

IMPLEMENTASI PENDEKATAN PEMBELAJARAN *TEACHING GAME FOR UNDESTANDING* UNTUK MENINGKATKAN HASIL BELAJAR PJOK MATERI SEPAK BOLA (TEKNIK *PASSING*) PESERTA DIDIK KELAS VIII ALAMANDA DI SMP NEGERI 4 SINGARAJA TAHUN PELAJARAN 2023/2024

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ABSTRAK

Penelitian ini bertujuan untuk meningkatkan hasil belajar PJOK materi sepak bola (teknik *passing*) melalui implementasi pendekatan pembelajaran *teaching game for undestanding* pada peserta didik kelas VIII Alamanda di SMP Negeri 4 Singaraja tahun pelajaran 2023/2024. Penelitian ini merupakan penelitian tindakan kelas dengan subjek penelitiannya seluruh peserta didik kelas VIII Alamanda di SMP Negeri 4 Singaraja yang berjumlah 39 orang terdiri dari 24 orang putra dan 15 orang putri. Berdasarkan hasil analisis data didapatkan bahwa pada siklus I hasil belajar peserta didik pada aspek sikap sebesar 48,7%, pada aspek pengetahuan sebesar 46,2%, pada aspek keterampilan sebesar 41%. Sedangkan pada siklus II hasil belajar aspek sikap sebesar 100%, aspek pengetahuan sebesar 92,3%, aspek keterampilan sebesar 92,3%, sehingga dapat disimpulkan bahwa implementasi pendekatan pembelajaran *teaching game for undestanding* dapat meningkatkan hasil belajar PJOK materi sepak bola (teknik *passing*) pada peserta didik kelas VIII Alamanda di SMP Negeri 4 Singaraja tahun pelajaran 2023/2024. Disarankan kepada guru PJOK untuk meningkatkan hasil belajar peserta didiknya dapat menggunakan pendekatan pembelajaran *teaching game for undestanding*.

Kata-Kata Kunci: *Teaching Games For Understanding*, Hasil Belajar, PJOK.

***IMPLEMENTATION OF THE TEACHING GAME FOR UNDESTANDING
LEARNING APPROACH TO IMPROVE THE LEARNING OUTCOMES OF
PJOK FOOTBALL MATERIALS (PASSING TECHNIQUES) OF CLASS VIII
ALAMANDA STUDENTS AT SMP NEGERI 4 SINGARAJA ACADEMIC
YEAR 2023/2024***

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ABSTRACT

This research aims to improve PJOK learning outcomes regarding football material (passing techniques) through implementing the teaching game for understanding learning approach for class VIII Alamanda students at SMP Negeri 4 Singaraja for the 2023/2024 academic year. This research is classroom action research with the research subjects being all students of class VIII Alamanda at SMP Negeri 4 Singaraja, totaling 39 people consisting of 24 boys and 15 girls. Based on the results of data analysis, it was found that in cycle I the students' learning outcomes in the attitude aspect were 48.7%, in the knowledge aspect they were 46.2%, in the skills aspect they were 41%. Meanwhile, in cycle II the learning outcomes for the attitude aspect were 100%, the knowledge aspect was 92.3%, the skills aspect was 92.3%, so it can be concluded that the implementation of the teaching game for undestanding learning approach can improve PJOK learning outcomes in football material (passing techniques) for class VIII Alamanda students at SMP Negeri 4 Singaraja for the 2023/2024 academic year. It is recommended that PJOK teachers to improve their students' learning outcomes can use the teaching game for understanding learning approach.

Keywords: Teaching Games For Understanding, Learning Outcomes, PJOK.