it’s important to replace them with healthy alternatives.”
- Healthy fats
 - Unhealthy food
 - Animal fats
 - Diet program
25. What is the difference of task 1 and task 2?
- Task 1 talking about healthy diet and task 2 talking about healthy eating
 - Task 1 describing tips on healthy diet meanwhile task 2 describing tips to stay healthy
 - Both task 1 and task 2 is telling readers some tips on healthy live
 - Task 1 and task 2 tell readers to eat healthier food
26. Focus on the text 1. The text mainly tells us about...
- Tips to create a healthy, tasty, and varied diet
 - Tips for healthier life
 - Tips for having more energy on diet
 - Tips for healthy eating
27. Focus on the text 2. What will happen if we skip breakfast?
- Help us to lose weight
 - Make our balanced diet success
 - Increase our concentration
 - Increase cravings
28. Focus on text no 2. Which sentences did not describe a healthy eating...
- Healthy eating is cutting down saturated fat, sugar, and salt
 - Healthy eating is controlling your food so you don’t have to do exercise
 - Healthy eating is having regular eat times and control you food
 - Healthy eating is healthier choices
29. What is the similarity found in task 1 and task 2?
- Both of the text tell us to avoid healthier food and sugar
 - Both of the text tell the reader to not skip breakfast
 - Both of the text tell us to eat more healthier food and drink more water
 - Both of the text tell us to always check the label of food

Read the text carefully and answer the following questions!

Chicken Satay Salad

Ingredients

- 1 tablespoon tamari
- 1 teaspoon medium curry powder
- ¼ teaspoon ground cumin
- 1 garlic clove, finely grated
- 1 teaspoon clear honey
- 2 skinless chicken breast fillets (or use turkey breast)

- 1 tablespoon crunchy peanut butter (choose a sugar-free version with no palm oil, if possible)
- 1 tablespoon sweet chilli sauce
- 1 tablespoon lime juice
- sunflower oil, for wiping the pan
- 2 Little Gem lettuce hearts, cut into wedges
- ¼ cucumber, halved and sliced
- 1 banana shallot, halved and thinly sliced
- coriander, chopped
- seeds from ½ pomegranate

Method

- Pour the tamari into a large dish and stir in the curry powder, cumin, garlic and honey. Mix well. Slice the chicken breasts in half horizontally to make 4 fillets in total, then add to the marinade and mix well to coat. Set aside in the fridge for at least 1 hour, or overnight, to allow the flavors to penetrate the chicken.
- Meanwhile, mix the peanut butter with the chili sauce, lime juice, and 1 tbsp of water to make a spoon able sauce. When you are ready to cook the chicken, wipe a non-stick frying pan with a little oil. Add the chicken and cook, covered with a lid, for 5-6 minutes on a medium heat, turning the fillets over for the last min, until cooked but still moist. Set aside, covered, to rest for a few minutes.
- While the chicken rests, toss the lettuce wedges with the cucumber, shallot, coriander and pomegranate, and pile onto plates. Spoon over a little sauce. Slice the chicken, pile on top of the salad and spoon over the remaining sauce. Eat while the chicken is still warm.

Retrieved from: <https://www.bbcgoodfood.com/recipes/chicken-satay-salad>

30. The word “toss” in the step 3 refers to?
 - a. Put
 - b. Throw
 - c. Keep
 - d. Pick up
31. What is the antonym of word halved?
 - a. Combined
 - b. Unlinked
 - c. Divided
 - d. Cut across
32. What the writer suggest doing when we want to recook the recipe?
 - a. Marinade the chicken for a night
 - b. Slice the chicken right after it is cooked
 - c. Adding 1 tsp of water to make the sauce

- d. Using peanut crunchy peanut butter with palm oil
33. From the text we know that...
- The salad is better eaten cold
 - Some steps to make chicken salad
 - The sauce must be in the thick consistency
 - Any kind of honey is recommended to be used

Read the text carefully and answer the following questions!

Banana Bread

Ingredients

- 1/3 cup melted coconut oil or extra-virgin olive oil or high quality vegetable oil
- 1/2 cup honey or maple syrup
- 2 eggs
- 1 cup mashed ripe bananas (about 2 1/2 medium or 2 large bananas)
- 1/4 cup milk of choice or water
- 1 teaspoon baking soda (Not baking powder; they aren't the same!)
- 1 teaspoon vanilla extract
- 1/2 teaspoon salt
- 1/2 teaspoon ground cinnamon, plus more to swirl on top
- 1 3/4 cups white whole wheat flour or regular whole wheat flour
- Totally optional: 1/2 cup mix-ins like chopped walnuts or pecans, chocolate chips, raisins, chopped dried fruit, fresh banana slices.

Instructions

1. Preheat oven to 325 degrees Fahrenheit (165 degrees Celsius) and grease a 9x5-inch loaf pan.
2. In a large bowl, beat the oil and honey together with a whisk. Add the eggs and beat well, then whisk in the mashed bananas and milk. (If your coconut oil solidifies on contact with cold ingredients, simply let the bowl rest in a warm place for a few minutes, like on top of your stove, or warm it for about 10 seconds in the microwave.)
3. Add the baking soda, vanilla, salt and cinnamon, and whisk to blend. Lastly, switch to a big spoon and stir in the flour, just until combined. Some lumps are ok! If you're adding any additional mix-ins, gently fold them in now.
4. Pour the batter into your greased loaf pan and sprinkle lightly with cinnamon. If you'd like a pretty swirled effect, run the tip of a knife across the batter in a zig-zag pattern.
5. Bake for 55 to 60 minutes, or until a toothpick inserted into the center comes out clean (typically, if I haven't added any mix-ins, my bread is done at 55 minutes; if I have added mix-ins, it needs closer to 60 minutes). Let the bread cool in the loaf pan for at least 10 minutes. You may need to run a butter knife

around the edges to loosen the bread from the pan. Carefully transfer the loaf to a wire rack to cool before slicing.

Retrieved from: <https://cookieandkate.com/healthy-banana-bread-recipe/>

34. The text mainly talks about...
- Ingredients of banana bread
 - Five instructions to cook banana bread
 - Steps to keep banana bread
 - How to make a healthy bread
35. “Warm it for about 10 seconds in the microwave”. The underline word refers to
- Mashed banana and milk
 - Honey
 - Eggs
 - Coconut oil
36. The word “grease” in the text above means ...
- Take a 9×5-inch loaf pan.
 - Put loaf pan into the preheated oven
 - Coating the loaf pan with flour
 - Put fat or oil on the loaf pan
37. How long does it take to make banana bread?
- 60 minutes without any mix-ins
 - 55 minutes with any mix-ins
 - 65 minutes without any mix-ins and resting
 - 70 minutes with mix-ins and resting
38. From the text we can infer that...
- Solidified coconut oil can ruin the banana bread
 - Baking soda and baking powder are similar
 - The batter must be blended until all lumps gone
 - Adding honey and maple syrup to make one banana bread is recommended

Read the text carefully and answer the following questions!

Sports are a great way to stay physically active and have fun. If you do sports regularly, chances are you may want to get better at your favourite or even any activity you do, even if you don't compete. Here some ways to get better in sports

- Set your goals.** Think about your goals can help you focus your training
- Formulate a plan.** Your plan should include everything from training session's times to specific drills or goals you have for each session.
- Train regularly.** You cannot get better at sports if you do not train on a regular basis. Aim to train anywhere from 3-6 times per week, depending on your overall goals.

4. **Incorporate drills.** Focus your training by incorporating drills. These can help you improve dramatically at the sport of your choice.
5. **Enjoy the benefits of cross training.** Doing the same sport daily can get a little boring. Consider cross-training (do another sport besides sport you are training to). It can help you to boost your endurance and may also prevent injury
6. **Stretch your muscles.** It can improve your range of motion and help to minimize your risk of injury
7. **Learn about kinesiology.** Knowing about how the human body moves can help you get better at your sport. By learning about the principles of kinesiology, or the study of movement, you may be able to improve significantly at your sport.
8. **Study the movements of professionals.** Watch professionals of your favourite sport may give you some ideas for new methods to do your sport. It may help you get better.
9. **Be a good team member- show up on time and be prepared.** Don't just "go through the motions". Strive to get better in each drill that you do. Work as hard as you do when the coach is looking as when they're not. Be a good role model for others on the team.

Adapted from: <https://www.wikihow.com/Get-Better-in-Sports>

39. What is the best title for the above text?
 - a. How to do sport regularly
 - b. How to be a great athlete
 - c. How to get better in sport
 - d. How to prepare a sport competition
40. What is the purpose of the text?
 - a. To tell the readers about how to be professional athlete
 - b. To describe people who getting better in sport
 - c. To tell the readers about some tips of getting better in sport
 - d. To retell tips of how to get better in sport
41. Which from the following statement is FALSE?
 - a. Setting goals and making plans can help you focus on your training
 - b. Cross-training can boost your endurance
 - c. Stretch your muscles can minimize the risk of getting hurt
 - d. Watching professional can motivate you to do drills
42. "Don't just go through the motions".
What can you infer from the sentences above?
 - a. Just make some moves
 - b. Don't focus too much on the details of the movement, just do it
 - c. Don't give too much improvement to the movement
 - d. Do the moves seriously and pay attention to all the details
43. Based on the text above, the word "dramatically" in the step number 4 means...
 - a. Significantly
 - b. Badly

- c. Fiercely
 - d. Calmly
44. From the text, we can conclude that...
- a. To be better in sport we need to always watch professional
 - b. Realistic goals followed by regular drills help us to be better in sport
 - c. Study kinesiology helps us to find a new method to be healthy
 - d. We cannot do regular drill without the help of a coach



Sources: https://www.freepik.com/free-vector/tips-anxiety-infographic-concept_8089298.htm

45. What can you draw from the infographic above?
- a. Anxiety make us feel stress and worries
 - b. We have to control everything to avoid anxiety
 - c. We did have to know what triggers our anxiety
 - d. Reduce your sleep time
46. Don't over saturate your mind with news, social media, and worries
The word "saturate" in the sentence above means?
- a. Fill up
 - b. Keep
 - c. Take out
 - d. Satisfy
47. The infographics tell us about...
- a. Some tips when you have anxiety
 - b. Anxiety is dangerous disease
 - c. Characteristic of anxiety
 - d. Tips on always be mentally healthy

Read the text carefully and answer the following questions!

Granola Bars

Ingredients

- 8 ounces old-fashioned rolled oats, approximately 2 cups
- 1 1/2 ounces raw sunflower seeds, approximately 1/2 cup
- 3 ounces sliced almonds, approximately 1 cup
- 1 1/2 ounces wheat germ, approximately 1/2 cup
- 6 ounces honey, approximately 1/2 cup
- 1 3/4 ounces dark brown sugar, approximately 1/4 cup packed
- 1-ounce unsalted butter, plus extra for pan
- 2 teaspoons vanilla extract
- 1/2 teaspoon kosher salt
- 6 1/2 ounces chopped dried fruit, any combination of apricots, cherries or blueberries

Steps

1. Butter a 9 by 9-inch glass baking dish and set aside. Preheat the oven to 350 degrees F.
2. Spread the oats, sunflower seeds, almonds, and wheat germ onto a half-sheet pan. Place in the oven and toast for 15 minutes, stirring occasionally.
3. In the meantime, combine the honey, brown sugar, butter, vanilla extract and salt in a medium saucepan and place over medium heat. Cook until the brown sugar has completely dissolved.
4. Once the oat mixture is done, remove it from the oven and reduce the heat to 300 degrees F. Immediately add the oat mixture to the liquid mixture, add the dried fruit, and stir to combine. Turn mixture out into the prepared baking dish and press down, evenly distributing the mixture in the dish and place in the oven to bake for 25 minutes. Remove from the oven and allow cooling completely. Cut into squares and store in an airtight container for up to a week.

Retrieved from: <https://www.foodnetwork.com/recipes/alton-brown/granola-bars-recipe-1944513>

48. How much time does it take to make granola bars?
 - a. 40 minutes
 - b. 15 minutes
 - c. 25 minutes
 - d. 10 minutes
49. "...remove it from the oven..."
The underline word refers to...
 - a. Granola bar
 - b. Oat mixture

- c. Liquid mixture
 - d. Dried fruits
50. What should we do to make the bar perfectly set?
- a. Cook the brown sugar until completely dissolved
 - b. Remove the bar from the oven after 25 minutes and cut it immediately
 - c. Stirring the oats, seeds, almonds, and wheat germ
 - d. Put butter in the glass baking



Appendix 3

POST-TEST CONTENT VALIDITY (EXPERTS JUDGEMENT)

Expert Judge Sheet
Instrument: Post-Test for the Students
Expert: Judge 1: Made Hery Santosa, S.Pd., M.Pd., Ph.D

No	Expert's Responds		Suggestions
	Relevant	Irrelevant	
1	✓		
2	✓		
3	✓		
4	✓		
5	✓		
6	✓		
7	✓		
8	✓		
9	✓		
10	✓		
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21	✓		
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37	✓		
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42	✓		
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45	✓		
46	✓		
47	✓		

48	✓		
49	✓		
50	✓		

Singaraja, 18 October 2022



Made Hery Santosa, Ph.D.
NIP. 197910232003121001



Expert Judge Sheet

Instrument: Post-Test for the Students

Expert: Judge 2: Kadek Sintya Dewi, S.Pd., M.Pd.

No	Expert's Responds		Suggestions
	Relevant	Irrelevant	
1			It is good but need more variation on another cognitive level. Add C3 and C4 to this instrument to make it more balance
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Singaraja, 22 Oktober 2022

Judged By


Kadek Sintya Dewi, S.Pd., M.Pd.

NIP. 198803232015042004



Expert Judge Sheet

Instrument: Post-Test for the Students – REVISION 1

Expert: Judge 1: Made Hery Santosa, S.Pd., M.Pd., Ph.D

No	Expert's Responds		Suggestions
	Relevant	Irrelevant	
1	✓		
2	✓		
3	✓		
4	✓		
5	✓		
6	✓		
7	✓		
8	✓		
9	✓		
10	✓		
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36	✓		
37	✓		
38	✓		
39	✓		
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42	✓		
43	✓		
44	✓		
45	✓		
46	✓		
47	✓		
48	✓		
49	✓		

50	✓		
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Singaraja, 4 November 2022



Made Hery Santosa, Ph.D.
NIP. 197910232003121001



Expert Judge Sheet

Instrument: Post-Test for the Students – REVISION 1

Expert: Judge 2: Kadek Sintya Dewi, S.Pd., M.Pd.

No	Expert's Responds		Suggestions
	Relevant	Irrelevant	
1	✓		
2	✓		
3	✓		
4	✓		
5	✓		
6	✓		
7	✓		
8	✓		
9	✓		
10	✓		
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39	✓		
40	✓		
41	✓		
42	✓		
43	✓		
44	✓		
45	✓		
46	✓		
47	✓		
48	✓		
49	✓		

50	✓		
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Singaraja, 4 November 2022

Judged By

Kadek Sintya Dewi, S.Pd., M.Pd.

NIP. 198803232015042004



Appendix 5.**EMPIRICAL VALIDITY**

Items	Pearson Correlation (r)	R _{table}	Decision
1	0.341	0,329	Valid
2	0.254	0,329	Invalid
3	0.046	0,329	Invalid
4	0.411	0,329	Valid
5	0.446	0,329	Valid
6	0.431	0,329	Valid
7	-0.055	0,329	Invalid
8	0.213	0,329	Invalid
9	0.411	0,329	Valid
10	0.246	0,329	Invalid
11	0.692	0,329	Valid
12	0.540	0,329	Valid
13	0.682	0,329	Valid
14	0.273	0,329	Invalid
15	0.175	0,329	Invalid
16	0.424	0,329	Valid
17	0.504	0,329	Valid
18	0.141	0,329	Invalid
19	0.504	0,329	Valid
20	0.458	0,329	Valid
21	0.294	0,329	Invalid
22	0.525	0,329	Valid
23	-0.087	0,329	Invalid
24	-0.068	0,329	Invalid

25	0.376	0,329	Valid
26	0.162	0,329	Invalid
27	0.302	0,329	Invalid
28	0.330	0,329	Valid
29	0.422	0,329	Valid
30	0.456	0,329	Valid
31	0.246	0,329	Invalid
32	0.392	0,329	Valid
33	0.345	0,329	Valid
34	0.562	0,329	Valid
35	0.343	0,329	Valid
36	0.336	0,329	Valid
37	0.282	0,329	Invalid
38	-0.173	0,329	Invalid
39	0.362	0,329	Valid
40	0.368	0,329	Valid
41	0.492	0,329	Valid
42	0.367	0,329	Valid
43	0.286	0,329	Invalid
44	0.126	0,329	Invalid
45	-0.019	0,329	Invalid
46	0.420	0,329	Valid
47	0.519	0,329	Valid
48	0.433	0,329	Valid
49	0.288	0,329	Invalid
50	-0.113	0,329	Invalid

Appendix 6.

FINAL POST-TEST

Read the text carefully and answer the following questions!

A healthy lifestyle can help you thrive throughout your life. Making healthy choices isn't always easy, but here are some steps you can take to get healthy live.

Steps you can take:

- Be physically active for 30 minutes most days of the week. Healthy movement may include walking, sports, dancing, yoga, running or other activities you enjoy.
- Eat a well-balanced. Choose low-fat diet with lots of fruits, vegetables and whole grains.
- Do not smoke, or quit if you do. Ask your health care provider for help if it is needed
- Drink in moderation if you drink alcohol. Never drink before or while driving, or when pregnant
- Ask someone you trust for help if you think you might be addicted to drugs or alcohol.
- Help prevent sexually transmitted infections (STIs) and HIV/AIDS by using condoms every time you have sexual contact. Condoms aren't 100 percent foolproof, so discuss STI screening with your provider. Birth control methods other than condoms, such as pills and implants, won't protect you from STIs or HIV.
- Stay out of the sun, especially between 10 a.m. and 3 p.m. when the sun's harmful rays are strongest. You are not protected if it is cloudy or if you are in the water because the rays pass through both. Use a sunscreen that guards against both UVA and UVB rays to prevent skin cancer.

1. The text mainly tells us about...
 - a. A healthy lifestyle
 - b. How to keep unhealthy
 - c. Happy lifestyle
 - d. Exercise regularly
2. Which of the following statement that is TRUE?
 - a. You can drink when you are pregnant
 - b. Birth control methods can protect you from STIs or HIV.
 - c. Do not quit smoking
 - d. A low-fat diet is recommended
3. If you want to be physically stronger and healthier, what should you do?
 - a. Do the exercise for at least 30 minutes

- b. Do movements such as slouching in the couch
 - c. Keep drinking and smoking
 - d. Consuming drugs
4. What can you conclude from the text?
- a. Healthy living is not easy and very troublesome
 - b. Healthy lifestyle means that you have to be physically active and eat healthy meals.
 - c. Prevent sex and use sun protection is not a kind of healthy lifestyle
 - d. We must taking drugs whatever the condition

Read the text carefully and answer the following questions!

Maintaining a Healthy Outlook

Women today have busy, demanding lives. Learning to balance your life with some time for yourself will pay off with big benefits which are a healthy outlook and better health.

Steps you can take:

- Stay in touch with family and friends.
 - Keep involved in a community.
 - Maintain a positive attitude and do things that make you happy.
 - Keep your curiosity alive. Lifelong learning is beneficial to your health.
 - Healthy intimacy takes all forms but is always free of coercion.
 - Learn to recognize and manage stress in your life. Signs of stress include trouble sleeping, frequent headaches and stomach problems; being angry a lot; and turning to food, drugs and alcohol to relieve stress. Good ways to deal with stress include regular exercise, healthy eating habits and relaxation exercises.
 - Get enough sleep and rest. Adults need around eight hours of sleep a night.
 - Talk to your health care providers if you feel depressed for more than a few days; depression is a treatable illness. They can help you to survive from this condition. Signs of depression include feeling empty and sad, crying a lot, loss of interest in life, and thoughts of death or suicide. If you or someone you know has thoughts of suicide, get help right away.
5. “Talk to your health care providers if you feel depressed for more than a few days.....They can help you to survive from this condition”. The word *they* in this sentence refers to...
- a. Adults
 - b. Family and friend
 - c. Health care providers
 - d. Women

6. The word *coercion* means...
 - a. Violence
 - b. Gentle
 - c. Favor
 - d. Kindness
7. Based on the text above, what is the characteristic of healthy outlook?
 - a. Does not like to be involved with community
 - b. Can manage stress and socialize in the community
 - c. Having a long sleeping time
 - d. Always lazy to improve their knowledge
8. The text states that...
 - a. Food and alcohol can relieve stress
 - b. Adults only need less than 8 hours to sleep
 - c. Stay alone, do not involve with any community
 - d. Depression can be cured

Read the text carefully and choose the appropriate phrase to complete the sentence!

