

**PENGEMBANGAN BAHAN AJAR PENCAK SILAT BERBASIS DIGITAL
(FLIPBOOK) PADA MATA KULIAH TP. PEMBELAJARAN PENCAK
SILAT MATERI TENDANGAN**

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ABSTRAK

Penelitian ini bertujuan untuk mengembangkan bahan ajar pencak silat berbasis digital (*flipbook*) pada mata kuliah TP. Pembelajaran Pencak Silat materi tendangan pada mahasiswa fakultas olahraga dan kesehatan. Jenis penelitian yang digunakan yaitu penelitian pengembangan dengan model ADDIE, yang terdiri atas 5 tahapan yaitu, (1) analisis (*analyze*), (2) perancangan (*design*), (3) pengembangan (*development*), (4) implementasi (*implementation*), dan (5) evaluasi (*evaluation*). Rancang bangun bahan ajar pencak silat berbasis digital (*flipbook*) terdiri dari cover yang dimana terdapat logo Universitas dan Fakultas, judul materi, identitas Prodi, Fakultas dan Universitas. Pada pendahuluan terdapat sejarah, urgensi, aspek – aspek pencak silat dan evaluasi pembelajaran. Inti pembahasan terdapat uraian materi, jenis – jenis tendangan dan juga menampilkan video tutorial. Penutup menampilkan rangkuman, daftar pustaka, profil peraga dan profil pengembang. Desain penelitian meliputi uji validitas ahli, uji coba produk, dan uji kepraktisan, dengan subjek penelitian yang melibatkan dosen dan mahasiswa Penjaskesrek FOK Undiksha. Data dikumpulkan melalui kuesioner dan dianalisis secara deskriptif kualitatif dan deskriptif kuantitatif. Berdasarkan hasil penelitian menunjukkan hasil persentase uji ahli isi/materi pembelajaran sebesar 97% berkualifikasi sangat baik, uji ahli desain pembelajaran sebesar 96,2% berkualifikasi sangat baik, uji ahli media pembelajaran sebesar 93,7% berkualifikasi sangat baik, uji ahli praktisi lapangan sebesar 95% berkualifikasi sangat baik. Uji coba perorangan sebesar 89,8% berkualifikasi baik, uji coba kelompok kecil sebesar 87,3% berkualifikasi baik, dan uji coba kelompok besar sebesar 91,5% berkualifikasi sangat baik. Dapat disimpulkan bahwa bahan ajar pencak silat berbasis digital (*flipbook*) pada mata kuliah TP. Pembelajaran Pencak Silat materi tendangan sangat layak digunakan untuk mahasiswa Fakultas Olahraga dan Kesehatan.

Kata – kata kunci : Bahan Ajar, Pencak Silat, Tendangan, ADDIE

**DEVELOPMENT OF DIGITAL-BASED PENCAK SILAT TEACHING
MATERIALS (FLIPBOOK) IN THE COURSE OF PENCAK SILAT LEARNING
TP. KICKING MATERIAL**

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ABSTRACT

This study aims to develop digital-based pencak silat teaching materials (flipbook) in the TP course. Pencak Silat learning material on kicks for students of the Faculty of Sports and Health. The type of research used is development research with the ADDIE model, which consists of 5 stages, namely, (1) analysis, (2) design, (3) development, (4) implementation, and (5) evaluation. The design of digital-based pencak silat teaching materials (flipbook) consists of a cover containing the University and Faculty logos, material titles, study program, faculty and university identities. In the introduction, there is history, urgency, aspects of pencak silat and learning evaluation. The core discussion contains descriptive material, types of kicks and also displays video tutorials. The closing displays a summary, bibliography, demonstration profile and developer profile. The research design includes expert validity tests, product trials, and practicality tests, with research subjects involving lecturers and students of Penjaskesrek FOK Undiksha. Data were collected through questionnaires and analyzed descriptively qualitatively and descriptively quantitatively. Based on the results of the study, the percentage of expert content/learning material tests was 97% qualified very well, expert learning design tests were 96.2% qualified very well, expert learning media tests were 93.7% qualified very well, expert field tests were 95% qualified very well. Individual trials were 89.8% qualified well, small group trials were 87.3% qualified well, and large group trials were 91.5% qualified very well. It can be concluded that bringing digital-based pencak silat teaching materials (flipbooks) to the TP course. Pencak Silat learning material on kicks is very suitable for use by students of the Faculty of Sports and Health.

Keywords: *Teaching Materials, Pencak Silat, Kicks, ADDIE*