

ABSTRAK

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Pengetahuan mengenai Inisiasi menyusui dini (IMD) sangat penting diberikan pada ibu hamil terutama pada ibu hamil trimester III. Hal tersebut disebabkan karena IMD merupakan suatu langkah awal yang harus dilakukan antara ibu dan bayi yang dapat berpengaruh pada berhasilnya pemberian ASI eksklusif. Dari pengetahuan yang didapatkan pada ibu hamil trimester III akan dapat mempengaruhi perilaku ibu agar bersedia dalam melakukan IMD dan memberikan ASI secara eksklusif. Tujuan dari penelitian ini yaitu untuk menggambarkan asuhan kebidanan komprehensif pada perempuan “LP” di PMB “NP” wilayah kerja Puskesmas Sawan I. Jenis penelitian yang digunakan adalah penelitian deskriptif dengan pendekatan studi kasus yang dimulai dari trimester III sampai dengan nifas hari ke-14. Hasil penelitian data subjektif perempuan “LP” mengatakan kurang pengetahuan mengenai IMD dan mengajarkan perempuan “LP” cara perawatan payudara. Analisa yang ditegaskan G2P1A0 UK 37 minggu 4 hari preskep U puka janin tunggal hidup intra uteri, memiliki masalah kurang pengetahuan mengenai IMD, sudah diberikan KIE mengenai IMD dan persiapan IMD. Pada kunjungan selanjutnya perempuan “LP” mengatakan bersedia akan melaksanakan IMD. Hasil pengkajian masa persalinan G2P1A0 UK 39 minggu 3 hari preskep U puka janin tunggal hidup intra uteri partus kala I fase aktif, dilaksanakan tatalaksana APN 60 langkah berlangsung selama 30 menit, tidak ada komplikasi. Pada nifas dilakukan asuhan nifas dari nifas 2 jam hingga 14 hari, tidak ada komplikasi. Hasil pengkajian pada bayi perempuan “LP” dapat dilakukan dengan baik serta tidak terdapat penyulit. Pada bayi baru lahir IMD berhasil dilakukan selama 1 jam dan dilakukan asuhan sampai usia bayi 2 minggu dengan hasil bayi tetap diberikan ASI saja. Kesimpulan dari asuhan kebidanan pada perempuan “LP” di PMB “NP” pada proses kehamilan, persalinan, nifas sudah berjalan secara fisiologis dan asuhan pada BBL dilakukan IMD dan dilanjutkan asuhan sampai usia 2 minggu bayi hanya diberikan ASI saja. Dengan adanya asuhan komprehensif ini diharapkan dapat meningkatkan derajat kesehatan ibu dan bayi.

Kata Kunci: Kehamilan, Inisiasi Menyusui Dini, Asuhan Kebidanan Komprehensif

ABSTRACT

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Knowledge about Early Breastfeeding Initiation is very important to give to pregnant women, especially to third trimester pregnant women. This is because is Early Breastfeeding Initiation an initial step that must be taken between mother and baby which can affect the success of exclusive breastfeeding. From the knowledge obtained in the third trimester pregnant women will be able to influence the behavior of the mother to be willing to do Breastfeeding Initiation and give exclusive breastfeeding. The purpose of this study was to describe comprehensive midwifery care for "LP" women in Practical Midwife Place "NP" in the working area of the Sawan I Public Health Center. The research method used was descriptive research with a case study approach starting from the third trimester to the 14th day of childbirth. The results of the assessment on women "LP" G2P1A0 UK 37 weeks 4 days preskep U puka single fetus alive intra uteri, has a lack of knowledge about Early Breastfeeding Initiation, has been given communication, information and education about Early Breastfeeding Initiation regarding and Early Breastfeeding Initiation preparation. On the next visit the "LP" woman said she was willing to carry out Early Breastfeeding Initiation. The results of the assessment during labor G2P1A0 UK 39 weeks 3 days preskep U puka single live intra-uterine fetus during active phase I, 60 steps of maternity care were carried out for 30 minutes, there were no complications. Postpartum care was carried out from postpartum 2 hours to 14 days, there were no complications. The results of the study on the "LP" baby girl were carried out well and there were no complications. In newborn babies Early Breastfeeding Initiation was successfully carried out for 1 hour and carried out care until the baby was 2 weeks old with the result that the baby was still given only breast milk. The conclusion of midwifery care for women "LP" at Practical Midwife Place "NP" during pregnancy, childbirth, postpartum has been running physiologically and care for baby new born is carried out by Early Breastfeeding Initiation and continued care until the age of 2 weeks the baby is only given breast milk. With this comprehensive care, it is hoped that it can improve the health status of mothers and babies.

Keywords: Pregnancy, Early Breastfeeding Initiation, Continuity of Care.