

**MENINGKATKAN HASIL BELAJAR TEKNIK DASAR SEPAK BOLA
DENGAN PENERAPAN MODEL PEMBELAJARAN *PROBLEM BASED
LEARNING* BERBASIS *INFORMATION AND COMMUNICATION
TECHNOLOGY* PADA PESERTA DIDIK KELAS VIIB
DI SMP NEGERI 2 NEGARA**

Oleh

Junio Pradika Arya Putra G

1816011078

Program Studi Pendidikan Jasmani, Kesehatan dan Rekreasi

Abstrak

Penelitian ini bertujuan untuk meningkatkan hasil belajar teknik dasar sepak bola pada peserta didik kelas VIIB di SMP Negeri 2 Negara tahun 2022/2023 melalui penerapan model pembelajaran *problem based learning* berbasis *information and communication technology*. Penelitian ini merupakan penelitian tindakan kelas dengan subjek penelitiannya seluruh peserta didik kelas VIIB di SMP Negeri 2 Negara yang berjumlah 32 orang. Berdasarkan hasil analisis data didapatkan bahwa pada siklus I keberhasilan belajar peserta didik pada aspek sikap sebesar 100%, pada aspek pengetahuan sebesar 78,1%, pada aspek keterampilan sebesar 78,1%. Sedangkan pada siklus II keberhasilan belajar aspek sikap sebesar 100%, aspek pengetahuan sebesar 100%, aspek keterampilan sebesar 100%, sehingga dapat disimpulkan bahwa model pembelajaran *problem based learning* berbasis *information and communication technology* dapat meningkatkan hasil belajar teknik dasar sepak bola pada peserta didik kelas VIIB di SMP Negeri 2 Negara tahun 2022/2023. Disarankan untuk guru PJOK dapat menggunakan model pembelajaran *problem based learning* berbasis *information communication and technology* karena dapat meningkatkan hasil belajar teknik dasar sepak bola.

Kata kunci : *problem based learning*, hasil belajar, sepak bola

**IMPROVING BASIC FOOTBALL TECHNIQUE LEARNING
OUTCOMES WITH THE APPLICATION OF INFORMATION AND
COMMUNICATION TECHNOLOGY-BASED PROBLEM-BASED
LEARNING MODELS IN CLASS VIIB STUDENTS IN STATE 2
COUNTRY JUNIOR HIGH SCHOOL**

By

Junio Pradika Arya Putra G

1816011078

Physical Education, Health and Recreation Study Program

Abstract

This research aims to improve the learning outcomes of basic football techniques in class VIIB students at SMP Negeri 2 Negara in 2022/2023 through the application of a problem-based learning model based on information and communication technology. This research is a class action research with 32 class VIIB students at SMP Negeri 2 Negara as the research subjects. Based on the results of data analysis, it was found that in the first cycle the learning success of students was 100% for the attitude aspect, 78.1% for the knowledge aspect, 78.1% for the skill aspect. Whereas in cycle II the learning success of the attitude aspect was 100%, the knowledge aspect was 100%, the skills aspect was 100%, so it can be concluded that the problem-based learning model based on information and communication technology can improve learning outcomes for basic football techniques in class VIIB students at SMP Negeri 2 Negara in 2022/2023. It is recommended that PJOK teachers use the problem-based learning model based on information communication and technology because it can improve the learning outcomes of basic football techniques.

Keywords: problem based learning, learning outcomes, football