

**PENGARUH MODEL PEMBELAJARAN KOOPERATIF TIPE TEAM  
GAMES TOURNAMENT (TGT) TERHADAP HASIL BELAJAR BOLA  
BESAR (PASSING-CONTROL  
SEPAKBOLA) DALAM PJOK PADA PESERTA  
DIDIK KELAS X SMA NEGERI 2 SINGARAJA**

Oleh

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**ABSTRAK**

Penelitian ini bertujuan untuk mengetahui pengaruh model pembelajaran kooperatif tipe TGT terhadap hasil belajar bola besar (*passing-control* sepakbola) dalam PJOK.

Jenis penelitian yang digunakan adalah eksperimen sungguhan (*true experimental*) dengan rancangan *the post test only control group design*. Populasi penelitian adalah seluruh peserta didik kelas X SMA Negeri 2 Singaraja tahun pelajaran 2019/2020, keseluruhan kelas berjumlah 8 kelas dengan populasi 301 orang. Pengambilan sampel menggunakan *simple random* sampling berdasarkan kelas. Kelas yang terpilih menjadi sampel penelitian adalah kelas X MIPA 2 sebagai kelompok eksperimen dan X IPS 1 sebagai kelompok kontrol. Perlakuan dilakukan sebanyak 3 kali perlakuan diluar *posttest*.

Data hasil belajar dikumpulkan melalui tes objektif, observasi dan unjuk kerja. Analisis data menggunakan uji-t dengan bantuan SPSS 16.0 for Windows. Rata-rata kelompok eksperimen adalah 81.17 lebih tinggi dari rata-rata kelompok kontrol adalah 71.17. Signifikansi pada uji hipotesis diperoleh melalui uji parametrik (uji Independent Samples Test) adalah 0.001 yaitu  $p < 0,05$ .

Disimpulkan bahwa model pembelajaran kooperatif tipe TGT berpengaruh signifikan terhadap hasil belajar bola besar (*passing-control* sepakbola) dalam PJOK di SMA N 2 Singaraja. Disarankan kepada guru PJOK dapat menerapkan model pembelajaran kooperatif tipe TGT karena terbukti berpengaruh signifikan terhadap hasil belajar peserta didik.

Kata kunci: Kooperatif, TGT, hasil belajar, *passing control*, sepakbola

**THE EFFECT OF COOPERATIVE LEARNING MODEL OF TEAM GAMES  
TOURNAMENT (TGT) TYPE ON LEARNING OUTCOMES  
OF THE BIG BALL (FOOTBALL PASSING-CONTROL)  
IN PJOK IN X GRADE STUDENTS OF STATE  
SENIOR HIGH SCHOOL 2 SINGARAJA**

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**ABSTRACT**

This study aimed to determine the effect of the cooperative learning model of TGT type on learning outcomes of big ball (passing-control football) in Physical Education, Sport, and Health (PJOK).

The type of study was true experimental research with the post-test only control group design. The population of the study was all X grade students of State Senior High School 2 Singaraja in the 2019/2020 academic period, in which the whole classes were 8 classes with a population of 301 students. The sampling used simple random sampling based on the class. The classes selected as the research sample was class X MIPA 2 as the experimental group and X IPS 1 as the control group. The treatment was provided 3 times outside the post-test.

The data of learning outcomes were collected through objective tests, observations and performance. The data analysis used t-test with the help of SPSS 16.0 for Windows. The average of the experimental group was 81.17, higher than the average of the control group which was 71.17. The significance of the hypothesis test was obtained through the parametric test (Independent Samples Test) of 0.001, with  $p < 0.05$ .

It can be concluded that the cooperative learning model of TGT type had a significant effect on the learning outcomes of the big ball (passing-control football) in PJOK in State Senior High School 2 Singaraja. It is suggested that PJOK teachers can apply the cooperative learning model of TGT type because it is proven to have a significant effect on student learning outcomes.

Keywords: cooperative learning, TGT type, learning outcomes, passing-control, football