APPENDIX

Appendix 1. Instrument Blueprint

Blueprint of Stress Questionnaire(Bienertova-Vasku et al., 2020)

No	Dimension	Indicator	No of Statement		Total Number
			Positive	Negative	
1	Eustress	positive striving and emotions	3 , 40	5, 33	4
		stimulates people	12. 26	13, 36	4
		Goal-orientated behavior	6, 45	8, 27	4
2	Distress	negative emotions	1, 16, 21, 22, 28, 31, 32, 41, 42	4	10
		Physically pressured	7, 9, 14, 17, 20, 23, 29 , 34, 37, 38, 43, 44	10	13
		Unable tocope	1, 2, 18, 19, 24, 25, 30, 35, 39	11	10
TOTAL			**36**	**9**	**45**

Stress is a disorder of the body and mind caused by the changes and demands of life which is also an inability to cope with the threats faced by the mental, physical, emotional, and spiritual of humans, which at one time can affect the human physical condition(Fink, 2016).

Stress can be viewed in two ways, as positive (eustress) and negative stress (distress). Positive stress (eustress) is associated with goal-orientated behavior. Eustress promotes positive striving and emotions, which leads to good health, stimulates people and produces positive outcomes(Li et al., 2016). While individual with distress would experience negativeemotions and physiologically measurable adverse effects onphysical levels, such as most of the psychosomatic phenomena(Bienertova-Vasku et al., 2020).

Blueprint of Anxiety Questionnaire (Adwas et al, 2019)

No	Dimension	Indicator	No of Statement		Total Number
			Positive	Negative	
1	Environment	Insecure experiences from family	30, 35	39, 48, 49	5
		Insecure experiences from friend,	2, 24, 26	28, 29, 51	6
		Insecure experiences from co-workers	21, 27	40, 46	4
2	Repressed Emotions	Problem in Personal relationship	3, 4, 11, 15, 18	31, 42, 44, 52	9
		Surpressed Anger	5, 6, 10, 14	22, 33, 37	7
		Unable to find a way out	1, 9, 13,	34, 38	5
3	Physical Cause	pregnancy during adolescence, puberty	8, 12, 16, 17, 19, 20, 23,	25, 36, 45, 47, 50, 54	13
		exposed to a disease	7, 32, 41,	43, 53, 55	6
TOTAL			**29**	**26**	**55**

Anxiety is defined as a condition when a person must avoid a condition that is considered a threat, but the person is required to face the condition so that people feel which include panic disorder, agoraphobia, generalized anxiety disorder, specific phobia, social phobia, obsessive-compulsive disorder, acute stress disorder, and post-traumatic stress disorder which raises a warning of dangers that can threaten them so that it can be seen that anxiety has a positive function for an individual. (Knapp et al., 2016)

According to Adwas et al., (2019) there are several factors that show an anxiety reaction, including:

a) Environment

The environment or surroundings of the place of residence affect the way individuals think about themselves and others. This is due to unpleasant

experiences for individuals with family, friends, or with co-workers. So that the individual feels insecure about his environment.

b) Repressed Emotions

Anxiety can occur if the individual is unable to find a way out for his own feelings in this personal relationship, especially if he suppresses anger or frustration for a very long time.

c) Physical Causes

The mind and body are constantly interacting and can cause anxiety. This is seen in conditions such as pregnancy during adolescence and when exposed to a disease. During these conditions, mood swings are common, and these can cause anxiety.

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Blueprint of Motivation Questionnaire(Palopo & Ahyani, 2022)

No	Dimension	Indicator	No. Of Statement		Total number
			Positive	Negative	
1	Intrinsic	There is loss and the desire to succeed	12, 14, 16, 30, 44, 45	25, 27	8
		There is a drive and need to learn	10, 11, 29	15, 18, 26	6
		There are hopes or aspirations for the future	8, 9, 17, 31, 32, 33, 34, 35, 36, 37	13, 28, 40, 41, 42	15
2	Extrinsic	There is an appreciation in learning	7, 20	19	3
		There are interesting activities in learning	1, 2, 5, 6	3, 4	6
		There is a conducive learning environment	21, 24, 38, 43	22, 23, 39	7
TOTAL			**29**	**16**	**45**

According to Hilgard (1983) achievement motivation is defined as a social motive in carrying out something that is considered important or valuable properly and perfectly in order to be sufficient to support the excellence of what everyone does which exist in a person that guarantees continuity, generates and shares the meaning of learning activities, so that the expected goals can be achieved

There are 2 kinds of motivations such as intrinsic motivation and extrinsic motivation. Intrinsic motivation is motives that become active without outside stimulation, for in each individual there is already an impulse to do something. The urge to learn comes with a need, which contains the need to bean informed and well-educated person which means, intrinsic motivation arises based on awareness of essential purpose, a just attribute, and ceremonial purpose. Meanwhile, extrinsic motivations are active as a result of external stimuli. Such teaching motivations are extrinsic when learners place the purpose of learning outside the learning situation.

For example to achieve high Numbers, titles, honor, and so forth(Palopo & Ahyani, 2022)

Appendix 2. Instrument

No.	Characteristics	Indicators	Statements
1.	Sociability	Having high or low adaptability towards new environment.	1. I love to meet new people or a new environment.
			2. I can keep up with new envir easily.
			3. I feel comfortable and excit new environment.
		Loving to socialize himself or herself among the society.	4. I love being in a crow surrounded by a lot of people
			5. I can socialize myself well the society.
		Having a good or bad social interaction.	6. I have good social interacti rarely in conflict with colleag
2.	Impulsivity	Finishing the task without re-checking it.	7. I believe on my works and su as soon as possible.
			8. I prefer to submit my work and on time even it is not as d possible,
			9. I always re-check my work submitting it.
		Thinking first before act.	10. I always think the risk or plan everything that I w properly.
		Believing the intuition rather than thinking logically.	11. I believe my intuition and without considering the facts
		Solving problem logically and mindfulness.	12. I solve the problem by find information and considering logically.
3.	Exploration and Change	Being curious for a new place, experience, or something.	13. I am being attracting by son new easily.
			14. I curious for something new
		Exploring a phenomenon or an issue.	15. I am always excited to ex phenomenon or an issue,
		Exploring new learning experience.	16. I love exploring a new l experience.

		Loving to trial or examine a new trend	17. I am interested on a new tren
			18. I love to try or examine a new
4.	Sympathy	Comprehending the learning process.	19. I understand the learning pro
		Sympathizing to people's experiences or calamity.	20. I sympathize to my friend experience calamity.
			21. I sympathize to others' fe sadness or happiness.
		Feeling sensitive to others' emotions, judgements, or problems easily.	22. I can be very sensitive when show their emotion to me.
			23. I can be very sensitive when judge me or give any comm suggestion about me.
			24. I solve a problem sensitively.
5.	Emotional Expression	Expressing the happiness or sadness easily.	25. I express my feelings; sadn happiness easily.
		Reacting to a phenomenon, issue, or problem easily.	26. I can be distracted phenomenon, issue, or p easily.
			27. I react to a phenomenon, is problem easily.
		Sharing the emotion easily to new people or friend.	28. I share the emotion easily people or friend.
6.	Introspection	Doing a reflection after doing an activity or joining the learning process.	29. I do reflection about my w learning process.
		Evaluating ourselves about something happened.	30. I always evaluate myself something happened.
7.	Intellectuality	Loving practical activity instead of theoretical activity.	31. I prefer theory rather than pra
		Loving theoretical activity instead practical ability.	32. I prefer practice rather than t
		Preferring collaborative project.	33. I prefer work in grou collaborative project.
		Preferring individual project.	34. I prefer individual project than group project.
		Feeling exciting for the assignments or tests.	35. I am always excited for assig and tests given by the teacher
8.	Orderliness	Managing the tasks or assignments well.	36. I always organize the ta assignments.
		Scheduling the times.	37. I always manage my le process by scheduling the de and subjects orderly.
		Having list to do.	38. I have list to do in my ro handphone to remind me ab

			schedule.
		Ordering the things on your desk or wardrobe for being tidy and neat.	39. I love to organize my d wardrobe by ordering the based on colors, shapes, or s make them neat and tidy.

Introverted students

No	Stress	Mild Stress	Moderate Stress	Heavy Stress
1	I feel that I get angry over trivial things. (Saya merasa bahwa saya marah karena hal-hal sepele)	7	45	-
2	I tend to overreact to situations. (Saya cenderung bereaksi berlebihan terhadap situasi).	5	47	-
3	I find it difficult to relax. (Saya merasa sulit untuk bersantai)	45	7	-
4	I do not find myself getting irritated easily. (Saya tidak menemukan diri saya mudah tersinggung).	42	10	-
5	I do not feel that I have expended a lot of energy worrying (Saya tidak merasa bahwa saya telah menghabiskan banyak energi untuk mengkhawatirkan sesuatu)	43	9	-
6	I find myself getting impatient when I experience delays (Saya menemukan diri saya menjadi tidak sabar ketika saya mengalami penundaan)	4	48	-
7	I feel that I am easily offended. (Saya merasa bahwa saya mudah tersinggung).	3	49	-
8	I do not find it difficult to rest. (Saya tidak merasa sulit untuk beristirahat).	50	2	-
9	I feel that I am very irritable. (Saya merasa bahwa saya sangat mudah tersinggung).	12	40	-
10	I find it difficult to calm down after something has upset me. (Saya merasa sulit untuk tenang setelah sesuatu membuat saya kesal).	10	42	-
11	I do not find it difficult to be patient in the face of interruptions in what I am doing. (Saya tidak merasa sulit untuk bersabar menghadapi interupsi dalam apa yang saya lakukan).	50	2	-
12	I am feeling restless. Saya (merasa gelisah).	45	7	-
13	I can't put up with anything that prevents me from finishing what I'm doing. (Saya tidak tahan dengan apa pun yang mencegah saya menyelesaikan apa yang saya lakukan).	7	45	-
14	I find myself easily agitated. (Saya menemukan diri saya mudah gelisah).	46	6	-
15	I feel that I get angry over trivial things. (Saya merasa bahwa diri saya menjadi marah karena hal-hal sepele).	4	48	-
16	I tend to overreact to situations. (Saya cenderung bereaksi berlebihan terhadap suatu situasi).	5	47	-
17	I find it hard to relax. (Saya merasa sulit untuk bersantai).	45	7	-
18	I find myself easily irritated.(Saya menemukan diri saya mudah merasa kesal).	34	18	-
19	I feel like I have expended a lot of energy worrying. (Saya merasa telah menghabiskan banyak energi untuk merasa cemas).	43	9	-
20	I find myself getting impatient when I am delayed (Saya merasa diri saya menjadi tidak sabar ketika mengalami penundaan)	5	47	-

21	I find myself getting impatient) (Saya merasa bahwa saya mudah tersinggung).	5	47	-
22	I find myself difficult to take a rest) (Saya merasa sulit untuk beristirahat).	4	48	-
23	I feel that I get angry very easily. (Saya merasa bahwa saya sangat mudah marah).	34	18	-
24	I find difficult to be calm after something makes me upset (Saya merasa sulit untuk tenang setelah sesuatu membuat saya kesal).	20	32	-
25	I find it difficult to be patient in the face of interruptions in what I am doing. (Saya sulit untuk sabar dalam menghadapi gangguan terhadap hal yang sedang saya lakukan).	10	42	-
26	I am feeling restless. (Saya sedang merasa gelisah).	9	43	-
27	I can't afford anything to stop me from finishing what I'm doing. (Saya tidak dapat memaklumi hal apapun yang menghalangi saya untuk menyelesaikan hal yang sedang saya lakukan).	3	49	-
28	I find myself easily agitated (Saya merasa diri saya mudah gelisah)	32	20	-
29	I feel uncomfortable that lectures are too long and have a lot of assignments so I feel tired and it's hard to sleep (Saya merasa tidak nyaman jika pembelajaran terlalu lama dan banyak tugas sehingga saya merasa lelah dan sulit untuk tidur)	5	46	1
30	I feel uncomfortable because the temperature in the classroom is unstable, which disrupts the learning process (Saya merasa tidak nyaman karena suhu ruangan kelas tidak menentu sehingga mengganggu proses pembelajaran)	27	25	-
31	I feel uncomfortable when I have to look for references in English (Saya merasa tidak nyaman ketika saya harus mencari referensi dalam bahasa inggris)	30	22	-
32	I feel uncomfortable when my classmates are noisy and affect the class situation (Saya merasa tidak nyaman ketika teman sekelas saya bising dan mempengaruhi situasi kelas)	25	27	-
33	I feel uncomfortable when I can't concentrate in class (Saya merasa tidak nyaman ketika tidak dapat berkonsentrasi di dalam kelas)	28	24	-
34	I feel uncomfortable when I don't understand the material given and I'm embarrassed to ask questions for fear of being laughed at (Saya merasa tidak nyaman ketika materi yang diberikan tidak saya mengerti dan saya malu bertanya karena takut ditertawakan)	30	22	-
35	I feel uncomfortable when I cannot manage time between organizational and academic activities (Saya merasa tidak nyaman ketika tidak dapat mengatur waktu antara kegiatan organisasi dan akademik)	20	32	-
36	I am very uncomfortable when my academic results do not meet my parents' expectations (Saya sangat tidak nyaman ketika hasil akademik saya tidak sesuai dengan pengharapan orang tua)	22	29	1
37	I feel less frustrated and afraid in doing the task (saya merasa kurang frustasi dan takut dalam mengerjakan tugas)	21	31	-
38	I feel that I get angry over trivial things. (Saya merasa bahwa diri saya menjadi marah karena hal-hal sepele).	20	32	-
39	I tend to overreact to situations. (Saya cenderung bereaksi berlebihan terhadap suatu situasi).	18	34	-
40	I find it hard to relax. (Saya merasa sulit untuk bersantai).	27	25	-
41	I find myself throwing out my emotions easily (Saya menemukan diri saya mudah melontarkan emosi saya)	24	28	-
42	I feel like I've wasted a lot of energy on unnecessary thoughts that are actually stressful (Saya merasa telah menghabiskan banyak energi untuk berpikir yang tidak perlu yang malah membuat stress)	20	32	-

