

ABSTRAK

Sering kencing merupakan suatu kondisi yang alamiah terjadi pada ibu hamil trimester III, meski begitu hal ini harus tetap diperhatikan karena kondisi sering kencing dapat mengakibatkan beberapa kondisi bahkan komplikasi seperti KPD bahkan BBLR. Tujuan Laporan Tugas Akhir ini memberikan asuhan kebidanan komprehensif pada perempuan "KD" UK 40 Minggu 4 Hari, bersalin, nifas 2 minggu, dan neonatus 2 minggu. Jenis penelitian yang digunakan dalam laporan tugas akhir ini adalah penelitian deskriptif dengan pendekatan studi kasus. Pengumpulan data dilakukan dengan metode wawancara, observasi, pemeriksaan fisik dan pemeriksaan penunjang. Penelitian ini berlokasi di PMB "LM" dengan melakukan asuhan kebidanan komprehensif pada perempuan "KD" sejak usia kehamilan 40 minggu 4 hari sampai dengan nifas 2 minggu dan neonatus 2 minggu. Asuhan kebidanan pertama perempuan "KD" mengeluh sering kencing dan sudah mendapatkan KIE penyebab dan penanganan keluhan sering kencing yaitu dengan melakukan senam kegel dan personal hygiene khususnya pada area genitalia, persiapan persalinan dan dukungan emosional. Pada saat kunjungan kedua keluhan sering kencing yang dialami perempuan "KD" sudah mereda dan sudah dapat beradaptasi dengan kondisinya saat ini. Proses persalinan perempuan "KD" dengan fisiologis, namun di dalam tindakan pertolongan persalinan dengan 60 langkah APN masih terdapat kesenjangan. Bayi lahir secara spontan belakang kepala tanpa ada penyulit. Pada proses nifas perempuan "KD" maupun proses adaptasi neonatus tidak ditemukan adanya tanda bahaya. Asuhan kebidanan pada perempuan "KD" di PMB "LM" berjalan secara fisiologis dan sudah terlaksana secara komprehensif dan berkesinambungan. Harapan penulis semoga dengan dilakukannya asuhan kebidanan komprehensif dapat meningkatkan pemahaman masyarakat sehingga dapat mengantisipasi terjadinya komplikasi selama kehamilan, bersalin dan nifas.

Kata Kunci : Kehamilan Trimester III, Sering kencing Asuhan Kebidanan Komprehensif.

ABSTRACT

Frequent urination is a natural condition that occurs in pregnant women in the third trimester, even so this must still be considered because frequent urination can cause several conditions and even complications such as KPD and even LBW. The purpose of this Final Assignment Report is expected to be able to provide comprehensive midwifery care for mrs "KD" gestational age 40 Weeks 4 Days, giving birth, 2 weeks postpartum, and 2 weeks neonate. The type of research used in this final assignment report is descriptive research with a case study approach. Data collection was carried out using interview methods, observation, physical examination and supporting examinations. This study was located at PMB "MR" by conducting comprehensive midwifery care for mrs "KD" from 40 weeks 4 days of pregnancy to 2 weeks postpartum and 2 weeks neonate. The first midwifery care for mrs "KD" complained of frequent urination and had received IEC on the causes and treatment of complaints of frequent urination, namely by doing Kegel exercises and personal hygiene especially in the genital area, preparation for childbirth and emotional support. At the time of the second visit, the complaint of frequent urination experienced by the mrs "KD" had subsided and she was able to adapt to her current condition. The labor process of the mrs "KD" was physiological, but in the delivery assistance with 60 APN steps there were still gaps. The baby was born spontaneously behind the head without any complications. In the postpartum process of the mrs "KD" and the neonatal adaptation process, no danger signs were found. Based on the results of comprehensive midwifery care that has been carried out, there are deviations between theory and practice in the field, but this does not harm the mrs "KD" and her baby. The author hopes that by carrying out comprehensive midwifery care, it can improve public understanding so that they can anticipate complications during pregnancy, childbirth and postpartum.

Keywords: *Third Trimester pregnancy, Frequent urination, Comprehensive obstetric care*