

DAFTAR PUSTAKA

- A'la, N., Fitria, N. and Suryawati, I. (2021) *Hubungan Tingkat Stres Dengan Kualitas Tidur Pada Lansia*.
- Ambarwati, P.D., Pinilih, S.S. and Astuti, R.T. (2019) *Gambaran Tingkat Stres Mahasiswa, Jurnal Keperawatan Jiwa*.
- Amelia, R. and Kurniawati, I. (2020) 'Hubungan dukungan keluarga terhadap kepatuhan diet hipertensi pada penderita hipertensi di kelurahan tapos depok', *Jurnal Kesehatan Saemakers PERDANA (JKSP)*, 3(1), pp. 77–90.
- Amin, N.F., Garancang, S. and Abunawas, K. (2023) 'Konsep Umum Populasi dan Sampel dalam Penelitian', *PILAR*, 14(1), pp. 15–31.
- Badan Pusat Statistik (2023) 'Statistik Penduduk Lanjut Usia 2023'. Available at: <https://webapi.bps.go.id/download.php?f=bSfr4ON0U6aTfyYeRbpA0ytR/R112B2eCw7u9E2rLhYml9NKBoickOeOmO/wCCuLM+yObnkiFvxkNIh9lGqBRv8OTML8teaRkLqv7RTPyQFlu+htuwOP/UuJ54B106OV4Ah31NpbMSLoat07uEvg1zrZMGJOrsYSB6Rbtc+UhXCSgObjHLI32SwwjKBlr3R72gO799TYKKUVBdF+WudO7QVQreLwBGKjJdUv2sUJQIh8a8wxYCGKsUMxQVhMk3nMqLPym3Tsvce2pTEvd3MGeQ==> (Accessed: 22 May 2024).
- Basyit, A., Sutikno, B. and Dwiharto, J. (2020) 'Pengaruh tingkat pendidikan dan pengalaman kerja terhadap kinerja karyawan', *Jurnal Ema*, 5(1), pp. 12–20.
- Bell, K., Candidate, P. and Olin, B.R. (2018) *Hypertension: The Silent Killer: Updated JNC-8 Guideline Recommendations*. Available at: www.APArX.org1AlabamaPharmacyAssociation|334.271.4222|www.aparx.org|apa@aparx.org.
- Chaudhuri, A. (2019) 'Pathophysiology of stress: a review', *International Journal of Research and Review*, 6(5), pp. 199–213.
- Chu, B. *et al.* (2024) 'Physiology, stress reaction', in *StatPearls [Internet]*. StatPearls Publishing.
- Cowles, B. and Medvedev, O.N. (2022) 'Depression, Anxiety and Stress Scales (DASS)', in *Handbook of Assessment in Mindfulness Research*. Springer, pp. 1–15.
- Dahlan, M.S. (2014) *Metode MSD (Multiaksial Sopiudin Dahlan) Pintu Gerbang Memahami Epidemiologi, Biostatistik, dan Metode Penelitian*. Jakarta: Sagung Seto.
- Dinas Kesehatan Kabupaten Buleleng (2022) *Profil Kesehatan 2022*.
- Fadlilah, S., Rahil, N.H. and Lanni, F. (2020) 'Analisis Faktor Yang Mempengaruhi Tekanan Darah Dan Saturasi Oksigen Perifer (Spo₂)', *Jurnal Kesehatan Kusuma Husada*, pp. 21–30.
- Farhadi, F. *et al.* (2023) 'Prevalence of uncontrolled hypertension and its associated factors in 50–74 years old Iranian adults: a population-based study', *BMC*

Cardiovascular Disorders, 23(1). Available at: <https://doi.org/10.1186/s12872-023-03357-x>.