43	I find myself confused and panicked when I get stuck (Saya merasa diri saya kebingungan dan panik ketika mengalami kebuntuan)	10	42	-
44	I feel that people think I am easily offended. (Saya merasa bahwa orang mengganggap saya gampang tersinggung).	20	32	-
45	I find difficulty in deciding break time (Saya kesusahan menentukan jam untuk beristirahat).	38	14	-
Total		1007	1331	2

Extroverted students

No	Stress	Mild Stress	Moderate Stress	Heavy Stress
1	I feel that I get angry over trivial things. (Saya merasa bahwa saya marah karena hal-hal sepele)	8	46	-
2	I tend to overreact to situations. (Saya cenderung bereaksi berlebihan terhadap situasi).	6	46	-
3	I find it difficult to relax. (Saya merasa sulit untuk bersantai)	44	8	-
4	I do not find myself getting irritated easily. (Saya tidak menemukan diri saya mudah tersinggung).	40	12	-
5	I do not feel that I have expended a lot of energy worrying (Saya tidak merasa bahwa saya telah menghabiskan banyak energi untuk mengkhawatirkan sesuatu)	41	11	-
6	I find myself getting impatient when I experience delays (Saya menemukan diri saya menjadi tidak sabar ketika saya mengalami penundaan)	2	50	-
7	I feel that I am easily offended. (Saya merasa bahwa saya mudah tersinggung).	7	45	-
8	I do not find it difficult to rest. (Saya tidak merasa sulit untuk beristirahat).	32	20	-
9	I feel that I am very irritable. (Saya merasa bahwa saya sangat mudah tersinggung).	20	32	-
10	I find it difficult to calm down after something has upset me. (Saya merasa sulit untuk tenang setelah sesuatu membuat saya kesal).	15	37	-
11	I do not find it difficult to be patient in the face of interruptions in what I am doing. (Saya tidak merasa sulit untuk bersabar menghadapi interupsi dalam apa yang saya lakukan).	40	12	-
12	I am feeling restless. (Saya merasa gelisah).	45	7	-
13	I can't put up with anything that prevents me from finishing what I'm doing. (Saya tidak tahan dengan apa pun yang mencegah saya menyelesaikan apa yang saya lakukan).	12	40	-
14	I find myself easily agitated. (Saya menemukan diri saya mudah gelisah).	38	14	-
15	I feel that I get angry over trivial things. (Saya merasa bahwa diri saya menjadi marah karena hal-hal sepele).	6	46	-
16	I tend to overreact to situations. (Saya cenderung bereaksi berlebihan terhadap suatu situasi).	13	39	-
17	I find it hard to relax. (Saya merasa sulit untuk bersantai).	38	14	-
18	I find myself easily irritated.(Saya menemukan diri saya mudah merasa kesal).	28	24	-
19	I feel like I have expended a lot of energy worrying. (Saya merasa telah menghabiskan banyak energi untuk merasa cemas).	38	14	-
20	I find myself getting impatient when I am delayed (Saya merasa diri saya menjadi tidak sabar ketika mengalami penundaan)	11	41	-

21	I find myself getting impatient) (Saya merasa bahwa saya mudah tersinggung).	9	43	-
22	I find myself difficult to take a rest) (Saya merasa sulit untuk beristirahat).	11	41	-
23	I feel that I get angry very easily. (Saya merasa bahwa saya sangat mudah marah).	29	23	-
24	I find difficult to be calm after something makes me upset (Saya merasa sulit untuk tenang setelah sesuatu membuat saya kesal).	12	40	-
25	I find it difficult to be patient in the face of interruptions in what I am doing. (Saya sulit untuk sabar dalam menghadapi gangguan terhadap hal yang sedang saya lakukan).	18	34	-
26	I am feeling restless. (Saya sedang merasa gelisah).	13	39	-
27	I can't afford anything to stop me from finishing what I'm doing. (Saya tidak dapat memaklumi hal apapun yang menghalangi saya untuk menyelesaikan hal yang sedang saya lakukan).	7	35	-
28	I find myself easily agitated (Saya merasa diri saya mudah gelisah)	33	19	-
29	I feel uncomfortable that lectures are too long and have a lot of assignments so I feel tired and it's hard to sleep (Saya merasa tidak nyaman jika pembelajaran terlalu lama dan banyak tugas sehingga saya merasa lelah dan sulit untuk tidur)	15	35	-
30	I feel uncomfortable because the temperature in the classroom is unstable, which disrupts the learning process (Saya merasa tidak nyaman karena suhu ruangan kelas tidak menentu sehingga mengganggu proses pembelajaran)	32	20	-
31	I feel uncomfortable when I have to look for references in English (Saya merasa tidak nyaman ketika saya harus mencari referensi dalam bahasa inggris)	42	10	-
32	I feel uncomfortable when my classmates are noisy and affect the class situation (Saya merasa tidak nyaman ketika teman sekelas saya bising dan mempengaruhi situasi kelas)	25	27	-
33	I feel uncomfortable when I can't concentrate in class (Saya merasa tidak nyaman ketika tidak dapat berkonsentrasi di dalam kelas)	28	24	-
34	I feel uncomfortable when I don't understand the material given and I'm embarrassed to ask questions for fear of being laughed at (Saya merasa tidak nyaman ketika materi yang diberikan tidak saya mengerti dan saya malu bertanya karena takut ditertawakan)	27	25	-
35	I feel uncomfortable when I cannot manage time between organizational and academic activities (Saya merasa tidak nyaman ketika tidak dapat mengatur waktu antara kegiatan organisasi dan akademik)	18	34	-
36	I am very uncomfortable when my academic results do not meet my parents' expectations (Saya sangat tidak nyaman ketika hasil akademik saya tidak sesuai dengan pengharapan orang tua)	15	37	-
37	I feel less frustrated and afraid in doing the task (saya merasa kurang frustasi dan takut dalam mengerjakan tugas)	10	42	-
38	I feel that I get angry over trivial things. (Saya merasa bahwa diri saya menjadi marah karena hal-hal sepele).	14	38	-
39	I tend to overreact to situations. (Saya cenderung bereaksi berlebihan terhadap suatu situasi).	16	36	-
40	I find it hard to relax. (Saya merasa sulit untuk bersantai).	14	38	-
41	I find myself throwing out my emotions easily (Saya menemukan diri saya mudah melontarkan emosi saya)	23	29	-
42	I feel like I've wasted a lot of energy on unnecessary thoughts that are actually stressful (Saya merasa telah menghabiskan banyak energi untuk berpikir yang tidak perlu yang malah membuat stress)	16	36	-

43	I find myself confused and panicked when I get stuck (Saya merasa diri saya kebingungan dan panik ketika mengalami kebuntuan)	12	40	-
44	I feel that people think I am easily offended. (Saya merasa bahwa orang mengganggap saya gampang tersinggung).	30	22	-
45	I find difficulty in deciding break time (Saya kesusahan menentukan jam untuk beristirahat).	28	24	-
Total		981	1349	-

Introverted students

	Anxiety	**Mild**	**Moderate**	**Severe**	**Panic**
1	Do you often crave excitement? (Apakah anda sering mendambakan kegembiraan?)	45	7	-	-
2	Do you often need understanding friends to comfort you? (Apakah Anda sering membutuhkan teman yang pengertian untuk menghibur Anda?)	46	6	-	-
3	Are you usually light-hearted? (Apakah Anda biasanya periang?)	43	9	-	-
4	Is it difficult for you to refuse a request? (Apakah sulit bagi Anda untuk menolak permintaan?)	45	7	-	-
5	Do you think for a moment before doing something? (Apakah Anda berpikir sejenak sebelum melakukan sesuatu?)	40	12	-	-
6	If you have said you will do something, do you always do it no matter how hard it is to do it? (Jika Anda telah mengatakan akan melakukan sesuatu, apakah Anda selalu melakukannya tidak peduli betapa sulitnya melakukannya?)	42	10	-	-
7	Do you often have mood swings caused of disease?(Apakah Anda sering mengalami perubahan suasana hati yang disebabkan oleh penyakit?)	40	7	3	2
8	Do you usually say something quickly, without thinking it over?(Apakah Anda biasanya mengatakan sesuatu dengan cepat, tanpa memikirkannya?)	48	4	-	-
9	Have you ever felt down for no apparent reason? (Pernahkah Anda merasa down tanpa alasan yang jelas?)	48	2	2	-
10	Are you willing to try almost anything to try your courage?(Apakah Anda bersedia mencoba hampir semua hal untuk menguji keberanian Anda?)	43	6	3	-
11	Do you suddenly feel embarrassed if you want to talk to a sympathetic person you don't know?(Apakah Anda tiba-tiba merasa malu jika ingin berbicara dengan orang simpatik yang tidak Anda kenal?)	46	6	-	-
12	Have you ever been unable to control your anger because of immaturity? (Pernahkah Anda tidak dapat mengendalikan amarah Anda karena ketidakdewasaan?)	48	3	1	-
13	Do you often do it suddenly? (Apakah Anda sering melakukannya secara tiba-tiba?)	49	3	-	-
14	Do you often worry about what you are not allowed to do or say?(Apakah Anda sering khawatir tentang apa yang tidak boleh Anda lakukan atau katakan?)	44	8	-	-
15	Do you generally prefer reading to socializing with lots of people? (Apakah Anda biasanya lebih suka membaca daripada bersosialisasi dengan banyak orang?)	45	7	-	-

16	Are your feelings somewhat irritable?(Apakah perasaan Anda agak mudah tersinggung?	43	9	-	-
17	Do you like to travel a lot? (Apakah Anda suka bepergian?)	34	18	-	-
18	Do you sometimes have thoughts or ideas that you don't want other people to know?(Apakah Anda terkadang memiliki pemikiran atau ide yang tidak ingin diketahui orang lain?)	45	7	-	-
19	Are you sometimes very excited and sometimes very sluggish?(Apakah Anda terkadang sangat bersemangat dan terkadang sangat lamban?)	49	3	-	-
20	Do you often daydream? (Apakah Anda sering melamun?)	47	5	-	-
21	Would you yell if your co-workers yelled at you? (Apakah Anda akan berteriak jika rekan kerja Anda membentak Anda?)	40	12	-	-
22	Are not you often bothered by feelings of guilt?(Apakah Anda sering terganggu oleh perasaan bersalah?)	49	3	-	-
23	Are all of your habits good and worth having?(Apakah semua kebiasaan Anda baik dan berharga?)	40	12	-	-
24	Do you usually have fun at a big party? (Apakah Anda biasanya bersenang-senang di pesta besar?)	48	4	-	-
25	Do not you consider yourself tense?(Apakah Anda tidak menganggap diri Anda tegang?)	46	6	-	-
26	Do other friend think you are a lively person? (Apakah teman-teman lain menganggap Anda orang yang hidup?)	47	5	-	-
27	After you have done an important job, do you often feel you could have done it better?(Setelah Anda melakukan pekerjaan penting, apakah Anda sering merasa bisa melakukannya dengan lebih baik?)	48	4	-	-
28	Are not you mostly silent when you are with other friend? (Bukankah kamu kebanyakan diam saat bersama teman-teman lain?)	43	9	-	-
29	Do not you sometimes gossip with friend? (Bukankah Anda terkadang bergosip dengan teman?)	44	8	-	-
30	Are you unable to sleep because of the problems of the family that you are thinking about?(Apakah Anda tidak bisa tidur karena masalah keluarga yang sedang Anda pikirkan?)	44	8	-	-
31	If you like to know something, would not you rather look it up in a book than ask someone? (Jika Anda ingin mengetahui sesuatu, bukankah Anda lebih suka mencarinya di buku daripada bertanya kepada seseorang?)	43	9	-	-
32	Does your heart often have palpitations? (Apakah jantung Anda sering berdebar-debar?)	23	29	-	-
33	Do not you like the kind of work that requires your concentration? (Apakah Anda tidak menyukai jenis pekerjaan yang membutuhkan konsentrasi Anda?)	40	12	-	-
34	Do not you always answer a personal letter immediately after reading it? (Bukankah Anda selalu menjawab surat pribadi segera setelah membacanya?)	42	10	-	-
35	Don't you like hanging out with family who make fun of each other?(Apakah Anda tidak suka bergaul dengan keluarga yang saling mengolok-olok?)	34	18	-	-

36	Are not you a person who is easily offended?(Bukankah Anda orang yang mudah tersinggung?)	44	8	-	-
37	Do not you like jobs that require speed of action? (Apakah Anda tidak menyukai pekerjaan yang membutuhkan kecepatan tindakan?)	46	6	-	-
38	Do not you worry about the possibility of unpleasant things happening? (Apakah Anda tidak khawatir tentang kemungkinan hal-hal yang tidak menyenangkan terjadi?)	42	10	-	-
39	Are not you someone who is slow and unhurried in your family? (Bukankah Anda seseorang yang lamban dan tidak tergesa-gesa dalam keluarga Anda?)	45	7	-	-
40	Have not you ever been late for an appointment or work? (Pernahkah Anda terlambat untuk janji atau pekerjaan?)	39	13	-	-
41	Do you often have scary dreams? (Apakah Anda sering mengalami mimpi yang menakutkan?	46	6	-	-
42	Do not you like to chat in such a way that you take every opportunity to chat with anyone? (Tidakkah Anda suka mengobrol sedemikian rupa sehingga Anda mengambil setiap kesempatan untuk mengobrol dengan siapa pun?)	40	12	-	-
43	Are not you bothered by feelings of sickness or pain? (Apakah Anda tidak terganggu oleh perasaan sakit atau sakit?)	38	14	-	-
44	Would not you be very upset if you could not meet people for a long time? (Tidakkah Anda akan sangat kesal jika Anda tidak bisa bertemu orang untuk waktu yang lama?)	47	5	-	-
45	Do not you consider yourself a nervous person? (Tidakkah Anda menganggap diri Anda orang yang gugup?)	49	3	-	-
46	Of all your acquaintances, are not there any that you really dislike? (Dari semua kenalan Anda, apakah tidak ada yang benar-benar tidak Anda sukai?)	38	14	-	-
47	Are not you someone who has enough self-confidence? (Bukankah Anda seseorang yang memiliki kepercayaan diri yang cukup?)	46	6	-	-
48	Are not you easily offended when family criticize you or your work? (Apakah Anda tidak mudah tersinggung ketika keluarga Anda mengkritik Anda atau pekerjaan Anda?)	38	14	-	-
49	Is not it difficult to share and to be truly happy with family at a festive party? (Bukankah sulit untuk berbagi dan benar-benar bahagia bersama keluarga di pesta yang meriah?)	43	9	-	-
50	Are not you bothered by feelings of inferiority? (Apakah Anda tidak terganggu oleh perasaan rendah diri?)	46	6	-	-
51	Cannot you make a boring party a bit loud or lively to your friend? (Tidak bisakah Anda membuat pesta yang membosankan sedikit keras atau hidup untuk teman Anda?)	42	10	-	-
52	Do not you sometimes talk about things you don't know about? (Bukankah terkadang Anda berbicara tentang hal-hal yang tidak Anda ketahui?)	40	12	-	-

