

ABSTRAK

Yudha, A. A. Gede Agung Kusuma (2023), Pengaruh *Growth Mindset*, Efikasi Diri, dan *Self-Regulated Learning* terhadap Kemampuan Berpikir Kritis, Program Pascasarjana, Universitas Pendidikan Ganesha

Tesis ini sudah disetujui dan diperiksa oleh: Prof. Dr. I Gusti Ngurah Pujawan, M. Kes. dan Dr. I Made Sugiarta, M. Si.

Kata Kunci: efikasi diri, growth mindset, kemampuan berpikir kritis, self-regulated learning

Keahlian dalam berpikir secara kritis merupakan salah satu kompetensi yang sangat relevan pada era ke-21. Sedangkan *growth mindset* dan efikasi diri, merupakan kualitas diri yang dapat menentukan kinerja seseorang dalam memecahkan masalah. Penelitian ini bertujuan untuk menyelidiki pengaruh *growth mindset* dan efikasi diri terhadap kemampuan berpikir kritis yang dimediasi oleh *self-regulated learning*. Penelitian ini menggunakan kerangka berpikir analisis jalur yang digunakan untuk menyelidiki pengaruh langsung dari *growth mindset* dan efikasi diri terhadap *self-regulated learning* dan kemampuan berpikir kritis, serta menguji pengaruh tidak langsung antara *growth mindset* dan efikasi diri terhadap kemampuan berpikir kritis. Populasi dari penelitian berjumlah 2430 orang yang berasal dari seluruh siswa kelas X di SMA Negeri se-Kabupaten Gianyar. Adapun sampel penelitian berjumlah 350 orang yang diambil secara acak dari empat SMA Negeri di Kabupaten Gianyar. Data penelitian dikumpulkan dengan instrumen tes dan non-tes berupa kuisioner yang telah dilakukan uji validitas dan reliabilitas untuk memastikan keakuratan hasil pengukuran. Hasil analisis data dengan menggunakan teknik analisis jalur mengungkapkan bahwa *growth mindset* memberikan pengaruh langsung sebesar 37% terhadap kemampuan berpikir kritis serta pengaruh langsung sebesar 24% terhadap *self-regulated learning*. Efikasi diri memberikan pengaruh langsung yang signifikan terhadap kemampuan berpikir kritis dan *self-regulated learning*. Adapun pengaruh efikasi diri terhadap kemampuan berpikir kritis terhitung sebesar 18% dan terhadap *self-regulated learning* sebesar 53%. Pengaruh tidak langsung dari *growth mindset* terhadap kemampuan berpikir kritis yang dimediasi oleh *self-regulated learning* terhitung sebesar 6%. Sedangkan pengaruh tidak langsung efikasi diri terhadap kemampuan berpikir kritis yang dimediasi oleh *self-regulated learning* sebesar 13%.

ABSTRACT

Yudha, A. A. Gede Agung Kusuma (2023), *The Impact of Growth Mindset, Self-Efficacy, and Self-Regulated Learning on Critical Thinking Ability, Postgraduate Program, Universitas Pendidikan Ganesha*

This thesis has been approved and examined by: Prof. Dr. I Gusti Ngurah Pujawan, M. Kes. dan Dr. I Made Sugiarta, M. Si.

Keywords: critical thinking skill, growth mindset, self efficacy, self-regulated learning

Proficiency in critical thinking is one of the highly relevant competencies in the 21st century. Growth mindset and self-efficacy, on the other hand, are qualities that can determine one's performance in problem-solving. This study was intended to investigate the effect of the growth mindset and self-efficacy on critical thinking skills mediated by self-regulated learning. This study uses a path analysis framework that is utilised to investigate the direct effect of growth mindset and self-efficacy on self-regulated learning and critical thinking ability, as well as examine the indirect effect between growth mindset and self-efficacy on critical thinking ability through self-regulated learning. The population of this study were all students in grade 10 at the Public High School in Gianyar Regency which totalled 2430 students. The research sample amounted to 350 students who were taken randomly from four public high schools in Gianyar Regency. The research data were collected with test and non-test instruments in the form of questionnaires that have been tested for validity and reliability to ensure the accuracy of the measurement results. The results of data analysis using path analysis techniques revealed that growth mindset has a direct effect of 37% on critical thinking skills and a direct effect of 24% on self-regulated learning. Self-efficacy has a significant direct effect on critical thinking ability and self-regulated learning. The effect of self-efficacy on critical thinking ability is calculated at 18% and on self-regulated learning at 53%. The indirect effect of growth mindset on critical thinking ability mediated by self-regulated learning was calculated at 6%. While the indirect effect of self-efficacy on critical thinking ability mediated by self-regulated learning is 13%.