

## ABSTRAK

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Keluhan sering kencing pada trimester III akan menyebabkan gangguan ketidaknyamanan, ibu hamil akan sulit tidur dan apabila menahan keinginan untuk buang air kecil, bisa menyebabkan infeksi saluran kencing. Tujuan Tujuan penelitian ini yaitu untuk menggambarkan asuhan kebidanan komprehensif pada perempuan “UK” di PMB “LP” Wilayah Kerja Puskesmas Banjar I. Metode penelitian yang digunakan yaitu penelitian deskriptif dengan pendekatan studi kasus yang dimulai dari usia kehamilan 37 minggu 6 hari sampai dengan nifas hari ke-14 (KF 3). Hasil penelitian asuhan kebidanan pada perempuan “UK” yang mengalami sering kencing telah dapat diatasi dengan memberikan informasi cara mengatasi sering kencing. Pada data subjektif ibu mengatakan sering kencing sudah bisa diatasi. Data objektif pada pemeriksaan fisik dalam batas normal. Analisis kehamilan G2P1A0 UK 37 minggu 6 hari preskep ̢ puka janin tunggal hidup intrauteri, pada persalinan G2P1A0 UK 39 minggu 3 hari preskep ̢ puka janin tunggal hidup intrauteri partus kala 1 fase laten, pada saat nifas P2AO partus spontan belakang kepala nifas 2 jam. Penatalaksanaan yang diberikan yaitu memberi informasi mengenai pengertian, penyebab, dampak dan cara mengatasi sering kencing dan menolong kelahiran bayi sesuai APN. Asuhan pada bayi perempuan “UK” dapat dilakukan dengan baik, tidak terdapat penyulit, pada saat persalinan sudah dilakukan IMD. Kesimpulan dari asuhan kebidanan pada perempuan “UK” di PMB “LP” pada proses kehamilan, persalinan, nifas sudah berjalan secara fisiologis dan sudah terlaksana secara Continuity Of Care. Saran untuk peneliti selanjutnya adalah menerapkan metode lain untuk mengatasi sering kencing selain memberi informasi mengenai pengertian, penyebab, dampak dan cara mengatasi sering kencing.

**Kata kunci:** asuhan kebidanan komperhensi, sering kencing, ketidaknyamanan Kehamilan.

## ABSTRACT

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Complaints of frequent urination in the third trimester will cause discomfort, pregnant women will have difficulty sleeping and if they resist the urge to urinate, it can cause urinary tract infections. Purpose The purpose of this study was to describe comprehensive midwifery care for "UK" women at the PMB "LP" in the Work Area of the Banjar I Health Center. The research method used was descriptive research with a case study approach starting from 37 weeks 6 days of gestation up to the postpartum day 14th (KF 3). The results of research on midwifery care for "UK" women who experience frequent urination can be overcome by providing information on how to deal with frequent urination. In subjective data, the mother said that frequent urination could be overcome. Objective data on physical examination within normal limits. Analysis of pregnancy G2P1A0 UK 37 weeks 6 days precept U puka single fetus alive intrauterine, at delivery G2P1A0 UK 39 weeks 3 days preskep U puka single fetus alive intrauterine parturition 1st stage of latent phase, during puerperium P2A0 spontaneous parturition behind the head of the puerperium 2 hours. The management given is to provide information about the meaning, causes, effects and ways to deal with frequent urination and help deliver babies according to APN. Caring for "UK" baby girls was carried out well, there were no complications, IMD was carried out at the time of delivery. The conclusion of midwifery care for "UK" women at PMB "LP" in the process of pregnancy, childbirth, postpartum has been running physiologically and has been carried out in a Continuity Of Care manner. Suggestions for future researchers are to apply other methods to deal with frequent urination in addition to providing information about the meaning, causes, effects, and ways to deal with frequent urination.

**Keywords: Comprehensive midwifery care, frequent urination, discomfort in pregnant.**