53	Are not you worried about your health? (Apakah Anda tidak khawatir tentang kesehatan Anda?)	39	13	-	-
54	Do not you like to make fun of other people. (Apakah Anda tidak suka mengolok-olok orang lain?)	49	3	-	-
55	Do not you have trouble sleeping? (Apakah Anda tidak kesulitan tidur?)	23	29	-	-
Total		2361	488	9	2

Extroverted students

	Anxiety	**Mild**	**Moderate**	**Severe**	**Panic**
1	Do you often crave excitement? (Apakah anda sering mendambakan kegembiraan?)	38	4	-	-
2	Do you often need understanding friends to comfort you? (Apakah Anda sering membutuhkan teman yang pengertian untuk menghibur Anda?)	36	16	-	-
3	Are you usually light-hearted? (Apakah Anda biasanya periang?)	38	14	-	-
4	Is it difficult for you to refuse a request? (Apakah sulit bagi Anda untuk menolak permintaan?)	30	22	-	-
5	Do you think for a moment before doing something? (Apakah Anda berpikir sejenak sebelum melakukan sesuatu?)	26	26	-	-
6	If you have said you will do something, do you always do it no matter how hard it is to do it? (Jika Anda telah mengatakan akan melakukan sesuatu, apakah Anda selalu melakukannya tidak peduli betapa sulitnya melakukannya?)	38	14	-	-
7	Do you often have mood swings caused of disease?(Apakah Anda sering mengalami perubahan suasana hati yang disebabkan oleh penyakit?)	50	2	-	-
8	Do you usually say something quickly, without thinking it over?(Apakah Anda biasanya mengatakan sesuatu dengan cepat, tanpa memikirkannya?)	36	16	-	-
9	Have you ever felt down for no apparent reason? (Pernahkah Anda merasa down tanpa alasan yang jelas?)	37	5	-	-
10	Are you willing to try almost anything to try your courage?(Apakah Anda bersedia mencoba hampir semua hal untuk menguji keberanian Anda?)	41	11	-	-
11	Do you suddenly feel embarrassed if you want to talk to a sympathetic person you don't know?(Apakah Anda tiba-tiba merasa malu jika ingin berbicara dengan orang simpatik yang tidak Anda kenal?)	47	5	-	-
12	Have you ever been unable to control your anger because of immaturity? (Pernahkah Anda tidak dapat mengendalikan amarah Anda karena ketidakdewasaan?)	32	20	-	-
13	Do you often do it suddenly? (Apakah Anda sering melakukannya secara tiba-tiba?)	43	9	-	-

14	Do you often worry about what you are not allowed to do or say?(Apakah Anda sering khawatir tentang apa yang tidak boleh Anda lakukan atau katakan?)	38	14	-	-
15	Do you generally prefer reading to socializing with lots of people? (Apakah Anda biasanya lebih suka membaca daripada bersosialisasi dengan banyak orang?)	41	11	-	-
16	Are your feelings somewhat irritable?(Apakah perasaan Anda agak mudah tersinggung?	43	9	-	-
17	Do you like to travel a lot? (Apakah Anda suka bepergian?)	38	14	-	-
18	Do you sometimes have thoughts or ideas that you don't want other people to know?(Apakah Anda terkadang memiliki pemikiran atau ide yang tidak ingin diketahui orang lain?)	40	12	-	-
19	Are you sometimes very excited and sometimes very sluggish?(Apakah Anda terkadang sangat bersemangat dan terkadang sangat lamban?)	34	18	-	-
20	Do you often daydream? (Apakah Anda sering melamun?)	36	16	-	-
21	Would you yell if your co-workers yelled at you? (Apakah Anda akan berteriak jika rekan kerja Anda membentak Anda?)	40	12	-	-
22	Are not you often bothered by feelings of guilt?(Apakah Anda sering terganggu oleh perasaan bersalah?)	48	4	-	-
23	Are all of your habits good and worth having?(Apakah semua kebiasaan Anda baik dan berharga?)	28	24	-	-
24	Do you usually have fun at a big party? (Apakah Anda biasanya bersenang-senang di pesta besar?)	38	14	-	-
25	Do not you consider yourself tense?(Apakah Anda tidak menganggap diri Anda tegang?)	46	6	-	-
26	Do other friend think you are a lively person? (Apakah teman-teman lain menganggap Anda orang yang hidup?)	40	12	-	-
27	After you have done an important job, do you often feel you could have done it better?(Setelah Anda melakukan pekerjaan penting, apakah Anda sering merasa bisa melakukannya dengan lebih baik?)	45	7	-	-
28	Are not you mostly silent when you are with other friend? (Bukankah kamu kebanyakan diam saat bersama teman-teman lain?)	37	17	-	-
29	Do not you sometimes gossip with friend? (Bukankah Anda terkadang bergosip dengan teman?)	44	8	-	-
30	Are you unable to sleep because of the problems of the family that you are thinking about?(Apakah Anda tidak bisa tidur karena masalah keluarga yang sedang Anda pikirkan?)	48	4	-	-
31	If you like to know something, would not you rather look it up in a book than ask someone? (Jika Anda ingin mengetahui sesuatu, bukankah Anda lebih suka mencarinya di buku daripada bertanya kepada seseorang?)	39	13	-	-
32	Does your heart often have palpitations? (Apakah jantung Anda sering berdebar-debar?)	27	25	-	-
33	Do not you like the kind of work that requires your concentration? (Apakah Anda tidak menyukai jenis pekerjaan yang membutuhkan konsentrasi Anda?)	39	13	-	-

34	Do not you always answer a personal letter immediately after reading it? (Bukankah Anda selalu menjawab surat pribadi segera setelah membacanya?)	40	12	-	-
35	Don't you like hanging out with family who make fun of each other?(Apakah Anda tidak suka bergaul dengan keluarga yang saling mengolok-olok?)	29	23	-	-
36	Are not you a person who is easily offended?(Bukankah Anda orang yang mudah tersinggung?)	44	8	-	-
37	Do not you like jobs that require speed of action? (Apakah Anda tidak menyukai pekerjaan yang membutuhkan kecepatan tindakan?)	40	12	-	-
38	Do not you worry about the possibility of unpleasant things happening? (Apakah Anda tidak khawatir tentang kemungkinan hal-hal yang tidak menyenangkan terjadi?)	44	18	-	-
39	Are not you someone who is slow and unhurried in your family? (Bukankah Anda seseorang yang lamban dan tidak tergesa-gesa dalam keluarga Anda?)	40	12	-	-
40	Have not you ever been late for an appointment or work? (Pernahkah Anda terlambat untuk janji atau pekerjaan?)	39	13	-	-
41	Do you often have scary dreams? (Apakah Anda sering mengalami mimpi yang menakutkan?	44	18	-	-
42	Do not you like to chat in such a way that you take every opportunity to chat with anyone? (Tidakkah Anda suka mengobrol sedemikian rupa sehingga Anda mengambil setiap kesempatan untuk mengobrol dengan siapa pun?)	45	7	-	-
43	Are not you bothered by feelings of sickness or pain? (Apakah Anda tidak terganggu oleh perasaan sakit atau sakit?)	30	22	-	-
44	Would not you be very upset if you could not meet people for a long time? (Tidakkah Anda akan sangat kesal jika Anda tidak bisa bertemu orang untuk waktu yang lama?)	45	7	-	-
45	Do not you consider yourself a nervous person? (Tidakkah Anda menganggap diri Anda orang yang gugup?)	49	3	-	-
46	Of all your acquaintances, are not there any that you really dislike? (Dari semua kenalan Anda, apakah tidak ada yang benar-benar tidak Anda sukai?)	29	23	-	-
47	Are not you someone who has enough self-confidence? (Bukankah Anda seseorang yang memiliki kepercayaan diri yang cukup?)	45	7	-	-
48	Are not you easily offended when family criticize you or your work? (Apakah Anda tidak mudah tersinggung ketika keluarga Anda mengkritik Anda atau pekerjaan Anda?)	29	23	-	-
49	Is not it difficult to share and to be truly happy with family at a festive party? (Bukankah sulit untuk berbagi dan benar-benar bahagia bersama keluarga di pesta yang meriah?)	43	9	-	-
50	Are not you bothered by feelings of inferiority? (Apakah Anda tidak terganggu oleh perasaan rendah diri?)	40	12	-	-

51	Cannot you make a boring party a bit loud or lively to your friend? (Tidak bisakah Anda membuat pesta yang membosankan sedikit keras atau hidup untuk teman Anda?)	38	14	-	-
52	Do not you sometimes talk about things you don't know about? (Bukankah terkadang Anda berbicara tentang hal-hal yang tidak Anda ketahui?)	40	12	-	-
53	Are not you worried about your health? (Apakah Anda tidak khawatir tentang kesehatan Anda?)	30	22	-	-
54	Do not you like to make fun of other people. (Apakah Anda tidak suka mengolok-olok orang lain?)	48	4	-	-
55	Do not you have trouble sleeping? (Apakah Anda tidak kesulitan tidur?)	38	14	-	-
Total		2150	712	-	-

Introverted students

No	Motivation	Low	High
1	I really enjoy doing activities in English class (saya sangat menikmati kelas Bahasa Inggris)	34	18
2	English class is a very fun class. (kelas Bahasa imggris sangat lucu)	36	16
3	I think English is a boring class. (saya [piker kelas Bahasa inggris membosankan)	30	22
4	English class doesn't interest me at all. (kelas Bahasa inggris tidak membuatr saya tertarik sama sekali)	34	18
5	I can say that the English class is very interesting. (saya bisa bilang bahwa kelas Bahasa Inggris adalah kelas yang menarik)	36	37
6	I think that English class is quite fun. (saya piker kelas Bahasa inggris cukup lucu)	28	24
7	When I do activities in English class, I think about how much I enjoyed them (ketika saya melakukan aktivitas di kelas Bahasa inggris, saya berpikir bagaimana membuat nyaman mereka).	35	17
8	I think that I am pretty good in English class (saya piker saya cukup bagus di kelas Bahasa Inggris).	28	24
9	I think I do quite well in English class, compared to other students (Saya pikir saya melakukannya dengan cukup baik di kelas bahasa Inggris, dibandingkan dengan siswa lain).	30	22
10	After working on English class activities I feel very competent (Setelah mengerjakan kegiatan kelas Bahasa Inggris saya merasa sangat kompeten)	26	26
11	i am satisfied with my performance in English class (Saya puas dengan penampilan saya di kelas bahasa Inggris.).	28	24
12	I am quite proficient in English class activities (Saya cukup mahir dalam kegiatan kelas bahasa Inggris).	34	18

13	Activities in English class are activities that I cannot do well (Aktivitas di kelas bahasa Inggris adalah aktivitas yang tidak bisa saya lakukan dengan baik).	38	14
14	I strive for English class(Saya berusaha keras untuk kelas bahasa Inggris).	34	18
15	I don't try hard to do well in English class activities. (Saya tidak berusaha keras untuk melakukannya dengan baik dalam kegiatan kelas bahasa Inggris)	38	14
16	I try very hard for English class activities (Saya berusaha sangat keras untuk kegiatan kelas bahasa Inggris).	29	23
17	It is important for me to do well in my English class assignments. (Penting bagi saya untuk melakukannya dengan baik dalam tugas kelas bahasa Inggris saya)	28	24
18	I don't put a lot of energy into every activity in English class (Saya tidak mencurahkan banyak energi untuk setiap aktivitas di kelas bahasa Inggris.).	35	17
19	I don't feel nervous at all when doing activities in English class (Saya tidak merasa gugup sama sekali ketika melakukan kegiatan di kelas bahasa Inggris)	36	16
20	I feel very tense when doing activities in English class. (Saya merasa sangat tegang ketika melakukan kegiatan di kelas bahasa Inggris)	28	24
21	I am very relaxed in doing every activity in English class (Saya sangat santai dalam melakukan setiap kegiatan di kelas bahasa Inggris)	32	20
22	I feel anxious when doing assignments in English class(Saya merasa cemas ketika mengerjakan tugas di kelas bahasa Inggris)	33	19
23	I feel pressured when doing activities in English class (saya merasa tertekan ketika melakukan aktivitas di kelas Bahasa Inggris).	35	17
24	I believe I have the choice to do activities in English class(Saya percaya saya memiliki pilihan untuk melakukan kegiatan di kelas bahasa Inggris)	28	24
25	I feel like it is not my own choice to do English class activities (Saya merasa bukan pilihan saya sendiri untuk melakukan kegiatan kelas bahasa Inggris)	35	17
26	I have no other choice but to do assignments in English class (Saya tidak punya pilihan lain selain mengerjakan tugas di kelas bahasa Inggris)	28	24
27	I feel like I have to do activities in English class (Saya merasa harus melakukan aktivitas di kelas bahasa Inggris)	26	26
28	I do activities in English class because I have no choice. (Saya melakukan kegiatan di kelas bahasa Inggris karena saya tidak punya pilihan.)	35	17
29	I do English class activities because I want to.(Saya melakukan kegiatan kelas bahasa Inggris karena saya ingin.)	38	14
30	I do English class activities because I have to. (Saya melakukan kegiatan kelas bahasa Inggris karena saya harus).	36	16

