

**PENGEMBANGAN KONTEN PEMBELAJARAN INTERAKTIF  
BERBASIS BLENDED LEARNING PADA MATA KULIAH TEORI  
PRAKTEK PEMBELAJARAN BOLA VOLI DAN BOLA VOLI PASIR DI  
PROGRAM STUDI PENJASKESREK UNDIKSHA**

Oleh

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**ABSTRAK**

Penelitian ini bertujuan untuk mengembangkan konten pembelajaran interaktif dan mengetahui respon mahasiswa serta dosen terhadap pengembangan konten pembelajaran interaktif pada mata kuliah TP Pembelajaran Bola voli dan bola voli pasir dengan menggunakan model pembelajaran *Blended Learning* yang dilaksanakan untuk Prodi Penjaskesrek Undiksha. Metode yang digunakan dalam penelitian ini adalah *reseacrh and development* (R&D) dengan menggunakan model pengembangan ADDIE dengan 5 tahapan yaitu *analyze, design, development, implementation and evaluation*. Penelitian ini dilakukan di kelas A Penjaskesrek Undiksha pada 30 orang peserta didik dan seorang dosen pengampu mata kuliah TP Pembelajaran Bola Voli dan Bola Voli Pasir. Pada tahap pengambilan data menggunakan instrument angket dan kuisioner. Hasil penelitian menunjukkan untuk uji kevalidan konten pembelajaran dari hasil perhitungan validasi ahli yaitu ahli isi, media dan desain pembelajaran mendapatkan rata-rata skor sebesar 1,00 dengan kriteria “sangat valid”. Hasil perolehan nilai N-Gain untuk memperoleh keefektifan media pembelajaran interaktif berstrategi *Blended Learning* yaitu 0,72 dengan kriteria “efektif” serta hasil rata-rata respon guru dan peserta didik untuk mendapatkan kepraktisan media pembelajaran interaktif berstrategi *Blended Learning* sebesar 67,1 dan 48 dengan kriteria “sangat praktis”. Simpulan penelitian ini adalah media pembelajaran interaktif berstrategi *Blended learning* pada mata kuliah TP Pembelajaran Bola Voli dan Bola Voli Pasir telah memenuhi kriteria kualitas produk yaitu kevalidan (sangat valid), keefektifan (efektif) dan kepraktisan (sangat praktis).

**Kata Kunci:** *Blended Learning, ADDIE, Konten Pembelajaran Interaktif, Program Studi Penjaskesrek Undiksha.*

**DEVELOPMENT OF INTERACTIVE LEARNING CONTENT BASED ON  
BLENDED LEARNING IN VOLLEYBALL AND SAND VOLLEYBALL  
LEARNING THEORY AND SAND VOLLEYBALL COURSES IN THE  
UNDIKSHA PENJASKESREK STUDY PROGRAM**

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**ABSTRACT**

*This research aims to develop interactive learning content and determine the response of students and lecturers to the development of interactive learning content in the TP Volleyball and Sand Volleyball Learning courses using the Blended Learning learning model implemented for the Undiksha Physical Education and Physical Education Study Program. The method used in this research is research and development (R&D) using the ADDIE development model with 5 stages, namely analyze, design, development, implementation and evaluation. This research was conducted in class A of Penjaskesrek Undiksha on 30 students and a lecturer teaching the Volleyball and Sand Volleyball Learning TP courses. At the data collection stage using questionnaires and questionnaires. The research results show that for testing the validity of learning content from the results of expert validation calculations, namely content, media and learning design experts, they got an average score of 1.00 with the criteria "very valid". The results of obtaining the N-Gain value to obtain the effectiveness of interactive learning media with a Blended Learning strategy are 0.72 with the criteria "effective" and the average results of teacher and student responses to obtain the practicality of interactive learning media with a Blended Learning strategy are 67.1 and 48 with "very practical" criteria. The conclusion of this research is that the interactive learning media with a Blended learning strategy in the Volleyball and Sand Volleyball Learning TP courses has met the product quality criteria, namely validity (very valid), effectiveness (effective) and practicality (very practical).*

**Keywords:** Blended Learning, ADDIE, Interactive Learning Content, Undiksha Physical Education Study Program.