Teaching Swimming to Kids

When teaching kids how to swim, the experience should be fun and playful. To teach your child how to swim, practice each step until they're comfortable with each phase:

Simple instructions

1. Enter the water together. Hold their arms or hands to help them stay afloat.
2. Hold your child under their armpits. Ask them to inhale, reach out like a superhero, and blow bubbles for five seconds underwater to practice exhaling
3. Repeat and let go, allow your child to float for five seconds.
4. Hold your child under their armpits. Ask them to blow five-second bubbles as you walk slowly backward.
5. Repeat and have them kick their feet up and down
6. Repeat, this time letting go.
7. To inhale, have your child to 9. _____, take a breath and move their hands forward like a tiger.
9.
 - a. lifting their head
 - b. pushed their head
 - c. lift their head
 - d. push their head
10. The text tell us about ...
 - a. Steps to teach kids to swim
 - b. Parents obligation to teach their kids to swim
 - c. Steps to teach adults to swim
 - d. Parents should let their kids float alone

Read the text carefully and answer the following questions!

TRETENS

The Covid-19 pandemic threatens not only physical health, but also mental health. It is normal to feel sad, depressed, worried, confused, or angry when we are in a pandemic crisis. However we should try to keep a clear mind for our mental health. Therefore, here are some tips on how to take care of our mental health while staying at home.

1. **Sharing and Listening to Each Other.** One of the basic human needs is the need to listen and be heard. Talk to people you trust. Share your feelings; share the mood with friends, family, or your loved ones.
 2. **Reduce News Intake.** Reading information or news is necessary, but don't let it make you anxious. Too much consumption of news on certain topics can also disturb our mental health.
 3. **Take Time to Exercise.** Exercise can help us to be fresher. Take at least 15-30 minutes a day for morning walks around the house, doing yoga, or some light stretching at home. That can also help us the release our stress.
 4. **Do Your Favorite Hobby.** There are so many things that might become your hobby, from gardening, listening to music, painting, cooking, playing games, and many other more. Do whatever hobbies you like through your daily activities, and your mind will be calmer, fresher, and of course your heart will be happy.
 5. **Take Time to Indulge Yourself.** If you feel overwhelmed take a minute to breathe, relax, and do something just for yourself. You can watch your favorite movies and TV shows, etc. Do whatever makes you relax, and forget for a moment the problem that you have.
 6. **Limit Use of Social Media.** Keeping up with the news that is happening is indeed important, but if it affects your mental health, you should limit the use of social media. Limit the use of technology make you feel happy and comfortable.
11. The antonym of word indulge in the step 5 is ...
- a. Pamper
 - b. Coddle
 - c. Abstain
 - d. Sate
12. What is the goal of the text?
- a. To tell the reader how important is mental health
 - b. To tell the reader how to stay physically healthy
 - c. To tell the reader some steps to avoid boredom
 - d. To tell the reader how to keep our mental healthy
13. Please arrange the steps below into the right sequences!
1. Serve the ball from behind the line at the back of the court.
 2. Choose your players
 3. Continue hitting the ball back and forth across the net until a fault happens.

4. Serve the ball again
5. Determine which team will "serve" the ball first.
6. Continue playing until you reach a threshold.
 - a. 2-1-5-7-3-4-6
 - b. 1-2-3-4-5-6-7
 - c. 2-4-1-7-5-3-6
 - d. 2-5-1-7-3-4-6

Read the text carefully and answer the following questions!

TEXT 1

Healthy diet doesn't have to be overly complicated; here some ways to create and stick to a tasty, varied, and nutritious diet that is as good for your mind as it is for your body.

1. **Prepare more of your own meals.** Cooking more meals at home can help you take charge of what you're eating and better monitor exactly what goes into your food.
2. **Make the right changes.** When cutting back on unhealthy foods in your diet, it's important to replace them with healthy alternatives. Replacing dangerous trans fats with healthy fats.
3. **Read the labels.** It's important to be aware of what's in your food
4. **Focus on how you feel after eating.** The healthier the food you eat, the better you'll feel after a meal. The more junk food you eat, the more likely you are to feel uncomfortable, nauseous, or drained of energy.
5. **Drink plenty of water.** Water helps flush our systems of waste products and toxins.

TEXT 2

These eight practical tips cover the basics of healthy eating

1. **Eat lots of fruit and vegetables.** It's recommended that we eat at least five portions of a variety of fruit and vegetables every day.
2. **Eat more fish, including oily fish.** Fish is a good source of protein and contains many vitamins and minerals. Try to eat at least two portions of fish a week, including at least one portion of oily fish.
3. **Cut down on saturated fat and sugar.** Too much saturated fat can increase the amount of cholesterol in the blood, which increases your risk of developing heart disease. Consuming foods and drinks high in sugar increases your risk of obesity and tooth decay.
4. **Eat less salt.** Eating too much salt can raise your blood pressure.
5. **Get active and be a healthy weight.** Maintaining weight is important part of overall good health. Being overweight can lead to unhealthy conditions such as diabetes, certain cancers, heart disease and stroke. But, being underweight

could also affect your health. Further, physical activity can help you to maintain weight loss or be a healthy weight.

6. **Don't get thirsty.** We need to drink plenty of water to stop us getting dehydrated and the government recommends 6-8 glasses every day.
7. **Don't skip breakfast.** Some people skip breakfast because they think it will help them lose weight. In fact, people who regularly eat breakfast are less likely to be overweight. Breakfast has also been shown to have positive effects on children's mental performance and increase their concentration throughout the morning.

14. What is the difference of task 1 and task 2?
 - a. Task 1 talking about healthy diet and task 2 talking about healthy eating
 - b. Task 1 describing tips on healthy diet meanwhile task 2 describing tips to stay healthy
 - c. Both task 1 and task 2 is telling readers some tips on healthy live
 - d. Task 1 and task 2 tell readers to eat healthier food
15. Focus on text no 2. Which sentences did not describe a healthy eating...
 - a. Healthy eating is cutting down saturated fat, sugar, and salt
 - b. Healthy eating is controlling your food so you don't have to do exercise
 - c. Healthy eating is having regular eat times and control you food
 - d. Healthy eating is healthier choices
16. What is the similarity found in task 1 and task 2?
 - a. Both of the text tell us to avoid healthier food
 - b. Both of the text tell the reader to not skip breakfast
 - c. Both of the text tell us to eat more healthier food and drink more water
 - d. Both of the text tell us to always check the label of food

Read the text carefully and answer the following questions!

Chicken Satay Salad

Ingredients

- 1 tablespoon tamari
- 1 teaspoon medium curry powder
- ¼ teaspoon ground cumin
- 1 garlic clove, finely grated
- 1 teaspoon clear honey
- 2 skinless chicken breast fillets (or use turkey breast)
- 1 tablespoon crunchy peanut butter (choose a sugar-free version with no palm oil, if possible)
- 1 tablespoon sweet chilli sauce
- 1 tablespoon lime juice
- sunflower oil, for wiping the pan
- 2 Little Gem lettuce hearts, cut into wedges
- ¼ cucumber, halved and sliced

- 1 banana shallot, halved and thinly sliced
- coriander, chopped
- seeds from ½ pomegranate

Method

- Pour the tamari into a large dish and stir in the curry powder, cumin, garlic and honey. Mix well. Slice the chicken breasts in half horizontally to make 4 fillets in total, then add to the marinade and mix well to coat. Set aside in the fridge for at least 1 hour, or overnight, to allow the flavors to penetrate the chicken.
- Meanwhile, mix the peanut butter with the chili sauce, lime juice, and 1 tbsp of water to make a spoon able sauce. When you are ready to cook the chicken, wipe a non-stick frying pan with a little oil. Add the chicken and cook, covered with a lid, for 5-6 minutes on a medium heat, turning the fillets over for the last min, until cooked but still moist. Set aside, covered, to rest for a few minutes.
- While the chicken rests, toss the lettuce wedges with the cucumber, shallot, coriander and pomegranate, and pile onto plates. Spoon over a little sauce. Slice the chicken, pile on top of the salad and spoon over the remaining sauce. Eat while the chicken is still warm.

17. The word “toss” in the step 3 refers to?
- Put
 - Throw
 - Keep
 - Pick up
18. What the writer suggest doing when we want to recook the recipe?
- Marinade the chicken for a night
 - Slice the chicken right after it is cooked
 - Adding 1 tsp of water to make the sauce
 - Using peanut crunchy peanut butter with palm oil
19. From the text we know that...
- The salad is better eaten cold
 - Some steps to make chicken salad
 - The sauce must be in the thick consistency
 - Any kind of butter is recommended to be used

Read the text carefully and answer the following questions!

Banana Bread

Ingredients

- ⅓ cup melted coconut oil or extra-virgin olive oil or high quality vegetable oil

- ½ cup honey or maple syrup
- 2 eggs
- 1 cup mashed ripe bananas (about 2 ½ medium or 2 large bananas)
- ¼ cup milk of choice or water
- 1 teaspoon baking soda (Not baking powder; they aren't the same!)
- 1 teaspoon vanilla extract
- ½ teaspoon salt
- ½ teaspoon ground cinnamon, plus more to swirl on top
- 1 ¾ cups white whole wheat flour or regular whole wheat flour
- Totally optional: ½ cup mix-ins like chopped walnuts or pecans, chocolate chips, raisins, chopped dried fruit, fresh banana slices.

Instructions

1. Preheat oven to 325 degrees Fahrenheit (165 degrees Celsius) and grease a 9×5-inch loaf pan.
 2. In a large bowl, beat the oil and honey together with a whisk. Add the eggs and beat well, then whisk in the mashed bananas and milk. (If your coconut oil solidifies on contact with cold ingredients, simply let the bowl rest in a warm place for a few minutes, like on top of your stove, or warm it for about 10 seconds in the microwave.)
 3. Add the baking soda, vanilla, salt and cinnamon, and whisk to blend. Lastly, switch to a big spoon and stir in the flour, just until combined. Some lumps are ok! If you're adding any additional mix-ins, gently fold them in now.
 4. Pour the batter into your greased loaf pan and sprinkle lightly with cinnamon. If you'd like a pretty swirled effect, run the tip of a knife across the batter in a zig-zag pattern. Bake for 55 to 60 minutes, or until a toothpick inserted into the center comes out clean (typically, if I haven't added any mix-ins, my bread is done at 55 minutes; if I have added mix-ins, it needs closer to 60 minutes).
 5. Let the bread cool in the loaf pan for at least 10 minutes. You may need to run a butter knife around the edges to loosen the bread from the pan. Carefully transfer the loaf to a wire rack to cool before slicing
20. The text mainly talks about...
- a. Ingredients of banana bread
 - b. Instructions to cook banana bread
 - c. Steps to keep banana bread
 - d. How to make a milky bread
21. "Warm it for about 10 seconds in the microwave". The underline word refers to
- a. Mashed banana and milk
 - b. Honey
 - c. Eggs
 - d. Coconut oil

22. The word “grease” in the text above means ...
- Take a 9×5-inch loaf pan.
 - Put loaf pan into the preheated oven
 - Coating the loaf pan with flour
 - Put fat or oil on the loaf pan

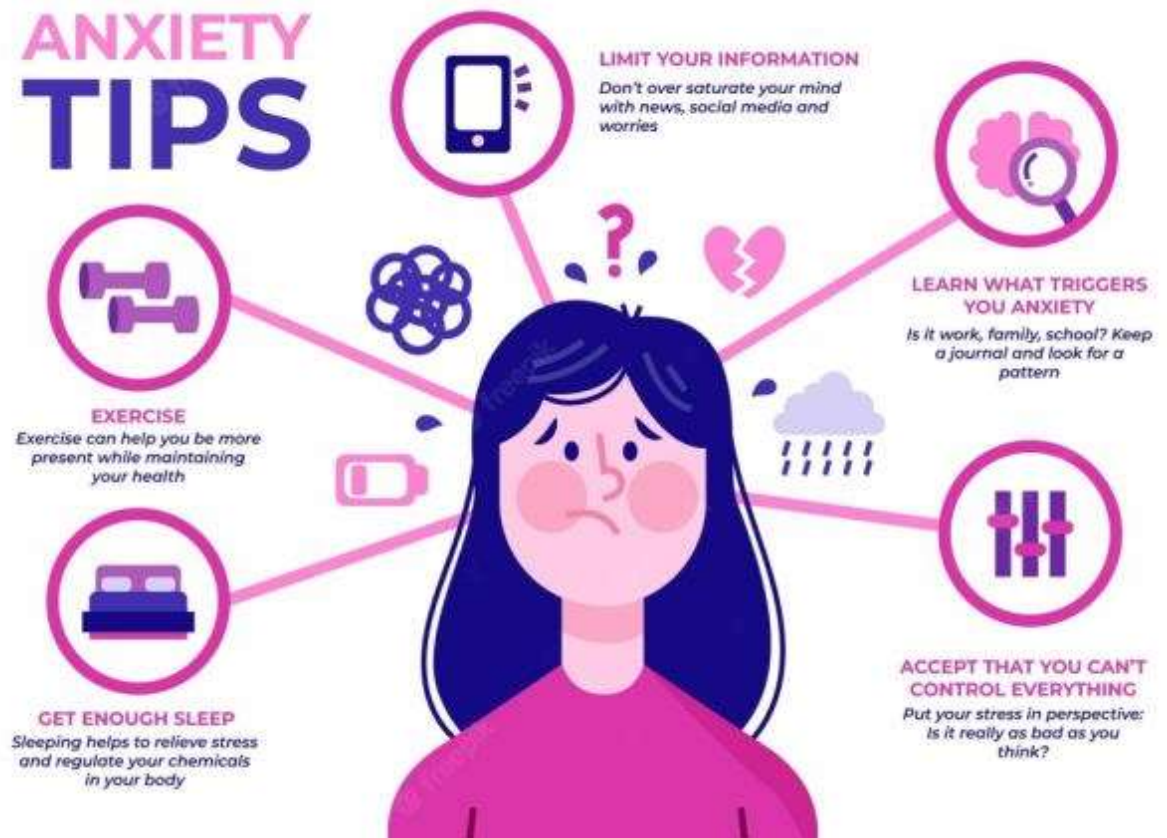
Read the text carefully and answer the following questions!

Sports are a great way to stay physically active and have fun. Here some ways to get better in sports

- Set your goals.** Think about your goals can help you focus your training
 - Formulate a plan.** Your plan should include everything from training session’s times to specific drills or goals you have for each session.
 - Train regularly.** You cannot get better at sports if you do not train on a regular basis. Aim to train anywhere from 3-6 times per week, depending on your overall goals.
 - Incorporate drills.** Focus your training by incorporating drills. These can help you improve dramatically at the sport of your choice.
 - Enjoy the benefits of cross training.** Doing the same sport daily can get a little boring. Consider cross-training (do another sport besides sport you are training to). It can help you to boost your endurance and may also prevent injury
 - Stretch your muscles.** It can improve your range of motion and help to minimize your risk of injury
 - Learn about kinesiology.** Knowing about how the human body moves can help you get better at your sport. By learning about the principles of kinesiology, or the study of movement, you may be able to improve significantly at your sport.
 - Study the movements of professionals.** Watch professionals of your favourite sport may give you some ideas for new methods to do your sport. It may help you get better.
 - Be a good team member- show up on time and be prepared.** Don't just "go through the motions". Strive to get better in each drill that you do. Work as hard as you do when the coach is looking as when they're not. Be a good role model for others on the team.
23. What is the best tittle for the above text?
- How to do sport regularly
 - How to be a great athlete
 - How to get better in sport
 - How to prepare a sport competition
24. What is the purpose of the text?
- To tell the readers about how to be professional athlete
 - To describe people who getting better in sport
 - To tell the readers about some tips of getting better in sport
 - To retell tips of how to get better in sport

25. Which from the following statement is FALSE?
- Setting goals and making plans can help you focus on your training
 - Cross-training can boost your endurance
 - Stretch your muscles can minimize the risk of getting hurt
 - Watching professional cannot help you to do drills
26. “Don’t just go through the motions”.
- What can you infer from the sentences above?
- Just make some moves
 - Don’t focus too much on the details of the movement, just do it
 - Don’t give too much improvement to the movement
 - Do the moves seriously and pay attention to all the details

Look at the picture and answer the following question!



27. Don’t over saturate your mind with news, social media, and worries
- The word “saturate” in the sentence above has the same meaning as?
- Fill up
 - Keep
 - Take out
 - Satisfy

28. The infographics tell us about...
- Some tips when you have anxiety
 - Anxiety is dangerous disease
 - Characteristic of anxiety
 - Tips on always be mentally healthy

Read the text carefully and answer the following questions!

Granola Bars

Ingredients

- 8 ounces old-fashioned rolled oats, approximately 2 cups
- 1 1/2 ounces raw sunflower seeds, approximately 1/2 cup
- 3 ounces sliced almonds, approximately 1 cup
- 1 1/2 ounces wheat germ, approximately 1/2 cup
- 6 ounces honey, approximately 1/2 cup
- 1 3/4 ounces dark brown sugar, approximately 1/4 cup packed
- 1-ounce unsalted butter, plus extra for pan
- 2 teaspoons vanilla extract
- 1/2 teaspoon kosher salt
- 6 1/2 ounces chopped dried fruit, any combination of apricots, cherries or blueberries

Steps

1. Butter a 9 by 9-inch glass baking dish and set aside. Preheat the oven to 350 degrees F.
 2. Spread the oats, sunflower seeds, almonds, and wheat germ onto a half-sheet pan. Place in the oven and toast for 15 minutes, stirring occasionally.
 3. In the meantime, combine the honey, brown sugar, butter, vanilla extract and salt in a medium saucepan and place over medium heat. Cook until the brown sugar has completely dissolved.
 4. Once the oat mixture is done, remove it from the oven and reduce the heat to 300 degrees F. Immediately add the oat mixture to the liquid mixture, add the dried fruit, and stir to combine. Turn mixture out into the prepared baking dish and press down, evenly distributing the mixture in the dish and place in the oven to bake for 25 minutes. Remove from the oven and allow cooling completely. Cut into squares and store in an airtight container for up to a week.
29. How much the total time to make granola bars?
- 40 minutes
 - 15 minutes
 - 25 minutes
 - 10 minutes

Appendix 7.

INTERVIEW GUIDE

Dimension	Indicators	Questions
Resources	Technology helps students to engage with the course material and learning objects.	1. Apakah Nearpod membantu anda dalam mencari dan mengakses materi pembelajaran dalam belajar bahasa Inggris yang dapat membantu anda dalam meningkatkan kemampuan bahasa Inggris anda terutama keterampilan membaca anda? Bagaimana?
Activity	Technology should make the learning more efficient. The activity should be students-centered learning and authentic.	2. Apakah Nearpod membuat proses belajar anda menjadi lebih menarik dan efisien? Bagaimana? 3. Apakah anda setuju sejak menggunakan Nearpod proses pembelajaran anda menjadi lebih fleksibel dan mandiri? Bagaimana? 4. Perubahan apa yang paling anda rasakan terkait proses pembelajaran semenjak menggunakan Nearpod?
Support	Technology should support learning process, anticipate students' difficulty and support autonomous learning.	5. Apakah Nearpod membantu process pembelajaran anda? Jika iya, mengapa? 6. Apakah Nearpod membantu anda menemukan solusi untuk kesulitan yang anda temui selama proses pembelajaran? Jika iya, Bagaimana?
Evaluation	Technology helps students in their evaluation process in relation to give feedback and opportunities to become more independence, self-directed, and improve their work.	7. Apakah Nearpod membantu Anda dalam mendapat umpan balik dari latihan yang ada lakukan? Jika iya, apakah itu mempengaruhi pembelajaran bahasa Inggris anda? 8. Bagaimana Nearpod membantu Anda dalam melihat laporan atau kemajuan belajar Anda?