31	I'm sure the activities in English class can be useful for me (Saya yakin kegiatan di kelas bahasa Inggris dapat bermanfaat bagi saya).	32	20
32	I think that doing activities in English class is useful for my ability. (Saya pikir melakukan kegiatan di kelas bahasa Inggris berguna untuk kemampuan saya).	25	27
33	I think it is important to do English class activities because they can improve my English skills. (Saya pikir penting untuk melakukan kegiatan kelas bahasa Inggris karena dapat meningkatkan kemampuan bahasa Inggris saya).	32	20
34	I would be willing to do this again because the English class has benefits for me. (Saya bersedia melakukan ini lagi karena kelas bahasa Inggris memiliki manfaat bagi saya).	34	18
35	I think doing activities in English class can help me to be interested in communicating (Saya pikir melakukan kegiatan di kelas bahasa Inggris dapat membantu saya untuk tertarik dalam berkomunikasi).	36	16
36	I believe doing activities in English class can be useful for me (Saya percaya melakukan kegiatan di kelas bahasa Inggris dapat bermanfaat bagi saya).	39	13
37	I think English is an important class (Saya piker Bahasa inggris adalah kelas yang penting)	29	23
38	I feel like it is my own choice to do English class activities (Saya merasa pilihan saya sendiri untuk melakukan kegiatan kelas bahasa Inggris)	26	26
39	I do not have other choice but to do assignments in English class (Saya tidak punya pilihan lain selain mengerjakan tugas di kelas bahasa Inggris)	32	20
40	I feel like I do not have to do activities in English class (Saya merasa tidak perlu melakukan aktivitas di kelas bahasa Inggris)	25	27
41	I do activities in English class because I am forced (Saya melakukan kegiatan di kelas bahasa Inggris karena saya terpaksa.)	32	20
42	I do English class activities because of my parents.(Saya melakukan kegiatan kelas bahasa Inggris karena keluarga awan.)	38	14
43	I do English class activities because I am forced to do it. (Saya melakukan kegiatan kelas bahasa Inggris karena saya terpaksa).	36	16
44	I'm sure the activities in English class might not be useful for me (Saya yakin kegiatan di kelas bahasa Inggris tidak dapat bermanfaat bagi saya).	28	24
45	I feel like it is my own choice to do English class activities (Saya merasa pilihan saya sendiri untuk melakukan kegiatan kelas bahasa Inggris)	28	24
Total		1443	918

Extroverted students

No	Motivation	Low	High
1	I really enjoy doing activities in English class (saya sangat menikmati kelas Bahasa Inggris)	25	27
2	English class is a very fun class. (kelas Bahasa imggris sangat lucu)	32	20
3	I think English is a boring class. (saya [piker kelas Bahasa inggris membosankan)	38	14
4	English class doesn't interest me at all. (kelas Bahasa inggris tidak membuatr saya tertarik sama sekali)	36	16

5	I can say that the English class is very interesting. (saya bisa bilang bahwa kelas Bahasa Inggris adalah kelas yang menarik)	28	24
6	I think that English class is quite fun. (saya piker kelas Bahasa inggris cukup lucu)	28	24
7	When I do activities in English class, I think about how much I enjoyed them (ketika saya melakukan aktivitas di kelas Bahasa inggris, saya berpikir bagaimana membuat nyaman mereka).	30	22
8	I think that I am pretty good in English class (saya piker saya cukup bagus di kelas Bahasa Inggris).	39	13
9	I think I do quite well in English class, compared to other students (Saya pikir saya melakukannya dengan cukup baik di kelas bahasa Inggris, dibandingkan dengan siswa lain).	29	23
10	After working on English class activities I feel very competent (Setelah mengerjakan kegiatan kelas Bahasa Inggris saya merasa sangat kompeten)	26	26
11	i am satisfied with my performance in English class (Saya puas dengan penampilan saya di kelas bahasa Inggris.).	32	20
12	I am quite proficient in English class activities (Saya cukup mahir dalam kegiatan kelas bahasa Inggris).	25	27
13	Activities in English class are activities that I cannot do well (Aktivitas di kelas bahasa Inggris adalah aktivitas yang tidak bisa saya lakukan dengan baik).	32	20
14	I strive for English class(Saya berusaha keras untuk kelas bahasa Inggris).	38	14
15	I don't try hard to do well in English class activities. (Saya tidak berusaha keras untuk melakukannya dengan baik dalam kegiatan kelas bahasa Inggris)	36	16
16	I try very hard for English class activities (Saya berusaha sangat keras untuk kegiatan kelas bahasa Inggris).	28	24
17	It is important for me to do well in my English class assignments. (Penting bagi saya untuk melakukannya dengan baik dalam tugas kelas bahasa Inggris saya)	34	18
18	I don't put a lot of energy into every activity in English class (Saya tidak mencurahkan banyak energi untuk setiap aktivitas di kelas bahasa Inggris.).	36	16
19	I don't feel nervous at all when doing activities in English class (Saya tidak merasa gugup sama sekali ketika melakukan kegiatan di kelas bahasa Inggris)	30	22
20	I feel very tense when doing activities in English class. (Saya merasa sangat tegang ketika melakukan kegiatan di kelas bahasa Inggris)	34	18
21	I am very relaxed in doing every activity in English class (Saya sangat santai dalam melakukan setiap kegiatan di kelas bahasa Inggris)	36	37
22	I feel anxious when doing assignments in English class(Saya merasa cemas ketika mengerjakan tugas di kelas bahasa Inggris)	28	24

23	I feel pressured when doing activities in English class (saya merasa tertekan ketika melakukan aktivitas di kelas Bahasa Inggris).	35	17
24	I believe I have the choice to do activities in English class(Saya percaya saya memiliki pilihan untuk melakukan kegiatan di kelas bahasa Inggris)	28	24
25	I feel like it is not my own choice to do English class activities (Saya merasa bukan pilihan saya sendiri untuk melakukan kegiatan kelas bahasa Inggris)	30	22
26	I have no other choice but to do assignments in English class (Saya tidak punya pilihan lain selain mengerjakan tugas di kelas bahasa Inggris)	34	18
27	I feel like I have to do activities in English class (Saya merasa harus melakukan aktivitas di kelas bahasa Inggris)	28	24
28	I do activities in English class because I have no choice. (Saya melakukan kegiatan di kelas bahasa Inggris karena saya tidak punya pilihan.)	30	12
29	I do English class activities because I want to.(Saya melakukan kegiatan kelas bahasa Inggris karena saya ingin.)	28	24
30	I do English class activities because I have to. (Saya melakukan kegiatan kelas bahasa Inggris karena saya harus).	30	22
31	I'm sure the activities in English class can be useful for me (Saya yakin kegiatan di kelas bahasa Inggris dapat bermanfaat bagi saya).	36	16
32	I think that doing activities in English class is useful for my ability. (Saya pikir melakukan kegiatan di kelas bahasa Inggris berguna untuk kemampuan saya).	20	32
33	I think it is important to do English class activities because they can improve my English skills. (Saya pikir penting untuk melakukan kegiatan kelas bahasa Inggris karena dapat meningkatkan kemampuan bahasa Inggris saya).	28	24
34	I would be willing to do this again because the English class has benefits for me. (Saya bersedia melakukan ini lagi karena kelas bahasa Inggris memiliki manfaat bagi saya).	30	22
35	I think doing activities in English class can help me to be interested in communicating (Saya pikir melakukan kegiatan di kelas bahasa Inggris dapat membantu saya untuk tertarik dalam berkomunikasi).	28	24
36	I believe doing activities in English class can be useful for me (Saya percaya melakukan kegiatan di kelas bahasa Inggris dapat bermanfaat bagi saya).	38	14
37	I think English is an important class (Saya piker Bahasa inggris adalah kelas yang penting)	28	24
38	I feel like it is my own choice to do English class activities (Saya merasa pilihan saya sendiri untuk melakukan kegiatan kelas bahasa Inggris)	20	32
39	I do not have other choice but to do assignments in English class (Saya tidak punya pilihan lain selain mengerjakan tugas di kelas bahasa Inggris)	33	19
40	I feel like I do not have to do activities in English class (Saya merasa tidak perlu melakukan aktivitas di kelas bahasa Inggris)	28	24
41	I do activities in English class because I am forced (Saya melakukan kegiatan di kelas bahasa Inggris karena saya terpaksa.)	32	20

42	I do English class activities because of my parents.(Saya melakukan kegiatan kelas bahasa Inggris karena keluarga awan.)	36	16
43	I do English class activities because I am forced to do it. (Saya melakukan kegiatan kelas bahasa Inggris karena saya terpaksa).	38	14
44	I'm sure the activities in English class might not be useful for me (Saya yakin kegiatan di kelas bahasa Inggris tidak dapat bermanfaat bagi saya).	36	16
45	I feel like it is my own choice to do English class activities (Saya merasa pilihan saya sendiri untuk melakukan kegiatan kelas bahasa Inggris)	30	22
Total		**1404**	**947**

Appendix 3. Instrument Validation

Expert Judgement Sheet 1 (Stress)

Name: Prof. Dr. Ni Made Ratminingsih, M.A.

Date: 11 June 2023

No.	Relevant	Irrelevant	Suggestion
1	√		
2	√		
3	√		
4	√		
5	√		
6	√		
7	√		
8	√		
9	√		
10	√		Perhatikan item no 10 masuk pernyataan negative atau positif? Cermati no lain sebelumnya
11	√		
12	√		
13	√		
14	√		
15	√		
16	√		
17	√		
18	√		
19	√		
20	√		
21	√		

22	√		
23	√		
24	√		
25	√		
26	√		
27	√		
28	√		
29	√		
30	√		
31	√		
32	√		
33	√		
34	√		
35	√		
36	√		
37	√		
38	√		
39	√		
40	√		
41	√		
42	√		
43	√		
44	√		
45	√		

Singaraja, 11 Juni 2023

(Prof. Dr. Ni Made Ratminingsih, M.A.)

Expert Judgement Sheet 1 (Anxiety)

Name: Prof. Dr. Ni Made Ratminingsih, M.A.

Date: 11 June 2023

No.	Relevant	Irrelevant	Suggestion
1	√		
2	√		
3	√		
4	√		
5	√		
6	√		
7	√		
8	√		
9	√		
10	√		
11	√		
12	√		
13	√		
14	√		
15	√		
15	√		
16	√		
17	√		
18	√		
19	√		
20	√		
21	√		
22		√	terjemahannya kurang tepat, karena kata 'not' tidak diterjemahkan
23	√		
24	√		
25	√		
26	√		
27	√		
28	√		
29	√		
30	√		
31	√		
32	√		
33	√		
34	√		
35	√		No 35 di blue print masuk pernyataan positif, padahal kalimatnya pertanyaan negatif

36	√		Perhatikan pertanyaan ini masuk yg tampaknya salah (kolom pregnancy during adolescence and puberty di blue print?)
37	√		
38	√		
39	√		
40		√	terjemahannya kurang tepat, karena kata 'not' tidak diterjemahkan
41	√		
42	√		
43	√		
44	√		
45	√		
46	√		
47	√		
48	√		
49	√		
50	√		
51	√		
52	√		
53	√		
54	√		
55	√		

Singaraja, 11 Juni 2023

(Prof. Dr. Ni Made Ratminingsih, M.A.)

Expert Judgement Sheet 1 (Motivation)

Name: Prof. Dr. Ni Made Ratminingsih, M.A.

Date: 11 June 2023

No.	Relevant	Irrelevant	Suggestion
1	√		
2	√		Perhatikan ejaan
3	√		Perhatikan ejaan
4	√		Perhatikan ejaan
5	√		
6	√		Perhatikan ejaan
7	√		
8	√		
9	√		
10	√		
11	√		
12	√		
13	√		
14	√		
15	√		
16	√		
17	√		
18	√		
19	√		
20	√		
21	√		
22	√		
23	√		
24	√		
25	√		
26	√		
27	√		
28	√		
29	√		
30	√		
31	√		
32	√		
33	√		
34	√		
35	√		
36	√		
37	√		
38	√		
39	√		
40	√		
41	√		
42	√		

43	√		
44	√		
45	√		

Singaraja, 11 Juni 2023

(Prof. Dr. Ni Made Ratminingsih, M.A.)

Expert Judgement Sheet 2 (Stress)

Name: Prof. Dra. Luh Putu Artini, M.A, PhD

Date: 27 June 2023

No.	Relevant	Irrelevant	Suggestion
1	√		Jumlah items terlalu banyak (45 items) dan ada pengulangan seperti: gelisah, marah, tersinggung, dll. Walaupun kata2 berbeda tapi besar kemungkinan ada misinterpretasi. Kurangi jumlah item dengan menghilangkan yang berulang. Revisi juga terjemahan yang Mungkin menyebabkan mininterpretasi. Lihat catatan saya
2	√		
3	√		
4	√		
5	√		
6	√		
7	√		
8	√		
9	√		
10	√		
11	√		
12	√		
13	√		
14	√		
15	√		
16	√		
17	√		
18	√		
19	√		
20	√		
21	√		
22	√		
23	√		
24	√		
25	√		
26	√		
27	√		
28	√		
29	√		
30	√		
31	√		
32	√		
33	√		
34	√		
35	√		
36	√		
37	√		
38	√		
39	√		

40	√		
41	√		
42	√		
43	√		
44	√		
45	√		

Singaraja, 27 Juni 2023

(Prof. Dra. Luh Putu Artini, M.A, PhD)

Expert Judgement Sheet 2 (Anxiety)

Name: Prof. Dra. Luh Putu Artini, M.A, PhD

Date: 27 June 2023

No.	Relevant	Irrelevant	Suggestion
1	√		Sebenarnya semua relevan tetapi masalahnya adalah: 1. Bentuk item adalah pertanyaan sehingga tidak bisa direspon dengan cara yang sama dengan kuesioner sebelumnya. Saran saya ubah item menjadi pernyataan atau ubah pilihan untuk jawabannya dengan : SElalu, SERING, KADANG-KADANG, JARANG, TIDAK PERNAH 2. Jumlah item juga terlalu banyak (55) mungkin dikurangi dengan mendelete yang mirip cermati Kembali terjemahan dalam bahasa Indonesia
2	√		
3	√		
4	√		
5	√		
6	√		
7	√		
8	√		
9	√		
10	√		
11	√		
12	√		
13	√		
14	√		
15	√		
15	√		
16	√		
17	√		
18	√		
19	√		
20	√		
21	√		
22		√	
23	√		
24	√		
25	√		
26	√		
27	√		
28	√		
29	√		
30	√		
31	√		
32	√		
33	√		
34	√		
35	√		
36	√		
37	√		
38	√		

