

TINGKAT KETEPATAN *PASSING* DAN *SHOOTING* PADA ANAK USIA 10 – 12 TAHUN DI NEGAROA *FOOTBALL ACADEMY*

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ABSTRAK

Negarao *Football Academy* adalah sekolah sepakbola di Kecamatan Negara, Kabupaten Jembrana. Merujuk pada hasil observasi dengan atlet sepakbola Negarao *Football Academy*, tingkat kemampuan *passing* dan *shooting* yang dimiliki masih kurang. Observasi ini dilaksanakan di bulan Oktober-Desember 2021. Tujuan penelitian ini pertama, untuk mengetahui tingkat ketepatan teknik dasar *passing* dan *shooting* pada atlet Negarao *Football Academy*. Penelitian ini menggunakan pendekatan kualitatif dan kuantitatif dengan jenis penelitian studi kasus. Penelitian dilakukan di Negarao *Football Academy*. Subjek dalam penelitian ini atlet Negarao *Football Academy*. Metode pengumpulan data meliputi observasi, studi dokumen dan kuesioner penilaian. Subjek penelitian adalah atlet Negarao *Football Academy* yang berjumlah 15 orang. Jadi kesimpulan penelitian ini menunjukkan rata-rata ketepatan *passing* dan ketepatan *shooting* atlet di Negarao *Football Academy* masih tergolong sedang. Selain itu, dari distribusi frekuensi terdapat juga yang memiliki ketepatan *shooting* sangat baik 2 orang atlet, baik 1 orang atlet, sedang 7 orang atlet, kurang 3 orang atlet, sangat kurang 2 orang atlet. Dan untuk hasil *test* tingkat ketepatan *passing*, sangat baik 1 orang atlet, baik 1 orang atlet, sedang 5 orang atlet, kurang 6 orang atlet, sangat kurang 2 orang atlet. Hal ini disebabkan oleh faktor internal dan eksternal atlet.

Kata kunci : Tingkat ketepatan, sekolah sepak bola, teknik *passing* dan *shooting*,

LEVEL OF ACCURACY OF PASSING AND SHOOTING IN CHILDREN AGED 10-12 YEARS AT NEGAROA FOOTBALL ACADEMY

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ABSTRACT

Negaraoa Football Academy is a football school in Negara District, Jembrana Regency. Referring to the results of observations with Negaraoa Football Academy football athletes, the level of passing and shooting skills they have is still lacking. This observation was carried out in October-December 2021. The purpose of this research is first, to determine the level of accuracy of basic passing and shooting techniques in Negaraoa Football Academy athletes. This study uses a qualitative and quantitative approach to the type of case study research. The research was conducted at the Negaraaa Football Academy. The subjects in this study were athletes from the Negara Football Academy. Data collection methods include observation, document study and assessment questionnaires. The research subjects were 15 athletes from the Negara Football Academy. So the conclusion of this study shows that the average passing accuracy and shooting accuracy of athletes at Negaraoa Football Academy is still relatively moderate. In addition, from the frequency distribution there were also 2 athletes who had very good shooting accuracy, both 1 athlete, while 7 athletes, less 3 athletes, very less 2 athletes. And for the test results for the level of accuracy of passing, 1 athlete is very good, 1 athlete is good, 5 athletes are moderate, 6 athletes are lacking, 2 athletes are very lacking. This is caused by internal and external factors athletes.

Keywords: Accuracy level, football school, passing and shooting technique

