

IMPLEMENTASI MODEL PEMBELAJARAN *PROBLEM BASED LEARNING* (PBL) BERBANTUAN MEDIA AUDIO VISUAL (VIDEO) TERHADAP HASIL BELAJAR TEKNIK DASAR *PASSING* BOLA BASKET PADA PESERTA DIDIK KELAS VIII SMP NEGERI 5 KUTA SELATAN

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ABSTRAK

Penelitian ini bertujuan untuk mengetahui peningkatan hasil belajar (PJOK) melalui materi teknik dasar *passing* bola basket pada peserta didik kelas VIII.2 SMP Negeri 5 Kuta Selatan dengan mengimplementasikan model pembelajaran *Problem Based Learning* (PBL) berbantuan media Audio Visual(Video). Penelitian ini merupakan penelitian tindakan kelas. Subjek penelitian ini adalah peserta didik kelas VIII.2 SMP Negeri 5 Kuta Selatan, sedangkan objek penelitian adalah materi teknik dasar *passing* bola basket dalam permainan bola basket dengan implementasi model pembelajaran *Problem Based Learning* (PBL) berbantuan media Audio Visual(Video). Data diambil dengan cara observasi tes terhadap gerakan teknik dasar *passing* (*Chest Pass*, *Bounce Pass*, *Overhead Pass*) bola basket pada aspek kognitif dan aspek psikomotor. Data dianalisis menggunakan analisis *Statistik Deskriptif*. Hasil penelitian menunjukkan bahwa implementasi model pembelajaran *Problem Based Learning* (PBL) berbantuan media Audio Visual(Video) dapat meningkatkan hasil belajar (PJOK) melalui teknik dasar *passing* bola basket pada peserta didik kelas VIII.2 SMP Negeri 5 Kuta Selatan. Dapat dilihat pada siklus I dan siklus II persentase peningkatan hasil belajar aspek pengetahuan dari ketuntasan 10 orang (32%) menjadi ketuntasan 26 orang (84%), peningkatan hasil belajar aspek keterampilan dari ketuntasan 8 orang (26%) menjadi ketuntasan 28 orang (90%).

Kata kunci: *Problem Based Learning*, *Audio Visual*, Hasil belajar, PJOK

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ABSTRACT

This study aims to determine the improvement of learning outcomes (PJOK) through the material of basic basketball passing techniques for class VIII.2 students of SMP Negeri 5 Kuta Selatan by implementing the Problem Based Learning (PBL) learning model assisted by Audio Visual(Video) media. This study is a classroom action research. The subjects of this study were class VIII.2 students of SMP Negeri 5 Kuta Selatan, while the object of the study was the material of basic basketball passing techniques in basketball games with the implementation of the Problem Based Learning (PBL) learning model assisted by Audio Visual(Video) media. Data were taken by means of observation tests on basic passing technique movements (Chest Pass, Bounce Pass, Overhead Pass) in basketball on cognitive and psychomotor aspects. Data were analyzed using Descriptive Statistics analysis. The results of the study showed that the implementation of the Problem Based Learning (PBL) learning model assisted by Audio Visual(Video) media can improve learning outcomes (PJOK) through basic basketball passing techniques for class VIII.2 students of SMP Negeri 5 Kuta Selatan. It can be seen in cycle I and cycle II that the percentage increase in learning outcomes in the knowledge aspect increased from 10 students (32%) to 26 students (84%), and the increase in learning outcomes in the skills aspect increased from 8 students (26%) to 28 students (90%).

Keyword: *Problem Based Learning, Audio Visual, Learning Outcomes, PJOK*