39	√		
40		√	
41	√		
42	√		
43	√		
44	√		
45	√		
46	√		
47	√		
48	√		
49	√		
50	√		
51	√		
52	√		
53	√		
54	√		
55	√		

Singaraja, 27 Juni 2023

(Prof. Dra. Luh Putu Artini, M.A, PhD)

Expert Judgement Sheet 2 (Motivation)

Name: Prof. Dra. Luh Putu Artini, M.A, PhD

Date: 27 June 2023

No.	Relevant	Irrelevant	Suggestion
1	√		Relevant semua, cermati terjemahan saja
2	√		
3	√		
4	√		
5	√		
6	√		
7	√		
8	√		
9	√		
10	√		
11	√		
12	√		
13	√		
14	√		
15	√		
16	√		
17	√		
18	√		
19	√		
20	√		
21	√		
22	√		
23	√		
24	√		
25	√		
26	√		
27	√		
28	√		
29	√		
30	√		
31	√		
32	√		
33	√		
34	√		
35	√		
36	√		
37	√		

38	√		
39	√		
40	√		
41	√		
42	√		
43	√		
44	√		
45	√		

Singaraja, 27 Juni 2023

(Prof. Dra. Luh Putu Artini, M.A, PhD)

Appendix 4 Try Out

Motivation

Correlations

		Item1	Item2	Item3	Item4	Item5	Item6	Item7	Item8	Item9	Item10	Item11	Item12	Item13	Item14	Item15	Item16	Item17	Item18	Item19	Item20	Item21	Item22	Item23	Item24	Item25	Item26	Item27	Item28	Item29	Item30	Item31	Item32	Item33	Item34	Item35	Item36	Item37	Item38
Item1	Pearson Correlation	1	.611**	.460**	.408**	.537**	.558**	.345**	.126	.564**	.463**	.328**	.318**	.664**	.439**	.126	.251*	.674**	.502**	.265**	.349**	.306**	.579**	.547**	.314**	.657**	.643**	.271**	.194*	.260**	.799**	.257**	.229*	.281**	.646**	.266**	.294**	.245*	-.232*
	Sig. (2-tailed)		.000	.000	.000	.000	.000	.000	.203	.000	.000	.001	.001	.000	.000	.203	.010	.000	.000	.007	.000	.002	.000	.000	.001	.000	.000	.005	.048	.008	.000	.008	.019	.004	.000	.006	.002	.012	.018
	N	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104
Item2	Pearson Correlation	.611**	1	.517**	.406**	.590**	.514**	.338**	.221*	.414**	.338**	.359**	.291**	.508**	.427**	.238*	.239*	.589**	.639**	.219*	.434**	.301**	.711**	.585**	.256**	.661**	.435**	.355**	.211*	.313**	.628**	.229*	.269**	.273**	.588**	.330**	.305**	.220*	-.152
	Sig. (2-tailed)	.000		.000	.000	.000	.000	.000	.024	.000	.000	.000	.003	.000	.000	.015	.015	.000	.000	.025	.000	.002	.000	.000	.009	.000	.000	.000	.032	.001	.000	.019	.006	.005	.000	.001	.002	.025	.122
	N	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104

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Item 3	Pearson Correlation	-.217*	-.058	.076	.193*	-.105	-.178	-.020	.499**
	Sig. (2-tailed)	.027	.558	.443	.050	.291	.071	.841	.000
	N	104	104	104	104	104	104	104	104
Item 4	Pearson Correlation	-.109	-.063	-.017	.052	-.227*	-.125	.047	.817**
	Sig. (2-tailed)	.272	.526	.863	.600	.021	.207	.635	.000
	N	104	104	104	104	104	104	104	104
Item 5	Pearson Correlation	-.175	-.101	.037	.124	-.072	-.129	.057	.549**
	Sig. (2-tailed)	.076	.309	.709	.210	.469	.192	.564	.000
	N	104	104	104	104	104	104	104	104
Item 6	Pearson Correlation	-.179	-.020	.060	.210*	.091	-.158	.041	.557**
	Sig. (2-tailed)	.069	.840	.542	.033	.359	.109	.677	.000
	N	104	104	104	104	104	104	104	104
Item 7	Pearson Correlation	-.077	-.040	-.032	.147	-.123	-.168	.035	.848**
	Sig. (2-tailed)	.440	.687	.746	.137	.213	.087	.727	.000
	N	104	104	104	104	104	104	104	104
Item 8	Pearson Correlation	-.054	.021	.051	.129	-.151	-.162	.038	.797**
	Sig. (2-tailed)	.589	.833	.609	.190	.127	.101	.701	.000
	N	104	104	104	104	104	104	104	104
Item 9	Pearson Correlation	-.129	.181	-.039	.193*	.021	-.103	-.001	.542**
	Sig. (2-tailed)	.191	.065	.693	.050	.835	.296	.994	.000
	N	104	104	104	104	104	104	104	104
Item 10	Pearson Correlation	-.012	.013	.007	.150	.122	-.133	.007	.557**
	Sig. (2-tailed)	.900	.893	.941	.128	.216	.177	.941	.000

	N	104	104	104	104	104	104	104	104
Item 11	Pearson Correlation	-.097	-.076	.037	.117	-.182	-.126	.050	.866**
	Sig. (2-tailed)	.327	.446	.706	.239	.065	.201	.611	.000
	N	104	104	104	104	104	104	104	104
Item 12	Pearson Correlation	-.088	-.052	.006	.131	-.145	-.153	.085	.854**
	Sig. (2-tailed)	.374	.599	.951	.184	.143	.122	.393	.000
	N	104	104	104	104	104	104	104	104
Item 13	Pearson Correlation	-.154	.051	.096	.200*	.104	-.151	-.014	.525**
	Sig. (2-tailed)	.119	.605	.334	.042	.295	.126	.887	.000
	N	104	104	104	104	104	104	104	104
Item 14	Pearson Correlation	-.165	-.086	-.093	.172	.045	-.176	.159	.551**
	Sig. (2-tailed)	.093	.384	.345	.081	.654	.075	.107	.000
	N	104	104	104	104	104	104	104	104
Item 15	Pearson Correlation	-.030	.009	-.051	.079	-.103	-.223*	.102	.797**
	Sig. (2-tailed)	.761	.930	.607	.425	.297	.023	.305	.000
	N	104	104	104	104	104	104	104	104
Item 16	Pearson Correlation	-.039	.010	-.046	.191	-.081	-.149	.056	.820**
	Sig. (2-tailed)	.692	.919	.643	.052	.413	.131	.572	.000
	N	104	104	104	104	104	104	104	104
Item 17	Pearson Correlation	-.089	.127	.102	.170	.107	-.157	-.031	.552**
	Sig. (2-tailed)	.368	.198	.301	.084	.278	.112	.753	.000
	N	104	104	104	104	104	104	104	104
Item 18	Pearson Correlation	-.082	-.063	.020	.085	.003	-.091	-.021	.596**

	Sig. (2-tailed)	.408	.528	.841	.391	.976	.356	.829	.000
	N	104	104	104	104	104	104	104	104
Item 19	Pearson Correlation	-.062	-.002	.018	.077	-.092	-.209*	-.008	.818**
	Sig. (2-tailed)	.531	.983	.859	.437	.352	.034	.939	.000
	N	104	104	104	104	104	104	104	104
Item 20	Pearson Correlation	-.110	-.089	.038	.105	-.135	-.166	.011	.848**
	Sig. (2-tailed)	.266	.369	.703	.290	.173	.092	.908	.000
	N	104	104	104	104	104	104	104	104
Item 21	Pearson Correlation	-.099	-.001	-.003	.171	-.197*	-.244*	.077	.862**
	Sig. (2-tailed)	.317	.994	.978	.082	.045	.013	.438	.000
	N	104	104	104	104	104	104	104	104
Item 22	Pearson Correlation	-.262**	-.074	.039	.132	.054	-.100	.039	.527**
	Sig. (2-tailed)	.007	.456	.693	.183	.584	.310	.693	.000
	N	104	104	104	104	104	104	104	104
Item 23	Pearson Correlation	-.206*	-.017	.112	.221*	-.032	-.108	.026	.512**
	Sig. (2-tailed)	.036	.868	.258	.024	.746	.275	.795	.000
	N	104	104	104	104	104	104	104	104
Item 24	Pearson Correlation	-.050	-.065	.053	.173	-.137	-.104	.093	.875**
	Sig. (2-tailed)	.616	.515	.595	.080	.165	.295	.348	.000
	N	104	104	104	104	104	104	104	104
Item 25	Pearson Correlation	-.141	-.024	.017	.045	.023	-.173	.100	.574**
	Sig. (2-tailed)	.153	.811	.863	.650	.816	.080	.311	.000
	N	104	104	104	104	104	104	104	104

Item 26	Pearson Correlation	-.098	-.042	.060	.222*	.022	-.070	.060	.505**
	Sig. (2-tailed)	.320	.675	.547	.023	.827	.482	.547	.000
	N	104	104	104	104	104	104	104	104
Item 27	Pearson Correlation	-.147	-.077	.080	.237*	-.199*	-.180	.067	.838**
	Sig. (2-tailed)	.136	.439	.420	.015	.043	.067	.501	.000
	N	104	104	104	104	104	104	104	104
Item 28	Pearson Correlation	-.006	-.066	.003	.081	-.193*	-.128	.029	.785**
	Sig. (2-tailed)	.955	.506	.980	.414	.049	.194	.772	.000
	N	104	104	104	104	104	104	104	104
Item 29	Pearson Correlation	-.048	-.077	.032	.213*	-.178	-.170	.072	.910**
	Sig. (2-tailed)	.632	.438	.749	.030	.070	.085	.465	.000
	N	104	104	104	104	104	104	104	104
Item 30	Pearson Correlation	-.068	.087	.081	.163	.068	-.132	.081	.535**
	Sig. (2-tailed)	.494	.379	.414	.099	.490	.180	.414	.000
	N	104	104	104	104	104	104	104	104
Item 31	Pearson Correlation	-.100	-.027	-.032	.158	-.072	-.205*	.087	.857**
	Sig. (2-tailed)	.312	.787	.749	.109	.465	.037	.379	.000
	N	104	104	104	104	104	104	104	104
Item 32	Pearson Correlation	-.076	-.065	-.006	.132	-.158	-.191	.033	.857**
	Sig. (2-tailed)	.444	.514	.950	.183	.110	.052	.738	.000
	N	104	104	104	104	104	104	104	104
Item 33	Pearson Correlation	-.076	-.027	-.017	.186	-.099	-.207*	.063	.837**
	Sig. (2-tailed)	.446	.789	.865	.059	.320	.035	.524	.000

	N	104	104	104	104	104	104	104	104
Item 34	Pearson Correlation	-.148	-.108	.079	.154	.105	-.075	.058	.539**
	Sig. (2-tailed)	.135	.276	.423	.119	.290	.449	.560	.000
	N	104	104	104	104	104	104	104	104
Item 35	Pearson Correlation	-.084	-.088	.013	.090	-.073	-.176	.026	.843**
	Sig. (2-tailed)	.396	.377	.895	.362	.462	.073	.793	.000
	N	104	104	104	104	104	104	104	104
Item 36	Pearson Correlation	-.063	-.039	.089	.118	-.061	-.217*	.076	.802**
	Sig. (2-tailed)	.528	.695	.370	.231	.541	.027	.445	.000
	N	104	104	104	104	104	104	104	104
Item 37	Pearson Correlation	-.085	-.026	-.067	.052	-.097	-.151	.037	.825**
	Sig. (2-tailed)	.391	.797	.499	.599	.328	.125	.706	.000
	N	104	104	104	104	104	104	104	104
Item 38	Pearson Correlation	-.086	-.053	-.086	-.043	.144	-.051	-.036	-.104
	Sig. (2-tailed)	.384	.594	.386	.663	.146	.611	.713	.293
	N	104	104	104	104	104	104	104	104
Item 39	Pearson Correlation	1	.197*	-.078	.030	.028	.341**	-.004	-.082
	Sig. (2-tailed)		.046	.434	.761	.774	.000	.968	.409
	N	104	104	104	104	104	104	104	104
Item 40	Pearson Correlation	.197*	1	.044	.183	-.114	.029	.029	.010
	Sig. (2-tailed)	.046		.658	.064	.250	.767	.773	.918
	N	104	104	104	104	104	104	104	104
Item 41	Pearson Correlation	-.078	.044	1	.065	-.013	-.125	.120	.061

	Sig. (2-tailed)	.434	.658		.510	.897	.207	.223	.537
	N	104	104	104	104	104	104	104	104
Item 42	Pearson Correlation	.030	.183	.065	1	-.104	-.137	.129	.232*
	Sig. (2-tailed)	.761	.064	.510		.295	.165	.193	.018
	N	104	104	104	104	104	104	104	104
Item 43	Pearson Correlation	.028	-.114	-.013	-.104	1	-.158	.047	-.069
	Sig. (2-tailed)	.774	.250	.897	.295		.109	.638	.487
	N	104	104	104	104	104	104	104	104
Item 44	Pearson Correlation	.341**	.029	-.125	-.137	-.158	1	-.140	-.185
	Sig. (2-tailed)	.000	.767	.207	.165	.109		.156	.060
	N	104	104	104	104	104	104	104	104
Item 45	Pearson Correlation	-.004	.029	.120	.129	.047	-.140	1	.104
	Sig. (2-tailed)	.968	.773	.223	.193	.638	.156		.292
	N	104	104	104	104	104	104	104	104
Total Score	Pearson Correlation	-.082	.010	.061	.232*	-.069	-.185	.104	1
	Sig. (2-tailed)	.409	.918	.537	.018	.487	.060	.292	
	N	104	104	104	104	104	104	104	104

**. Correlation is significant at the 0.01 level (2-tailed).

*. Correlation is significant at the 0.05 level (2-tailed).

