

**PENGARUH ASESMEN DIRI BERMUATAN PROFIL PELAJAR
PANCASILA TERHADAP KETAHANMALANGAN DAN
KETERAMPILAN BERPIKIR KRITIS DENGAN
MENGONTROL EFIKASI DIRI**

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ABSTRAK

Penelitian ini bertujuan untuk mengkaji pengaruh asesmen diri bermuatan profil pelajar Pancasila dalam pembelajaran IPA terhadap ketahananmalangan dan keterampilan berpikir kritis dengan mengontrol efikasi diri. Penelitian ini dilakukan dengan pendekatan eksperimen semu pada siswa kelas VII SMP Negeri di Kecamatan Abang, Kabupaten Karangasem dengan menggunakan rancangan *single factor independent group design with use of covariate*. Penelitian ini melibatkan sampel sebanyak 306 orang siswa SMP kelas VII yang diambil dengan teknik *random sampling*. Instrumen yang digunakan untuk mengambil data adalah kuesioner ketahananmalangan, tes keterampilan berpikir kritis, dan kuesioner efikasi diri. Data penelitian diolah dengan analisis kovarians multivariat dengan bantuan program SPSS 23.0. Hasil penelitian menunjukkan: (1) terdapat perbedaan ketahananmalangan dan keterampilan berpikir kritis secara simultan antara siswa yang mengikuti pembelajaran IPA dengan asesmen diri bermuatan profil pelajar Pancasila dengan siswa yang mengikuti pembelajaran IPA dengan asesmen diri yang biasa dilakukan di sekolah sebelum dan setelah mengontrol efikasi diri, (2) ketahananmalangan siswa yang mengikuti pembelajaran IPA dengan asesmen diri bermuatan profil pelajar Pancasila lebih tinggi daripada siswa yang mengikuti pembelajaran IPA dengan asesmen diri yang biasa dilakukan di sekolah sebelum dan setelah mengontrol efikasi diri, (3) keterampilan berpikir kritis siswa yang mengikuti pembelajaran IPA dengan asesmen diri bermuatan profil pelajar Pancasila lebih tinggi daripada siswa yang mengikuti pembelajaran IPA dengan asesmen diri yang biasa dilakukan di sekolah sebelum dan setelah mengontrol efikasi diri. Berdasarkan temuan penelitian ini, guru disarankan menggunakan asesmen diri bermuatan profil pelajar Pancasila untuk meningkatkan ketahananmalangan dan keterampilan berpikir kritis siswa.

Kata-kata kunci: *asesmen diri, profil pelajar Pancasila, ketahananmalangan, keterampilan berpikir kritis, efikasi diri*

**THE EFFECT OF SELF-ASSESSMENT CONTAINING PANCASILA
STUDENT PROFILE ON ADVERSITY QUOTIENT
AND CRITICAL THINKING SKILLS BY
CONTROLLING SELF-EFFICACY**

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ABSTRACT

This research aimed at investigating the effect of self-assessment containing the Pancasila student profile in science learning on adversity quotient and critical thinking skills by controlling self-efficacy. This research was conducted by using a quasi-experimental approach on seventh-grader students of State Junior High Schools in Abang District, Karangasem Regency particularly adapting a single factor independent group design with covariate. This research involved 306 seventh-grade junior high school students which were selected by using a random sampling technique. The research instruments were an adversity quotient questionnaire, critical thinking skill test, and self-efficacy questionnaire. Research data were processed using multivariate covariance analysis with the help of the SPSS 23.0 program. The results of the research showed: (1) there were differences in adversity quotient and critical thinking skills simultaneously between students who took science learning with a self-assessment containing the Pancasila student profile and students who took science learning with the self-assessment usually conducted at school before and after controlling for self-efficacy, (2) the adversity quotient of students who took part in science learning with self-assessment containing the Pancasila student profile was higher than students who took science learning with self-assessment which was usually conducted in school before and after controlling for self-efficacy, (3) the critical thinking skills of students who took part in science learning with self-assessment containing the Pancasila student profile was higher than students who took science learning with self-assessment which was usually conducted in school before and after controlling for self-efficacy. Based on the findings of this research, teachers were advised to use self-assessments containing the Pancasila student profile to improve students' adversity quotient and critical thinking skills.

Keywords: *self-assessment, Pancasila student profile, adversity quotient, critical thinking skills, self-efficacy*