

Asuhan Kebidanan Komprehensif Pada Perempuan “MS” di PMB “NS” di Wilayah Kerja Puskesmas Tejakula I Tahun 2023

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ABSTRAK

Kehamilan, persalinan, dan nifas merupakan suatu proses alamiah yang dialami setiap perempuan. Pada ibu hamil trimester III, ketidaknyamanan yang paling sering dirasakan adalah sering kencing. Dilihat dari data registrasi PMB “NS” sebanyak 17 orang (34,7%) dari 49 orang ibu hamil TM III mengeluh sering kencing. Sering kencing dalam kehamilan dapat menyebabkan gangguan tidur, infeksi saluran kemih, potensi persalinan premature, pertumbuhan dan perkembangan janin terhambat, dan janin lahir mati (*stillbirth*). Tujuan dari penelitian ini yaitu melaksanakan asuhan kebidanan komprehensif pada Perempuan “MS” di PMB “NS” Wilayah Kerja Puskesmas Tejakula I Kabupaten Buleleng Tahun 2023. Jenis penelitian yang digunakan adalah penelitian deskriptif dengan pendekatan studi kasus, subjek penelitiannya yaitu Perempuan “MS” G3P2A0 UK 36 Minggu 6 Hari yang diasuh dari hamil sampai 2 minggu masa nifas. Hasil penelitian ini adalah saat kunjungan pertama Perempuan “MS” mengeluh sering kencing sehingga diberikan KIE mengenai penyebab dan cara mengatasi keluhan sering kencing. Pada kunjungan kedua keluhan sering kencing sudah dapat teratasi. Pada proses persalinan yaitu kala I berlangsung $\pm 6,5$ jam, kala II selama 29 menit, kala III selama 5 menit, dan kala IV selama 2 jam. Selama proses persalinan tidak ada keluhan dari ibu. Pada masa nifas tidak ditemukan komplikasi pada ibu. Pada bayi saat baru lahir bayi segera menangis, jenis kelamin laki-laki, dan keadaan fisik dalam batas normal dan tidak ditemukan kelainan apapun. Asuhan kebidanan pada Perempuan “MS” di PMB “NS” berjalan secara fisiologis dan sudah terlaksana secara komprehensif dan berkesinambungan.

Kata Kunci : Kehamilan TM III, Sering Kencing, Asuhan Kebidanan Komprehensif.

Comprehensive Midwifery Care for Mrs “MS” at PMB “NS” in the Working Area of the Tejakula I Health Center in 2023

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ABSTRACT

Pregnancy, childbirth and childbirth are natural processes that every woman experiences. In third trimester pregnant women, the most common discomfort felt is frequent urination. Judging from the PMB "NS" registration data, as many as 17 people (34.7%) of 49 pregnant women with TM III complained of frequent urination, frequent urination during pregnancy can cause sleep disturbances, urinary tract infections, potential for premature labor, stunted growth and development of the fetus, and stillborn fetuses. The purpose of this study is to carry out comprehensive midwifery care for Mrs "MS" at PMB "NS" Tejakula I Health Center Work Area, Buleleng Regency in 2023. The type of research used is descriptive research with a case study approach, the research subject is Mrs "MS" G3P2A0 UK 36 Week 6 Days raised from pregnancy to 2 weeks postpartum. The results of this study were that during the first visit the Mrs "MS" complained of frequent urination so that KIE was given regarding the causes and ways to deal with complaints of frequent urination. On the second visit the complaint of frequent urination was resolved. During labor, the first stage lasts \pm 6.5 hours, the second stage lasts 29 minutes, the third stage lasts 5 minutes, and the fourth stage lasts 2 hours. During the delivery process there were no complaints from the mother. During the puerperium, no complications were found in the mother. In babies when newborns cry immediately, male sex, and physical conditions are within normal limits and no abnormalities are found. Midwifery care for Mrs "MS" at PMB "NS" runs physiologically and has been carried out comprehensively and continuously.

Keywords: *TM III Pregnancy, Frequent Urinary , Comprehensive Midwifery Care.*