

**IMPLEMENTASI MODEL PEMBELAJARAN *PROBLEM BASED
LEARNING* UNTUK MENINGKATKAN HASIL BELAJAR PJOK
MATERI BOLA BESAR PADA PESERTA DIDIK KELAS V SD NO 4
MENGWI**

Oleh

I Putu Eka Wicaksana, NIM 2016011054

**Jurusan Pendidikan Olahraga, Prodi Pendidikan Jasmani Kesehatan dan
Rekreasi**

ABSTRAK

Penelitian ini bertujuan untuk meningkatkan hasil belajar PJOK materi bola besar yaitu sepak bola dan basket. Penelitian ini merupakan jenis penelitian tindakan kelas. Subjek penelitian ini adalah peserta didik kelas V SD No.4 Mengwi. Data diambil dengan cara tes pada aspek pengetahuan dan aspek keterampilan. Data dianalisis menggunakan analisis *Statistik Deskriptif*. Berdasarkan hasil analisis data didapatkan bahwa ketuntasan hasil belajar pada siklus I dan siklus II materi bola besar yaitu sepak bola dan basket. Kriteria ketuntasan hasil belajar PJOK pada siklus I yaitu 89,3% dan ketuntasan hasil belajar PJOK pada siklus II persentase 82,14%. Jadi berdasarkan hasil penelitian tindakan kelas yang telah dilaksanakan mengenai proses pembelajaran dapat disimpulkan bahwa implementasi model pembelajaran *problem based learning* dapat meningkatkan hasil belajar PJOK materi bola besar pada peserta didik kelas V SD No. 4 Mengwi. Implikasi penelitian ini disarankan guru PJOK untuk menggunakan model pembelajaran *problem based learning* karena dapat meningkatkan hasil belajar bola besar.

Kata Kunci: *problem based learning*, hasil belajar, sepak bola, basket

**IMPLEMENTATION OF PROBLEM BASED LEARNING MODEL TO
IMPROVE THE LEARNING OUTCOMES OF BIG BALL MATERIAL IN
CLASS V STUDENTS OF SD NO 4 MENGWI**

By

I Putu Eka Wicaksana, NIM 2016011054

***Department of Sports Education, Health and Recreation Physical Education
Study Program***

ABSTRACT

This research aims to improve the learning outcomes of PJOK big ball material, namely football and basketball. This research is a type of classroom action research. The subject of this study is a student of class V SD No.4 Mengwi. Data was taken by means of tests on the knowledge aspect and skill aspect. The data were analyzed using Descriptive Statistical analysis. Based on the results of data analysis, it was found that the completeness of learning outcomes in cycle I and cycle II of big ball material, namely football and basketball. The criteria for the completeness of PJOK learning outcomes in cycle I was 89.3% and the completeness of PJOK learning outcomes in cycle II was 82.14%. So based on the results of the classroom action research that has been carried out regarding the learning process, it can be concluded that the implementation of the problem-based learning model can improve the learning outcomes of PJOK big ball material in grade V students of SD No. 4 Mengwi. The implication of this study is that PJOK teachers are advised to use the problem-based learning model because it can improve the learning outcomes of big balls.

Keywords: *problem based learning, learning outcomes, football, basketball*