- Fitriyani, F., Jannah, M. and Wardi, V. (2022) ‘Determinan Stres Kerja Pada Perawat Instalasi Gawat Darurat dan Unit Perawatan Intensif di Rumah Sakit Umum Daerah dr. Rasidin Padang’, *IKESMA*, 18(2), p. 99. Available at: <https://doi.org/10.19184/ikesma.v18i1.23362>.
- Iqbal, A.M. and Jamal, S.F. (2023) ‘Essential hypertension’, in *StatPearls [Internet]*. StatPearls Publishing.
- Issalillah, F. and Aisyah, N. (2022) *The Elderly and the Determinants of Stress, Journal of Social Science Studies*.
- James, P.A. *et al.* (2014) ‘2014 Evidence-based guideline for the management of high blood pressure in adults: Report from the panel members appointed to the Eighth Joint National Committee (JNC 8)’, *JAMA*. American Medical Association, pp. 507–520. Available at: <https://doi.org/10.1001/jama.2013.284427>.
- Jonathan, A.C. and Herdiana, I. (2020) ‘Coping Stress Pascacerai: Kajian Kualitatif Pada Ibu Tunggal’, *INSAN Jurnal Psikologi dan Kesehatan Mental*, 5(1), p. 71. Available at: <https://doi.org/10.20473/jpkm.v5i12020.71-87>.
- Kaunang, V.D. *et al.* (2019) *Gambaran Tingkat Stres Pada Lansia*.
- KBBI (Kamus Besar Bahasa Indonesia) (no date) *Kamus versi online/daring (Dalam Jaringan)*.
- Kuswandono, E.K.O. (2019) ‘Hubungan Perilaku Olahraga terhadap Hipertensi pada Lansia di Puskesmas Sidomulyo Pekanbaru’, *Ensiklopedia of journal*, 1(4).
- Lumban, G. (2016) ‘Teori Stres: Stimulus, Respons, dan Transaksional’, *Buletin Psikologi*, 24(1), p. 1. Available at: <https://doi.org/10.22146/bpsi.11224>.
- Maulia, M. *et al.* (2021) *ANALISIS KEJADIAN PENYAKIT HIPERTENSI DI KABUPATEN PINRANG Analysis Of The Event Of Hypertension Disease In Pinrang District*. Available at: <http://jurnal.umpar.ac.id/index.php/makes>.
- Merry, L. *et al.* (2024) ‘Hubungan Tingkat Stress Dengan Kualitas Tidur Lansia di Pedukuhan Cepoko Tlrenggo Bantul’, *Jurnal Ilmiah Keperawatan*, 12(2). Available at: <https://doi.org/10.52236/ih.v10i2.607>.
- Muharrom, M. and Damaiyanti, M. (2020) ‘Hubungan Usia, Jenis Kelamin, Aktivitas Fisik terhadap Depresi pada Lansia di Samarinda’, *Borneo Studies and Research*, 1(3), pp. 1359–1364.
- Noor, C.A. and Merijanti, L.T. (2020) ‘Hubungan antara aktivitas fisik dengan fungsi kognitif pada lansia’, *Jurnal Biomedika dan Kesehatan*, 3(1), pp. 8–14. Available at: <https://doi.org/10.18051/JBiomedKes.2020.v3.8-14>.
- Nuraeni, E. (2019) ‘HUBUNGAN USIA DAN JENIS KELAMIN BERESIKO DENGAN KEJADIAN HIPERTENSI DI KLINIK X KOTA TANGERANG’, *Universitas Muhammadiyah Tangerang*, 4.

