

**PENERAPAN MODEL PEMBELAJARAN *PROJECT BASED LEARNING*
UNTUK MENINGKATKAN HASIL BELAJAR PJOK MATERI BOLAVOLI
KELAS XI PERHOTELAN SMK NEGERI 1 SINGARAJA TAHUN
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ABSTRAK

Penelitian ini bertujuan untuk mengetahui peningkatan hasil belajar PJOK melalui materi bolavoli pada peserta didik kelas XI Perhotelan SMK Negeri 1 Singaraja dengan menerapkan model pembelajaran *Project Based Learning*. Penelitian ini merupakan jenis penelitian Tindakan kelas. Subjek penelitian ini adalah peserta didik kelas XI Perhotelan SMK Negeri 1 Singaraja yang berjumlah 37 peserta didik. Data diambil dengan cara tes tulis dan tes praktek terhadap gerakan teknik dasar *passing* atas dan *passing* bawah dengan format asesmen teknik dasar *passing* atas dan *passing* bawah pada aspek kognitif, aspek psikomotor dan aspek afektif. Data di analisis menggunakan analisis *Statistik Deskriptif*. Hasil penelitian menunjukkan terjadi peningkatan hasil belajar PJOK materi bolavoli pada peserta didik dengan menggunakan *Project based learning* yang dapat dilihat dari peningkatan rata-rata hasil belajar dari siklus I 71,4 meningkat menjadi 86,3 pada siklus II, dengan ketuntasan belajar sebelumnya di siklus I 12 (32,43%) orang meningkat menjadi 37 (100%) orang pada siklus II. Jadi model Pembelajaran *Project Based Learning* dapat meningkatkan hasil belajar PJOK materi bolavoli pada peserta didik kelas XI Perhotelan. Untuk itu disarankan bagi guru untuk memilih model pembelajaran *Project based learning* (PjBL) pada penelitian Tindakan kelasnya jika ingin mengatasi masalah hasil belajar dan keaktifan peserta didik.

Kata Kunci: *Project Based Learning*, Hasil Belajar, Bolavoli *Passing* atas dan *Passing* bawah.

**APPLICATION OF THE PROJECT BASED LEARNING MODEL TO
IMPROVE LEARNING OUTCOMES FOR CLASS XI FOOTBALL MATERIAL
HOSPITALITY OF SMK NEGERI 1 SINGARAJA YEAR
LESSONS 2023/2024**

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ABSTRACT

This research aims to determine the improvement in PJOK learning outcomes through volleyball material for students in class XI Hospitality at SMK Negeri 1 Singaraja by applying the Project Based Learning learning model. This research is a type of classroom action research. The subjects of this research were students in class XI Hospitality at SMK Negeri 1 Singaraja, totaling 37 students. Data was collected by means of written tests and practical tests on basic upper passing and lower passing technical movements with the format of assessing basic upper passing and lower passing techniques on cognitive aspects, psychomotor aspects and affective aspects. Data was analyzed using Descriptive Statistics analysis. The results of the research show that there has been an increase in the learning outcomes of PJOK volleyball material for students using project based learning which can be seen from the increase in the average learning outcomes from cycle I from 71.4 to 86.3 in cycle II, with the previous learning being complete in cycle I 12 (32.43%) people increased to 37 (100%) people in cycle II. So the Project Based Learning model can improve the learning outcomes of PJOK volleyball material for Class XI Hospitality students. For this reason, it is recommended for teachers to choose the Project based learning (PjBL) learning model in their classroom action research if they want to overcome the problem of learning outcomes and student activity.

Keywords: *Project Based Learning, Learning Outcomes, Volleyball Upper passing and Lower passing.*