

**PENGEMBANGAN BAHAN AJAR PENCAK SILAT BERBASIS DIGITAL
(*FLIPBOOK*) PADA MATERI SIKAP PASANG DALAM TP.**

PEMBELAJARAN PENCAK SILAT DI PRODI

PENJASKESREK FOK UNDIKSHA

Oleh

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Abstrak

Penelitian ini bertujuan untuk: (1) mendeskripsikan rancangan pengembangan media pembelajaran berbasis digital (*flipbook*) pada topik pembelajaran pencak silat materi sikap pasang, (2) mengetahui hasil uji validitas terhadap bahan ajar digital (*flipbook*), dan (3) mengetahui hasil uji kepraktisan mahasiswa melalui uji coba perorangan, uji coba kelompok kecil, dan uji coba kelompok besar terhadap bahan ajar yang dikembangkan. Penelitian ini merupakan penelitian pengembangan (*Research and Development*) dengan menggunakan model ADDIE yang terdiri dari tahap *analysis*, *design*, *development*, *implementation*, dan *evaluation*. Subjek penelitian meliputi ahli isi pembelajaran, ahli desain pembelajaran, ahli media pembelajaran, serta mahasiswa semester III kelas A Program Studi Pendidikan Jasmani, Kesehatan, dan Rekreasi (PJKR) Fakultas Olahraga dan Kesehatan Universitas Pendidikan Ganesha. Teknik pengumpulan data menggunakan angket validasi ahli dan angket respon mahasiswa, yang dianalisis secara deskriptif kualitatif dan kuantitatif. Hasil penelitian menunjukkan bahwa bahan ajar digital berbasis *flipbook* pada materi sikap pasang pencak silat telah berhasil dikembangkan melalui lima tahapan model ADDIE. Produk yang dihasilkan berisi materi lengkap disertai gambar dan video tutorial gerakan, sehingga memudahkan mahasiswa memahami materi secara mandiri dan interaktif. Hasil uji validitas menunjukkan bahwa penilaian dari ahli isi pembelajaran memperoleh persentase 100%, ahli desain pembelajaran 96,1%, dan ahli media pembelajaran 92,5%, dengan kategori sangat valid dan layak digunakan. Hasil uji kepraktisan menunjukkan bahwa uji coba perorangan memperoleh skor 95,5%, uji coba kelompok kecil 96,9%, dan uji coba kelompok besar 92,8%, dengan kategori sangat praktis. Berdasarkan hasil tersebut, dapat disimpulkan bahwa bahan ajar digital berbasis *flipbook* pada materi sikap pasang pencak silat dinyatakan sangat valid, sangat praktis, dan layak digunakan sebagai media pembelajaran yang mendukung efektivitas dan kemandirian belajar mahasiswa.

Kata Kunci: Pengembangan, ADDIE, *Flipbook*, Pencak silat

**DEVELOPMENT OF DIGITAL-BASED PENCAK SILAT TEACHING
MATERIALS (FLIPBOOKS) FOR THE POSITION POSITION IN PENCAK
SILAT LEARNING COURSE IN THE PENJASKESREK FOK UNDIKSHA
STUDY PROGRAM**

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Abstract

This study aims to: (1) describe the design for developing digital-based learning media (flipbooks) for the topic of pencak silat, the position POSITION POSITION, (2) determine the validity test results for the digital teaching materials (flipbooks), and (3) determine the results of student practicality testing through individual trials, small group trials, and large group trials of the developed teaching materials. This research is a Research and Development (R&D) study using the ADDIE model, which consists of the stages of analysis, design, development, implementation, and evaluation. The research subjects included learning content experts, learning design experts, learning media experts, and third semester students of class A of the Physical Education, Health, and Recreation (PJKR) Study Program, Faculty of Sports and Health, Ganesha University of Education. Data collection techniques used expert validation questionnaires and student response questionnaires, which were analyzed descriptively qualitatively and quantitatively. The results of the study showed that flipbook-based digital teaching materials on the material of pencak silat stances had been successfully developed through the five stages of the ADDIE model. The resulting product contained complete material accompanied by images and video tutorials of movements, making it easier for students to understand the material independently and interactively. The results of the validity test showed that the assessment of learning content experts obtained a percentage of 100%, learning design experts 96.1%, and learning media experts 92.5%, with the category of very valid and suitable for use. The results of the practicality test showed that individual trials obtained a score of 95.5%, small group trials 96.9%, and large group trials 92.8%, with the category of very practical. Based on these results, it can be concluded that the flipbook-based digital teaching material for the pencak silat stance is highly valid, highly practical, and suitable for use as a learning medium that supports effective and independent student learning.

Keywords: Development, ADDIE, Flipbook, Pencak Silat