

**EXPLORING THE IMPLEMENTATION OF E-
PORTFOLIO ON STUDENTS' SPEAKING
PERFORMANCE AND EMOTIONAL WELL-BEING:
AN IN-DEPTH STUDY ON POSITIVE PSYCHOLOGY
USING PHOTOVOICE**



BY:

GRES DESIKA BR KABAN

2112021038

ENGLISH LANGUAGE EDUCATION

FACULTY OF LANGUAGE AND ART

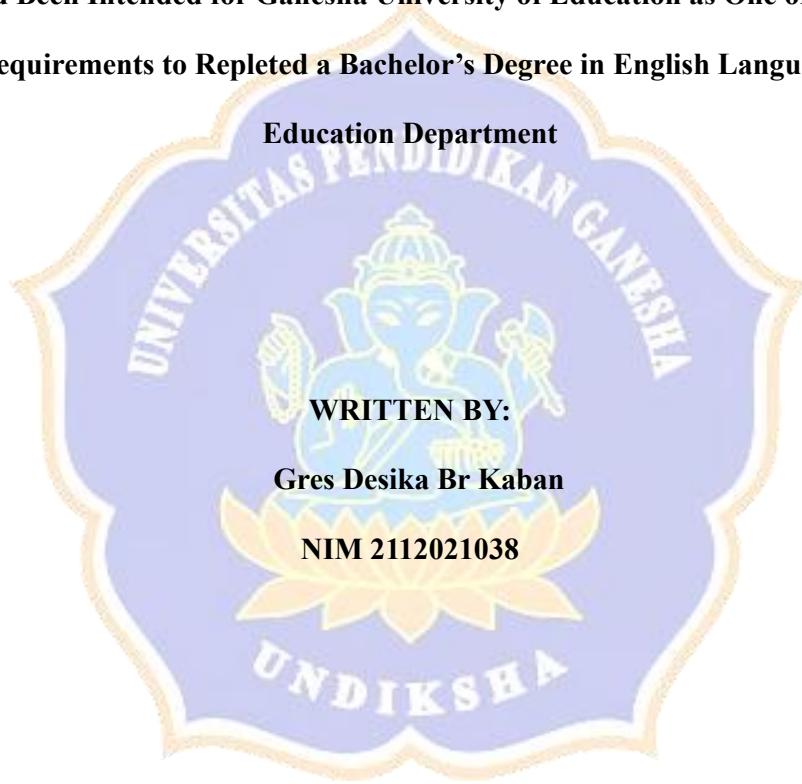
GANESHA UNIVERSITY OF EDUCATION

2025

**EXPLORING THE IMPLEMENTATION OF E-PORTFOLIO ON
STUDENTS' SPEAKING PERFORMANCE AND EMOTIONAL WELL-
BEING: AN IN-DEPTH STUDY ON POSITIVE PSYCHOLOGY USING
PHOTOVOICE**

A THESIS

**Had Been Intended for Ganesha University of Education as One of The
Requirements to Repleted a Bachelor's Degree in English Language**



**ENGLISH LANGUAGE EDUCATION
FACULTY OF LANGUAGE AND ART
GANESHA UNIVERSITY OF EDUCATION**

2025

**EXPLORING THE IMPLEMENTATION OF E-PORTFOLIO ON
STUDENTS' SPEAKING PERFORMANCE AND EMOTIONAL WELL-
BEING: AN IN-DEPTH STUDY ON POSITIVE PSYCHOLOGY USING
PHOTOVOICE**

SKRIPSI

Diajukan Kepada

Universitas Pendidikan Ganesha

Untuk Memenuhi Salah Satu Persyaratan dalam Menyelesaikan

Program Sarjana Pendidikan Bahasa Inggris

Oleh:

Gres Desika Br Kaban

NIM 2112021038

PENDIDIKAN BAHASA INGGRIS

FAKULTAS BAHASA DAN SENI

UNIVERSITAS PENDIDIKAN GANESHA

2025

LEMBAR PERSETUJUAN PEMBIMBING

SKRIPSI

**DIAJUKAN UNTUK MELENGKAP TUGAS DAN MEMENUHI
SYARAT-SYARAT UNTUK MENCAPAI GELAR SARJANA
PENDIDIKAN**

Menyetujui

Pembimbing 1,



I Putu Indra Kusuma, S.Pd., M.Pd., Ph.D

NIP. 198701172014041001

Pembimbing 2,



Luh Indrayani, S.Pd., M.Pd.