Appendix 8.

CONTENT VALIDITY OF INTERVIEW GUIDE

Expert Judge Sheet

Instrument: Interview Guide for the Students

Expert: Judge 1: Made Hery Santosa, S.Pd., M.Pd., Ph.D.

No	Expert's Responds		Suggestions
	Relevant	Irrelevant	
1	✓		
2	✓		
3	✓		
4	✓		
5	✓		
6	✓		
7	✓		
8	✓		

Singaraja, 18 October 2022

Judged by



Made Hery Santosa, Ph.D.
NIP. 197910232003121001

Expert Judge Sheet


Instrument: Interview Guide for the Students

Expert: Judge 2: Kadek Sintya Dewi, S.Pd., M.Pd.

No	Expert's Responds		Suggestions
	Relevant	Irrelevant	
1	✓		
2	✓		
3	✓		
4	✓		
5	✓		
6	✓		
7	✓		
8	✓		

Singaraja, 22 Oktober 2022

Judged By


Kadek Sintya Dewi, S.Pd., M.Pd.
NIP. 198803232015042004



Appendix 9

INTERVIEW RESULT WITH STUDENTS

Name	Questions							
	Apakah Nearpod membantu anda dalam mencari dan mengakses materi pembelajaran dalam belajar bahasa Inggris yang dapat membantu anda dalam meningkatkan kemampuan bahasa Inggris anda terutama keterampilan membaca anda? Bagaimana?	Apakah Nearpod membuat proses belajar anda menjadi lebih menarik dan efisien? Bagaimana?	Apakah anda setuju sejak menggunakan Nearpod proses pembelajaran anda menjadi lebih fleksibel dan mandiri? Bagaimana?	Perubahan apa yang paling anda rasakan terkait proses pembelajaran semenjak menggunakan Nearpod?	Apakah Nearpod membantu process pembelajaran anda? Jika iya, mengapa?	Apakah Nearpod membantu anda menemukan solusi untuk kesulitan yang anda temui selama proses pembelajaran? Jika iya, Bagaimana?	Apakah Nearpod membantu Anda dalam mendapat umpan balik dari latihan yang ada lakukan? Jika iya, apakah itu mempengaruhi pembelajaran bahasa Inggris anda?	Bagaimana Nearpod membantu Anda dalam melihat laporan atau kemajuan belajar Anda?
S1	Iya, terus kalau pendapat saya si lebih mudah mengerti kalau misalnya dijelaskan biasa tu kan kayak susah apalagi	Bagi saya iya, karena disetiap materi itu kita disuruh membaca perorang makanya bisa	Saya setuju, karena kan belajar pakai Nearpod itu sistemnya perorangan kan jadi ketika kita disuruh baca-baca	Perubahan yang paling saya rasakan terkait proses pembelajaran semenjak menggunakan	Iya. Sangat membantu karena Nearpod itu kaya lebih mudah aja kalau dipakai untuk belajar Bahasa	Membantu sekali, kesulitan yang pernah saya alami itu semisal waktu buat tugas di Nearpod terus	Membantu miss, misalkan kita abis menyelesaikan kuis itu kan langsung ada nilainya yang	Menurut saya dengan menggunakan Nearpod saya dapat melihat kemajuan belajar saya

	<p>disanakan ada fitur nerjemahin jadi dengan menggunakan Nearpod ini lebih gampang gitu untuk mengerti Bahasa Inggris</p>	<p>melatih reading. Belajar pakai Nearpod sangat menarik karena dalam memahami materi saya jadi tidak cepat bosan apalagi adanya latihan kuis-kuis itu sangat membantu dalam memahami materi</p>	<p>materi di Nearpod kita menjadi mandiri dalam belajar. Selain itu, waktu belajar kita jadi fleksible, misalnya kan disekolahkan udah ni belajar sama-sama, sesampainya dirumah kita bisa belajar lagi secara mandiri</p>	<p>Nearpod adalah saya menjadi lebih semangat dan senang belajar. Aplikasi Nearpod ini juga memiliki berbagai macam fitur jadi saya lebih tertarik belajar bahasa inggris dan tidak bosan dalam belajar.</p>	<p>Inggris</p>	<p>ada beberapa kata yang perlu diterjemahkan ke bahasa Indonesia, denhan memakai Nearpod ini saya tidak perlu repot-repot untuk kembali kehalaman google dan mencari Google translate karena di Nearpod sudah ada fitur untuk nerjemahin.</p>	<p>mana itu sangat membantu sekali si jadi kita bisa tau mana yang kita belum mengerti dan mana yang harus diperbaiki</p>	<p>apalagi kan misalnya ada materi-materi tu pertama saya kan belum mengerti tapi dipertemuan selanjutnya itu jadi lebih mengerti</p>
S2	<p>Nearpod memudahkan si untuk akses materi, juga jadi lebih ngerti belajar lewat Nearpod, karena kan kita itu bacanya sendiri jadi kita bisa</p>	<p>Bagi Dea iya karena kan dea suka membaca Bahasa Inggris jadinya enak kalau pakai Nearpod</p>	<p>Sama kaya kata dea tadi belajar pakai Nearpod itu bisa lebih mandiri karena kita yang mengatur belajarnya terus</p>	<p>Perubahan yang paling dirasakan setelah menggunakan Nearpod itu perubahan kemandirian.</p>	<p>Membantu si cuma masih tetap perlu pengawasan guru</p>	<p>Membantu, misalkan dulu pas belajar manual banyakan listeningnya (materinya dibacakan) jadi</p>	<p>Membantu untuk mrndapat feedback. Terus kalau kuisnya di Nearpod itu kan kadang isi</p>	<p>Membantu menurut dea, karena sejak pakai Nearpod itu banyak hal yang dea belum tau jadi tau gitu yang</p>

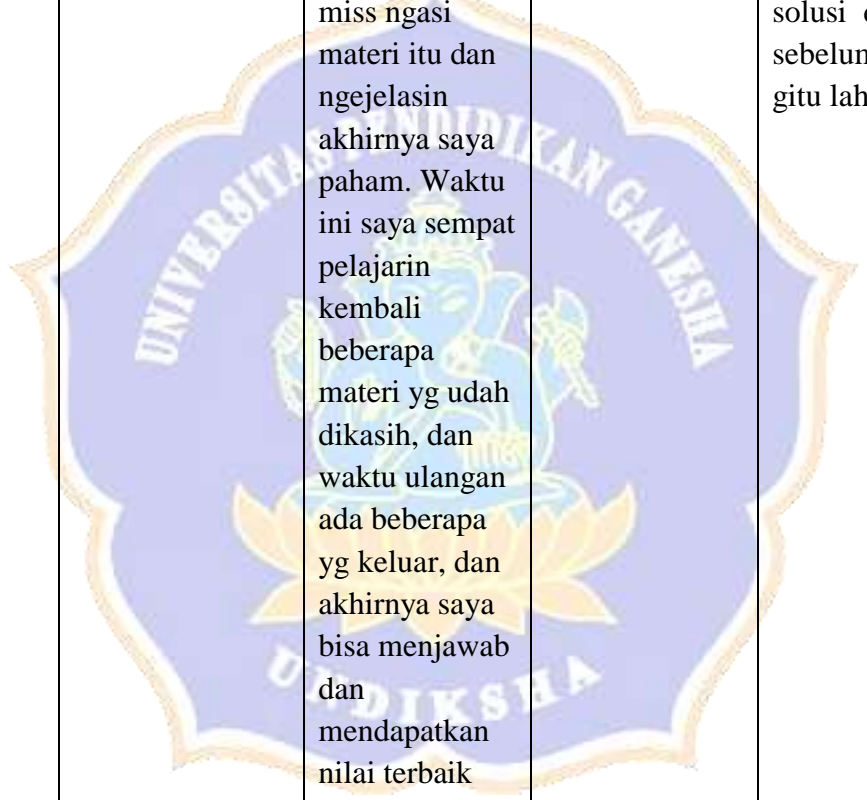
	paham-pahamnya kita aja		belajar mandiri lewat Nearpod membuat saya lebih ingat materi.	Nearpod membuat proses pembelajaran menjadi lebih mandiri terus materi-materi yang pernah diajarkan dapat diakses lagi jadi lebih mudah dalam memahami materi		ga kedengeran kata-katanya, sedangkan kalau sekarang pakai Nearpod saya bisa membaca sendiri textnya jadi tau kata yang dimaksud.	waktu gitu jadi kita ga bisa males-malesan dan mencoba buat bikin itu tepat waktu. Lebih tertiblah jadinya	kata-kata gitu
S3	Pakai Nearpod itu kita bisa baca ulang materinya yang sudah diajarkan jadi kita bisa dengan mudah untuk mempelajari lagi materi yang sudah diajarkan	Belajar pakai Nearpod itu sangat menarik karena dalam memahami materi saya jadi tidak cepat bisan apalagi dengan adanya latihan kuis-kuis itu sangat	Setuju, materinya dapat dibuka lagi sehingga lebih mandiri jadinya belajar	Semenjak menggunakan Nearpod saya merasa lebih mudah belajar bahasa Inggris,karena materi yang sudah diajarkan dapat diakses	Membantu sebenenrnya, cuman gitu kadang ada kata dan kalimat yang susah dimengerti	Nearpod sangat membantu saya apabila ada kesulitan dalam memahami materi,karena materinya dapat di buka kembali dan di	Membantu karena kita dapat melihat hasil kusi yang dikerjakan, yang salah berapa yang benar berapa sehingga nanti kita tahu kemampuan	Membantu karena pas terakhir-terakhir kan kita jawab kuis jadi tau kurangnya dimana

		membantu saya dalam memahami materi		kapanpun dan dimanapun. Selain itu juga belajar menggunakan Nearpod terasa lebih seru dengan fitur menggambar		pelajari kembali sehingga dapat memudahkan dalam memahami materi yang belum jelas. Selain itu materi dikemas dalam bentuk slides jadi lebih seneng belajarnya	kita	
S4	Iya, kalau di Nearpod tu kan materinya yang sudah diajarkan tetep ada disana, jadi kalau lupa kan bisa dibuka lagi gitu kan bisa jadi tambah inget	Iya, kalau belajar pakai Nearpod itu gampang, fiturnya bagus-bagus jadi saya enak belajarnya	Setuju, materinya lebih gampang dibuka nantinya kalau dirumah gitu mau dibaca lagi maupun diluar kalau pengen buka lagi itu udah bisa	Perubahan yang saya rasakan itu saya jadi lebih semangat saat belajar karena kan di Nearpod itu seru, bisa digunakan untuk translate juga. Saya juga	Membantu karena nantinya kalau ada kata yang ga ngerti bisa diterjemahin disana	Kalau semisal saya menemukan masalah seperti kurang mengerti materi itu kan bisa ditemukan solusi seperti baca ulang materi jika ada	Membantu karena kuisnya jadi tahu kemampuan kita segimana, jadi kalau nilainya kecil ya berarti materinya harus	Iya miss Saya jadi bisa lebih tahu harus belajar yang mana lagi



		materi yang diajarkan membuat pembelajaran menjadi lebih menarik		saya sendiri saat belajar bahasa Inggris lebih suka membaca materi sendiri karena saya menjadi lebih tahu penulisan kata kata bahasa inggrisnya, juga materi di Nearpod itu bisa dibuka kembali sehingga kita bisa mempelajarinya sesering mungkin sampai mengerti.	Nearpod jadi tidak sudah-susah bawa kamus	misalkan saat ada kata kata berbahasa Inggris yang tidak saya pahami, saya bisa menerjemahkannya di Nearpod sehingga saya lebih mudah untuk mempelajari materinya		
S6	Iya Nearpod membantu, karena	Menurut saya lebih enak	Iya, karena menurut saya	Setuju, karena Nearpod dapat	Yang saya rasakan saat	Iya, karena di Nearpod kita	Iya, selama belajar	Menurut saya iya, contohnya

	<p>guru memberikan materi bahasa Inggris yang akan dipelajari disana, sehingga memudahkan saya memahamai materi yang dijelaskan oleh guru. Materi juga ringkas. Selain itu, lebih mudah akses materi kapan saja menggunakan Nearpod asal ada kodenya.</p>	<p>pake Nearpod karena dipembelajaran biasa cara belajarnya cukup monoton</p>	<p>Nearpod dapat diakses baik disekolah maupun dirumah.</p>	<p>diakses dimanapun dan kapanpun dan di Nearpod sudah disediakan kamus agar lebih mudah mencari arti daru kata-kata yang belum pernah saya dengar.</p>	<p>pembelajaran menggunakan Nearpod saya lebih senang belajar bahasa Inggris</p>	<p>bisa mengakses kamus online yang dapat digunakan mencari kata yang belum pernah ditemui</p>	<p>dengan Nearpod saya jadi lebih mudah mempelajari bahasa Inggris dan reading skill saya menjadi cukup meningkat</p>	<p>pada saat ulangan, saat kita sudah menyelesaikan ulangan tersebut Nearpod akan memberikan kita hasil dari ulangan tersebut.</p>
S7	<p>Menurut saya cukup membantu karena kalau pakai Nearpod sih sebenarnya seru bgt ya karna ada soal gitu cuma kendalanya pas belajar pakai Nearpod itu koneksinya</p>	<p>Menurut saya pembelajaran menggunakan Nearpod lebih ke efisien karna proses pembelajarannya tu ada soal-soal yang ngelatih kita</p>	<p>Iya setuju, soalnya itu bisa dibawa kemana saja, ga perlu bawa buku lagi, jadi lebi simple aja</p>	<p>Perubahan yang saya rasakan disini itu saya jadi mengerti tentang apa procedure text yang awalnya saya tidak</p>	<p>Menurut saya sangat membantu, karna materi ini gampang diakses, terus juga seru karena diakhir itu ada soal-soal gitu yang</p>	<p>Iya, karena halaman di Nearpod itu bisa di bolak balikkan gitu jadi misal kita gak paham sama materi yang sekarang, kita bisa ke</p>	<p>Iya, ini juga sangat mempengaruhi pembelajaran bahasa inggris terutama reading skill, Nearpod sangat membantu</p>	<p>Nearpod sangat membantu dalam kemajuan belajar. Kenapa saya bilang bisa membantu</p>



								kita bisa mengulang materinya lagi.
S8	Menurut saya Nearpod cukup membantu dalam pembelajaran bahasa Inggris. Kalo saya sendiri lebih mudah belajar menggunakan Nearpod karena isi dari materi-materi tersebut dijelaskan, kita juga bisa membuka materinya kembali dan bisa dipelajari ulang. Tapi kadang saya terganggu karena jaringan	Jika kendala koneksi yang tadi saya sebutkan sudah teratasi mungkin pembelajarannya bisa menjadi lebih efektif dan efisien	Kalau fleksibelnya udah soalnya bisa dibuka kapan saja	Perubahannya saya bisa lebih mengerti dengan dasar materi yang diberikan, dan saat menjawab sudah diisi waktu jadi saya harus menjawabnya	Sudah memberikan pembelajaran yang cukup menarik karena menggunakan gambar	Membantu sih, semisal ada kesulitan dalam materi saya bisa akses lagi dan seperti waktu ini dikasi tempat diskusi jadi kalau ada pertanyaan bisa ditanyakan disana	Iya dan itu mempengaruhi pembelajaran bahasa Inggris saya	Iya membantu, sehabis kuis ada nilai jadi dari sana saya bisa ukur segimana kemampuan saya
S9	Iya Nearpod sangat membantu saat	Ya Nearpod membuat	Ya, Nearpod sangat	Saya bisa lebih memahami	Iya karena dengan belajar	Iya, karna Nearpod	Iya, misalnya pada saat saya	Iya membantu seperti yang

	<p>proses pembelajarannya, selain itu juga mudah untuk mengerti materi yang di berikan. Untuk akses materi cukup membantu cuman kendalanya kadang di sinyalnya</p>	<p>belajar saya lebih menarik dan efisien karena fiturnya yang mendukung dalam proses pembelajaran, materi yang disampaikan juga bisa di simpan dalam handphone, kemudian di Nearpod juga kadang ada waktu untuk menjawab soal yang singkat sehingga bisa mengasah kemampuan saya untuk menjawab soal yang di berikan</p>	<p>membantu dan memang membuat belajar saya lebih fleksibel dan mandiri</p>	<p>materi yang belum terlalu dipahami yang diberikan di sekolah, karena kita di sekolah kadang waktunya terbatas dan materi tersebut bisa di akses melalui ponsel sehingga materi yang belum terlalu dipahami bisa didalami lagi di rumah dan di mana saja</p>	<p>menggunakan nearpod belajar saya bisa lebih mudah dan lebih menyenangkan</p>	<p>terhubung dengan Google Translate sehingga bisa memudahkan dalam mencari arti kata sulit</p>	<p>sedang menganalisis tentang teks prosedur yang dulunya saya hanya mengetahui sebagian kecil sekarang itu bisa lebih luas, seperti yang dulunya hanya tau pengertian nya, sekarang sudah bisa menentukan kalimat nya jenis apa, bagaimana ciri ciri nya dan lain-lain yang berkaitan dengan materi yang di berikan</p>	<p>sudah saya jelaskan tadi.</p>
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S10	Lumayan membantu	Menurut saya sendiri ya membantu sih tapi kadang lemot mungkin karna sinyalnya, apalagi sekolah Wi-Finya kadang error	Bisa, soalnya kan bisa di bawa kemana-mana, ga perlu bawa buku lagi, jdi lebih simpel aja, jdi kalo mau belajar juga lebih mudah, cuma itu aja kekurangannya, kalo ga ada sinyal agak lemot	Saya bisa mencoba hal baru belajar pakai Nearpod, seperti ketika menjawab quisnya itu kek main game, jadinya belajar sambil main game	Membantu, karena setelah mendapatkan teks kita langsung disuruh menjawab pertanyaan, jadinya paham sama materinya	Cukup membantu apalagi disediain kamus online itu jadi saya yang tidak begitu bisa dalam menterjemahkan ke bhs Indonesia cukup terbantu. Hanya itu	Iya membantu, saya jadi lebih bisa membaca bahasa Inggrisnya	Bisa, habis kuis muncul nilainya, jadi saya bisa lebih meningkatkan lagi nilainya
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Appendix 10

LESSON PLAN FOR EXPERIMENTAL GROUP

MODUL AJAR WEEK-1

Nama Penyusun	Wanda Dian Paramesti Fortuna Dewi
Institusi	SMA Negeri 1 Banjar
Tahun Pelajaran	2022-2023
Mata Pelajaran	Bahasa Inggris
Jenjang	SMA
Kelas	X-8/Eksperimental Group
Alokasi Waktu	2 x 45 Menit
Tahapan	Fase E
Tujuan Pembelajaran	READING AND VIEWING <ol style="list-style-type: none">1. Siswa mampu mengidentifikasi konteks, gagasan utama, dan informasi terperinci dari teks procedure tertulis yang disajikan tentang <i>sport</i> dan <i>health</i> (C1)2. Siswa mampu memahami karakteristik, rangkaian penyusunan dan pengembangan gagasan secara sederhana dari teks procedure mengenai <i>sport</i> dan <i>health</i> (C2)3. Siswa mampu menganalisa makna tersurat dan tersirat dari teks procedure tertulis tentang <i>sport</i> dan <i>health</i> (C4)
Konten utama	Procedure Text about How to Stay Healthy
Pertanyaan Pemantik	What does being healthy to you? Do you think you have lived healthy? Why?
Profil Pelajar Pancasila	Mandiri, Berpikir Kritis, dan Kreatif
Assessment	Individu, berkelompok
Jenis Assessment	Tes Tertulis
Materi, Gaya Mengajar,	A. Materi Pembelajaran Procedure text is a text that gives instruction for

Media	<p>doing a particular activity. It can also serve to explain how something works. It aims to give instruction or to explain how something can be done. It uses imperative and consists of goal or purpose, may or may not contain materials and steps.</p> <p>B. Gaya Mengajar Strategy: Pembelajaran tidak langsung Model: diskusi interaktif, pembentukan konsep, Tanya jawab, presentasi, penugasan</p> <p>C. Sarana Prasarana Media: Video, Students' worksheet Alat: Laptop/handphone, Aplikasi Nearpod</p>
Kegiatan Awal (15 Menit)	<ol style="list-style-type: none"> 1. Menyiapkan peserta didik untuk mengikuti proses pembelajaran seperti berdoa, absensi, menyiapkan materi pelajaran. 2. Menyampaikan secara singkat garis besar materi yang akan disajikan selama pembelajaran 3. Memotivasi peserta didik secara kontekstual sesuai dengan manfaat pembelajaran mengenai teks procedure dalam kehidupan sehari-hari. 4. Peserta didik diminta untuk login kedalam aplikasi Nearpod 5. Mengajak siswa brainstorming tentang procedure text dengan menanyakan <i>“What the first two words that comes into your mind after hearing about procedure text?”</i>
Kegiatan Inti (60 Menit)	<ol style="list-style-type: none"> 1. Memfasilitasi peserta didik dengan materi berupa video mengenai procedure text yang dapat diakses melalui aplikasi Nearpod 2. Mengajak siswa berdiskusi mengenai procedure text di Nearpod menggunakan fitur discussion board 3. Memfasilitasi peserta didik dengan bahan bacaan mengenai cara hidup sehat <p style="text-align: center;">How to Be Healthy</p> <p>Many people think that being healthy is a difficult task that involves lots of dieting and time at the gym, but that's not actually true! By supporting your body and mind, making some simple tweaks to your routine, and setting small goals for yourself, you can be on the path toward living a healthier, happier life. Start a daily habit of making healthier choices when it comes to eating, relaxing, being active, and sleeping. Soon, you'll start to see your healthy</p>

life taking shape! Here are some tips to be healthier.

