

**IMPLEMENTASI MODEL PEMBELAJARAN *PROBLEM BASED LEARNING* (PBL)
UNTUK MENINGKATKAN HASIL BELAJAR PJOK MATERI BOLA BESAR
(*PASSING* BOLA VOLI DAN *PASSING* BOLA BASKET) PADA PESERTA DIDIK
KELAS XI IPA 1
DI SMA NEGERI 1 TEGALLALANG
TAHUN PELAJARAN 2022/2023.**

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ABSTAK

Penelitian ini bertujuan untuk meningkatkan hasil belajar bola besar (*passing* bola voli dan *passing* bola basket) pada peserta didik kelas XI IPA 1 SMA Negeri 1 Tegallalang Tahun Pelajaran 2022/2023. Penelitian ini merupakan penelitian tindakan kelas, yaitu guru sebagai peneliti. Penelitian tindakan kelas ini dilaksanakan dalam dua siklus. Terdiri dari rencana tindakan, pelaksanaan tindakan, observasi/evaluasi, dan refleksi. Subjek penelitian yaitu peserta didik kelas XI IPA 1 SMA Negeri 1 Tegallalang Tahun Pelajaran 2022/2023, yang berjumlah 36 orang dengan rincian 20 orang putri dan 16 orang putra. Data dianalisis menggunakan analisis statistik deskriptif.

Hasil penelitian menunjukkan bahwa hasil belajar bola besar secara klasikal mengalami peningkatan, hasil belajar peserta didik di SMA Negeri 1 Tegallalang diperoleh presentase sebesar 27,7%. Pada analisis hasil belajar pada siklus I aspek pengetahuan *passing* bola basket adalah, 91,7% sedangkan pada aspek keterampilan *passing* bola basket 88,9%. Hasil belajar siklus II pada aspek pengetahuan *passing* bola voli adalah sebesar 94,4% sedangkan pada aspek keterampilan *passing* bola voli adalah 91,7%.

Disimpulkan bahwa implementasi model pembelajaran *problem based learning* (PBL) dapat meningkatkan hasil belajar bola besar (*passing* bola voli dan *passing* bola basket) pada peserta didik kelas XI IPA 1 SMA Negeri 1 Tegallalang tahun pelajaran 2022/2023. Disarankan kepada guru PJOK untuk menggunakan model pembelajaran *problem based learning* (PBL) karena dapat meningkatkan hasil belajar bola besar.

Kata-Kata Kunci: *Problem Based Learning*, hasil belajar, *passing*, bola basket, dan bola voli.

**IMPLEMENTATION OF PROBLEM BASED LEARNING (PBL) LEARNING MODELS
TO IMPROVE LEARNING RESULTS ON BIG BALL MATERIAL (PASSING
VOLLEYBALL AND PASSING BASKETBALL) IN STUDENTS OF CLASS XI IPA 1 IN
TEGALLALANG STATE 1ST SCHOOL ACADEMIC YEAR 2022/2023.**

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ABSTACT

This study aims to improve big ball learning outcomes (volleyball passing and basketball passing) in class XI IPA 1 students at SMA Negeri 1 Tegallalang in the 2022/2023 academic year. This research is a classroom action research, namely the teacher as a researcher. This classroom action research was carried out in two cycles. Consists of action plans, implementation of actions, observation/evaluation, and reflection. The research subjects were students in class XI IPA 1 at SMA Negeri 1 Tegallalang for the 2022/2023 academic year, totaling 36 people with details of 20 girls and 16 boys. Data were analyzed using descriptive statistical analysis. The results showed that the classical big ball learning outcomes had increased, the learning outcomes of students at SMA Negeri 1 Tegallalang obtained a percentage of 27.7%. In the analysis of learning outcomes in cycle I, the knowledge aspect of passing basketball was 91.7%, while the skill aspect of passing basketball was 88.9%. The learning outcomes of the second cycle on the knowledge aspect of volleyball passing were 94.4% while on the skills aspect of volleyball passing was 91.7%. It was concluded that the implementation of the problem based learning (PBL) learning model could improve big ball learning outcomes (volleyball passing and basketball passing) in class XI IPA 1 students at SMA Negeri 1 Tegallalang in the 2022/2023 academic year. It is suggested to PJOK teachers to use the problem based learning (PBL) learning model because it can improve big ball learning outcomes.

Keywords: Problem Based Learning, learning outcomes, passing, basketball and volleyball.

UNDIKSHA