NIP. 199305162023212040

LEMBAR PERSETUJUAN DOSEN PENGUJI

Skripsi oleh Gres Desika Br Kaban

Telah dipertahankan didepan dewan penguji

Pada tanggal: 11 Juni 2025

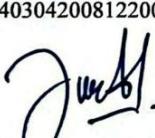
Dewan Penguji,


Dr. Ni Luh Putu Eka Sulistia Dewi, S.Pd., M.Pd. (Ketua)

NIP. 198104192006042002


Made Hery Santosa, S.Pd., M.Pd., Ph.D. (Anggota)
NIP. 197910232003121001


Dr. Kadek Sonia Piscayanti, S.Pd., M.Pd. (Anggota)
NIP. 198403042008122002


I Putu Indra Kusuma, S.Pd., M.Pd., Ph.D. (Anggota)
NIP. 198701172014041001


Luh Indrayani, S.Pd., M.Pd. (Anggota)
NIP. 199305162023212040

LEMBAR PERSETUJUAN DAN PENGESAHAN PANITIA UJIAN

SKRIPSI

Diterima oleh Panitia Ujian Fakultas Bahasa dan Seni
Universitas Pendidikan Ganesha
guna memenuhi syarat-syarat untuk mencapai gelar Sarjana Pendidikan

Pada

Hari : *Rabu*
Tanggal : *11 juni 2025*

Mengetahui

Ketua Ujian,

Sekretaris Ujian,


Dr. Ni Luh Putu Eka Sulistia Dewi, S.Pd., M.Pd.
NIP. 198104192006042002


Prof. Dr. IGA Lokita Purnamika Utami, S.Pd., M.Pd.
NIP. 19830402206042001

Mengesahkan

Dekan Fakultas Bahasa dan Seni



Drs. T Gede Nurjaya, M.Pd.

NIP. 196503201990031002

PERNYATAAN

Dengan ini saya menyatakan bahwa karya tulis yang berjudul **"EXPLORING THE IMPLEMENTATION OF E-PORTFOLIO ON STUDENTS' SPEAKING PERFORMANCE AND EMOTIONAL WELL-BEING: AN IN-DEPTH STUDY ON POSITIVE PSYCHOLOGY USING PHOTOVOICE"** beserta seluruh isinya, merupakan benar-benar karya saya sendiri dan tidak melakukan penjiplakan dan mengutip dengan cara yang tidak sesuai dengan etika yang berlaku dalam masyarakat keilmuan. Atas pernyataan ini, saya siap menanggung sanksi yang dijatuhkan kepada saya apabila kemudian hari ditemukannya pelanggaran atas etika keilmuan dalam karya seni saya ini, atau ada klaim terhadap keaslian karya tulis ini.

Singaraja, 11 Juni 2025

Yang Pembuat Pernyataan,



Gres Desika Br Kaban

NIM. 2112021038

DEDICATIONS

This thesis is highly dedicated to the following:

My Lord and Savior Jesus Christ for the constant blessing, guidance, and strength that have accompanied me throughout the journey of my life.

My Beloved Parents:

(Alm.) Kampion Kaban & Sabarkita Br Ginting

My Lovely Siblings:

Tirza Eirene Br Kaban

Brenta Ananda Yorai Kaban

My Supervisors:

I Putu Indra Kusuma, S.Pd., M.Pd., Ph.D.

Luh Indrayani, S.Pd., M.Pd

My Supportive Friends:

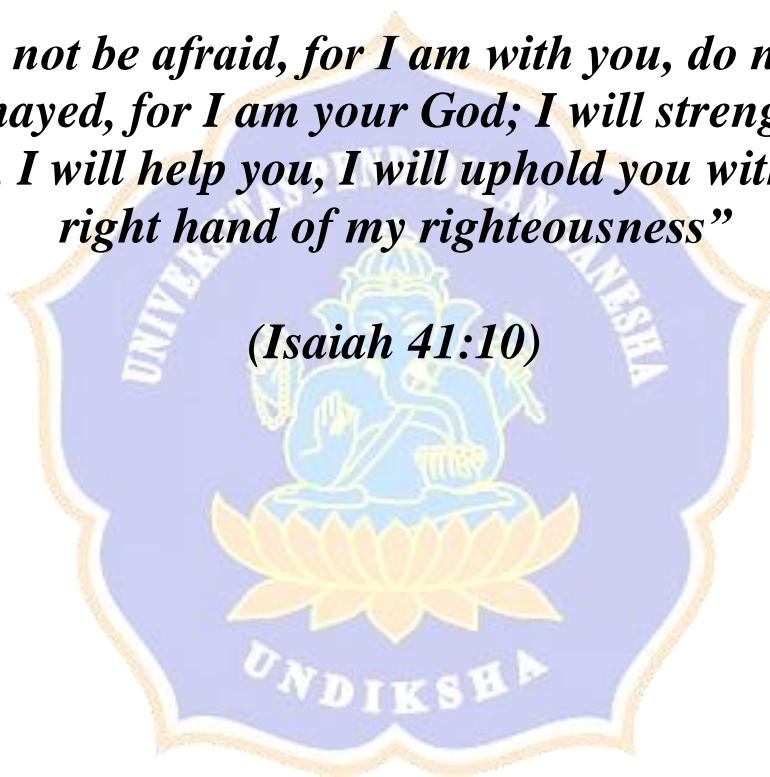
Sekar, Juni, Nadia

To Myself

Thank you for being strong

“Do not be afraid, for I am with you, do not be dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with the right hand of my righteousness”

(Isaiah 41:10)

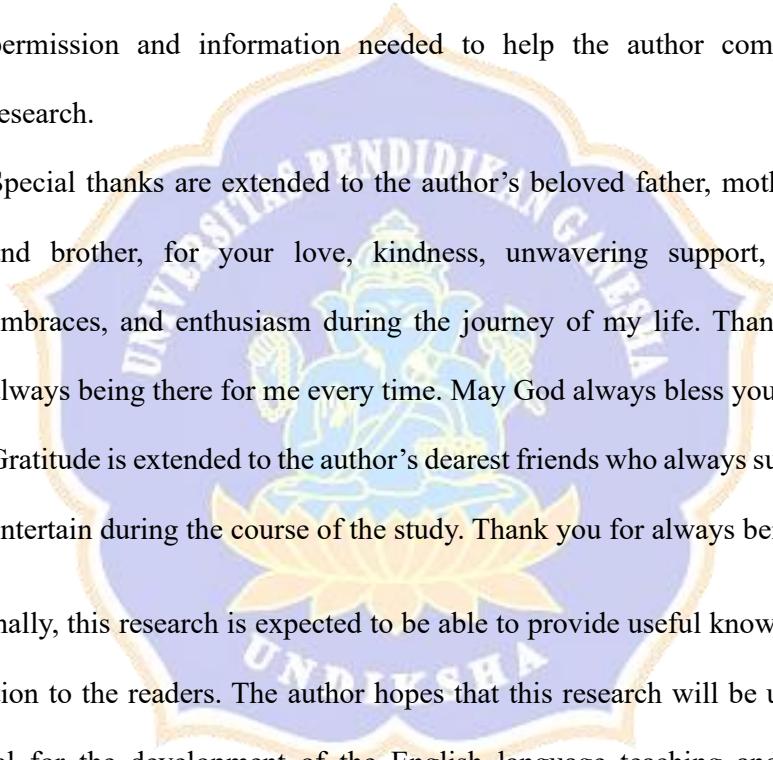


ACKNOWLEDGEMENT

First of all, the author would like to say thank you to the singular and omnipotent Jesus Christ, that because of His blessings, the author could finish this research entitled **“EXPLORING THE IMPLEMENTATION OF E-PORTFOLIO ON STUDENTS’ SPEAKING PERFORMANCE AND EMOTIONAL WELL-BEING: AN IN-DEPTH STUDY ON POSITIVE PSYCHOLOGY USING PHOTOVOICE”** as one of the requirements for Sarjana Pendidikan (S.Pd) in the English Language Education Department, Arts and Language Faculty, Ganesha University of Education.

