

DAFTAR PUSTAKA

- Afolabi, J., Laffer, C. L., Beasley, H. K., Hinton, A., Masenga, S. K., & Kirabo, A. (2024). Salt Sensitivity of Blood Pressure. *Circulation Research*, 134(10), 1234–1239. <https://doi.org/10.1161/CIRCRESAHA.123.322982>
- Agung Prabowo, N., Dwi Ardyanto, T., Hanafi, M., Dwi Aryani Kuncorowati, N., Dyanneza, F., Apriningsih, H., & Tantri Indriani, A. (2021). Peningkatan Pengetahuan Diet Diabetes, Self Management Diabetes dan Penurunan Tingkat Stres Menjalani Diet pada Pasien Diabetes Mellitus Tipe 2 di Rumah Sakit Universitas Sebelas Maret Article Info. *Jurnal Warta LPM*, 24(2), 285–296. <http://journals.ums.ac.id/index.php/warta>
- Ahmed, A. M., Nur, S. M., & Xiaochen, Y. (2023). Association between obstructive sleep apnea and resistant hypertension: systematic review and meta-analysis. *Frontiers in Medicine*, 10. <https://doi.org/10.3389/fmed.2023.1200952>
- Alfonsa Batmanlussy, V. (2023). Efektivitas Penggunaan Metode Telenursing terhadap Kepatuhan Pasien Skizofrenia: A Literature Review. *Jurnal Keperawatan Muhammadiyah Bengkulu*, 11, 112–119. <https://doi.org/10.36085/jkmb.v11i2.4443>
- Almulla, M. A. (2023). Constructivism learning theory: A paradigm for students' critical thinking, creativity, and problem solving to affect academic performance in higher education. *Cogent Education*, 10(1). <https://doi.org/10.1080/2331186X.2023.2172929>
- Amin, N. F., Garancang, S., & Abunawas, K. (2023). *Konsep Umum Populasi Dan Sampel Dalam Penelitian*. 14.
- Andriani, Y., Maidaliza, M., & Alvaensi, R. I. (2020). Pemberian Pendidikan Kesehatan Melalui Telenursing terhadap Peningkatan Pengetahuan dan Pencegahan Keputihan Patologis pada Remaja. *Jurnal Kesmas Asclepius*, 2(2), 81–87. <https://doi.org/10.31539/jka.v2i2.1630>
- Arindari, D. R., & Suswitha, D. (2020). Health Belief Model Factors to Medication Adherence among Hypertensive Patients in Punti Kayu Public Health Center Palembang, Indonesia. *Jurnal Keperawatan*, 11(1), 22–27. <https://doi.org/10.22219/jk.v11i1.10483>
- Cecchini, M., Filippini, T., Whelton, P. K., Iamandii, I., Di Federico, S., Boriani, G., & Vinceti, M. (2024). Alcohol Intake and Risk of Hypertension: A Systematic Review and Dose-Response Meta-Analysis of Nonexperimental Cohort Studies. *Hypertension*, 81(8), 1701–1715. <https://doi.org/10.1161/HYPERTENSIONAHA.124.22703>
- Chang, Y.-H., Fu, C.-H., Hsu, M.-H., Okoli, C., & Guo, S.-E. (2024). The effectiveness of a transtheoretical model-based smoking cessation intervention for rural smokers: A quasi-experimental longitudinal study. *Patient Education and Counseling*, 122, 108136. <https://doi.org/10.1016/j.pec.2024.108136>

