

**PENGEMBANGAN MEDIA *LIFT THE FLAP BOOK SAFARI EMOTION*
DALAM MENSTIMULASI KEMAMPUAN EMOSIONAL ANAK
KELOMPOK B DI TAMAN KANAK-KANAK**

Oleh

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ABSTRAK

Penelitian ini didasari dengan kemampuan emosional dalam mengenal dan mengelola emosi pada anak di kelompok B yang tergolong rendah. Penelitian ini bertujuan untuk mengembangkan media *lift the flap book safari emotion*. Penelitian ini berisi analisis validitas isi media, kepraktisan media, serta keefektifan media. Penelitian ini menggunakan model ADDIE, desain uji coba *one shot case study* dengan subjek merupakan media *lift the flap book safari emotion* dan objek berupa validitas, kepraktisan serta efektivitas. Metode pengumpulan data dilakukan dengan memberikan lembar tes kepada peserta didik serta melakukan wawancara dengan kepala sekolah serta guru di kelompok B. Media *lift the flap book safari emotion* ini dapat membantu anak dalam proses pembelajaran. Hasil penelitian menunjukkan bahwa media *lift the flap book safari emotion* ini memiliki tingkat validitas isi media yang tinggi, respon guru terhadap kepraktisan media sangat baik, serta secara signifikan efektif untuk meningkatkan kemampuan emosional anak terutama dalam mengenal dan mengelola emosi.

Kata Kunci : Lift The Flap Book Safari Emotion, Mengenal Emosi, Mengelola Emosi

***DEVELOPMENT OF LIFT THE FLAP BOOK SAFARI EMOTION MEDIA
IN STIMULATING EMOTIONAL ABILITIES OF GROUP B CHILDREN IN
KINDERGARTEN***

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ABSTRACT

This study is based on the emotional ability in recognizing and managing emotions in children in group B which is classified as low. This study aims to develop the lift the flap book safari emotion media. This study contains an analysis of the validity of the media content, the practicality of the media, and the effectiveness of the media. This study uses the ADDIE model, a one-shot case study trial design with the subject being the lift the flap book safari emotion media and the object being validity, practicality and effectiveness. The data collection method was carried out by providing test sheets to students and conducting interviews with the principal and teachers in group B. This lift the flap book safari emotion media can help children in the learning process. The results of the study showed that this lift the flap book safari emotion media has a high level of media content validity, the teacher's response to the practicality of the media is very good, and it is significantly effective in improving children's emotional abilities, especially in recognizing and managing emotions.

Keywords : Lift The Flap Book Safari Emotion, Recognizing Emotions, Managing Emotions