Case Processing Summary

		N	%
Cases	Valid	104	100.0
	Excluded[a]	0	.0

Total	104	100.0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	N of Items
.957	45

Stress

Correlations

		Item_1	Item_2	Item_3	Item_4	Item_5	Item_6	Item_7	Item_8	Item_9	Item_10	Item_11	Item_12	Item_13	Item_14	Item_15	Item_16	Item_17	Item_18	Item_19	Item_20	Item_21	Item_22	Item_23	Item_24	Item_25	Item_26	Item_27	Item_28	Item_29	Item_30	Item_31	Item_32	Item_33	Item_34	Item_35	Item_36	Item_37	Item_38
Item_1	Pearson Correlation	1	-.176	.480**	.588**	.799**	.594**	.148	.011	-.101	.509**	.704**	.730**	-.275**	.079	.160	-.045	-.061	.005	-.037	-.122	-.086	-.287**	.144	-.100	-.035	.088	-.006	-.030	-.006	-.162	.014	.000	.096	-.004	-.039	.106	.358**	-.193*
	Sig. (2-tailed)		.074	.000	.000	.000	.000	.135	.910	.310	.000	.000	.000	.005	.425	.104	.652	.540	.964	.709	.218	.383	.003	.146	.314	.727	.377	.950	.759	.948	.101	.887	.999	.335	.964	.695	.284	.000	.050
	N	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104	104

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		Item_39	Item_40	Item_41	Item_42	Item_43	Item_44	Item_45	Total
Item_1	Pearson Correlation	-.089	.056	-.124	-.195*	-.150	.157	-.015	.378**
	Sig. (2-tailed)	.371	.575	.211	.047	.129	.110	.876	.000
	N	104	104	104	104	104	104	104	104
Item_2	Pearson Correlation	-.121	.077	.055	-.145	.066	.097	.025	.250*
	Sig. (2-tailed)	.219	.437	.577	.141	.504	.325	.798	.010
	N	104	104	104	104	104	104	104	104
Item_3	Pearson Correlation	.095	-.017	-.052	.001	-.136	.195*	.165	.573**
	Sig. (2-tailed)	.338	.865	.599	.992	.169	.047	.094	.000
	N	104	104	104	104	104	104	104	104
Item_4	Pearson Correlation	-.036	-.005	-.074	-.081	-.034	.248*	.134	.553**
	Sig. (2-tailed)	.716	.958	.456	.415	.731	.011	.175	.000
	N	104	104	104	104	104	104	104	104
Item_5	Pearson Correlation	-.113	.010	-.050	-.119	-.145	.074	-.066	.169
	Sig. (2-tailed)	.254	.922	.611	.229	.143	.457	.503	.086
	N	104	104	104	104	104	104	104	104
Item_6	Pearson Correlation	-.106	.085	-.043	-.270**	-.026	.067	-.077	.328**
	Sig. (2-tailed)	.285	.390	.662	.006	.795	.497	.440	.001
	N	104	104	104	104	104	104	104	104
Item_7	Pearson Correlation	.098	-.034	.068	.082	-.168	.127	.066	.303**
	Sig. (2-tailed)	.323	.730	.492	.406	.089	.199	.504	.002
	N	104	104	104	104	104	104	104	104

Item_8	Pearson Correlation	-.031	.029	-.017	-.158	-.004	.104	.109	.311**
	Sig. (2-tailed)	.756	.772	.866	.110	.969	.292	.269	.001
	N	104	104	104	104	104	104	104	104
Item_9	Pearson Correlation	-.123	-.091	.108	-.139	.105	-.005	-.109	.128
	Sig. (2-tailed)	.213	.356	.275	.159	.289	.957	.269	.195
	N	104	104	104	104	104	104	104	104
Item_10	Pearson Correlation	.071	.008	-.026	-.049	-.159	.220*	.095	.539**
	Sig. (2-tailed)	.473	.937	.792	.624	.108	.025	.340	.000
	N	104	104	104	104	104	104	104	104
Item_11	Pearson Correlation	-.030	.052	-.098	-.198*	-.076	.288**	.055	.549**
	Sig. (2-tailed)	.759	.601	.320	.044	.441	.003	.581	.000
	N	104	104	104	104	104	104	104	104
Item_12	Pearson Correlation	-.097	.007	-.027	-.144	-.069	.247*	.025	.529**
	Sig. (2-tailed)	.329	.947	.787	.145	.486	.011	.800	.000
	N	104	104	104	104	104	104	104	104
Item_13	Pearson Correlation	-.056	.034	.016	-.030	.080	-.021	-.001	.268**
	Sig. (2-tailed)	.575	.729	.875	.760	.418	.831	.996	.006
	N	104	104	104	104	104	104	104	104
Item_14	Pearson Correlation	-.028	.083	-.100	-.263**	.022	.152	.079	.367**
	Sig. (2-tailed)	.775	.404	.314	.007	.824	.124	.426	.000
	N	104	104	104	104	104	104	104	104
Item_15	Pearson Correlation	.099	-.064	.112	-.037	.094	.080	.063	.252**
	Sig. (2-tailed)	.319	.518	.256	.712	.345	.417	.528	.010

	N	104	104	104	104	104	104	104	104
Item_16	Pearson Correlation	.134	.007	-.013	.114	.067	.013	.023	.162
	Sig. (2-tailed)	.176	.943	.899	.251	.498	.895	.817	.100
	N	104	104	104	104	104	104	104	104
Item_17	Pearson Correlation	.049	.197*	.065	-.161	-.182	.029	.008	.104
	Sig. (2-tailed)	.621	.045	.511	.103	.065	.771	.940	.294
	N	104	104	104	104	104	104	104	104
Item_18	Pearson Correlation	-.128	.060	-.012	.017	-.223*	.100	-.071	.128
	Sig. (2-tailed)	.195	.545	.907	.868	.023	.314	.473	.195
	N	104	104	104	104	104	104	104	104
Item_19	Pearson Correlation	.013	-.001	.213*	.089	.185	-.117	.028	.016
	Sig. (2-tailed)	.894	.994	.030	.369	.060	.238	.774	.873
	N	104	104	104	104	104	104	104	104
Item_20	Pearson Correlation	.034	-.056	-.029	.247*	-.147	.080	-.134	.040
	Sig. (2-tailed)	.731	.572	.771	.012	.136	.419	.174	.686
	N	104	104	104	104	104	104	104	104
Item_21	Pearson Correlation	.102	.004	-.059	.035	-.076	-.055	-.004	.148
	Sig. (2-tailed)	.301	.972	.553	.722	.443	.582	.968	.133
	N	104	104	104	104	104	104	104	104
Item_22	Pearson Correlation	.042	-.173	.015	.087	.026	-.088	.069	.131
	Sig. (2-tailed)	.674	.078	.879	.381	.790	.372	.489	.186
	N	104	104	104	104	104	104	104	104
Item_23	Pearson Correlation	-.059	.085	-.062	-.112	-.228*	.006	.002	.237*

	Sig. (2-tailed)	.555	.390	.529	.260	.020	.952	.981	.015
	N	104	104	104	104	104	104	104	104
Item_24	Pearson Correlation	.214*	-.054	.018	.149	-.101	.047	-.129	.060
	Sig. (2-tailed)	.029	.588	.858	.130	.307	.634	.193	.543
	N	104	104	104	104	104	104	104	104
Item_25	Pearson Correlation	.086	-.104	-.031	-.059	.014	.015	.056	.134
	Sig. (2-tailed)	.386	.294	.754	.549	.891	.879	.569	.174
	N	104	104	104	104	104	104	104	104
Item_26	Pearson Correlation	.129	.047	.048	-.083	-.086	-.028	.035	.092
	Sig. (2-tailed)	.193	.633	.631	.405	.388	.777	.724	.351
	N	104	104	104	104	104	104	104	104
Item_27	Pearson Correlation	-.129	.028	-.047	-.129	.052	.213*	.002	.112
	Sig. (2-tailed)	.193	.779	.636	.193	.600	.030	.987	.257
	N	104	104	104	104	104	104	104	104
Item_28	Pearson Correlation	-.151	.187	-.015	-.145	-.025	.086	.149	.136
	Sig. (2-tailed)	.125	.057	.883	.141	.798	.386	.130	.169
	N	104	104	104	104	104	104	104	104
Item_29	Pearson Correlation	.042	-.047	-.080	.094	.150	.035	.088	.171
	Sig. (2-tailed)	.673	.638	.420	.342	.129	.725	.376	.082
	N	104	104	104	104	104	104	104	104
Item_30	Pearson Correlation	-.054	-.103	-.004	-.031	.139	-.078	.099	.100
	Sig. (2-tailed)	.584	.298	.965	.751	.160	.430	.316	.313
	N	104	104	104	104	104	104	104	104

Item_31	Pearson Correlation	-.068	-.129	-.100	-.069	-.037	.040	.010	-.010
	Sig. (2-tailed)	.494	.193	.313	.484	.710	.686	.921	.923
	N	104	104	104	104	104	104	104	104
Item_32	Pearson Correlation	.005	.064	.055	.047	-.034	-.110	.022	.046
	Sig. (2-tailed)	.960	.520	.579	.638	.729	.268	.823	.645
	N	104	104	104	104	104	104	104	104
Item_33	Pearson Correlation	.002	.091	-.107	-.020	.016	.069	.054	.276**
	Sig. (2-tailed)	.980	.360	.280	.841	.873	.485	.588	.005
	N	104	104	104	104	104	104	104	104
Item_34	Pearson Correlation	.030	-.025	-.057	.078	-.048	-.022	-.057	.155
	Sig. (2-tailed)	.760	.798	.563	.431	.625	.824	.568	.116
	N	104	104	104	104	104	104	104	104
Item_35	Pearson Correlation	-.113	.143	.138	-.101	.171	-.099	-.062	.174
	Sig. (2-tailed)	.254	.146	.162	.308	.082	.316	.529	.077
	N	104	104	104	104	104	104	104	104
Item_36	Pearson Correlation	-.040	-.070	-.059	-.018	-.142	.025	-.096	.092
	Sig. (2-tailed)	.689	.481	.552	.860	.151	.800	.330	.352
	N	104	104	104	104	104	104	104	104
Item_37	Pearson Correlation	-.043	.029	-.016	-.057	.120	.092	.085	.271**
	Sig. (2-tailed)	.661	.772	.873	.563	.223	.351	.391	.005
	N	104	104	104	104	104	104	104	104
Item_38	Pearson Correlation	.191	.003	.024	-.048	-.082	.049	.028	.114
	Sig. (2-tailed)	.053	.972	.806	.630	.409	.624	.781	.248

	N	104	104	104	104	104	104	104	104
Item_39	Pearson Correlation	1	-.198*	-.081	.219*	-.005	-.094	-.165	.093
	Sig. (2-tailed)		.044	.415	.026	.962	.342	.094	.347
	N	104	104	104	104	104	104	104	104
Item_40	Pearson Correlation	-.198*	1	.111	-.130	.024	.026	.048	.171
	Sig. (2-tailed)	.044		.262	.188	.808	.790	.627	.083
	N	104	104	104	104	104	104	104	104
Item_41	Pearson Correlation	-.081	.111	1	.022	.071	.106	.033	.117
	Sig. (2-tailed)	.415	.262		.826	.472	.285	.736	.236
	N	104	104	104	104	104	104	104	104
Item_42	Pearson Correlation	.219*	-.130	.022	1	.010	-.025	.093	.008
	Sig. (2-tailed)	.026	.188	.826		.922	.797	.349	.937
	N	104	104	104	104	104	104	104	104
Item_43	Pearson Correlation	-.005	.024	.071	.010	1	-.060	.072	.026
	Sig. (2-tailed)	.962	.808	.472	.922		.543	.470	.790
	N	104	104	104	104	104	104	104	104
Item_44	Pearson Correlation	-.094	.026	.106	-.025	-.060	1	.078	.350**
	Sig. (2-tailed)	.342	.790	.285	.797	.543		.432	.000
	N	104	104	104	104	104	104	104	104
Item_45	Pearson Correlation	-.165	.048	.033	.093	.072	.078	1	.234*
	Sig. (2-tailed)	.094	.627	.736	.349	.470	.432		.017
	N	104	104	104	104	104	104	104	104
Total	Pearson Correlation	.093	.171	.117	.008	.026	.350**	.234*	1

	Sig. (2-tailed)	.347	.083	.236	.937	.790	.000	.017	
	N	104	104	104	104	104	104	104	104

**. Correlation is significant at the 0.01 level (2-tailed).

*. Correlation is significant at the 0.05 level (2-tailed).

Case Processing Summary

		N	%
Cases	Valid	104	100.0
	Excluded[a]	0	.0
	Total	104	100.0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	N of Items
.957	45

Anxiety

Correlations

	Item_1	Item_2	Item_3	Item_4	Item_5	Item_6	Item_7	Item_8	Item_9	Item_10	Item_11	Item_12	Item_13	Item_14	Item_15	Item_16	Item_17	Item_18	Item_19	Item_20	Item_21	Item_22	Item_23	Item_24	Item_25	Item_26	Item_27	Item_28	Item_29	Item_30	Item_31	Item_32	Item_33	Item_34	Item_35	Item_36	Item_37	Item_38	Item_39	Item_40	Item_41	Item_42	Item_43	Item_44	Item_45	Item_46	Item_47
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Item_1	Pearson Correlation	1.000** .887** .839** .829** .852** .828** .839** .898** .819** .919** .952** .858** .839** .966** .836** .651** .818** .829** .857** .818** .951** .858** .836** .658** .839** .809** .951** .812** .823** .831** .232** .955** .936** .365** .657** .839** .819** .951** .858** .665** .655** .839** .826** .235** .956** .886**
	Sig. (2-tailed)	. .000 .000 .000

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Item_11	Pearson Correlation	.892**, .928**, .892**, .928**, .892**, .928**,

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Item_15	Pearson Correlation	. . . .

