

**PENGARUH MANAJEMEN WAKTU, MOTIVASI KULIAH, DAN
AKTUALISASI DIRI TERHADAP PRESTASI AKADEMIK MAHASISWA
PERAN GANDA UNDIKSHA**

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ABSTRAK

Penelitian ini bertujuan menguji secara simultan dan parsial pengaruh manajemen waktu, motivasi kuliah, aktualisasi diri terhadap prestasi akademik mahasiswa peran ganda Undiksha. Rancangan penelitian yang digunakan adalah kuantitatif kausal. Data dianalisis menggunakan analisis regresi linear berganda dengan menggunakan program *Statistical Package for Social Science (SPSS) 25.0 for Windows* dalam mengolah data. Metode pengambilan sampel menggunakan metode *non probability sampling* dengan teknik *purposive sampling* serta jumlah sampel dalam penelitian ini yaitu 150 mahasiswa peran ganda Undiksha. Hasil penelitian menunjukkan bahwa (1) manajemen waktu, prestasi akademik, dan aktualisasi diri secara simultan berpengaruh signifikan terhadap prestasi akademik mahasiswa peran ganda Undiksha, (2) manajemen waktu berpengaruh positif dan signifikan terhadap prestasi akademik mahasiswa peran ganda Undiksha, (3) motivasi kuliah tidak berpengaruh positif dan signifikan terhadap prestasi akademik mahasiswa peran ganda undiksha, serta (4) aktualisasi diri tidak berpengaruh positif dan signifikan terhadap prestasi akademik mahasiswa peran ganda Undiksha. Penelitian selanjutnya diharapkan melakukan eksplorasi menggunakan variabel serta metode yang berbeda demi hasil yang lebih mendalam.

Kata Kunci: aktualisasi diri, manajemen waktu, mahasiswa peran ganda undiksha, motivasi kuliah, prestasi akademik.

**THE EFFECT OF TIME MANAGEMENT, COLLEGE MOTIVATION, AND
SELF-ACTUALIZATION ON THE ACADEMIC ACHIEVEMENT OF
UNDIKSHA'S DUAL ROLE STUDENTS**

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ABSTRACT

This study aims to simultaneously and partially test the influence of time management, college motivation, and self-actualization on the academic achievement of dual role students at Undiksha. The research design used is quantitative causal. Data were analyzed using multiple linear regression analysis using the program Statistical Package for Social Science (SPSS) 25.0 for Windows in processing data. The sampling method uses the method of probability sampling with technique purposive sampling and the number of samples in this study was 150 dual role students of Undiksha. The results of the study showed that (1) time management, college motivation, and self-actualization simultaneously had a significant effect on the academic achievement of dual role students of Undiksha, (2) time management had a positive and significant effect on the academic achievement of dual role students of Undiksha, (3) college motivation did not have a positive and significant effect on the academic achievement of dual role students of Undiksha, and (4) self-actualization did not have a positive and significant effect on the academic achievement of dual role students of Undiksha. Further research is expected to explore using different variables and methods for more in-depth results.

Keywords: *Self-actualization, time management, dual role students of Undiksha, college motivation, academic achievement.*