1. *Having healthy Diet*

Having a healthy diet by drink more water, eat breakfast, eat more vegetables and fruits and eat less meat, eat at the right time and avoid late-night snacks that can disturb your sleep by fill your stomach with unnecessary calories, avoid eating sweets and added sugar.

2. *Having healthy exercise plan*

Be physically active to maintain our weight; do exercise at least 20-30 minutes a day. Try to do several activities or sport that you like to avoid any boredom and to boost our endurance and stretch our muscle; this indirectly helps to prevent any injury

3. *Being Emotionally healthy*

Think positively, a simple positive twist on a situation can turn an obstacle into an opportunity. Further, learn to be satisfied with what we have and practice gratitude daily. Think small can also help us to be emotionally healthy. It is because when we concentrate on unattainable goals, we become daunted, frustrated, and lazy. Also, hangouts with your friend can help you to manage stress.

4. *Having healthy routine*

Creating a daily routine can help you stick to your eating, exercising, and stress reduction goals. It ensures you to have time to do the things you want to do. Also, try to avoid risky behavior such as smoking, drink alcohol, consuming drugs with an unreasonable dose. Last, don't forget to get enough sleep, have a safer sex, and maintain our personal hygiene.

Questions:

1. What is the text mainly tell us about?
2. What is the writer recommend to eat?
3. What should you when you are overweight?
4. What can we conclude from the text above?
5. The writer writes the text in order to...
6. Please point out 5 things to avoid when we want to live healthily!

4. Siswa memirsra teks yang telah diberikan

	<p>5. Memfasilitasi siswa dengan kamus online untuk menerjemahkan kata sulit (https://en.bab.la/dictionary/english-indonesian/)</p> <p>6. Siswa menjabarkan informasi yang diketahui terkait teks procedure yang disediakan menggunakan fitur quiz dalam Nearpod.</p> <p>7. Bersama peserta didik mendiskusikan teks yang telah diberikan</p>								
Kegiatan Akhir (15 Menit)	<p>1. Bersama peserta didik menyimpulkan hasil pembelajaran</p> <p>2. Siswa menyampaikan opini atau perasaan atas pembelajaran yang dilakukan</p> <p>3. Memberikan penugasan individu untuk mengeksplorasi teks procedure yang lain sesuai dengan <i>interest</i> peserta didik masing-masing.</p> <p>4. Menyampaikan rencana kegiatan pertemuan berikutnya</p>								
Penilaian	<p>Rubrik penilaian teks tulisan</p> <table border="1"> <thead> <tr> <th>JAWABAN</th> <th>SKOR</th> </tr> </thead> <tbody> <tr> <td>1. Jawaban tepat kalimat benar</td> <td>2</td> </tr> <tr> <td>2. Jawaban salah kalimat benar</td> <td>1</td> </tr> <tr> <td>3. Jawaban salah dan kalimat kurang pas</td> <td>½</td> </tr> </tbody> </table>	JAWABAN	SKOR	1. Jawaban tepat kalimat benar	2	2. Jawaban salah kalimat benar	1	3. Jawaban salah dan kalimat kurang pas	½
JAWABAN	SKOR								
1. Jawaban tepat kalimat benar	2								
2. Jawaban salah kalimat benar	1								
3. Jawaban salah dan kalimat kurang pas	½								
Refleksi	<p>Bersama siswa melakukan refleksi mengenai materi yang telah dipelajari. Kegiatan refleksi dapat dilaksanakan sambil mengevaluasi kemampuan siswa dengan menanyakan pemahaman mereka mengenai materi.</p> <p><i>Okay, students. You have finished learning procedure texts about ways to stay health. Now, do you know how to develop a procedure text?</i></p>								
References	<p>Hermawan, B., Haryanti, D., & Suryaningsih N. (2022). Bahasa Inggris: Work in progress untuk SMA/SMK/MA kelas X. Pusat Perbukuan Badan Standar, Kurikulum, dan Asesmen Pendidikan Kementerian Pendidikan, Kebudayaan, Riset, dan Teknologi</p> <p>Worsley, A (2017, January 14). Reading procedure text. https://youtu.be/tSsB_B0YgCg</p>								

MODUL AJAR WEEK-2

Nama Penyusun	Wanda Dian Paramesti Fortuna Dewi
Institusi	SMA Negeri 1 Banjar
Tahun Pelajaran	2022-2023
Mata Pelajaran	Bahasa Inggris
Jenjang	SMA
Kelas	X-8/Eksperimental Group
Alokasi Waktu	2 x 45 Menit
Tahapan	Fase E
Tujuan Pembelajaran	<p>WRITING AND READING</p> <ol style="list-style-type: none"> 1. Siswa mampu menganalisis gagasan utama dan informasi terperinci dari teks procedure yang telah dibuat tentang <i>sport</i> dan <i>health</i> (C4) 2. Siswa mampu menyusun text procedure tentang <i>sport</i> dan <i>health</i> (C6)
Konten utama	Procedure Text about sport and health
Pertanyaan Pemantik	What are some activities that make you feel healthy?
Profil Pelajar Pancasila	Mandiri, Berpikir Kritis, dan Kreatif
Assessment	Berkelompok
Jenis Assessment	Tes Tertulis
Materi, Gaya Mengajar, Media	<ol style="list-style-type: none"> 5. Materi Pembelajaran Procedure text is a text that gives instruction for doing a particular activity. It can also serve to explain how something works. It aims to give instruction or to explain how something can be done. It uses imperative and consists of goal or purpose, may or may not contain materials and steps. 6. Gaya Mengajar Strategy: Cooperative learning Model: STAD 7. Sarana Prasarana Media: Students' worksheet

	Alat: Laptop/handphone, Aplikasi Nearpod
Kegiatan Awal (15 Menit)	<ol style="list-style-type: none"> 3. Menyiapkan peserta didik untuk mengikuti proses pembelajaran seperti berdoa, absensi, menyiapkan materi pelajaran. 4. Menyampaikan secara singkat garis besar materi yang akan disajikan selama pembelajaran 5. Memotivasi peserta didik secara kontekstual sesuai dengan manfaat pembelajaran mengenai teks procedure dalam kehidupan sehari-hari. 6. Peserta didik diminta untuk login kedalam aplikasi Nearpod 7. Peserta didik memberikan opini mereka tentang procedure text
Kegiatan Inti (60 Menit)	<ul style="list-style-type: none"> • Memfasilitasi peserta didik dengan materi mengenai procedure text dan contoh procedure text (berupa link) yang dapat diakses melalui aplikasi Nearpod. <p style="text-align: center;">PROCEDURE TEXT</p> <p>Definition</p> <p>There are many definition of procedure text itself and here are some definition of procedure text:</p> <ul style="list-style-type: none"> - Texts that explain how something works or how to use instruction/operation manuals e.g. how to use the video, the computer, the tape recorder, the photocopier, the fax. - Texts that instruct how to do a particular activity e.g. recipes, rules for games, science experiments, road safety rules. - Texts that deal with human behavior, e.g. how to live happily, how to succeed <p>Generic structure</p> <p>Generally, procedure text is constructed following its generic structure. The generic structure of procedure text is;</p> <ol style="list-style-type: none"> 1. Goal: (e.g.: How to make ...) 2. Material or Ingredient: (e.g.: the material to cook omelet are egg, onion, vegetable oil, etc.) 3. Step: (e.g.: first, wash the tomatoes, onion... the second cut the onions becomes slice. . .)

Purpose of procedure text

- To explain/tell (the reader) how to make/operate/do something through a sequence of actions or steps.
- To explain steps/instruction to make/operate/do something

Language Feature of Procedure Text:

- Use adverbial of sequence / Using temporal conjunction (e.g: first, second, third, the last)
- Use command / imperative sentence (e.g.: put the noodles on the . . . , cut the onion . . . , wash the tomatoes.
- Using adverbials (Adverbs) to express detail the time, place, and manner accurately, for example, for five minutes, 2 hours, etc.
- Using action verbs, e.g.: make, take, boil, cook
- Using Simple Present Tense

Example of Procedure Text

1. How to Schedule Zoom Meeting for an Online Class
How to Schedule Zoom Meeting for an Online Class

Tools:

- PC/Mobile Phone
- Zoom Applications
- Internet

Instruction

- First, open your Zoom App on your PC/ phone
- Second, click home menu at the top left
- Then, click schedule
- Enter relevant details like time, date, topic, etc.
- Next pick your calendar of choice
- Last, share the link to the students

2. Tips on How to keep body healthy during fasting
Quick Tips When Breaking the Fast

Breaking the fast is something most fasting people look forward to. In breaking the fast there are some health tips that need to be considered so that the body is healthy.

Here are some tips for breaking the fast properly and correctly

1. First, choose a healthy menu for breaking fast.
2. Second, don't eat heavy right away, eat something sweet like dates.
3. Third, drink more water
4. Then, eat healthy balanced nutritious food
5. Last, pay attention to the foods that need to be avoided

Those are short tips to keep the body healthy during fasting.

Another Examples can be accessed on:

<http://kelompok3-c.blogspot.com/2017/10/teks-prosedur-cara-menjaga-fisik-saat.html>

<https://www.kangyusufmn.com/2022/01/contoh-procedure-text-tentang-tips-kesehatan.html>

<https://www.bigbanktheories.com/contoh-procedure-text-tentang-cara-mencuci-tangan-yang-benar/>

<https://www.don-english.xyz/2022/06/contoh-procedure-text.html>

30. Guru meminta peserta didik untuk membuat kelompok yang beranggotakan 4 orang
31. Peserta didik memirsakan materi dan contoh text yang disajikan dalam Nearpod.
32. Dalam kelompok yang sudah dibentuk peserta didik berdiskusi dan berbagi informasi mengenai pemahaman mereka terhadap materi yang telah disajikan
33. Dengan anggota kelompok siswa menyusun teks procedure dengan memilih salah satu tema baik *sport* ataupun *health*.
34. Anggota diminta menuliskan teks procedure yang telah mereka buat dalam forum yang telah disediakan di Nearpod
35. Dalam kelompok, secara pribadi siswa diminta untuk menganalisis *social function/purpose*, *generic structure*, *language feature*, serta gagasan pokok dari tulisan mereka
 - What is the main idea of your procedure text?
 - Please analyze the generic structure of your procedure text!
 - Please analyze the language of your procedure text!
 - Please identify the social function of your procedure

	<p>text!</p> <p>36. Guru memberikan feedback singkat kepada siswa mengenai tulisan dan tugas mereka</p> <p>37. Guru memberikan pujian kepada siswa karena telah menyelesaikan tugas dengan baik</p>																																		
Kegiatan Akhir (15 Menit)	<ol style="list-style-type: none"> Bersama peserta didik menyimpulkan hasil pembelajaran Siswa merefleksi kegiatan pembelajaran yang telah dilakukan Menyampaikan rencana kegiatan pertemuan berikutnya 																																		
Penilaian	<p>Rubrik Penilaian Text Procedure – WRITING</p> <table border="1"> <thead> <tr> <th rowspan="2">Dimensions/Hal yang dinilai</th> <th colspan="4">Score</th> </tr> <tr> <th>1</th> <th>2</th> <th>3</th> <th>4</th> </tr> </thead> <tbody> <tr> <td>Judul menyatakan proses membuat sesuatu atau tips/instructions/manual/rules melakukan sesuatu. Ditulis dengan kaidah kebahasaan yang benar dan sesuai dengan isi</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Mengandung tujuan mengenai apa yang akan dilakukan dan dibuat serta ditulis dengan kaidah kebahasaan yang benar</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Bagian inti mengandung dan menguraikan langkah-langkah/instruksi/rules dalam melakukan sesuatu dengan jelas dan ditulis dengan kaidah kebahasaan yang benar</td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table> <p>Rubrik Penilaian Kuis Text Procedure - READING</p> <table border="1"> <thead> <tr> <th>JAWABAN</th> <th>SKOR</th> </tr> </thead> <tbody> <tr> <td>8. Jawaban tepat, kalimat benar, dan lengkap</td> <td>2</td> </tr> <tr> <td>9. Jawaban tepat namun kurang lengkap dengan kalimat benar</td> <td>1 ½</td> </tr> <tr> <td>10. Jawaban benar namun kalimat kurang pas dan kurang lengkap</td> <td>1</td> </tr> <tr> <td>11. Jawaban salah dan kalimat kurang pas</td> <td>½</td> </tr> </tbody> </table>	Dimensions/Hal yang dinilai	Score				1	2	3	4	Judul menyatakan proses membuat sesuatu atau tips/instructions/manual/rules melakukan sesuatu. Ditulis dengan kaidah kebahasaan yang benar dan sesuai dengan isi					Mengandung tujuan mengenai apa yang akan dilakukan dan dibuat serta ditulis dengan kaidah kebahasaan yang benar					Bagian inti mengandung dan menguraikan langkah-langkah/instruksi/rules dalam melakukan sesuatu dengan jelas dan ditulis dengan kaidah kebahasaan yang benar					JAWABAN	SKOR	8. Jawaban tepat, kalimat benar, dan lengkap	2	9. Jawaban tepat namun kurang lengkap dengan kalimat benar	1 ½	10. Jawaban benar namun kalimat kurang pas dan kurang lengkap	1	11. Jawaban salah dan kalimat kurang pas	½
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References	<p>Contoh procedure text tentang cara mencuci tangan yang benar (2021, January 24). Bigbanktheories.com. https://www.bigbanktheories.com/contoh-procedure-text-tentang-</p>																																		

[cara-mencuci-tangan-yang-benar/](#)

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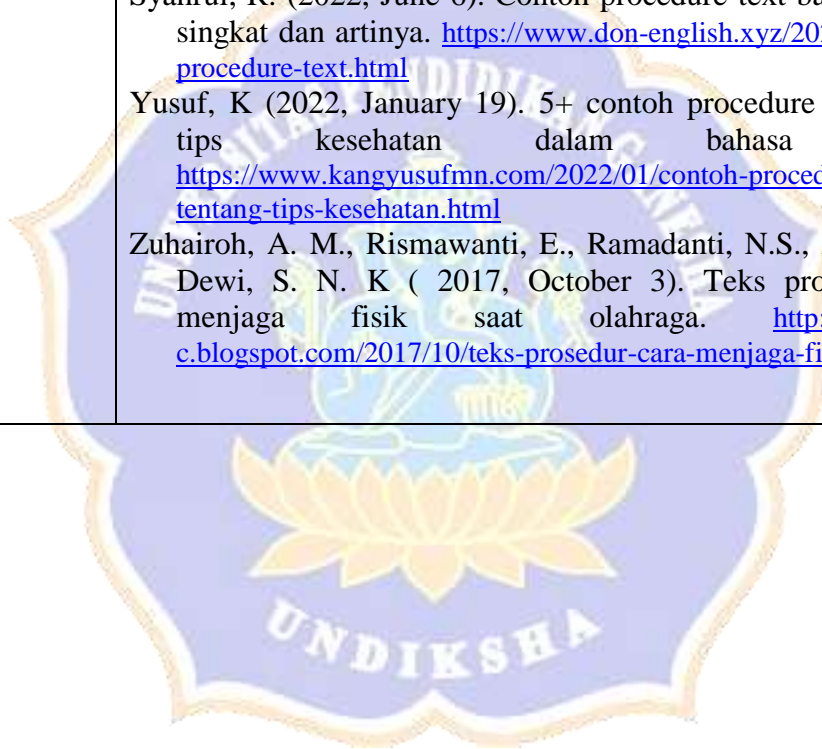
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MODUL AJAR-WEEK 3

Nama Penyusun	Wanda Dian Paramesti Fortuna Dewi
Institusi	SMA Negeri 1 Banjar
Tahun Pelajaran	2022-2023
Mata Pelajaran	Bahasa Inggris
Jenjang	SMA
Kelas	X-8/Eksperimental Group
Alokasi Waktu	2 x 45 Menit
Tahapan	Fase E
Tujuan Pembelajaran	<p>READING</p> <ul style="list-style-type: none"> Siswa mampu menganalisis gagasan utama dan informasi terperinci dari teks procedure tentang <i>health and sport</i> (C4)
Konten utama	Procedure Text about healthy eating
Pertanyaan Pemantik	What does your favorite healthy food?
Profil Pelajar Pancasila	Mandiri, Berpikir Kritis, dan Kreatif
Assessment	Mandiri
Jenis Assessment	Tes Tertulis
Materi, Gaya Mengajar, Media	<p>A. Materi Pembelajaran Procedure text is a text that gives instruction for doing a particular activity. It can also serve to explain how something works. It aims to give instruction or to explain how something can be done. It uses imperative and consists of goal or purpose, may or may not contain materials and steps.</p> <p>B. Gaya Mengajar Strategy: Pembelajaran tidak langsung Model: diskusi interaktif, pembentukan konsep, Tanya jawab, presentasi, penugasan</p> <p>C. Sarana Prasarana Media: Students' worksheet</p>

	Alat: Laptop/handphone, Aplikasi Nearpod
Kegiatan Awal (15 Menit)	<ol style="list-style-type: none"> 6. Menyiapkan peserta didik untuk mengikuti proses pembelajaran seperti berdoa, absensi, menyiapkan materi pelajaran. 7. Menyampaikan secara singkat garis besar materi yang akan disajikan selama pembelajaran 8. Memotivasi peserta didik secara kontekstual sesuai dengan manfaat pembelajaran mengenai teks procedure dalam kehidupan sehari-hari. 9. Peserta didik diminta untuk login kedalam aplikasi Nearpod
Kegiatan Inti (60 Menit)	<ol style="list-style-type: none"> 1. Memfasilitasi peserta didik dengan materi tentang procedure text yang dikemas dalam bentuk slides di Nearpod <p>Definition and Social Function of Procedure Text</p> <p>Definition</p> <ul style="list-style-type: none"> • Text that explain how something works or how to use instruction / operation manual e.g. how to use computer • Text that instruct how to do a particular activity, e.g. recipes, rules for games, science experiments • Text that deals with human behavior, e.h. tips to success, how to live happily <p>Social Function</p> <p>Social function of procedure text is to give instruction on steps/ method/ ways of making an operating something. To describe how something is completely done through a subsequence of series or steps. Simply, it is to tell the readers about some steps of doing something</p> <p>Generic structure</p> <ol style="list-style-type: none"> 1. Goals/Tujuan: Berisikan tujuan dari text tersebut, contohnya: how to make milk bread 2. Material or ingredients: berisikan alat atau bahan yang diperlukan, contohnya <p>How to make milk bread</p> <p>Material</p> <ul style="list-style-type: none"> - Milk - Flour, etc <p>How to play basketball</p> <ul style="list-style-type: none"> - Basketball, etc 3. Steps: Langkah-langkah procedure text <p>Steps:</p> <ul style="list-style-type: none"> - First, cut the tomatoes - Second, put it into the blender, so on... <p>Language Feature of Procedure text</p>

- Use adverb of sequence (kata keterangan untuk menerangkan urutan) / using temporal conjunctions (kata hubung yang menyatakan waktu) contohnya
Adverb of sequence: first, second,...
Temporal conjunctions: after that, then, next, now, ...
- Using command or imperative sentences (menggunakan kalimat perintah), contohnya: put the cake on the microwave, click the start button, etc.
- Using adverb of time (kata keterangan untuk menerangkan waktu, contohnya: in the morning, e hours, 30 minutes
- Using adverb of place (kata keterangan untuk menerangkan tempat, contohnya: at the top left, in the top left, on the table, etc.
- Using adverb of manner (kata keterangan untuk menerangkan cara suatu kegiatan dilakukan, contohnya
 - Stir the dough **slowly**
- Using actions verb: menggunakan kata kerja → pour, put, cut, etc.
- Using simple present tense
 1. I/You/They/We + V1 + O + ...
 2. She/he/ it + V1 (s/es) + O + ...