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Item_33	Person Correlation	.323***, .395***, .308***, .299***, .299***, .228***, .412***, .290***, .328***, .299***, .055***, .315***, .218***, .659***, .319***, .299***, .559***, .329***, .318***, .289***, .308***, .299***, .329***, .319***, .199***, .823***, .309***, .559***, .842***, .302***, 1.000, .284***, .229***, .472***, .852***, .221***, .029***, .598***, .074***, .663***, .137***, .577***, .871***, .118***, .327***, .818***
	Sig. (2-tailed)	.001, .000, .000, .000, .000, .000, .000, .035, .000, .000, .000, .000, .000, .014, .000, .013, .000, .000, .000, .014, .000, .023, .000, .013, .000, .013, .000, .023, .000, .042, .003, .000, .000, .000, .000, .000, .000

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Item_47	Pearson Correlation	1
	Sig. (2-tailed)	
	N	100
Item_48	Pearson Correlation	.218**
	Sig. (2-tailed)	.003
	N	100

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Item_51	Pearson Correlation	. . . . . . 3 3 9 3 2 9 2 2 9 3 2 9 3 2 9 3

Item_53	Pearson Correlation	.892*** .925*** .903*** .893*** .935*** .907*** .872*** .920*** .883*** .899*** .953*** .907*** .853*** .938*** .885*** .902*** .852*** .850*** .908*** .885*** .853*** .933*** .955*** .896*** .823*** .915*** .878*** .892*** .795*** .954*** .923*** .547*** .715*** .781*** .812*** .887*** .753*** .853*** .942*** .932*** .610*** .940*** .650*** .822*** .929***
	Sig. (2-tailed)	.000 .000 .000

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		Item_1	Item_2	Item_3	Item_4	Item_5	Item_6	Item_7	Item_8	Item_9	Item_10	Item_11	Item_12	Item_13	Item_14	Item_15	Item_16	Item_17	Item_18	Item_19	Item_20	Item_21	Item_22	Item_23	Item_24	Item_25	Item_26	Item_27	Item_28	Item_29	Item_30	Item_31	Item_32	Item_33	Item_34	Item_35	Item_36	Item_37	Item_38	Item_39	Item_40	Item_41	Item_42	Item_43	Item_44	Item_45	Item_46	Item_47
Item_1	Person Correlation	1	.883**	.829**	.895**	.892**	.829**	.898**	.881**	.895**	.819**	.899**	.852**	.919**	.898**	.856**	.865**	.851**	.818**	.829**	.857**	.798**	.858**	.839**	.865**	.858**	.806**	.895**	.812**	.823**	.831**	.892**	.832**	.835**	.899**	.857**	.839**	.865**	.882**	.863**	.856**	.823**	.835**	.865**	.882**	.863**	.856**	.823**	.886**
	Sig. (2-tailed)		.000	.001	.000	.000	.001	.000	.000	.000	.001	.000	.000	.000	.000	.000	.000	.000	.000	.001	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000
	N	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100
Item_2	Person Correlation	.883**	1	.805**	.895**	.955**	.832**	.892**	.825**	.898**	.859**	.895**	.845**	.918**	.891**	.857**	.874**	.855**	.818**	.831**	.857**	.795**	.855**	.839**	.865**	.858**	.807**	.895**	.812**	.824**	.831**	.892**	.832**	.835**	.899**	.857**	.839**	.865**	.882**	.863**	.856**	.824**	.835**	.865**	.882**	.863**	.856**	.824**	.895**
	Sig. (2-tailed)	.000		.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000
	N	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100

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Item_1	Pearson Correlation	1	1.000**	-.028	-.192*	.039	-.125	-.005	.016	.026	.106	.018	-.022	-.071	.168	.050	-.086	-.012	.013	-.125	-.060	-.009	.046	.041	.089	-.103	.037	-.024	-.058	.079	.033	-.120	.129	-.039
	Sig. (2-tailed)		.000	.773	.042	.685	.188	.960	.867	.787	.264	.852	.820	.460	.077	.601	.368	.898	.893	.188	.532	.927	.627	.670	.348	.280	.701	.804	.546	.409	.730	.207	.174	.685
	N	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112
Item_2	Pearson Correlation	1.000**	1	-.028	-.192*	.039	-.125	-.005	.016	.026	.106	.018	-.022	-.071	.168	.050	-.086	-.012	.013	-.125	-.060	-.009	.046	.041	.089	-.103	.037	-.024	-.058	.079	.033	-.120	.129	-.039
	Sig. (2-tailed)	.000		.773	.042	.685	.188	.960	.867	.787	.264	.852	.820	.460	.077	.601	.368	.898	.893	.188	.532	.927	.627	.670	.348	.280	.701	.804	.546	.409	.730	.207	.174	.685
	N	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112
Item_3	Pearson Correlation	-.028	-.028	1	.001	.028	-.127	.015	.096	.068	.106	.018	.006	.073	.043	.032	.037	.039	.054	.001	.063	.068	.058	.011	.188	.075	.099	.079	.125	.095	.001	.066	.066	.028
	Sig. (2-tailed)	.773	.773		.995	.773	.183	.879	.312	.477	.268	.850	.946	.682	.442	.654	.283	.698	.684	.995	.570	.958	.708	.877	.543	.430	.255	.407	.188	.279	.995	.489	.489	.773

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Item_6	Pearson Correlation	-.125	-.125	-.127	.000	-.089	1	.090	-.250**	-.072	.018	.036	-.143	.054	-.072	.036	-.036	.000	.092	.179	-.036	.127	.036	.090	.143	.018	-.125	.036	-.036	.054	-.197*	.000	.036	.054
	Sig. (2-tailed)	.188	.188	.183	1.000	.348		.347	.008	.450	.852	.709	.132	.575	.452	.708	.708	1.000	.336	.060	.707	.183	.706	.347	.133	.851	.189	.707	.708	.572	.038	1.000	.708	.574	
	N	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	
Item_7	Pearson Correlation	-.005	-.005	.015	-.081	-.247**	.090	1	-.093	.031	-.037	.018	-.024	.145	-.081	.096	.083	.044	.058	.305**	.064	.124	.041	.100	-.233*	.044	.002	.008	.096	.011	.148	.081	.132	.103	
	Sig. (2-tailed)	.960	.960	.879	.399	.009	.347		.330	.745	.695	.851	.798	.127	.399	.313	.382	.642	.542	.001	.504	.194	.665	.294	.013	.645	.987	.930	.313	.906	.118	.399	.165	.280		
	N	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	
Item_8	Pearson Correlation	.016	.016	.096	.004	.091	-.250**	-.093	1	.041	.196*	.036	-.074	-.089	.040	-.038	-.105	.040	.064	-.036	.140	-.060	-.005	.021	.071	.236*	.019	-.040	-.003	-.050	-.127	.112	.003	.052	
	Sig. (2-tailed)	.866	.866	.313	.967	.339	.008	.330		.667	.039	.705	.438	.350	.674	.690	.272	.674	.502	.705	.141	.529	.958	.824	.457	.012	.841	.674	.969	.599	.181	.239	.969	.597		
	N	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	

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Item_21	Pearson Correlation	-.009	-.009	.063	-.146	.045	.127	-.124	-.060	.078	.039	.018	.066	.184	.037	.006	.043	.109	.184	.090	.072	1	.068	.124	.018	.022	.033	.073	.006	.057	.028	.072	.139	.045
	Sig. (2-tailed)	.927	.927	.508	.124	.638	.183	.194	.529	.412	.682	.850	.489	.052	.698	.946	.654	.255	.052	.343	.450		.477	.194	.850	.820	.728	.442	.946	.551	.773	.450	.145	.638
	N	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112
Item_22	Pearson Correlation	.046	.046	-.068	-.021	-.046	.036	.041	-.005	-.130	-.165	-.072	.134	-.088	-.166	-.026	-.098	-.057	.053	.036	-.052	-.068	1	.031	.000	.067	.165	-.088	-.010	.073	-.026	-.057	-.026	-.098
	Sig. (2-tailed)	.627	.627	.477	.828	.627	.706	.665	.957	.171	.082	.450	.158	.358	.080	.787	.303	.550	.579	.706	.587	.477	.745	1.000	.481	.082	.355	.914	.446	.787	.550	.787	.787	.304
	N	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112
Item_23	Pearson Correlation	.041	.041	-.051	-.172	.067	.090	-.100	-.021	.041	-.070	.090	-.083	-.002	.153	-.048	.119	.044	-.169	-.126	.110	.024	.031	1	.126	.064	-.037	.028	.060	.025	-.031	.064	.048	-.139
	Sig. (2-tailed)	.670	.670	.594	.070	.483	.347	.294	.825	.665	.463	.347	.382	.987	.108	.619	.210	.642	.075	.187	.295	.445		.187	.503	.695	.772	.527	.795	.745	.504	.619	.144	

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26	Sig. (2-tailed)	.701	.701	.430	.835	.992	.189	.987	.846	.829	.456	.575	.087	.997	.835	.841	.841	.092	.230	.852	.867	.728	.082	.695	.189	.442		.867	.087	.267	.716	.357	.087	.701
	N	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112
Item_27	Pearson Correlation	-.024	-.024	.109	-.061	-.192*	.036	.008	-.040	-.021	-.092	-.108	.064	.056	.012	.244**	.100	-.025	-.104	.036	-.156	.073	-.088	.028	.000	.064	-.016	1	.064	.104	-.060	.012	.116	.084
	Sig. (2-tailed)	.804	.804	.255	.525	.042	.707	.930	.677	.828	.336	.258	.501	.559	.903	.009	.293	.798	.277	.707	.100	.442	.355	.772	1.000	.504	.867		.501	.275	.532	.903	.224	.378
	N	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112
Item_28	Pearson Correlation	-.058	-.058	-.079	-.208*	-.086	-.036	-.096	-.003	.155	-.055	.179	.103	-.052	.008	-.077	-.103	-.028	-.112	.000	-.044	-.006	-.010	-.060	-.036	-.012	-.162	.064	1	.135	-.058	-.064	.149	-.093
	Sig. (2-tailed)	.546	.546	.407	.027	.368	.708	.313	.979	.103	.565	.059	.282	.583	.936	.420	.282	.767	.241	1.000	.647	.946	.914	.527	.708	.904	.087	.501		.155	.546	.501	.118	.327
	N	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112

Item_29	Pearson Correlation	.079	.079	.125	.005	.029	.054	.011	-.050	.073	-.034	.018	-.045	.106	.041	-.009	-.135	.005	.007	.090	-.041	.057	.073	.025	-.054	-.120	.106	.104	.135	1	-.029	-.032	.081	.151
	Sig. (2-tailed)	.409	.409	.188	.962	.759	.572	.906	.604	.446	.724	.851	.637	.267	.670	.925	.155	.962	.942	.345	.670	.551	.446	.795	.572	.209	.267	.275	.155		.759	.740	.395	.112
	N	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112
Item_30	Pearson Correlation	.033	.033	.009	.132	.075	-.197*	-.148	-.127	.206*	.035	-.089	.193*	-.035	.024	.050	.165	-.120	-.024	.089	.096	.028	.026	.031	.089	.031	.035	.060	.058	.029	1	-.012	.158	.003
	Sig. (2-tailed)	.730	.730	.927	.166	.435	.038	.118	.181	.029	.716	.348	.041	.716	.804	.601	.082	.207	.802	.348	.315	.773	.787	.745	.348	.745	.716	.532	.546	.759		.898	.097	.976
	N	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112
Item_31	Pearson Correlation	-.120	-.120	.001	.025	.048	.000	-.081	.012	.021	-.052	.108	.080	-.020	.097	-.136	-.044	-.205*	-.155	.144	.061	.072	-.057	-.064	.108	.008	.088	.012	.064	.032	1	.064	.032	.132
	Sig. (2-tailed)	.207	.207	.995	.798	.614	1.000	.399	.241	.828	.586	.258	.403	.835	.310	.152	.647	.030	.103	.131	.525	.450	.550	.504	.258	.930	.357	.903	.501	.740	.898	.501	.161	

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	N	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112
Total	Pearson Correlation	.153	.153	.139	.030	.122	.120	.055	.208*	.230*	.135	.143	.022	.227*	.118	.045	-.022	.159	.031	.207*	-.048	.269**	.165	.162	.289**	.186	.169	.210*	.121	.374**	.147	.235*	.148	.217*
	Sig. (2-tailed)	.107	.107	.145	.753	.202	.209	.568	.028	.015	.157	.133	.818	.016	.215	.635	.818	.094	.745	.028	.618	.004	.082	.088	.002	.050	.075	.026	.202	.000	.122	.012	.120	.021
	N	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112	112

Correlations

		Item_34	Item_35	Item_36	Item_37	Item_38	Item_39	Total
Item_1	Pearson Correlation	.016	-.101	.091	.037	.010	.035	.153
	Sig. (2-tailed)	.867	.291	.338	.701	.914	.716	.107
	N	112	112	112	112	112	112	112
Item_2	Pearson Correlation	.016	-.101	.091	.037	.010	.035	.153
	Sig. (2-tailed)	.867	.291	.338	.701	.914	.716	.107
	N	112	112	112	112	112	112	112
Item_3	Pearson Correlation	.024	-.062	.085	.033	-.104	-.142	.139
	Sig. (2-tailed)	.802	.513	.375	.728	.273	.136	.145
	N	112	112	112	112	112	112	112
Item_4	Pearson Correlation	.040	.056	-.184	.088	.052	.056	.030
	Sig. (2-tailed)	.677	.557	.053	.357	.587	.559	.753

	N	112	112	112	112	112	112	112
Item_5	Pearson Correlation	-.088	.028	.123	-.037	.026	-.071	.122
	Sig. (2-tailed)	.359	.770	.195	.701	.787	.460	.202
	N	112	112	112	112	112	112	112
Item_6	Pearson Correlation	.036	.109	-.107	-.125	-.036	.089	.120
	Sig. (2-tailed)	.708	.253	.261	.189	.706	.349	.209
	N	112	112	112	112	112	112	112
Item_7	Pearson Correlation	.158	.075	-.051	-.070	.005	-.145	.055
	Sig. (2-tailed)	.096	.433	.596	.463	.957	.127	.568
	N	112	112	112	112	112	112	112
Item_8	Pearson Correlation	-.180	-.079	-.070	-.017	.067	.089	.208*
	Sig. (2-tailed)	.057	.407	.462	.857	.482	.352	.028
	N	112	112	112	112	112	112	112
Item_9	Pearson Correlation	-.175	-.010	-.005	-.057	.057	.021	.230*
	Sig. (2-tailed)	.064	.913	.957	.553	.549	.829	.015
	N	112	112	112	112	112	112	112
Item_10	Pearson Correlation	-.054	-.058	.054	.036	-.093	.107	.135
	Sig. (2-tailed)	.570	.546	.570	.706	.330	.262	.157
	N	112	112	112	112	112	112	112
Item_11	Pearson Correlation	-.036	-.109	-.071	.089	-.072	.089	.143
	Sig. (2-tailed)	.708	.253	.454	.349	.450	.349	.133
	N	112	112	112	112	112	112	112
Item_12	Pearson Correlation	-.074	.060	.110	-.052	.026	-.055	.022
	Sig. (2-tailed)	.437	.531	.248	.583	.787	.565	.818
	N	112	112	112	112	112	112	112

