

**PENGARUH KUALITAS KEHIDUPAN KERJA DAN STRES KERJA
TERHADAP KEPUASAN KERJA KARYAWAN DI PT. ANGELO STORE
UBUD**

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ABSTRAK

Penelitian ini bertujuan untuk menguji pengaruh (1) kualitas kehidupan kerja terhadap kepuasan kerja karyawan PT. Angelo Store, (2) stres kerja terhadap kepuasan kerja karyawan PT. Angelo Store, dan (3) kualitas kehidupan kerja dan stres kerja terhadap kepuasan kerja karyawan PT. Angelo Store. Subjek dari penelitian ini adalah karyawan PT. Angelo Store sedangkan objek dari penelitian ini adalah kualitas kehidupan kerja, stres kerja, dan kepuasan kerja. Rancangan penelitian yang digunakan adalah penelitian kuantitatif kausal. Teknik pengumpulan data dalam penelitian ini yaitu menggunakan kuesioner dan selanjutnya data dianalisis dengan menggunakan analisis regresi linier berganda. Hasil penelitian menunjukkan bahwa (1) kualitas kehidupan kerja berpengaruh positif dan signifikan terhadap kepuasan kerja karyawan PT. Angelo Store, (2) stres kerja berpengaruh negatif terhadap kepuasan kerja karyawan PT. Angelo Store, dan (3) kualitas kehidupan kerja dan stres kerja berpengaruh signifikan terhadap kepuasan kerja karyawan PT. Angelo Store.

Kata Kunci : Kualitas kehidupan kerja, stress kerja, kepuasan kerja

**THE INFLUENCE OF QUALITY OF WORK LIFE AND JOB STRESS ON
EMPLOYEE JOB SATISFACTION AT PT. ANGELO STORE UBUD**

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ABSTRACT

This study aims to examine the influence of (1) quality of work life on employee job satisfaction at PT. Angelo Store, (2) job stress on employee job satisfaction at PT. Angelo Store, and (3) quality of work life and job stress on employee job satisfaction at PT. Angelo Store. The subjects of this study are the employees of PT. Angelo Store, while the objects are the quality of work life, job stress, and job satisfaction. The research design used is causal quantitative research. The data collection technique used in this study is a questionnaire, and the data is then analyzed using multiple linear regression analysis. The results of the study indicate that (1) the quality of work life has a positive and significant effect on employee job satisfaction at PT. Angelo Store, (2) job stress has a negative effect on employee job satisfaction at PT. Angelo Store, and (3) the quality of work life and job stress have a significant effect on employee job satisfaction at PT. Angelo Store.

Keywords: *Quality of work life, job stress, job satisfaction*