Example

How to Schedule Zoom Meeting for an Online Class

Tools:

- PC/Mobile Phone
- Zoom Applications
- Internet

Instruction

- First, open your Zoom App on your PC/ phone
- Second, click home menu at the top left
- Then, click schedule
- Enter relevant details like time, date, topic, etc.
- Next pick your calendar of choice

Last, share the link to the students

2. Guru menyediakan kesempatan bagi siswa untuk bertanya mengenai materi yang belum dipahami
3. Guru memberikan sebuah text procedure kemudian siswa berdiskusi mengenai beberapa aspek dari procedure text yang diberikan seperti main idea, structure of the text, purpose of the text
 - What is the main idea of the text?
 - Please point out the structure of the text!

- What is the purpose of the text?
 - Do you know what the word "dates" means?
4. Guru memfasilitasi siswa dengan kamus online pada Neapod untuk menejermahkan kata sulit yang ditemui. (<https://dictionary.cambridge.org/dictionary/english-indonesian/>)
 5. Setelah melakukan diskusi, siswa menjawab latihan soal yang diberikan di Nearpod

Read the text and try to answer the question from number 1-5 by choosing the right answer!

Tips to be Good Kind of Beginner in Surfing

Learning how to surf on your own is not easy. Surfing is nothing like other more traditional sports. Even after 10 years of surfing, you will still be challenged to improve on your skill. Here are some tips when you want to start learning surfing.

Tips:

1. Find the right spot to learn how to surf
2. Understand your environment where you are surfing.
3. Be in good physical shape
4. Learn how to paddle
5. Look at the wave before going in. Find out if it is the right size for you.
6. Learn how to catch a wave
7. Try to pop up on a surfboard
8. Pass the waves: turtle roll and duck dive
9. Understand the surfing etiquette

Questions

1. The text mainly talking about...
 - a. Good kind of beginner in surfing
 - b. Surfing is challenging sports
 - c. Tips for beginners when you want to learn surfing
 - d. Tips to be pro in surfing
2. Which in following statement that is true?
 - a. You can learn surfing by yourself
 - b. Surfing etiquette is not exist
 - c. Very small waves is recommended for beginners
 - d. Learn how to pop up on surfboard before pass the waves
3. Find out if *it* is the right size for you

- The word “it” in the above sentence refers to....
- Surfboard
 - Wave
 - Size
 - Going in
4. What is the word “pop up” in the following sentence means?
 “Try to pop up on a surfboard”
- Stand on the surfboard
 - Jump on the surfboard
 - Let the surfboard float
 - Lying down on the surfboard
5. What can you infer from the following sentence...?
 “Understand your environment where you are surfing.”
- You have to know the details of waves break in the place you are going to surf
 - You have to know people who live around the place you are surfing
 - You have to know where you can rent a surfboard
 - You have to know that you still a beginner and respect old surfers

Read the text and try to fill the blank in the text by dragging the word in to the right place

How to build up your stamina

Stamina is the strength and energy that allow you to sustain physical or mental effort for long periods of time. Increasing your stamina helps you endure discomfort or stress when you’re doing an activity. It also reduces fatigue and exhaustion. Having high stamina allows you to perform your daily activities at a higher level while using less energy. Here are five tips on how to build up your stamina.

- _____ an exercise. It will improve your work ability, sleep quality, and cognitive functioning.
- Do yoga and meditation
- Listen to music can make you feel more _____
- Drink _____ to a boost on days you are feeling too tired to _____. But, try not to rely on caffeine too much,
- Eat a balance _____

Diet	Do	Exercise	Relax	Caffeine
------	----	----------	-------	----------

	6. Siswa meng-submit pekerjaannya dan skor akhir akan muncul
Kegiatan Akhir (15 Menit)	<ol style="list-style-type: none"> 2. Bersama peserta didik menyimpulkan hasil pembelajaran 3. Siswa merefleksi kegiatan pembelajaran yang telah dilakukan 4. Menyampaikan rencana kegiatan pertemuan berikutnya
Penilaian	Skor siswa muncul setelah menyelesaikan Quiz pada Nearpod (real-time feedback dengan menggunakan fitur quiz pada Nearpod)
Refleksi	<p>Bersama siswa melakukan refleksi mengenai materi yang telah dipelajari. Kegiatan refleksi dapat dilaksanakan sambil mengevaluasi kemampuan siswa dengan menanyakan pemahaman mereka mengenai materi.</p> <p><i>Okay, students. You have finished learning about the structure of procedure text, so what is the main structure of procedure text?</i></p>
References	<p>Hermawan, B., Haryanti, D., & Suryaningsih N. (2022). Bahasa Inggris: Work in progress untuk SMA/SMK/MA kelas X. Pusat Perbukuan Badan Standar, Kurikulum, dan Asesmen Pendidikan Kementerian Pendidikan, Kebudayaan, Riset, dan Teknologi</p> <p>Irons, J (2019, June 7). A Beginner's Guide to Surfing. https://www.outsideonline.com/health/training-performance/beginner-guide-surfing/</p> <p>Kurniawati (2020, December 27). Materi procedure text. https://ayoguruberbagi.kemdikbud.go.id/artikel/materi-procedure-text/</p>

MODUL AJAR WEEK-4

Nama Penyusun	Wanda Dian Paramesti Fortuna Dewi
Institusi	SMA Negeri 1 Banjar
Tahun Pelajaran	2022-2023
Mata Pelajaran	Bahasa Inggris
Jenjang	SMA
Kelas	X-8/Eksperimental Group
Alokasi Waktu	2 x 45 Menit
Tahapan	Fase E
Tujuan Pembelajaran	<p>READING</p> <ul style="list-style-type: none"> Siswa mampu menganalisis gagasan utama dan informasi terperinci dari teks procedure tentang <i>healthy eating</i> (C4)
Konten utama	Procedure Text about healthy eating.
Pertanyaan Pemantik	What are some activities that make you feel healthy?
Profil Pelajar Pancasila	Mandiri, Berpikir Kritis, dan Kreatif
Assessment	Individu
Jenis Assessment	Tes Tertulis
Materi, Gaya Mengajar, Media	<p>A. Materi Pembelajaran Procedure text is a text that gives instruction for doing a particular activity. It can also serve to explain how something works. It aims to give instruction or to explain how something can be done. It uses imperative and consists of goal or purpose, may or may not contain materials and steps.</p> <p>B. Gaya Mengajar Strategy: Pembelajaran tidak langsung Model: diskusi interaktif, pembentukan konsep, Tany jawab, presentasi, penugasan</p> <p>C. Sarana Prasarana Media: Students' worksheet Alat: Laptop/handphone, Aplikasi Nearpod</p>

<p>Kegiatan Awal (15 Menit)</p>	<ol style="list-style-type: none"> 1. Menyiapkan peserta didik untuk mengikuti proses pembelajaran seperti berdoa, absensi, menyiapkan materi pelajaran. 2. Menyampaikan secara singkat garis besar kegiatan yang akan dilaksanakan selama pembelajaran 3. Memotivasi peserta didik secara kontekstual sesuai dengan manfaat pembelajaran mengenai teks procedure dalam kehidupan sehari-hari. 4. Peserta didik diminta untuk login kedalam aplikasi Nearpod
<p>Kegiatan Inti (60 Menit)</p>	<ol style="list-style-type: none"> 1. Memfasilitasi peserta didik dengan materi mengenai procedure text yaitu <i>healthy eating</i> yang dapat diakses melalui aplikasi Nearpod. 2. Peserta didik memirsa materi mengenai <i>healthy eating</i> dalam Nearpod. <p style="text-align: center;">Healthy Eating</p> <p>Healthy eating means eating a variety of foods that give you the nutrients you need to maintain your health, feel good, and have energy.</p> <p>TASK 1- Read the following text and answer the following questions! (Text 1)</p> <p style="text-align: center;">Simple Tips for Healthy Eating</p> <ol style="list-style-type: none"> 1. Eat Real Food, Not Processed Food It is best to eat foods in their natural state. Forget foods that are processed in a factory. Some examples of processed foods are convenience snack (potato chips, baked crisps, etc.), cereals, canned vegetables, canned meats, canned fruit, granola bars, candy bars, white sugar, bleached flour, beef jerky, soda, sports drinks, margarine (it is hydrogenated in a factory), packaged cookies, frozen dinners, processed meats like hot dogs, canned soups, fruit juices, ketchup, etc. Processed foods have been greatly modified and contain a lot of ingredients that do not exist in the food naturally. 2. Eat a Variety of Different Foods Each type of food ingredient that exists in nature has its nutritional makeup. When we eat different types of foods, we are more likely to get all the nutrients we need in order to be healthy 3. Cook More Than Eating Out One of the best ways to eat healthier is to cook your own food. Besides saving a lot of money, you will also be able to control what goes into your food. You will not be using chemicals and other unhealthy additives.

4. Stop Eating Before You are Full

Instead of eating until you are completely full, stop eating before you feel completely satiated. It is OK (and healthy) to stop eating while you still have some room in your stomach. And do not forget, it takes a while for your stomach to send the message to your brain that you are full and have had enough to eat

5. Eat at The Dining Table, Not in Your Car or at Your Desk

Always try to eat at a proper dining table. Never eat in your car or at your desk. When you make a point to sit down at a table and focus on your meal, you will be less likely to eat unconsciously. And food that is served to you through a window is almost never healthy. Following this rule also reduces the chances of eating when you are bored.

6. Drink Water and Forget Everything Else

Water is the healthiest drink on the planet, period. Sodas, energy, and flavored drinks are the unhealthiest and they should be avoided at all costs. If you want to have a flavored drink, make lemonade using fresh lemons, or drink tea, or water flavored with fresh fruit and vegetables

Lets' Match

Look at the following statements and the list of tips. Match each statement with the correct tips based on the text above

1. It takes time for the brain to get information that you have eaten enough (...)
2. You need to focus and find a proper place to eat (...)
3. Cook your own meal for healthier and cheaper options (...)
4. Food is best when they are not ever-processed (...)
5. More variation means more nutrients in your food (...)

Tips of Healthy Eating

10. Eat real food, not processed food
 11. Eat a variety of different food
 12. Cook more than eating out
 13. Stop eating before you are full
 14. Eat at the dining table, not in your car at your desk
-
3. Memberikan kesempatan kepada siswa untuk bertanya mengenai materi yang disediakan
 4. Peserta didik berdiskusi dan berbagi informasi mengenai

- pemahaman mereka terhadap text yang telah disajikan
5. Peserta didik menjawab pertanyaan terkait dengan text-1 melalui aplikasi Nearpod.
 6. Bersama dengan peserta didik membahas soal yang telah dikerjakan
 7. Peserta didik diminta untuk memirsa text-2 yang disajikan bentuk percakapan antara dua orang
- TAKS 2. Read the following text then point out the main idea and important points and transform it in form of mind map! (Text 2)**

Niken: Hi Sidar, how are you?

Samsidar: Not really good actually, my stomach hurts

Niken: How did your stomach hurt? Was it because of something you eat?

Samsidar: I don't know. Probably

Niken: What did you have?

Samsidar: duck chili with a hot sauce

Niken: Oh...no wonder

Samsidar: My stomach hurts what should I do?

Niken: first, take medicine for your stomachache. Then, after it get better, you need to mind what you eat. Always eat the right food, so you can stay healthy

Samsidar: A right food? What do you know about the right food Niken?

Niken: I know a lot about the right food. I read books on healthy food

Samsidar: Okay...what are the best foods to eat then?

Niken: You should eat more fresh food and vegetables. Next, avoid highly fat and greasy food. Avoid too much sugar and caffeine too.

Samsidar: Right

Niken: One last thing, dot eat too much spicy food like duck chili and hot chili

Samsidar: Oh, now my stomach hurt again...I need to go

Niken: Okay. See you then

8. Peserta didik diminta untuk menentukan *main idea* dari text-2 dan poin-poin penting terkait dengan main idea
9. Peserta didik kemudian membuat *mind map* berdasarkan informasi mengenai *main idea* dan poin-poin pentingnya dalam aplikasi Nearpod menggunakan fitur "Draw it/Picture)

Kegiatan Akhir (15 Menit)	<ol style="list-style-type: none"> 1. Bersama peserta didik menyimpulkan hasil pembelajaran 2. Siswa merefleksi kegiatan pembelajaran yang telah dilakukan 3. Menyampaikan rencana kegiatan pertemuan berikutnya 														
Penilaian	<p><i>Rubrik Penilaian Mind Map Text Procedure</i></p> <table border="1"> <thead> <tr> <th data-bbox="553 411 1255 453">CRITERIA</th> <th data-bbox="1255 411 1401 453">SCORE</th> </tr> </thead> <tbody> <tr> <td data-bbox="553 453 1255 558">1. Semua informasi dalam text dijabarkan secara tepat, lengkap dan detail. Kalimat serta ejaannya benar.</td> <td data-bbox="1255 453 1401 558">5</td> </tr> <tr> <td data-bbox="553 558 1255 705">2. Semua informasi dalam text dijabarkan secara tepat namun ada sedikit informasi yang tertinggal. Kalimat serta ejaannya benar.</td> <td data-bbox="1255 558 1401 705">4</td> </tr> <tr> <td data-bbox="553 705 1255 810">3. Hampir semua informasi dalam text dijabarkan secara tepat dan detail. Terdapat beberapa kesalahan kecil dalam penulisan.</td> <td data-bbox="1255 705 1401 810">3</td> </tr> <tr> <td data-bbox="553 810 1255 915">4. Informasi yang dijabarkan kurang lengkap serta terdapat banyak kesalahan kecil dalam penulisan.</td> <td data-bbox="1255 810 1401 915">2</td> </tr> <tr> <td data-bbox="553 915 1255 1073">5. Informasi yang dijabarkan tidak lengkap dan terdapat banyak kesalahan kecil dalam penulisan. Jawaban salah dan kalimat kurang pas</td> <td data-bbox="1255 915 1401 1073">1</td> </tr> <tr> <td colspan="2" data-bbox="553 1073 1401 1150"> <p>Total Score</p> <p style="text-align: center;">Score yang diperoleh x 20</p> </td> </tr> </tbody> </table>	CRITERIA	SCORE	1. Semua informasi dalam text dijabarkan secara tepat, lengkap dan detail. Kalimat serta ejaannya benar.	5	2. Semua informasi dalam text dijabarkan secara tepat namun ada sedikit informasi yang tertinggal. Kalimat serta ejaannya benar.	4	3. Hampir semua informasi dalam text dijabarkan secara tepat dan detail. Terdapat beberapa kesalahan kecil dalam penulisan.	3	4. Informasi yang dijabarkan kurang lengkap serta terdapat banyak kesalahan kecil dalam penulisan.	2	5. Informasi yang dijabarkan tidak lengkap dan terdapat banyak kesalahan kecil dalam penulisan. Jawaban salah dan kalimat kurang pas	1	<p>Total Score</p> <p style="text-align: center;">Score yang diperoleh x 20</p>	
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Refleksi	<p>Bersama siswa melakukan refleksi mengenai materi yang telah dipelajari. Kegiatan refleksi dapat dilaksanakan sambil mengevaluasi kemampuan siswa dengan menanyakan pemahaman mereka mengenai materi.</p> <p><i>Okay, students. You have finished learning about healthy eating, so do you still remember what is healthy eating?</i></p>														
References	<p>Hermawan, B., Haryanti, D., & Suryaningsih N. (2022). Bahasa Inggris: Work in progress untuk SMA/SMK/MA kelas X. Pusat Perbukuan Badan Standar, Kurikulum, dan Asesmen Pendidikan Kementerian Pendidikan, Kebudayaan, Riset, dan Teknologi</p> <p>Managing Life With Cancer. (2022, November 23). What does healthy eating mean?. https://www.breastcancer.org/managing-life/diet-nutrition/what-does-healthy-eating-mean</p>														

MODUL BELAJAR WEEK-5

Nama Penyusun	Wanda Dian Paramesti Fortuna Dewi
Institusi	SMA Negeri 1 Banjar
Tahun Pelajaran	2022-2023
Mata Pelajaran	Bahasa Inggris
Jenjang	SMA
Kelas	X-8/Eksperimental Group
Alokasi Waktu	2 x 45 Menit
Tahapan	Fase E
Tujuan Pembelajaran	<p>LISTENING AND READING</p> <ul style="list-style-type: none"> • Siswa mampu mengidentifikasi berbagai informasi dari teks dialog interaktif bertemakan <i>healthy eating</i> (C1) • Siswa mampu menganalisis informasi terperinci dari teks procedure tentang <i>healthy eating</i> (C4)
Konten utama	Procedure Text about healthy eating.
Pertanyaan Pemantik	What did you think about healthy eating?
Profil Pelajar Pancasila	Mandiri, Berpikir Kritis, dan Kreatif
Assessment	Mandiri
Jenis Assessment	Tes Mendengar dan Tertulis
Materi, Gaya Mengajar, Media	<ul style="list-style-type: none"> - Materi Pembelajaran Procedure text is a text that gives instruction for doing a particular activity. It can also serve to explain how something works. It aims to give instruction or to explain how something can be done. It uses imperative and consists of goal or purpose, may or may not contain materials and steps. - Gaya Mengajar Strategy: Pembelajaran tidak langsung Model: diskusi interaktif, pembentukan konsep, Tanya jawab, presentasi, penugasan - Sarana Prasarana Media: Nearpod website, video Alat: smartphone, speaker, headset

<p>Kegiatan Awal (15 Menit)</p>	<ol style="list-style-type: none"> 1. Menyiapkan peserta didik untuk mengikuti proses pembelajaran seperti berdoa, absensi, menyiapkan materi pelajaran. 2. Menyampaikan secara singkat garis besar kegiatan yang akan dilaksanakan selama pembelajaran 3. Memotivasi peserta didik secara kontekstual sesuai dengan manfaat pembelajaran mengenai teks procedure dalam kehidupan sehari-hari.
<p>Kegiatan Inti (60 Menit)</p>	<ol style="list-style-type: none"> 1. Memfasilitasi peserta didik dengan percakapan mengenai procedure text bertemakan <i>healthy eating</i> 2. Peserta didik diminta untuk menyimak video percakapan mengenai “healthy & dieting” 3. Guru menanyakan kata apa yang siswa dapat tangkap saat mendengarkan video percakapan tersebut 4. Siswa dan berdiskusi mengenai text tersebut 5. Siswa diminta untuk login kedalam aplikasi Nearpod 6. Siswa diberikan kesempatan untuk mendengarkan ulang percakapan secara mandiri dalam Nearpod 7. Siswa menjawab pertanyaan terkait dengan video melalui Nearpod <p>Task-1. After listen to the conversation, fill the blank space by dragging the appropriate word</p> <p>Man : Have you heard of the _____ diet? We could try that one.</p> <p>Woman : I think I’ve heard of it.</p> <p>Man : It’s pretty famous. It focuses on restricting the amount of _____ in your diet and replacing them with proteins and fats. The idea is that the absence of carbohydrates leads to your body _____ fat for energy. It’s great for losing weight!</p> <p>Woman : That sounds good. But, I’ve been wondering if we should try a vegan diet. You know, with no meat or animal _____.</p> <p>Man : That’s true, but I’ve also heard that they are not very _____. What about paleo diet? In this one, we simply cut out all _____ foods and only eat the kinds of foods that our ancient ancestors used to eat. I’ve heard that it’s good for losing weight and improving general health</p> <p>Woman : I don’t know... that one kind of sounds like a _____. There was another one I liked the sound of though. It’s called the 5:2 diets and is based on the concept of</p>