- Nurhidayati, I. *et al.* (2019) 'Penderita hipertensi dewasa lebih patuh daripada lansia dalam minum obat penurun tekanan darah', *Jurnal Kesehatan Masyarakat Indonesia*, 13(2), pp. 1–5.
- Oparil, S. *et al.* (2018) 'Hypertension', *Nature Reviews Disease Primers*. Nature Publishing Group. Available at: <https://doi.org/10.1038/nrdp.2018.14>.
- PAPDI (2014) *Buku Ajar Ilmu Penyakit Dalam*. VI. Jakarta: Interna Publishing.
- Reni, W. (2018) *Hubungan Antara Tingkat Stres Dengan Kejadian Hipertensi Pada Lansia di Posyandu Bodroyono Kelurahan Ngegong Kecamatan Manguharjo Kota Madiun*.
- Retnaningsih, D. and Larasati, N. (2021) 'Peningkatan pengetahuan tentang hipertensi dengan metode pendidikan kesehatan di lingkungan masyarakat', *Community Development Journal*, 2(2), pp. 378–382. Available at: https://d1wqtxts1xzle7.cloudfront.net/75913115/pdf-libre.pdf?1638939359=&response-content-disposition=inline%3B+filename%3DPeningkatan_Pengetahuan_Tentang_Hiperten.pdf&Expires=1732363696&Signature=L3upLjvDsISSpZrlaqDtWzgK~FE00b8JC1cwq5X9RqHVT87236OGLXSXDns6qDgpPBspjm3bOdOkITlu3Bic0ZnCNmd41~mThfV5G0U-dIVEVXDSTAE-4vk-tKpJRAHe1LWfqsHrsL-EMBFQ2W9vUC~rTO3FLwFrWbwtPjPlnpy4eUYAEPHSrbpd0bFwFWXXEguWo6mThIHLYYOcdqnQHGctPZ9jjVO9q7nxQO5vJ-Xsylvks2QF26sWb5YevjtF7IFsXN~VnANKGA878HxkDfvucbXydE6lNH EfgvY82beDEuBKSavEpwI4ZVPTWQRum0SaMXYQzjLZ1~EfGNUqh2g_&Key-Pair-Id=APKAJLOHF5GGSLRBV4ZA (Accessed: 22 November 2024).
- RISKESDAS (2018a) 'Badan Penelitian dan Pengembangan Kesehatan Kementerian RI tahun 2018'. Available at: <https://repository.badankebijakan.kemkes.go.id/id/eprint/3514/1/Laporan%20Riskesdas%202018%20Nasional.pdf> (Accessed: 24 May 2024).
- RISKESDAS (2018b) *Laporan Provinsi Bali RISKESDAS 2018*.
- Safari, G., Yulianingsih, S. and Waryantini, W. (2022) 'Relationship Of Stress With Blood Pressure In Elderly > 60', *KESANS: International Journal of Health and Science*, 1(7), pp. 718–731.
- Salman, Y. *et al.* (2020) 'Analisis Faktor Dominan Terhadap Kejadian Hipertensi Pada Lansia di Puskesmas Cempaka Analysis of Dominant Factors with the Incidence of Hypertension in Elderly in Cempaka Health Center', *Jurnal Dunia Gizi*, 3(1), pp. 15–22. Available at: <https://ejournal.helvetia.ac.id/jdg>.
- Silan, V. *et al.* (2022) 'An unattended silent killer: A facility-based cross-sectional study on undiagnosed hypertension from Haryana, India', *Asian Journal of Medical Sciences*, 13, pp. 136–141. Available at: <https://doi.org/10.3126/ajms.v13i9.44446>.

- Sutarjana, M.A. (2021) 'Hubungan Frekuensi Konsumsi Kafein Dan Tingkat Stres Dengan Kejadian Hipertensi Pada Usia Dewasa Muda', *Gizi Indonesia*, 44(2), pp. 145–154.
- Sutriyawan, A. *et al.* (2022) 'Risk Factors Predicting Hypertension in the Elderly', *Iranian Journal of War and Public Health*, 14(4), pp. 433–438. Available at: <https://doi.org/10.29252/ijwph.14.2.433>.
- Tanna, K. and Khatri, S. (2021) 'Correlation between Perceived Stress and Blood Pressure among Adults', *International Journal of Recent Innovations in Medicine and Clinical Research*, (3), pp. 42–47. Available at: <https://ijrimcr.com/>.
- Tantisattamo, E. *et al.* (2022) 'Reconciling Systolic Blood Pressure Intervention Trial with Eighth Joint National Commission: a nuanced view of optimal hypertension control in the chronic kidney disease population', *Current Opinion in Nephrology and Hypertension*, 31(1). Available at: https://journals.lww.com/co-nephrolhypertens/fulltext/2022/01000/reconciling_systolic_blood_pressure_intervention.8.aspx.
- Tumanduk, W.M., Nelwan, J.E. and Asrifuddin, A. (2019) *Faktor-faktor risiko hipertensi yang berperan di Rumah Sakit Robert Wolter Mongisidi*.
- Unger, T. *et al.* (2020) '2020 International Society of Hypertension global hypertension practice guidelines', *Hypertension*, 75(6), pp. 1334–1357.
- WHO (2013) *Mental Health Action Plan 2013-2020*.
- WHO (2021) *Hypertension*. Available at: <https://www.who.int/news-room/factsheets/detail/hypertension> (Accessed: 17 May 2024).
- Yuniartika, W. and Bima Murti, T. (2020) 'Hubungan Jenis Kelamin dan Lama Sakit dengan Kejadian Depresi Pada Lansia Penderita Hipertensi', *Journal of Holistic Nursing Science*, 7(2), pp. 99–105. Available at: <https://doi.org/10.31603/nursing.v7i2.3076>.
- Yusuf, N.M. and Yusuf, J.M. (2020) 'Faktor-Faktor yang Mempengaruhi Stres Akademik', *Psyche 165 Journal*, 13(2), pp. 235–239. Available at: <https://doi.org/10.35134/jpsy165.v13i2.84>.