

**PENGEMBANGAN MULTIMEDIA PEMBELAJARAN TEKNIK DASAR
SIKAP BERDIRI DAN TEKNIK DASAR KUDA-KUDA BERBASIS
WEBSITE BERORIENTASI *PROJECT BASED LEARNING* PADA MATA
KULIAH TEORI DAN PRAKTIK PEMBELAJARAN PENCAK SILAT**

Oleh

Ida Anak Agung Istri Mirah Widyani, NIM 2116011008

Program Studi Pendidikan Jasmani Kesehatan dan Rekreasi

ABSTRAK

Penelitian ini bertujuan untuk mengembangkan produk multimedia pembelajaran teknik dasar sikap berdiri dan teknik dasar kuda-kuda berbasis *website* berorientasi *project based learning* pada mata kuliah teori dan praktik pembelajaran pencak silat. Dalam penelitian ini menggunakan model pengembangan *Borg & Gall* yang terdiri dari 10 tahapan yaitu, 1) Penelitian awal dan pengumpulan data; 2) Perencanaan; 3) Pengembangan draf produk; 4) Uji coba lapangan awal; 5) Revisi hasil uji coba; 6) Uji coba lapangan utama; 7) Revisi produk; 8) Uji coba lapangan skala luas/uji kelayakan; 9) Revisi produk akhir; 10) Diseminasi dan implementasi, namun dibatasi sampai tahapan ke 9 dikarenakan keterbatasan waktu dan biaya. Desain penelitian meliputi uji validitas ahli, uji coba produk, dan uji kepraktisan, dengan subjek penelitian yang melibatkan dosen dan mahasiswa Penjaskesrek FOK Undiksha. Data dikumpulkan melalui kuesioner dan dianalisis secara deskriptif kualitatif dan deskriptif kuantitatif. Berdasarkan hasil penelitian menunjukkan bahwa dari uji ahli isi mendapatkan skor 95% dengan kualifikasi sangat baik, uji ahli media mendapatkan skor 96% dengan kualifikasi sangat baik, uji ahli desain pembelajaran mendapatkan skor 90% dengan kualifikasi sangat baik, uji coba perorangan mendapatkan skor 90% dengan kualifikasi sangat baik, uji coba kelompok kecil mendapatkan skor 90,9% dengan kualifikasi sangat baik, uji coba kelompok besar mendapatkan skor 92,2% dengan kualifikasi sangat baik, dan uji kepraktisan mendapatkan skor 92,4% dengan kualifikasi sangat praktis. Dapat disimpulkan bahwa multimedia pembelajaran dinyatakan layak sebagai media pembelajaran pencak silat materi teknik dasar sikap berdiri dan teknik dasar kuda-kuda.

Kata-kata kunci: Multimedia Pembelajaran, *Website*, PJBL, Pencak Silat

**DEVELOPMENT OF MULTIMEDIA LEARNING BASIC STANDING
TECHNIQUES AND BASIC EASY TECHNIQUES BASED ON A PROJECT
BASED LEARNING WEBSITE ORIENTED IN PENCAK SILAT THEORY
AND PRACTICE LEARNING COURSES**

By

Ida Anak Agung Istri Mirah Widyani, NIM 2116011008

Health and Recreation Physical Education Study Program

ABSTRACT

This study aims to develop multimedia learning products for basic standing techniques and basic horse stance techniques based on a website oriented towards project based learning in the theory and practice of pencak silat learning courses. This study uses the Borg & Gall development model which consists of 10 stages, namely, 1) Research and data collection; 2) Planning; 3) Develop preliminary form of product; 4) Preliminary field testing; 5) Main product revision; 6) Main field testing; 7) Operational product revision; 8) Operational field testing; 9) Final product revision; 10) Dissemination and implementation, but limited to stage 9 due to time and cost constraints. The research design includes expert validity tests, product trials, and practicality tests, with research subjects involving lecturers and students of Penjaskesrek FOK Undiksha. Data were collected through questionnaires and analyzed using qualitative and quantitative descriptive methods. Based on the results of the study, it shows that from the content expert test, it got a score of 95% with very good qualifications, the media expert test got a score of 96% with very good qualifications, the learning design expert test got a score of 90% with very good qualifications, the individual trial got a score of 90% with very good qualifications, the small group trial got a score of 90.9% with very good qualifications, the large group trial got a score of 92.2% with very good qualifications, and the practicality test got a score of 92.4% with very practical qualifications. It can be concluded that learning multimedia is declared feasible as a learning media for pencak silat material on basic standing techniques and basic horse stance techniques.

Keywords : *Learning Multimedia, Website, PJBL, Pencak Silat*