	<p>intermittent _____. In this diet, we eat normally for 5 days a week, but on the other two days we _____ how many _____ we eat to about 500-600 calories per day.</p> <p>Processed Carbohydrates Fasting Atkins</p> <p>Calories fad Products Balanced Restrict</p> <p>Burning</p> <p>Task 2. Please, answer the questions based on the audio conversation</p> <ol style="list-style-type: none"> 1. What is the speaker talking about? 2. What does the woman recommend to lose some weight? 3. Why does the woman suggest vegan diet at first? 4. Why the woman did not like paleo diet? 5. What should they so before altering diet? 6. What is the difference between Atkins diet and 5:2 diets? <ol style="list-style-type: none"> 8. Bersama-sama mereview dan mendiskusikan jawaban 9. Memberikan pujian karena telah menyelesaikan tugas dengan baik 										
Kegiatan Akhir (15 Menit)	<ol style="list-style-type: none"> 1. Bersama peserta didik menyimpulkan hasil pembelajaran 2. Siswa merefleksi kegiatan pembelajaran yang telah dilakukan 3. Menyampaikan rencana kegiatan pertemuan berikutnya 										
Penilaian	<p>Task 1- Nearpod quiz feature</p> <p>Task 2</p> <p>Rubrik Penilaian Kuis Text Procedure - READING</p> <table border="1"> <thead> <tr> <th>JAWABAN</th> <th>SKOR</th> </tr> </thead> <tbody> <tr> <td>1. Jawaban tepat, kalimat benar, dan lengkap</td> <td>2</td> </tr> <tr> <td>2. Jawaban tepat namun kurang lengkap dengan kalimat benar</td> <td>1 ½</td> </tr> <tr> <td>3. Jawaban benar namun kalimat kurang pas dan kurang lengkap</td> <td>1</td> </tr> <tr> <td>4. Jawaban salah dan kalimat kurang pas</td> <td>½</td> </tr> </tbody> </table>	JAWABAN	SKOR	1. Jawaban tepat, kalimat benar, dan lengkap	2	2. Jawaban tepat namun kurang lengkap dengan kalimat benar	1 ½	3. Jawaban benar namun kalimat kurang pas dan kurang lengkap	1	4. Jawaban salah dan kalimat kurang pas	½
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4. Jawaban salah dan kalimat kurang pas	½										
Refleksi	<p>Bersama siswa melakukan refleksi mengenai materi yang telah dipelajari. Kegiatan refleksi dapat dilaksanakan sambil mengevaluasi kemampuan siswa dengan menanyakan pemahaman mereka mengenai materi.</p>										

	<i>Okay, students. So far we have learned about healthy and sport as well as healthy eating, can you tell me what should we do when we want to live healthy?</i>
References	Learn English by Pocket Passport (2021, July 17). Health & dieting: English conversation. https://youtu.be/oMwx2SrLOfE



Appendix 11

LESSON PLAN FOR CONTROL GROUP

MODUL BELAJAR WEEK-1

Nama Penyusun	Wanda Dian Paramesti Fortuna Dewi
Institusi	SMA Negeri 1 Banjar
Tahun Pelajaran	2022-2023
Mata Pelajaran	Bahasa Inggris
Jenjang	SMA
Kelas	X-1/Control Group
Alokasi Waktu	2 x 45 Menit
Tahapan	Fase E
Tujuan Pembelajaran	READING AND VIEWING <ol style="list-style-type: none">1. Siswa mampu mengidentifikasi konteks, gagasan utama, dan informasi terperinci dari teks procedure tertulis yang disajikan tentang <i>sport</i> dan <i>health</i> (C1)2. Siswa mampu memahami karakteristik, rangkaian penyusunan dan pengembangan gagasan secara sederhana dari teks procedure mengenai <i>sport</i> dan <i>health</i> (C2)3. Siswa mampu menganalisa makna tersurat dan tersirat dari teks procedure tertulis tentang <i>sport</i> dan <i>health</i> (C4)
Konten utama	Procedure Text about How to Stay Healthy
Pertanyaan Pemantik	What does being healthy to you? Do you think you have lived healthy? Why?
Profil Pelajar Pancasila	Mandiri, Berpikir Kritis, dan Kreatif
Assessment	Individu, berkelompok

Jenis Assessment	Tes Tertulis
Materi, Gaya Mengajar, Media	<p>A. Materi Pembelajaran Procedure text is a text that gives instruction for doing a particular activity. It can also serve to explain how something works. It aims to give instruction or to explain how something can be done. It uses imperative and consists of goal or purpose, may or may not contain materials and steps.</p> <p>B. Gaya Mengajar Strategy: Pembelajaran tidak langsung Model: diskusi interaktif, pembentukan konsep, Tanya jawab, presentasi, penugasan</p> <p>C. Sarana Prasarana Media: video Alat: handphone</p>
Kegiatan Awal (15 Menit)	<ol style="list-style-type: none"> 1. Menyiapkan peserta didik untuk mengikuti proses pembelajaran seperti berdoa, absensi, menyiapkan materi pelajaran. 2. Menyampaikan secara singkat garis besar materi yang akan disajikan selama pembelajaran 3. Memotivasi peserta didik secara kontekstual sesuai dengan manfaat pembelajaran mengenai teks procedure dalam kehidupan sehari-hari. 4. Peserta memberikan opini mereka tentang procedure text "What do you know about procedure text?"
Kegiatan Inti (60 Menit)	<ol style="list-style-type: none"> 1. Memfasilitasi peserta didik dengan materi mengenai procedure text dalam bentuk video 2. Memfasilitasi peserta didik dengan bahan bacaan berupa infographic mengenai <i>mental</i> dan <i>physical health</i> dalam bentuk hardcopy



Talk to Someone You Trust



Take Two Minutes to Focus on the World Around You



Take Care of Your Physical Health



Tell Yourself that Everything Will Be Fine



Do Activities that You Enjoy

Infographics A



Infographics B

3. Siswa memeriksa infographics yang telah disediakan
4. Siswa berdiskusi mengenai infographics yang diberikan dan siswa diberi kesempatan untuk bertanya apa bila ada hal yang belum dimengerti

Task 1. Please observe both infographics then decide the statements below TRUE of FALSE. Give your reasons!

Infographic A		
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	<table border="1"> <tr> <td>The following activities can maintain your mental health</td> <td>True</td> <td>False</td> </tr> <tr> <td>Engross yourself shortly with what is around you</td> <td></td> <td></td> </tr> <tr> <td>Remind yourself that some things can go wrong</td> <td></td> <td></td> </tr> <tr> <td>Mind your bodily well-being</td> <td></td> <td></td> </tr> </table>	The following activities can maintain your mental health	True	False	Engross yourself shortly with what is around you			Remind yourself that some things can go wrong			Mind your bodily well-being					
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Engross yourself shortly with what is around you																
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	<table border="1"> <tr> <td colspan="3" style="text-align: center;">Infographic B</td> </tr> <tr> <td>The following activities can maintain your mental health</td> <td>True</td> <td>False</td> </tr> <tr> <td>Miss your morning meals</td> <td></td> <td></td> </tr> <tr> <td>Avoid drinking water when you get up from your sleep</td> <td></td> <td></td> </tr> <tr> <td>Have a big portion for your lunch</td> <td></td> <td></td> </tr> </table>	Infographic B			The following activities can maintain your mental health	True	False	Miss your morning meals			Avoid drinking water when you get up from your sleep			Have a big portion for your lunch		
Infographic B																
The following activities can maintain your mental health	True	False														
Miss your morning meals																
Avoid drinking water when you get up from your sleep																
Have a big portion for your lunch																
	<p>Let's Complete It</p> <p>Complete the following sentences with ONE word from the infograpichs</p> <ol style="list-style-type: none"> In order to lose weight, you need to avoid a sedentary lifestyle and begin to ... around Make sure you have enough gap between your dinner and your ... Talking about your problem may help you with mental health only if you ... the person you talk to You need to convince ... that despite all the problems, by the end of the day everything is going to be fine. You need to consume ... the first thing in the morning. <p>5. Bersama peserta didik memeriksa dan mendiskusikan jawaban</p>															
Kegiatan Akhir (15 Menit)	<ol style="list-style-type: none"> Bersama peserta didik menyimpulkan hasil pembelajaran Siswa menyampaikan opini atau perasaan atas pembelajaran yang dilakukan Memberikan penugasan individu untuk mengeksplorasi teks procedure yang lain sesuai dengan <i>interest</i> peserta didik masing-masing. Menyampaikan rencana kegiatan pertemuan berikutnya 															
Penilaian	<table border="1"> <tr> <td colspan="2">Rubrik penilaian teks tulisan</td> </tr> <tr> <td>JAWABAN</td> <td>SKOR</td> </tr> <tr> <td>1. Jawaban tepat kalimat benar</td> <td>2</td> </tr> </table>	Rubrik penilaian teks tulisan		JAWABAN	SKOR	1. Jawaban tepat kalimat benar	2									
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JAWABAN	SKOR															
1. Jawaban tepat kalimat benar	2															

	<p>2. Jawaban salah kalimat benar</p> <p>3. Jawaban salah dan kalimat kurang pas</p>	<p>1</p> <p>½</p>
Refleksi	<p>Bersama siswa melakukan refleksi mengenai materi yang telah dipelajari. Kegiatan refleksi dapat dilaksanakan sambil mengevaluasi kemampuan siswa dengan menanyakan pemahaman mereka mengenai materi.</p> <p><i>Okay, students. You have finished learning procedure texts about ways to stay health. Now, do you know how to develop a procedure text?</i></p>	
References	<p>Hermawan, B., Haryanti, D., & Suryaningsih N. (2022). Bahasa Inggris: Work in progress untuk SMA/SMK/MA kelas X. Pusat Perbukuan Badan Standar, Kurikulum, dan Asesmen Pendidikan Kementerian Pendidikan, Kebudayaan, Riset, dan Teknologi</p> <p>Worsley, A (2017, January 14). Reading procedure text. https://youtu.be/tSsB_B0YgCg</p>	



MODUL BELAJAR-WEEK 2

Nama Penyusun	Wanda Dian Paramesti Fortuna Dewi
Institusi	SMA Negeri 1 Banjar
Tahun Pelajaran	2022-2023
Mata Pelajaran	Bahasa Inggris
Jenjang	SMA
Kelas	X-1/Control Group
Alokasi Waktu	2 x 45 Menit
Tahapan	Fase E
Tujuan Pembelajaran	<p>WRITING AND READING</p> <ol style="list-style-type: none"> 1. Siswa mampu menganalisis gagasan utama dan informasi terperinci dari teks procedure yang telah dibuat tentang <i>sport</i> dan <i>health</i> (C4) 2. Siswa mampu menyusun text procedure tentang <i>sport</i> dan <i>health</i> (C6)
Konten utama	Procedure Text about sport and health
Pertanyaan Pemantik	What are some activities that make you feel healthy?
Profil Pelajar Pancasila	Mandiri, Berpikir Kritis, dan Kreatif
Assessment	Berkelompok
Jenis Assessment	Tes Tertulis
Materi, Gaya Mengajar, Media	<p>A. Materi Pembelajaran Procedure text is a text that gives instruction for doing a particular activity. It can also serve to explain how something works. It aims to give instruction or to explain how something can be done. It uses imperative and consists of goal or purpose, may or may not contain materials and steps.</p> <p>B. Gaya Mengajar Strategy: Cooperative learning Model: STAD</p> <p>C. Sarana Prasarana</p>

	<p>Media: Students' worksheet Alat: Laptop/handphone, Aplikasi Nearpod</p>
<p>Kegiatan Awal (15 Menit)</p>	<ol style="list-style-type: none"> 1. Menyiapkan peserta didik untuk mengikuti proses pembelajaran seperti berdoa, absensi, menyiapkan materi pelajaran. 2. Menyampaikan secara singkat garis besar materi yang akan disajikan selama pembelajaran 3. Memotivasi peserta didik secara kontekstual sesuai dengan manfaat pembelajaran mengenai teks procedure dalam kehidupan sehari-hari. 4. Peserta didik memberikan opini mereka tentang procedure text
<p>Kegiatan Inti (60 Menit)</p>	<p style="text-align: center;">PROCEDURE TEXT</p> <p>Definition</p> <p>There are many definition of procedure text itself and here are some definition of procedure text;</p> <ul style="list-style-type: none"> - Texts that explain how something works or how to use instruction/operation manuals e.g. how to use the video, the computer, the tape recorder, the photocopier, the fax. - Texts that instruct how to do a particular activity e.g. recipes, rules for games, science experiments, road safety rules. - Texts that deal with human behavior, e.g. how to live happily, how to succeed <p>Generic structure</p> <p>Generally, procedure text is constructed following its generic structure. The generic structure of procedure text is;</p> <ul style="list-style-type: none"> - Goal: (e.g.: How to make ...) - Material or Ingredient: (e.g.: the material to cook omelet are egg, onion, vegetable oil, etc.) - Step: (e.g.: first, wash the tomatoes, onion... the second cut the onions becomes slice. . .) <p>Purpose of procedure text</p>

- To explain/tell (the reader) how to make/operate/do something through a sequence of actions or steps.
- To explain steps/instruction to make/operate/do something

Language Feature of Procedure Text:

- Use adverbial of sequence / Using temporal conjunction (e.g: first, second, third, the last)
- Use command / imperative sentence (e.g.: put the noodles on the . . . , cut the onion . . . , wash the tomatoes.
- Using adverbials (Adverbs) to express detail the time, place, and manner accurately, for example, for five minutes, 2 hours, etc.
- Using action verbs, e.g.: make, take, boil, cook
- Using Simple Present Tense

Example of Procedure Text

- How to Schedule Zoom Meeting for an Online Class
How to Schedule Zoom Meeting for an Online Class

Tools:

- PC/Mobile Phone
- Zoom Applications
- Internet

Instruction

- First, open your Zoom App on your PC/ phone
- Second, click home menu at the top left
- Then, click schedule
- Enter relevant details like time, date, topic, etc.
- Next pick your calendar of choice
- Last, share the link to the students

- Tips on How to keep body healthy during fasting
Quick Tips When Breaking the Fast

Breaking the fast is something most fasting people look forward to. In breaking the fast there are some health tips that need to be considered so that the body is healthy

Here are some tips for breaking the fast properly and correctly

	<ol style="list-style-type: none"> 1. First, choose a healthy menu for breaking fast. 2. Second, don't eat heavy right away, eat something sweet like dates. 3. Third, drink more water 4. Then, eat healthy balanced nutritious food 5. Last, pay attention to the foods that need to be avoided <p>Those are short tips to keep the body healthy during fasting.</p> <ol style="list-style-type: none"> 2. Guru meminta peserta didik untuk membuat kelompok yang beranggotakan 4 orang 3. Peserta didik memirsra materi dan contoh text yang disajikan. 4. Dalam kelompok yang sudah dibentuk peserta didik berdiskusi dan berbagi informasi mengenai pemahaman mereka terhadap materi yang telah disajikan 5. Dengan anggota kelompok siswa menyusun teks procedure dengan memilih salah satu tema baik <i>sport</i> ataupun <i>health</i>. 6. Anggota diminta mengumpulkan teks procedure yang telah mereka buat dalam selembar kertas 7. Dalam kelompok, secara pribadi siswa diminta untuk menganalisis <i>social functiom/purpose, generic structure, language feature</i>, serta gagasan pokok dari tulisan mereka <ul style="list-style-type: none"> - What is the main idea of your procedure text? - Please analyze the generic structure of your procedure text! - Please analyze the language feature of your procedure text! - Please identify the social function of your procedure text! 8. Siswa mengumpulkan tugasnya kepada Guru 9. Guru memberikan pujian kepada siswa karena telah menyelesaikan tugas dengan baik 				
Kegiatan Akhir (15 Menit)	<ol style="list-style-type: none"> 1. Bersama peserta didik menyimpulkan hasil pembelajaran 2. Siswa merefleksi kegiatan pembelajaran yang telah dilakukan 3. Menyampaikan rencana kegiatan pertemuan berikutnya 				
Penilaian	<p><i>Rubrik Penilaian Text Procedure – WRITING</i></p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 70%; text-align: center;">Dimensions/Hal yang dinilai</th> <th style="width: 30%; text-align: center;">Score</th> </tr> </thead> <tbody> <tr> <td style="height: 20px;"> </td> <td> </td> </tr> </tbody> </table>	Dimensions/Hal yang dinilai	Score		
Dimensions/Hal yang dinilai	Score				

		1	2	3	4
	Judul menyatakan proses membuat sesuatu atau tips/instructions/manual/rules melakukan sesuatu. Ditulis dengan kaidah kebahasaan yang benar dan sesuai dengan isi				
	Mengandung tujuan mengenai apa yang akan dilakukan dan dibuat serta ditulis dengan kaidah kebahasaan yang benar				
	Bagian inti mengandung dan menguraikan langkah-langkah/instruksi/rules dalam melakukan sesuatu dengan jelas dan ditulis dengan kaidah kebahasaan yang benar				
Rubrik Penilaian Kuis Text Procedure - READING					
	JAWABAN	SKOR			
	1. Jawaban tepat kalimat benar	2			
	2. Jawaban tepat namun kurang lengkap dengan kalimat benar	1			
	3. Jawaban salah dan kalimat kurang pas	1/2			
Refleksi	<p>Bersama siswa melakukan refleksi mengenai materi yang telah dipelajari. Kegiatan refleksi dapat dilaksanakan sambil mengevaluasi kemampuan siswa dengan menanyakan pemahaman mereka mengenai materi.</p> <p><i>Okay, students. You have finished compose a procedure text, how do you feel? Do you know what is the main purpose of your procedure text?</i></p>				
References	<p>Hermawan, B., Haryanti, D., & Suryaningsih N. (2022). Bahasa Inggris: Work in progress untuk SMA/SMK/MA kelas X. Pusat Perbukuan Badan Standar, Kurikulum, dan Asesmen Pendidikan Kementerian Pendidikan, Kebudayaan, Riset, dan Teknologi</p> <p>Kurniawati (2020, December 27). Materi procedure text. https://ayoguruberbagi.kemdikbud.go.id/artikel/materi-procedure-text/</p> <p>Mauidloh, N. H (n.d.) Procedure text dalam bahasa Inggris lengkap dengan contoh, tujuan, dan generic structure-nya. https://akupintar.id/info-pintar/-/blogs/procedure-text-dalam-bahasa-inggris-lengkap-dengan-contoh-tujuan-dan-generic-structure-nya</p>				

MODUL AJAR-WEEK 3

Nama Penyusun	Wanda Dian Paramesti Fortuna Dewi
Institusi	SMA Negeri 1 Banjar
Tahun Pelajaran	2022-2023
Mata Pelajaran	Bahasa Inggris
Jenjang	SMA
Kelas	X-1/Control Group
Alokasi Waktu	2 x 45 Menit
Tahapan	Fase E
Tujuan Pembelajaran	<p>READING</p> <ul style="list-style-type: none"> Siswa mampu menganalisis gagasan utama dan informasi terperinci dari teks procedure tentang <i>health and sport</i> (C4)
Konten utama	Procedure Text about healthy eating
Pertanyaan Pemantik	What does your favorite healthy food?
Profil Pelajar Pancasila	Mandiri, Berpikir Kritis, dan Kreatif
Assessment	Mandiri
Jenis Assessment	Tes Tertulis
Materi, Gaya Mengajar, Media	<p>A. Materi Pembelajaran Procedure text is a text that gives instruction for doing a particular activity. It can also serve to explain how something works. It aims to give instruction or to explain how something can be done. It uses imperative and consists of goal or purpose, may or may not contain materials and steps.</p> <p>B. Gaya Mengajar Strategy: Pembelajaran tidak langsung Model: diskusi interaktif, pembentukan konsep, Tanya jawab, presentasi, penugasan</p> <p>C. Sarana Prasarana</p>

	<p>Media: Students' worksheet Alat: Laptop/handphone, Aplikasi Nearpod</p>
Kegiatan Awal (15 Menit)	<ol style="list-style-type: none"> 1. Menyiapkan peserta didik untuk mengikuti proses pembelajaran seperti berdoa, absensi, menyiapkan materi pelajaran. 2. Menyampaikan secara singkat garis besar materi yang akan disajikan selama pembelajaran 3. Memotivasi peserta didik secara kontekstual sesuai dengan manfaat pembelajaran mengenai teks procedure dalam kehidupan sehari-hari.
Kegiatan Inti (60 Menit)	<ol style="list-style-type: none"> 1. Memfasilitasi peserta didik dengan materi tentang procedure text dalam bentuk hardcopy <p style="text-align: center;">PROCEDURE TEXT</p> <p>Definition</p> <p>There are many definition of procedure text itself and here are some definition of procedure text;</p> <ul style="list-style-type: none"> - Texts that explain how something works or how to use instruction/operation manuals e.g. how to use the video, the computer, the tape recorder, the photocopier, the fax. - Texts that instruct how to do a particular activity e.g. recipes, rules for games, science experiments, road safety rules. - Texts that deal with human behavior, e.g. how to live happily, how to succeed <p>Generic structure</p> <p>Generally, procedure text is constructed following its generic structure. The generic structure of procedure text is;</p> <ol style="list-style-type: none"> 4. Goal: (e.g.: How to make ...) 5. Material or Ingredient: (e.g.: the material to cook omelet are egg, onion, vegetable oil, etc.) 6. Step: (e.g.: first, wash the tomatoes, onion... the second cut the onions becomes slice. . .) <p>Purpose of procedure text</p> <ul style="list-style-type: none"> - To explain/tell (the reader) how to make/operate/do something through a sequence of

actions or steps.

