

# **Pengembangan Media Pembelajaran Berbasis Video Tutorial Teknik Dasar Sepak Cungkil Dalam Permainan Sepak Takraw Pada Mahasiswa Prodi Penjaskesrek Tahun 2022/2023**

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## **Abstrak**

Penelitian ini dilakukan bertujuan untuk mendeskripsikan bentuk rancang bangun media pembelajaran berbasis video tutorial teknik dasar sepak cangkil dalam permainan sepak takraw serta mengetahui tanggapan mahasiswa dalam uji coba perorangan, uji coba kelompok kecil, dan uji coba kelompok besar materi teknik dasar sepak cangkil dalam permainan sepak takraw terhadap video yang dikembangkan. Metode pengumpulan data menggunakan kuesioner berbentuk skala skor dan studi literatur. Penelitian ini dimplementasikan menggunakan model pengembangan *ADDIE (Analysis, Design, Development, Implementation, dan Evaluation)*. Hasil pengembangan media pembelajaran berbasis video tutorial yang dilakukan yakni: (a) ahli isi pembelajaran berada pada kategori sangat baik dengan persentase 95%, (b) ahli desain pembelajaran pada kategori sangat baik dengan persentase 98%, (c) ahli media pembelajaran pada kategori sangat baik dengan persentase 96,36%, (d) ahli praktisi lapangan pada kategori sangat baik dengan persentase 94%, (e) uji perorangan pada kategori sangat baik dengan persentase 98%, (f) uji coba kelompok kecil pada kategori sangat baik dengan persentase 91,11%, dan (g) uji coba kelompok besar pada kategori sangat baik dengan persentase 91,52%. Dari hasil tersebut dikatakan bahwa media pembelajaran berbasis video tutorial teknik dasar sepak cangkil dalam permainan sepak takraw pada Prodi Penjaskesrek dapat dinyatakan sangat layak digunakan. Saran agar kepada pengajar untuk mengimplementasikan media pembelajaran berbasis video tutorial pada mata kuliah yang relevan.

**Kata kunci:** Pengembangan, *ADDIE* & Dick and Carey, video tutorial.

**Development of Video Tutorial-Based Learning Media Basic Techniques of Kick Plucking in the Game of Takraw for Students of Physical Education Study Program, Health and Recreation Study Program, Year 2022/2023**

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***Abstract***

*This research was conducted with the aim of describing the design of learning media based on video tutorials on the basic technique of kicking in the takraw game and knowing student responses in individual trials, small group trials, and large group trials on the basic technique of kicking kicks in the takraw game. of the video being developed. Methods of data collection using questionnaires in the form of a score scale and literature study. This research was implemented using the ADDIE development model (Analysis, Design, Development, Implementation, and Evaluation). The results of the development of video tutorial-based instructional media were carried out namely: (a) learning content experts were in the very good category with a percentage of 95%, (b) learning design experts were in the very good category with a percentage of 98%, (c) learning media experts were in the category very good with a percentage of 96.36%, (d) expert field practitioners in the very good category with a percentage of 94%, (e) individual tests in the very good category with a percentage of 98%, (f) small group trials in the very good category with percentage of 91.11%, and (g) large group trials in the very good category with a percentage of 91.52%. From these results it can be said that video tutorial-based learning media for basic kickball techniques in takraw games in the Physical Education Study Program can be stated to be very feasible to use. Suggestions for teachers to implement video tutorial-based learning media in relevant subjects.*

*Keywords: Development, ADDIE & Dick and Carey, tutorial videos.*