The author also expresses heartfelt appreciation to people who had offered guidance, time, support, motivation, and valuable insights during the process of conducting this research:

1. I Putu Indra Kusuma, S.Pd., M.Pd., Ph.D., as the first supervisor in this study. Gratitude is extended for your patience, kindness, guidance, and time, as well as the valuable input and suggestion for this research from the beginning until the end.
2. Luh Indrayani, S.Pd., M.Pd., as the second supervisor in this study. Gratitude is extended for your kindness, guidance, insightful suggestion and time, all of which have greatly enhanced this research.
3. Made Hery Santosa, S.Pd., M.Pd., Ph.D., as the first examiner in this study. The author is thankful for your kindness, constructive feedback, which significantly contributed to the refinement of this research.

- 
4. Dr. Kadek Sonia Piscayanti, S.Pd., M.Pd., as the second examiner in this study. The author is thankful for your kindness, constructive feedback, which significantly contributed to the refinement of this research.
 5. Gratitude is extended for all lecturers at the English Language Education Department for sharing your knowledge and experience during the course of the study.
 6. The headmaster, teachers, and students of SMA Negeri 1 Sukasada who give permission and information needed to help the author complete this research.
 7. Special thanks are extended to the author's beloved father, mother, sister, and brother, for your love, kindness, unwavering support, patience, embraces, and enthusiasm during the journey of my life. Thank you for always being there for me every time. May God always bless you.
 8. Gratitude is extended to the author's dearest friends who always support and entertain during the course of the study. Thank you for always being there.

Finally, this research is expected to be able to provide useful knowledge and information to the readers. The author hopes that this research will be useful and beneficial for the development of the English language teaching and learning process.

Singaraja, 11 Juni 2025
Yang Pembuat Pernyataan,

Gres Desika Br Kaban
NIM. 2112021038

TABLE OF CONTENTS

| | |
|--|-----|
| ACKNOWLEDGEMENT | i |
| ABSTRACT..... | iii |
| CHAPTER I..... | 1 |
| INTRODUCTION | 1 |
| 1.1 Research Background..... | 1 |
| 1.2 Identification of the Problem..... | 5 |
| 1.3 Research Question | 7 |
| 1.4 Research Objective..... | 7 |
| 1.5 Significance of the Research | 7 |
| 1.5.1 Theoretical Significance | 7 |
| 1.5.2 Practical Significance | 8 |
| CHAPTER II..... | 9 |
| LITERATURE REVIEW | 9 |
| 2.1 Theoretical Review | 9 |
| 2.1.1 Teaching Speaking Using Technology..... | 9 |
| 2.1.2 The Notion of E-portfolio | 11 |
| 2.1.3 The Implementation of E-portfolio in Teaching Speaking | 13 |
| 2.1.4 Speaking Performance | 15 |
| 2.1.5 Emotional Well-Being | 17 |
| 2.1.6 Photovoice | 19 |
| 2.2 Empirical Review | 20 |
| CHAPTER III | 26 |
| RESEARCH METHOD..... | 26 |
| 3.1 Research Design | 26 |

| | |
|---|----|
| 3.2 Research Setting | 27 |
| 3.3 Research Participant | 27 |
| 3.4 The Researcher and Participants | 28 |
| 3.5 Data Collection Method | 28 |
| 3.6 Research Instrument | 29 |
| 3.7 Research Procedure | 31 |
| 3.8 Data Analysis..... | 32 |
| 3.9 Data Trustworthiness and Credibility..... | 35 |
| CHAPTER IV | 36 |
| FINDINGS AND DISCUSSION | 36 |
| 4.1 Findings | 36 |
| 4.2 Discussion | 63 |
| CHAPTER V | 70 |
| CONCLUSION | 70 |
| 5.1 Conclusion..... | 70 |
| 5.2 Suggestion | 71 |
| REFERENCES..... | 73 |

LIST OF APPENDICES

| | |
|--|-----|
| Appendix 01. Attachment Letter | 80 |
| Appendix 02. Interview Protocol | 81 |
| Appendix 03. Table of Thematic Analysis of Semi-Structured Interview | 82 |
| Appendix 04. Table of Thematic Analysis of Photovoice | 91 |
| Appendix 05. WhatsApp Group | 93 |
| Appendix 06. Students' Photovoice | 94 |
| Appendix 07. Documentation during E-portfolio Activities | 96 |
| Appendix 08. Participants' Video and Comments on YouTube | 100 |
| Appendix 09. Documentation during the Interview | 101 |