- To explain steps/instruction to make/operate/do something

Language Feature of Procedure Text:

- Use adverbial of sequence / Using temporal conjunction (e.g: first, second, third, the last)
- Use command / imperative sentence (e.g.: put the noodles on the . . . , cut the onion . . . , wash the tomatoes.
- Using adverbials (Adverbs) to express detail the time, place, and manner accurately, for example, for five minutes, 2 hours, etc.
- Using action verbs, e.g.: make, take, boil, cook
- Using Simple Present Tense

Example of Procedure Text

3. How to Schedule Zoom Meeting for an Online Class
How to Schedule Zoom Meeting for an Online Class

Tools:

- PC/Mobile Phone
- Zoom Applications
- Internet

Instruction

- First, open your Zoom App on your PC/ phone
- Second, click home menu at the top left
- Then, click schedule
- Enter relevant details like time, date, topic, etc.
- Next pick your calendar of choice
- Last, share the link to the students

4. Tips on How to keep body healthy during fasting

Quick Tips When Breaking the Fast

Breaking the fast is something most fasting people look forward to. In breaking the fast there are some health tips that need to be considered so that the body is healthy. Here are some tips for breaking the fast properly and correctly

1. First, choose a healthy menu for breaking fast.
2. Second, don't eat heavy right away, eat something sweet like dates.

3. Third, drink more water
4. Then, eat healthy balanced nutritious food
5. Last, pay attention to the foods that need to be avoided

Those are short tips to keep the body healthy during fasting.

2. Siswa memirsra materi yang diberikan
3. Siswa berdiskusi mengenai procedure text
4. Guru membantu siswa yang memiliki kesulitan dalam memahami materi
5. Setelah melakukan diskusi, siswa menjawab latihan soal yang diberikan dalam bentuk hardcopy

Read the text and try to answer the question from number 1-5 by choosing the right answer!

Tips to be Good Kind of Beginner in Surfing

Learning how to surf on your own is not easy. Surfing is nothing like other more traditional sports. Even after 10 years of surfing, you will still be challenged to improve on your skill. Here are some tips when you want to start learning surfing.

Tips:

1. Find the right spot to learn how to surf
2. Understand your environment where you are surfing.
3. Be in good physical shape
4. Learn how to paddle
5. Look at the wave before going in. Find out if it is the right size for you.
6. Learn how to catch a wave
7. Try to pop up on a surfboard
8. Pass the waves: turtle roll and duck dive
9. Understand the surfing etiquette

Questions

1. The text mainly talking about...
 - a. Good kind of beginner in surfing
 - b. Surfing is challenging sports
 - c. Tips for beginners when you want to learn surfing
 - d. Tips to be pro in surfing
2. Which in following statement that is true?
 - a. You can learn surfing by yourself

- b. Surfing etiquette is not exist
 - c. Very small waves is recommended for beginners
 - d. Learn how to pop up on surfboard before pass the waves
3. Find out if *it* is the right size for you
The word “it” in the above sentence refers to....
- a. Surfboard
 - b. Wave
 - c. Size
 - d. Going in
4. What is the word “pop up” in the following sentence means?
“Try to pop up on a surfboard”
- a. Stand on the surfboard
 - b. Jump on the surfboard
 - c. Let the surfboard float
 - d. Lying down on the surfboard
5. What can you infer from the following sentence...?
“Understand your environment where you are surfing.”
- a. You have to know the details of waves break in the place you are going to surf
 - b. You have to know people who live around the place you are surfing
 - c. You have to know where you can rent a surfboard
 - d. You have to know that you still a beginner and respect old surfers

Read the text and try to fill the blank in the text!

How to build up your stamina

Stamina is the strength and energy that allow you to sustain physical or mental effort for long periods of time. Increasing your stamina helps you endure discomfort or stress when you're doing an activity. It also reduces fatigue and exhaustion. Having high stamina allows you to perform your daily activities at a higher level while using less energy. Here are five tips on how to build up your stamina.

1. _____ an exercise. It will improve your work ability, sleep quality, and cognitive functioning.
2. Do yoga and meditation
3. Listen to music can make you feel more _____
4. Drink _____ to a boost on days you are feeling too tired to

	<p>_____. But, try not to rely on caffeine too much,</p> <p>5. Eat a balance _____</p> <div style="border: 2px solid blue; border-radius: 15px; padding: 10px; text-align: center; margin: 10px auto; width: fit-content;"> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="border: 1px solid black; padding: 5px 10px;">Relax</div> <div style="border: 1px solid black; padding: 5px 10px;">Diet</div> <div style="border: 1px solid black; padding: 5px 10px;">Exercise</div> </div> <div style="display: flex; justify-content: space-around; align-items: center; margin-top: 10px;"> <div style="border: 1px solid black; padding: 5px 10px;">Caffeine</div> <div style="border: 1px solid black; padding: 5px 10px;">Do</div> </div> </div> <p>6. Siswa mengumpulkan jawaban mereka kepada guru</p> <p>7. Bersama-sama melakukan diskusi singkat mengenai latihan yang telah dilakukan</p>						
Kegiatan Akhir (15 Menit)	<ol style="list-style-type: none"> 1. Bersama peserta didik menyimpulkan hasil pembelajaran 2. Siswa merefleksi kegiatan pembelajaran yang telah dilakukan 3. Menyampaikan rencana kegiatan pertemuan berikutnya 						
Penilaian	<p><i>Rubrik Penilaian Kuis Text Procedure – READING</i></p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 80%;">JAWABAN</th> <th style="width: 20%;">SKOR</th> </tr> </thead> <tbody> <tr> <td>4. Benar</td> <td style="text-align: center;">1</td> </tr> <tr> <td>5. Salah</td> <td style="text-align: center;">0</td> </tr> </tbody> </table>	JAWABAN	SKOR	4. Benar	1	5. Salah	0
JAWABAN	SKOR						
4. Benar	1						
5. Salah	0						
Refleksi	<p>Bersama siswa melakukan refleksi mengenai materi yang telah dipelajari. Kegiatan refleksi dapat dilaksanakan sambil mengevaluasi kemampuan siswa dengan menanyakan pemahaman mereka mengenai materi.</p> <p><i>Okay, students. You have finished learning about the structure of procedure text, so what is the main structure of procedure text?</i></p>						
References	<p>Hermawan, B., Haryanti, D., & Suryaningsih N. (2022). Bahasa Inggris: Work in progress untuk SMA/SMK/MA kelas X. Pusat Perbukuan Badan Standar, Kurikulum, dan Asesmen Pendidikan Kementerian Pendidikan, Kebudayaan, Riset, dan Teknologi</p> <p>Irons, J (2019, June 7). A Beginner’s Guide to Surfing. https://www.outsideonline.com/health/training-performance/beginner-guide-surfing/</p> <p>Kurniawati (2020, December 27). Materi procedure text. https://ayoguruberbagi.kemdikbud.go.id/artikel/materi-procedure-text/</p>						

MODUL AJAR-WEEK 4

Nama Penyusun	Wanda Dian Paramesti Fortuna Dewi
Institusi	SMA Negeri 1 Banjar
Tahun Pelajaran	2022-2023
Mata Pelajaran	Bahasa Inggris
Jenjang	SMA
Kelas	X-1/Control Group
Alokasi Waktu	2 x 45 Menit
Tahapan	Fase E
Tujuan Pembelajaran	<p>READING</p> <ul style="list-style-type: none"> Siswa mampu menganalisis gagasan utama dan informasi terperinci dari teks procedure yang telah dibuat tentang <i>healthy eating</i> (C4)
Konten utama	Procedure Text about healthy eating
Pertanyaan Pemantik	What are some activities that make you feel healthy?
Profil Pelajar Pancasila	Mandiri, Berpikir Kritis, dan Kreatif
Assessment	Berkelompok
Jenis Assessment	Tes Tertulis
Materi, Gaya Mengajar, Media	<p>A. Materi Pembelajaran Procedure text is a text that gives instruction for doing a particular activity. It can also serve to explain how something works. It aims to give instruction or to explain how something can be done. It uses imperative and consists of goal or purpose, may or may not contain materials and steps.</p> <p>B. Gaya Mengajar Strategy: Pembelajaran tidak langsung Model: diskusi interaktif, pembentukan konsep, Tanya jawab, presentasi, penugasan</p> <p>C. Sarana Prasarana Media: Students' worksheet dan printed material Alat: -</p>

<p>Kegiatan Awal (15 Menit)</p>	<ol style="list-style-type: none"> 1. Menyiapkan peserta didik untuk mengikuti proses pembelajaran seperti berdoa, absensi, menyiapkan materi pelajaran. 2. Menyampaikan secara singkat garis besar materi yang akan disajikan selama pembelajaran 3. Memotivasi peserta didik secara kontekstual sesuai dengan manfaat pembelajaran mengenai teks procedure dalam kehidupan sehari-hari. 4. Peserta didik memberikan opini mereka tentang <i>healthy eating</i>
<p>Kegiatan Inti (60 Menit)</p>	<ol style="list-style-type: none"> 1. Memfasilitasi peserta didik dengan materi mengenai procedure text tentang <i>healthy eating</i> dalam bentuk <i>hardcopy</i> materi. <p style="text-align: center;">Healthy Eating</p> <p>Healthy eating means eating a variety of foods that give you the nutrients you need to maintain your health, feel good, and have energy.</p> <p>TAKS 1. Read the following text and answer the following questions! (text-1)</p> <p>Niken: Hi Sidar, how are you? Samsidar: Not really good actually, my stomach hurts Niken: How did your stomach hurt? Was it because of something you eat? Samsidar: I don't know. Probably Niken: What did you have? Samsidar: duck chili with a hot sauce Niken: Oh...no wonder Samsidar: My stomach hurts what should I do? Niken: first, take medicine for your stomachache. Then, after it get better, you need to mind what you eat. Always eat the right food, so you can stay healthy Samsidar: A right food? What do you know about the right food Niken? Niken: I know a lot about the right food. I read books on healthy food Samsidar: Okay...what are the best foods to eat then? Niken: You should eat more fresh food and vegetables. Next, avoid highly fat and greasy food. Avoid too much sugar and caffeine too. Samsidar: Right Niken: One last thing, dot eat too much spicy food like duck chili and hot chili Samsidar: Oh, now my stomach hurt again...I need to go</p>

Niken: Okay. See you then

Questions!

1. What is the speaker talking about?
2. What does Niken suggest Samsidar should do?
3. Why caffeine should be avoided?
4. Why does Niken know a lot about healthy food?
2. Peserta didik memeriksa materi mengenai *healthy eating* yang telah disediakan
3. Guru meminta peserta didik untuk mencari pasangan dan membaca text dalam bentuk pecakapan kedepan kelas
4. Setelah semua pasangan kedepan, peserta didik berdiskusi dan berbagi informasi mengenai pemahaman mereka terhadap text yang telah mereka baca dengan menjawab pertanyaan terkait dengan text-1
5. Peserta didik diminta untuk memeriksa text procedure mengenai "*simple tips for healthy eating*" kemudian menjawab pertanyaan yang telah disediakan

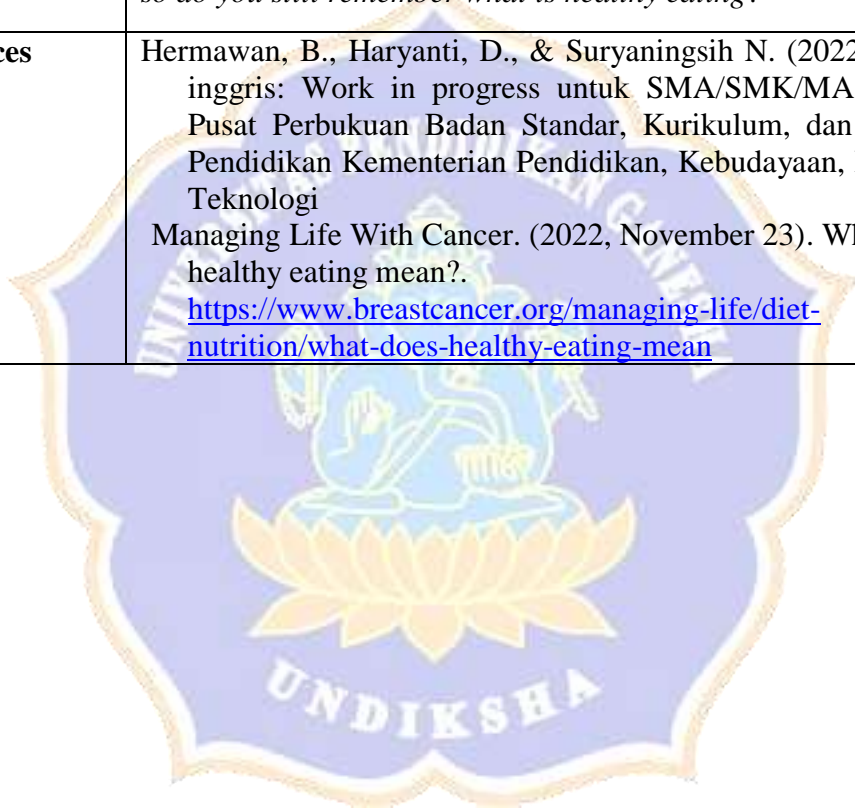
TASK 1- Read the following text and answer the following questions! (Text 1)

Simple Tips for Healthy Eating

1. **Eat Real Food, Not Processed Food**
It is best to eat foods in their natural state. Forget foods that are processed in a factory. Some examples of processed foods are convenience snack (potato chips, baked crisps, etc.), cereals, canned vegetables, canned meats, canned fruit, granola bars, candy bars, white sugar, bleached flour, beef jerky, soda, sports drinks, margarine (it is hydrogenated in a factory), packaged cookies, frozen dinners, processed meats like hot dogs, canned soups, fruit juices, ketchup, etc. Processed foods have been greatly modified and contain a lot of ingredients that do not exist in the food naturally.
2. **Eat a Variety of Different Foods**
Each type of food ingredient that exists in nature has its nutritional makeup. When we eat different types of foods, we are more likely to get all the nutrients we need in order to be healthy
3. **Cook More Than Eating Out**
One of the best ways to eat healthier is to cook your own food. Besides saving a lot of money, you will also be able to control what goes into your food. You will not be using chemicals and other unhealthy additives.
4. **Stop Eating Before You are Full**
Instead of eating until you are completely full, stop eating

	<p>before you feel completely satiated. It is OK (and healthy) to stop eating while you still have some room in your stomach. And do not forget, it takes a while for your stomach to send the message to your brain that you are full and have had enough to eat</p> <p>5. Eat at The Dining Table, Not in Your Car or at Your Desk Always try to eat at a proper dining table. Never eat in your car or at your desk. When you make a point to sit down at a table and focus on your meal, you will be less likely to eat unconsciously. And food that is served to you through a window is almost never healthy. Following this rule also reduces the chances of eating when you are bored.</p> <p>6. Drink Water and Forget Everything Else Water is the healthiest drink on the planet, period. Sodas, energy, and flavored drinks are the unhealthiest and they should be avoided at all costs. If you want to have a flavored drink, make lemonade using fresh lemons, or drink tea, or water flavored with fresh fruit and vegetables</p> <p>Lets' Match</p> <p>Look at the following statements and the list of tips. Match each statement with the correct tips based on the text above</p> <ol style="list-style-type: none"> 1. It takes time for the brain to get information that you have eaten enough (...) 2. You need to focus and find a proper place to eat (...) 3. Cook your own meal for healthier and cheaper options (...) 4. Food is best when they are not ever-processed (...) 5. More variation means more nutrients in your food (...) <p>Tips of Healthy Eating</p> <ol style="list-style-type: none"> A. Eat real food, not processed food B. Eat a variety of different food C. Cook more than eating out D. Stop eating before you are full E. Eat at the dining table, not in your car at your desk F. Drink water and forget anything else 				
Kegiatan Akhir (15 Menit)	<ol style="list-style-type: none"> 1. Bersama peserta didik menyimpulkan hasil pembelajaran 2. Siswa merefleksi kegiatan pembelajaran yang telah dilakukan 3. Menyampaikan rencana kegiatan pertemuan berikutnya 				
Penilaian	<p>Rubrik Penilaian Kuis Text Procedure - READING</p> <table border="1" data-bbox="558 1755 1393 1864"> <thead> <tr> <th data-bbox="558 1755 1122 1793">Criteria</th> <th data-bbox="1122 1755 1393 1793">SKOR</th> </tr> </thead> <tbody> <tr> <td data-bbox="558 1793 1122 1864">1. Jawaban tepat, lengkap, serta menggunakan kalimat yang benar</td> <td data-bbox="1122 1793 1393 1864">2</td> </tr> </tbody> </table>	Criteria	SKOR	1. Jawaban tepat, lengkap, serta menggunakan kalimat yang benar	2
Criteria	SKOR				
1. Jawaban tepat, lengkap, serta menggunakan kalimat yang benar	2				

	<p>2. Jawaban tepat namun kurang lengkap dengan kalimat benar</p> <p>3. Jawaban salah dan kalimat kurang pas</p>	<p>1</p> <p>½</p>
Refleksi	<p>Bersama siswa melakukan refleksi mengenai materi yang telah dipelajari. Kegiatan refleksi dapat dilaksanakan sambil mengevaluasi kemampuan siswa dengan menanyakan pemahaman mereka mengenai materi.</p> <p><i>Okay, students. You have finished learning about healthy eating, so do you still remember what is healthy eating?</i></p>	
References	<p>Hermawan, B., Haryanti, D., & Suryaningsih N. (2022). Bahasa Inggris: Work in progress untuk SMA/SMK/MA kelas X. Pusat Perbukuan Badan Standar, Kurikulum, dan Asesmen Pendidikan Kementerian Pendidikan, Kebudayaan, Riset, dan Teknologi</p> <p>Managing Life With Cancer. (2022, November 23). What does healthy eating mean? https://www.breastcancer.org/managing-life/diet-nutrition/what-does-healthy-eating-mean</p>	