Item_13	Pearson Correlation	.197*	.094	.124	-.107	.093	-.143	.227*
	Sig. (2-tailed)	.037	.324	.191	.259	.330	.134	.016
	N	112	112	112	112	112	112	112
Item_14	Pearson Correlation	-.068	.020	.068	.088	-.130	-.124	.118
	Sig. (2-tailed)	.476	.838	.476	.357	.173	.193	.215
	N	112	112	112	112	112	112	112
Item_15	Pearson Correlation	.033	-.086	-.033	-.052	-.010	.088	.045
	Sig. (2-tailed)	.728	.369	.728	.583	.914	.355	.635
	N	112	112	112	112	112	112	112
Item_16	Pearson Correlation	-.069	.086	.033	-.127	.155	-.052	-.022
	Sig. (2-tailed)	.469	.369	.728	.183	.103	.583	.818
	N	112	112	112	112	112	112	112
Item_17	Pearson Correlation	-.140	-.053	.068	-.020	-.057	-.052	.159
	Sig. (2-tailed)	.141	.576	.476	.835	.550	.586	.094
	N	112	112	112	112	112	112	112
Item_18	Pearson Correlation	.027	.025	.010	-.004	-.132	.041	.031
	Sig. (2-tailed)	.778	.796	.918	.964	.164	.668	.745
	N	112	112	112	112	112	112	112
Item_19	Pearson Correlation	.107	-.036	.071	.018	.108	-.054	.207*
	Sig. (2-tailed)	.261	.704	.454	.852	.256	.575	.028
	N	112	112	112	112	112	112	112
Item_20	Pearson Correlation	.032	-.166	-.104	-.124	.021	.016	-.048
	Sig. (2-tailed)	.737	.081	.275	.193	.828	.867	.618
	N	112	112	112	112	112	112	112
Item_21	Pearson Correlation	.085	.062	.169	.148	.104	-.003	.269**

	Sig. (2-tailed)	.375	.513	.075	.120	.273	.976	.004
	N	112	112	112	112	112	112	112
Item_22	Pearson Correlation	.031	-.100	.113	.057	.125	.052	.165
	Sig. (2-tailed)	.746	.296	.234	.553	.189	.589	.082
	N	112	112	112	112	112	112	112
Item_23	Pearson Correlation	-.194*	-.038	.158	-.002	.067	.002	.162
	Sig. (2-tailed)	.040	.688	.096	.987	.481	.987	.088
	N	112	112	112	112	112	112	112
Item_24	Pearson Correlation	.036	.036	.250**	-.054	.180	.054	.289**
	Sig. (2-tailed)	.708	.704	.008	.575	.057	.575	.002
	N	112	112	112	112	112	112	112
Item_25	Pearson Correlation	.021	-.038	-.021	-.145	-.005	.073	.186
	Sig. (2-tailed)	.825	.688	.825	.127	.957	.442	.050
	N	112	112	112	112	112	112	112
Item_26	Pearson Correlation	-.160	.130	.017	.071	.129	-.143	.169
	Sig. (2-tailed)	.092	.171	.857	.456	.176	.134	.075
	N	112	112	112	112	112	112	112
Item_27	Pearson Correlation	-.040	.017	-.032	.128	.093	.016	.210*
	Sig. (2-tailed)	.677	.859	.737	.180	.328	.867	.026
	N	112	112	112	112	112	112	112
Item_28	Pearson Correlation	-.038	.096	.003	.019	-.010	-.055	.121
	Sig. (2-tailed)	.688	.313	.979	.841	.914	.565	.202
	N	112	112	112	112	112	112	112
Item_29	Pearson Correlation	.131	.114	.122	.034	.000	.074	.374**
	Sig. (2-tailed)	.170	.230	.202	.724	1.000	.437	.000

	N	112	112	112	112	112	112	112
Item_30	Pearson Correlation	.016	.008	.163	-.035	.155	-.001	.147
	Sig. (2-tailed)	.867	.930	.086	.716	.103	.992	.122
	N	112	112	112	112	112	112	112
Item_31	Pearson Correlation	-.068	-.053	-.076	.232*	-.021	-.124	.235*
	Sig. (2-tailed)	.476	.576	.427	.014	.828	.193	.012
	N	112	112	112	112	112	112	112
Item_32	Pearson Correlation	.146	.013	-.038	-.055	.083	.055	.148
	Sig. (2-tailed)	.125	.892	.688	.565	.386	.565	.120
	N	112	112	112	112	112	112	112
Item_33	Pearson Correlation	.052	.081	-.159	.001	.046	.035	.217*
	Sig. (2-tailed)	.588	.395	.094	.992	.627	.716	.021
	N	112	112	112	112	112	112	112
Item_34	Pearson Correlation	1	-.079	-.142	-.017	-.113	-.054	.045
	Sig. (2-tailed)		.407	.136	.857	.234	.570	.641
	N	112	112	112	112	112	112	112
Item_35	Pearson Correlation	-.079	1	-.030	.058	.157	-.167	.179
	Sig. (2-tailed)	.407		.755	.546	.098	.079	.060
	N	112	112	112	112	112	112	112
Item_36	Pearson Correlation	-.142	-.030	1	-.019	.150	-.017	.300**
	Sig. (2-tailed)	.136	.755		.846	.115	.857	.001
	N	112	112	112	112	112	112	112
Item_37	Pearson Correlation	-.017	.058	-.019	1	-.015	.000	.169
	Sig. (2-tailed)	.857	.546	.846		.871	.997	.075
	N	112	112	112	112	112	112	112

Item_38	Pearson Correlation	-.113	.157	.150	-.015	1	.088	.365**
	Sig. (2-tailed)	.234	.098	.115	.871		.358	.000
	N	112	112	112	112	112	112	112
Item_39	Pearson Correlation	-.054	-.167	-.017	.000	.088	1	.129
	Sig. (2-tailed)	.570	.079	.857	.997	.358		.176
	N	112	112	112	112	112	112	112
Total	Pearson Correlation	.045	.179	.300**	.169	.365**	.129	1
	Sig. (2-tailed)	.641	.060	.001	.075	.000	.176	
	N	112	112	112	112	112	112	112

**. Correlation is significant at the 0.01 level (2-tailed).

*. Correlation is significant at the 0.05 level (2-tailed).

Case Processing Summary

		N	%
Cases	Valid	112	100.0
	Excluded[a]	0	.0
	Total	112	100.0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	N of Items

.005	39

Appendix 5 Validity Test Result

Motivation

Item Numbers	Pearson Correlation	Note
1	529”	Valid
2	521”	Valid
3	499”	Valid
4	817”	Valid
5	549”	Valid
6	557”	Valid
7	848”	Valid
8	797”	Valid
9	542”	Valid
10	557”	Valid
11	866”	Valid
12	854”	Valid
13	525”	Valid
14	551”	Valid
15	797”	Valid
16	820”	Valid
17	552”	Valid
18	596”	Valid
19	818”	Valid
20	848”	Valid
21	862”	Valid
22	527”	Valid
23	512”	Valid
24	875”	Valid
25	574”	Valid
26	505”	Valid
27	838”	Valid
28	785”	Valid
29	910”	Valid
30	535”	Valid
31	857”	Valid
32	837”	Valid
33	539”	Valid
34	843”	Valid
35	802”	Valid
36	825”	Valid
37	293”	Valid
38	542”	Valid
39	918”	Valid
40	825”	Valid
41	409”	Valid
42	487”	Valid
43	797”	Valid
44	848”	Valid
45	232”	Valid
	Total	**45 Valid Items**

Stress

Item Numbers	Pearson Correlation	Note
1	378”	Valid
2	250”	Valid
3	573”	Valid
4	533”	Valid
5	549”	Valid
6	169”	Valid
7	328”	Valid
8	303”	Valid
9	311”	Valid
10	129”	Valid
11	539”	Valid
12	549”	Valid
13	528”	Valid
14	268”	Valid
15	367”	Valid
16	252”	Valid
17	552”	Valid
18	162”	Valid
19	294”	Valid
20	195”	Valid
21	873”	Valid
22	294”	Valid
23	195”	Valid
24	875”	Valid
25	686”	Valid
26	131”	Valid
27	237”	Valid
28	785”	Valid
29	543”	Valid
30	178”	Valid
31	351”	Valid
32	543”	Valid
33	237”	Valid
34	351”	Valid
35	257”	Valid
36	169”	Valid
37	264”	Valid
38	529”	Valid
39	367”	Valid
40	294”	Valid
41	923”	Valid
42	234”	Valid
43	350”	Valid
44	937”	Valid
45	234”	Valid
Total		**45 Valid Items**

Anxiety

Item Numbers	Pearson Correlation	Note
1	.908”	Valid
2	.899”	Valid
3	.647”	Valid
4	.903”	Valid
5	.895”	Valid
6	.648”	Valid
7	.894”	Valid
8	.889”	Valid
9	.639”	Valid
10	.903”	Valid
11	.894”	Valid
12	.640”	Valid
13	.908”	Valid
14	.890”	Valid
15	.655”	Valid
16	.905”	Valid
17	.892”	Valid
18	.647”	Valid
19	.905”	Valid
20	.895”	Valid
21	.631”	Valid
22	.900”	Valid
23	.892”	Valid
24	.903”	Valid
25	.894”	Valid
26	.640”	Valid
27	.908”	Valid
28	.890”	Valid
29	.655”	Valid
30	.905”	Valid
31	.892”	Valid
32	.647”	Valid
33	.905”	Valid
34	.828”	Valid
35	.792”	Valid
36	.669”	Valid
37	.864”	Valid
38	.529”	Valid
39	.819”	Valid
40	.606”	Valid
41	.923”	Valid
42	.792”	Valid
43	.750”	Valid
44	.937”	Valid

45	.894”	Valid
46	.995”	Valid
47	.992”	Valid
48	.883	Valid
49	.324”	Valid
50	.900”	Valid
51	.894”	Valid
52	.789”	Valid
53	.888”	Valid
54	.297”	Valid
55	.992”	Valid
	Total	**55 Valid Items**

Extrovert and Introvert Validity

Item Numbers	Pearson Correlation	Note
1	.153	Valid
2	.153	Valid
3	.139	Valid
4	.030	Valid
5	.122	Valid
6	.120	Valid
7	.055	Valid
8	.208	Valid
9	.230	Valid
10	.135	Valid
11	.143	Valid
12	.022	Valid
13	.227	Valid
14	.118	Valid
15	.045	Valid
16	-.022	Valid
17	.159	Valid
18	.041	Valid
19	-.054	Valid
20	.208	Valid
21	.230	Valid
22	.135	Valid
23	.143	Valid
24	.022	Valid
25	.227	Valid
26	.118	Valid
27	.045	Valid
28	-.022	Valid
29	.159	Valid

30	.041	Valid
31	-.054	Valid
32	.227	Valid
33	.118	Valid
34	.045	Valid
35	-.022	Valid
36	.159	Valid
37	.160	Valid
38	.200”	Valid
39	.365”	Valid
Total		**39 items valid**

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Appendix 6 Students' Responses

Motivation

| Students | Statements | | |

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Appendix 7. Research Permission Letter

KEMENTERIAN PENDIDIKAN, KEBUDAYAAN,
RISET DAN TEKNOLOGI
UNIVERSITAS PENDIDIKAN GANESHA
PASCASARJANA
Jalan Udayana Nomor 11 Singaraja, Bali 81116 Telepon (0362) 32558 Laman www.pasca.undiksha.ac.id

Nomor : /UN48.14/KM/DPS/2022 Singaraja, 15 Agustus 2023
Lamp : -
Hal : Mohon Ijin Pengambilan Data

Kepada
Yth. : Kepala SMAN 3 Denpasar
di-
Tempat

Dengan hormat, dalam rangka pengumpulan data untuk Penelitian Tesis mahasiswa Pascasarjana Universitas Pendidikan Ganesha, kami mohon kesedian Bapak/Ibu untuk dapat menerima dan mengijinkan mahasiswa kami sebagai berikut

Nama	: Ni Wayan Tasya Astri Prawisanthi
NIM	: 2129081047
Program Studi	: Pendidikan Bahasa Inggris Pascasarjana
Judul Proposal	:Comparison Of Efl Introvert and Extrovert Students' Anxiety, Stress, and Motivation After the Covid-19 Pandemic in SMA Negeri 3 Denpasar

untuk mendapatkan data/informasi yang dibutuhkan oleh mahasiswa dalam melakukan penelitian.
Atas perhatian, perkenaan dan kerja sama yang baik kami ucapkan terima kasih

Menyetujui,

Pembimbing 1

Prof. Ni Made Ratminingsih, M.A.
NIP. 196609081991022002

Pembimbing 2

Dr. Ni Luh Putu Eka Sulistia Dewi,S.Pd. M.Pd.
NIP. 19810419200604200 2

Mengetahui,
a.n. Direktur,

Prof. Dr. I Gede Putu Arnyana, M.Si
NIP. 19581231198601 1005

Appendix 8. Pictures

Ni Wayan Tasya Astri Prawisanthi was born on September 20th, 1998, in Denpasar, Bali. She is the eldest child of I Wayan Suana and Ni Nyoman Yasnadi. Growing up, she resided at Jalan Jayapangus Peguyangan Kaja, Denpasar, where she cultivated a deep connection to her community and surroundings.

After completing her bachelor's degree in English Language Education in 2020, Tasya embarked on her professional journey by joining SMA Negeri 3 Denpasar as a teacher in 2021. Her commitment to education and her students quickly became evident through her innovative teaching methods and dedication to their academic growth.

Driven by her insatiable curiosity and passion for continuous learning, Tasya made the decision to pursue a master's degree in English Education. She enrolled in the Postgraduate Program at Universitas Pendidikan Ganesha, where she immersed herself in advanced studies and research in her field.

During her tenure at Universitas Pendidikan Ganesha, Tasya undertook intensive research culminating in her thesis titled "Comparison Of Efl Introvert And Extrovert Students' Anxiety, Stress, And Motivation After The Covid-19 Pandemic In Sma Negeri 3 Denpasar". Her thesis reflects her scholarly pursuits and contributions to the field of English Language Education, showcasing her analytical skills in education field.