

**Asuhan Kebidanan Komprehensif pada Perempuan “JH”
di PMB “SD” Wilayah Kerja Pukesmas Sukasada I
Kabupaten Buleleng Tahun 2023**

Abstrak

Sering kencing yang dirasakan ibu hamil TM III merupakan suatu hal yang fisiologis akibat adanya pembesaran uterus yang menekan kandung kemih (Damayanti, 2019). Ketidaknyamanan yang dirasakan Perempuan “JH” adalah sering kencing. Apabila sering kencing tidak segera di tangani akan berpengaruh dalam proses persalinan dan berpengaruh pada janin sehingga perlu diberikan asuhan kebidanan secara komprehensif. Jenis penelitian yang digunakan adalah jenis penelitian deskriptif dengan pendekatan study kasus yang dilaksanakan pada tanggal 07 Maret 2023 s.d 07 April 2023. penelitian asuhan kebidanan pada Perempuan “JH” G3P2A0 UK 36 Minggu 2 hari yang diasuh mulai dari kehamilan hingga nifas 14 hari. Asuhan pertama tanggal ibu mengeluh sering kencing sehingga ibu diberikan KIE menyarankan ibu untuk perbanyak minum di siang hari dan mengurangi minum 2 jam sebelum tidur malam, melakukan senam kagel, menghindari minum teh dan kopi. Asuhan kedua ibu sudah dapat beradaptasi dengan keluhan sering kencing. Pada proses persalinan terjadi spontan belakang kepala dengan kala I berlangsung 6 jam, kala II berlangsung 15 menit, kala III berlangsung 7 menit dan kala IV dilakukan pemasangan KB IUD pascasalin dan pemantauan pasca kelahiran plasenta sampai 2 jam. Pada masa nifas dan bayi dalam keadaan fisiologis. By Pr “JH” jenis kelamin perempuan dengan vigorous baby. Dilakukan IMD dan berhasil \pm 10 menit dan terhenti saat kala III, dan dilanjutkan saat bayi berumur 1 jam. Dapat disimpulkan asuhan kebidanan komprehensif pada Perempuan “JH” ada beberapa kesenjangan antara teori dengan aktual di lapangan. Dengan adanya asuhan komprehensif diharapkan kedepannya ketika memberikan asuhan yang sama dapat dilakukan secara optimal dan maksimal, sehingga tenaga kesehatan dapat mendeteksi secara dini kemungkinan terjadinya komplikasi pada ibu hamil hingga ibu berada pada masa nifas.

Kata kunci : Trimester III, Sering Kencing, Asuhan Kebidanan Komprehensif

Comprehensive Midwifery Care for Women "JH" at PMB "SD"
Work Area of Public Health Center Sukasada I
Buleleng Regency Year 2023

Abstract

Frequent urination experienced by pregnant woman "JH" in her third trimester (TM III) is a physiological phenomenon due to the enlargement of the uterus that presses on the bladder (Damayanti, 2019). The discomfort felt by the woman, "JH," is attributed to frequent urination. If frequent urination is not promptly addressed, it can impact the labor process and affect the fetus, necessitating comprehensive midwifery care. The research conducted is a descriptive study with a case study approach carried out from March 7, 2023, to April 7, 2023. Midwifery care was provided to Woman "JH," a G3P2A0 pregnant individual at 36 weeks and 2 days of gestation, from pregnancy to postpartum for 14 days. During the initial care session, the mother complained of frequent urination, leading to health education (KIE) advising her to increase fluid intake during the day and reduce intake two hours before bedtime, practice Kegel exercises, and avoid tea and coffee consumption. In the second care session, the mother had adapted to the issue of frequent urination. In the course of labor, a spontaneous occiput posterior presentation occurred. The first stage of labor (kala I) lasted for 6 hours, the second stage (kala II) lasted for 15 minutes, the third stage (kala III) lasted for 7 minutes, and the fourth stage (kala IV) involved the insertion of an intrauterine device (IUD) and postpartum placental monitoring for 2 hours. Both the postpartum period and the infant were in a physiological state. The baby, a vigorous female, received immediate newborn care (IMD) within approximately 10 minutes, interrupted during kala III, and resumed when the baby was 1 hour old. In conclusion, comprehensive midwifery care for Woman "JH" revealed several disparities between theoretical knowledge and practical application. The implementation of comprehensive care is expected to enhance the future provision of similar care, optimizing and maximizing outcomes. This way, healthcare providers can detect potential complications in pregnant and postpartum individuals early on, ensuring their well-being.

Keywords: Trimester III, Frequent Urination, Comprehensive Midwifery Care.