MODUL AJAR – WEEK 5

Nama Penyusun	Wanda Dian Paramesti Fortuna Dewi
Institusi	SMA Negeri 1 Banjar
Tahun Pelajaran	2022-2023
Mata Pelajaran	Bahasa Inggris
Jenjang	SMA
Kelas	X-1/Control Group
Alokasi Waktu	2 x 45 Menit
Tahapan	Fase E
Tujuan Pembelajaran	<p>LISTENING AND READING</p> <ul style="list-style-type: none"> • Siswa mampu mengidentifikasi berbagai informasi dari text interaktif tentang <i>healthy eating</i> (C1) • Siswa mampu menganalisis informasi terperinci dari teks procedure tentang <i>healthy eating</i> (C4)
Konten utama	Procedure Text about healthy eating
Pertanyaan Pemantik	What did you think about healthy eating?
Profil Pelajar Pancasila	Mandiri, Berpikir Kritis, dan Kreatif
Assessment	Mandiri
Jenis Assessment	Tes Mendengar dan Tertulis
Materi, Gaya Mengajar, Media	<p>A. Materi Pembelajaran Procedure text is a text that gives instruction for doing a particular activity. It can also serve to explain how something works. It aims to give instruction or to explain how something can be done. It uses imperative and consists of goal or purpose, may or may not contain materials and steps.</p> <p>B. Gaya Mengajar Strategy: Pembelajaran tidak langsung Model: diskusi interaktif, pembentukan konsep, Tanya jawab, presentasi, penugasan</p> <p>C. Sarana Prasarana Media: Students' worksheet dan printed material</p>

	Alat: Speaker
Kegiatan Awal (15 Menit)	<ol style="list-style-type: none"> 1. Menyiapkan peserta didik untuk mengikuti proses pembelajaran seperti berdoa, absensi, menyiapkan materi pelajaran. 2. Menyampaikan secara singkat garis besar materi yang akan disajikan selama pembelajaran 3. Memotivasi peserta didik secara kontekstual sesuai dengan manfaat pembelajaran mengenai teks procedure dalam kehidupan sehari-hari.
Kegiatan Inti (60 Menit)	<ol style="list-style-type: none"> 1. Siswa mendengarkan percakapan tentang <i>healthy eating</i> yang berjudul “Healthy Eating & Diet” 2. Siswa berbagi informasi yang mereka dengar dari audio percakapan 3. Setelah mendengarkan audio, siswa diberi kesempatan untuk bertanya apa bila ada kesulitan 4. Guru membagikan transcript dalam bentuk hardcopy dari audio yang didengar. <p style="text-align: center;">Transcript</p> <p>Man: Do you have a healthy lifestyle? Woman: Yes, I do. I have a healthy lifestyle. I eat healthy food and avoid unhealthy food Man: Do you exercise often? Woman: Yes, I do. I go to gym 4 times a week. Do you worry about your weight? Man: Yes I do. I should lose some weight. Are you happy with your weight and body shape? Woman: Yes, I am. Everybody should be happy with their weight and body shape Man: Do you think it is possible to lose some weight and enjoy eating? Woman: It is possible. But, you have to change your eating habits. How much weight do you want to lose? Man: About 15 pounds. How important is exercising as a part of a diet? Woman: It is important, especially if you want to lose weight in a short period of time Man: Do you think diet is useful or not? Woman: They are pretty useful if you choose the right one for you. Man: have you ever tried to go on a diet? Did it work? Woman: It works you can trust me! Man: What is your advice for someone who wants to diet? Woman: I can give you some advice, but I want you to follow my advice. If you want to lose some weight you have to</p>

	<p>choose low-carbohydrate diet. Stress is your enemy and you should get enough good sleep.</p> <p>5. Siswa mendengarkan text sambil membaca text yang diberikan</p> <p>6. Siswa menjawab pertanyaan seputar teks yang telah diberikan</p> <p>Read the above text and answer the following questions!</p> <ol style="list-style-type: none"> 1. What is a healthy lifestyle? 2. What does woman do for her healthy lifestyle? 3. Is the woman happy with her weight? 4. What suggestions does the woman give to the man? 5. Why does the man ask her advice? <p>7. Bersama siswa melakukan diskusi singkat untuk menjawab pertanyaan yang telah diberikan</p>								
Kegiatan Akhir (15 Menit)	<ol style="list-style-type: none"> 1. Bersama peserta didik menyimpulkan hasil pembelajaran 2. Siswa merefleksi kegiatan pembelajaran yang telah dilakukan 3. Menyampaikan rencana kegiatan pertemuan berikutnya 								
Penilaian	<p>Rubrik Penilaian reading aloud</p> <p>- Masukin rubric</p> <p>Rubrik Penilaian Kuis Text Procedure - READING</p> <table border="1"> <thead> <tr> <th>Criteria</th> <th>SKOR</th> </tr> </thead> <tbody> <tr> <td>4. Jawaban tepat, lengkap, serta menggunakan kalimat yang benar</td> <td>2</td> </tr> <tr> <td>5. Jawaban tepat namun kurang lengkap dengan kalimat benar</td> <td>1</td> </tr> <tr> <td>6. Jawaban salah dan kalimat kurang pas</td> <td>½</td> </tr> </tbody> </table>	Criteria	SKOR	4. Jawaban tepat, lengkap, serta menggunakan kalimat yang benar	2	5. Jawaban tepat namun kurang lengkap dengan kalimat benar	1	6. Jawaban salah dan kalimat kurang pas	½
Criteria	SKOR								
4. Jawaban tepat, lengkap, serta menggunakan kalimat yang benar	2								
5. Jawaban tepat namun kurang lengkap dengan kalimat benar	1								
6. Jawaban salah dan kalimat kurang pas	½								
Reflection	<p>Bersama siswa melakukan refleksi mengenai materi yang telah dipelajari. Kegiatan refleksi dapat dilaksanakan sambil mengevaluasi kemampuan siswa dengan menanyakan pemahaman mereka mengenai materi.</p> <p><i>Okay, students. So far we have learned about healthy and sport as well as healthy eating, can you tell me what should we do when we want to live healthy?</i></p>								
Reference	<p>Learning English Hamza Classroom (2019, April 14). Healthy eating & diet: Learn English conversation. https://youtu.be/OnEhMfEWvTI</p>								

Appendix 12

PERMISSION LETTER



KEMENTERIAN PENDIDIKAN, KEBUDAYAAN, RISET DAN TEKNOLOGI
UNIVERSITAS PENDIDIKAN GANESHA
FAKULTAS BAHASA DAN SENI
Jalan A.Yani No. 67 Singaraja Bali Kode Pos 81116
Telepon (0362) 21541 Fax. (0362) 27561
Laman: fbs.undiksha.ac.id

Nomor : 2473/UN48.7.1/DT/2022

13 September 2022

Perihal : **Permohonan Izin Penelitian**

Yth. Kepala SMA Negeri 1 Banjar
di Buleleng

Dalam rangka pengumpulan data untuk menyelesaikan Skripsi/Tugas Akhir, dengan hormat kami mohon agar Bapak/Ibu mengizinkan mahasiswa di bawah ini:

Nama	: Wanda Dian Paramesti Fortuna Dewi
NIM	: 1912021104
Jurusan	: Bahasa Asing
Program Studi	: Pendidikan Bahasa Inggris
Jenjang	: S1
Tahun Akademik	: 2022/2023
Judul	: THE EFFECT OF NEARPOD TOWARDS TENTH GRADE STUDENTS' READING SKILL AT SMA NEGERI 1 BANJAR

untuk mencari data yang diperlukan pada institusi yang Bapak/Ibu pimpin. Atas perhatian dan bantuan Bapak/Ibu, kami ucapkan terima kasih.

a.n. Dekan,
Wakil Dekan I,

Dr. Dewa Putu Ramendra, S.Pd., M.Pd.
NIP. 197609022000031001

Tembusan:

1. Dekan FBS Undiksha Singaraja
2. Kaprodi. Bahasa Asing
3. Sub Bagian Pendidikan FBS

Appendix 13

DOCUMENTATION

Experimental Group



Students' Activity in Nearpo

A screenshot of the Nearpod application interface. The top navigation bar includes the Nearpod logo, a search bar, and options for 'Create' and 'Quick Launch'. On the left, there is a sidebar menu with options like 'My Lessons', 'My Profile', 'Reports', 'Sub Plans', 'School Library', and a list of subjects: 'Math', 'English Learners', '21st Century Readiness', and 'Social Studies'. The main content area displays a mind map with a central node 'Tips to treat stomach hurt' connected to five surrounding nodes: 'Eat the right food', 'Do not eat too much spicy food like duck chili and hot chili', 'Eat more fresh food and vegetables', 'Avoid too much sugar and caffeine too', and 'Avoid highly fat and greasy food'. A 'Take medicine' node is also present but not connected to the central node.

(Students' Mind Map in Nearpod)



Procedure text

What the first two words that comes into your mind after hearing about procedure text?

Instructions

Wijayanto Pita Dewa langkah langkah	Kadek Vitoaryani step	Peta Septi Cahyani Dewi Langkah langkah atau langkah	Peta Iduy karniawan How to using something	Code Gemaes Cara cara membuat sesuatu text
I HYOMAI SATYA GANAKUM... Langkah' atau petunjuk	Kadek agni del padmayani Langkah langkah membuat sesuatu	Peta Dian Kamila Sari Tata cara atau menjelaskan sesuatu	Peta Diosa Nemo Ananda Hek... instruction	Peta NADA Pradnyani tipe
Kadek Agnes HitaSo Langkah langkah menjelaskan sesuatu	Kadek Ana city wibawana Petunjuk atau langkahMAMM'	Peta Endi Berna orhe how to "Deadly Being"	Peta Alya Fitriaika how to make	Peta Alya Fitriaika how to make
Peta Septi Cahyani Dewi	Kadek Anika Alendari	Peta NADA Pradnyani	PETA SUKA ADIYASA Langkah langkah melakukan	Peta Iduy karniawan

Let's Discuss about this text

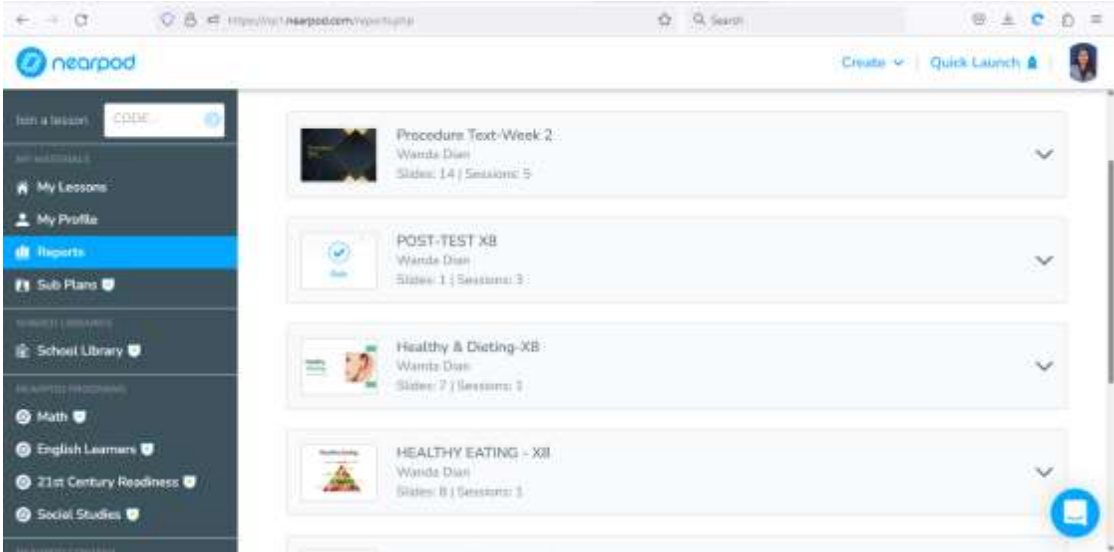
please read the text and answer the following questions!

Instructions

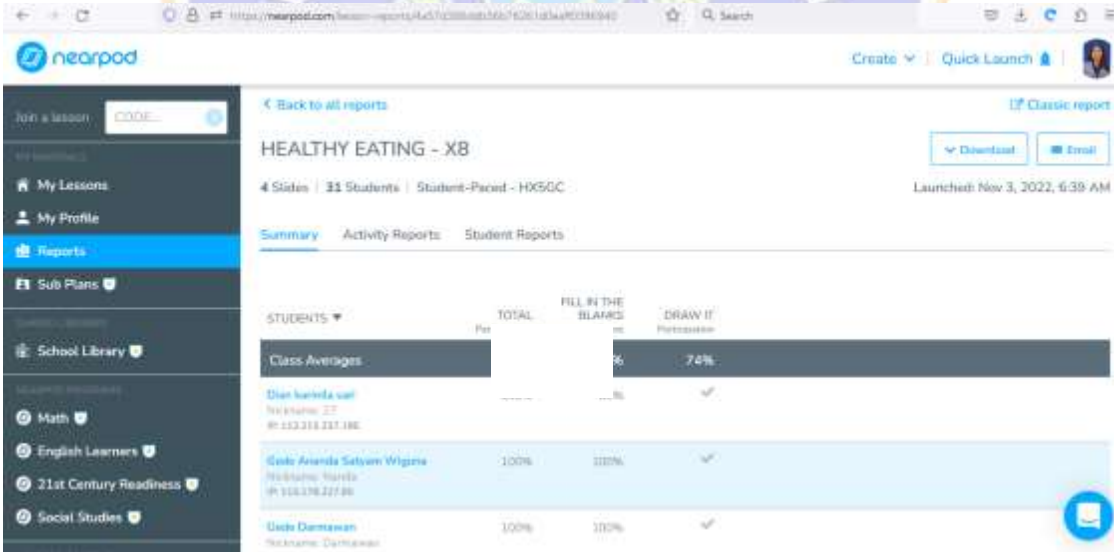
Teacher What is the main idea of the text?	Teacher Please print out the structure of the text!	Teacher What is the purpose of the text?	Doni Kamila SF Heavy right man	Kadek Dian Eka Putri 1) breaking the fast
Bentle Dewa Tips for breaking the fast	Peta Iduy karniawan Quick tips when breaking the fast	Kadek Dian Eka Putri 1) Breaking the fast	Peta NADA Pradnyani 1. tips breaking the fast	Wijayanto Pita Dewa the main idea of the text is tips when breaking the fast
Kadek agni del padmayani 1. tips breaking the fast	Kadek Ana city wibawana Tips for breaking fast	cut Nout out Breaking tekes puppy = bersting	Kadek Berna postasa tips breaking the fast	Peta Alya Fitriaika 1. Tips breaking the fast
I Wijayanto Pita Dewa Main id of the text are tips for	Kadek Anika Alendari Main id of the text	Kadek Berna postasa Tips breaking the fast	Peta Septi Cahyani Dewi 1. Tips to the breaking	Kadek Agnes HitaSo 1) tips when breaking the fast

(Students discussion in Nearpod)

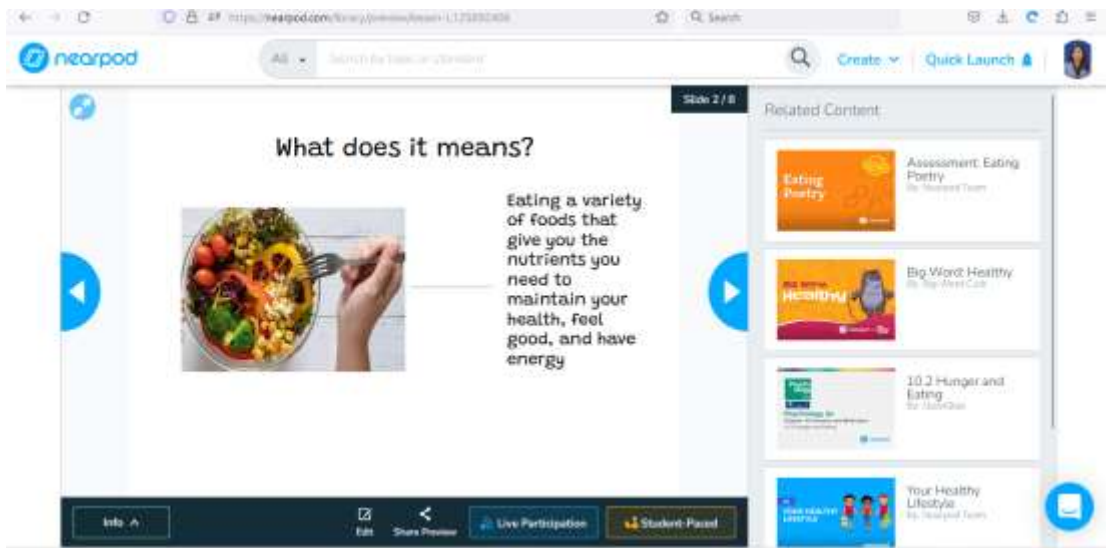
Nearpod Features



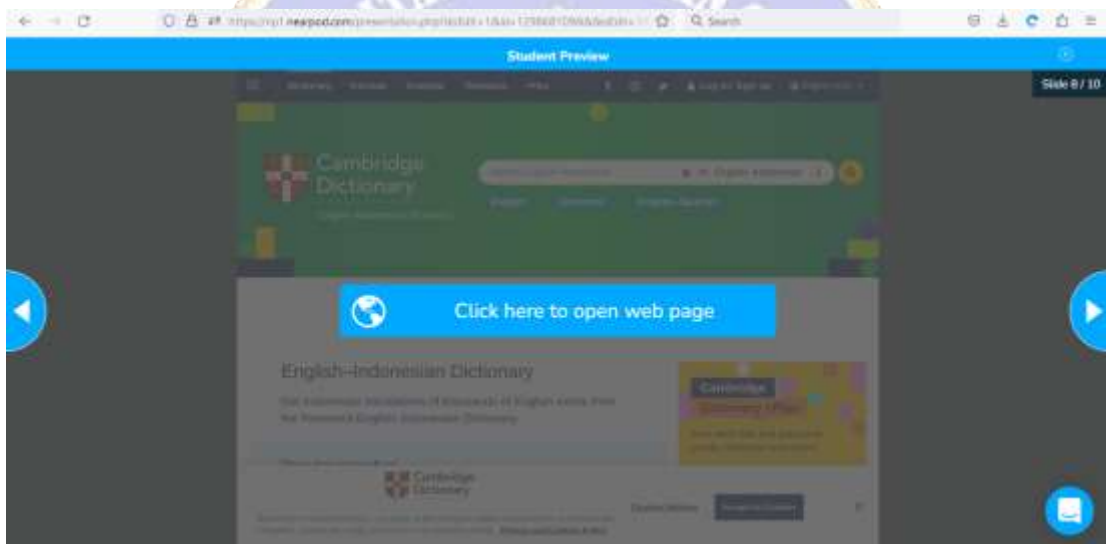
(Nearpod Report Feature)



(Nearpod Report Feature)



(Nearpod Preview of Lesson)



(Online Dictionary)

Student Preview

Question 1 / 5

1. The text mainly talking about...

A. Good kind of beginner in surfing

B. Surfing is challenging sports

C. Tips for beginners when you want to learn surfing

D. Tip to be pro in surfing

Select an answer

Next

Slide 9 / 10

(Quiz Feature – Multiple Choices)

Student Preview

Fill in the blanks

Read the text and try to fill the blank in the text!

How to build up your stamina

Stamina is the strength and energy that allow you to sustain physical or mental effort for long periods of time. Increasing your stamina helps you endure discomfort or stress when you're doing an activity. It also reduces fatigue and exhaustion. Having high stamina allows you to perform your daily activities at a higher level while using less energy. Here are five tips on how to build up your stamina.

1. First, an exercise. It will improve your work ability, sleep quality, and cognitive functioning.
2. Do yoga and meditation.
3. Listen to music can make you feel more .
4. Drink to a boost on days you are feeling too tired to . But, try not to rely on caffeine too much.
5. Eat a balance .

diet do exercise relax caffeine

Done

Slide 10 / 10

(Nearpod Quiz – Fill in the Blanks)

Control Group



Post-test Experimental Group



Post-test Control Group