- Dias, G. T. L. (2024). *Pelatihan Telenursing untuk Meningkatkan Kesiapan Perawat dalam Implementasi Telenursing dan Evaluasi Pelaksanaan Telenursing pada Pasien Pasca Rawat Inap*. <https://doi.org/10.33846/sf14420>
- Elmakki, E. (2025). The Role of Lifestyle Modifications in Preventing and Managing Systemic Hypertension: Current Guidelines and Future Directions. *Annals of African Medicine*, 24(1), 1–8. https://doi.org/10.4103/aam.aam_90_24
- Elvira, M., Sinthania, D., Dewi, D. S., Yessi, H., & Arif, M. (2024). Pencegahan dan Pengendalian Hipertensi melalui Penguatan Peran Kader dan Senam Hipertensi Gemakes: *Jurnal Pengabdian Kepada Masyarakat*, 4(1), 8–14. <https://doi.org/10.36082/gemakes.v4i1.1405>
- Fahira, A., & Setyanagara, A. (2025). The Effect of Health Promotion on Health Cadres' Knowledge of Tuberculosis Preventive Therapy in Sukorame, Kediri. In *CoMPHI Journal: Community Medicine and Public Health of Indonesia Journal* (Vol. 6, Issue 2).
- Firdaus, A. B., & Nurhayati, F. (2022). *Hubungan antara literasi kesehatan dengan perilaku hidup sehat siswa SMA Negeri 1 Berbek*. <https://ejournal.unesa.ac.id/index.php/jurnal-pendidikan-jasmani/issue/archivehttps://ejournal.unesa.ac.id/index.php/jurnal-pendidikan-jasmani>
- Fitriyani, L., & Catur Yuliani, F. (2025). Pengaruh Pelatihan Kader Posyandu Terhadap Kemampuan Deteksi Dini Tanda Bahaya Kehamilan Di Desa Menganti Kedung Jepara. *Jurnal Multidisiplin Ilmu Akademik*, 2(5), 296–305. <https://doi.org/10.61722/jmia.v2i5.6568>
- Fitriyani, L., Catur Yuliani, F., Studi Ilmu Keperawatan, P., & Ilmu Kesehatan, F. (2025). Pengaruh Pelatihan Kader Posyandu terhadap Kemampuan Deteksi Dini Tanda Bahaya Kehamilan di Desa Menganti, Kedung, Jepara. *Jurnal Multidisiplin Ilmu Akademik*, 2(5), 296–305. <https://doi.org/10.61722/jmia.v2i5.6568>
- Gozali, W., Pradipta, I. D. A. G. F., Nurma Linda, I., Tisnasari, I. A. M. A. S., Gayatri, G., & Sunday, K. M. A. (2025). *Optimalisasi Peran Kader Skrining Layak Hamil Calon Pengantin sebagai Upaya Promotif dan Preventif Stunting* (Vol. 10, Issue 1).
- Gozali, W., Pratiwi, P. I., Bayu, M., Widiarta, O., Agchani, A. A., Paramita, K. D., Kadek, N., Indrayani, D., Anggita, M., & Jayanti, A. (2024). *Peningkatan Peran Kader Posyandu dalam Mencapai Safe Motherhood dengan Upaya Promotif Triple Elimination Screening* (Vol. 9).
- Hafni Sahir, S. (2022). *Metodologi Penelitian*. www.penerbitbukumurah.com
- Handayani, O. W. K., Zainafree, I., Farida, E., & Setyawati, V. A. V. (2023). Moving Education and Individual Education as of Communities Health Education Models in Health Emergency Conditions. *Jurnal Kesehatan Masyarakat*, 18(3), 416–422. <https://doi.org/10.15294/kemas.v18i3.40567>

- Hijrah, H., B. Batticaca, F., & Fredy Saputra, M. K. (2025). Optimizing the role of health volunteers in early detection of non-communicable diseases through community nursing education. *Jurnal Pengabdian Masyarakat Edukasi Indonesia*, 2(2), 55–62. <https://doi.org/10.61099/jpmei.v2i2.76>
- Hilfida, N. H., Miftahussurur, M., & Nihayati, H. E. (2023). Konsep Kompetensi Keperawatan dalam Praktik Telenursing. *Journal of Telenursing (JOTING)*, 5(1), 771–786. <https://doi.org/10.31539/joting.v5i1.5908>
- Inna Nadhifah, Layyinatus Shifa, Falahut Tamam Al-Hasan, & Bakti Fatwa Anbiya. (2025). Peran Teori Kognitivisme dalam Meningkatkan Proses Pembelajaran PAI. *Jurnal Teknologi Pendidikan*, 5(1). <https://doi.org/10.37304/jtekipend.v5i1.17405>
- Ismail, L., Materwala, H., & Al Kaabi, J. (2021). Association of risk factors with type 2 diabetes: A systematic review. *Computational and Structural Biotechnology Journal*, 19, 1759–1785. <https://doi.org/10.1016/j.csbj.2021.03.003>
- Ismail Musa. (2025). “Independent Curriculum and Behaviorism-Based Learning: Analysis of Reinforcement Effectiveness.” *Journal of Media, Sciences and Education*, 4(1), 23–27. <https://doi.org/10.36312/jomet.v4i1.102>
- Isnaeni, L. M. A., & Hastuty, M. (2023). Hubungan Lama Kerja dan Motivasi dengan Kinerja Kader Posyandu di Wilayah Kerja UPT Puskesmas Sungai Pakning Bengkalis Tahun 2023. *SEHAT: Jurnal Kesehatan Terpadu*, 2(4), 310–320. <https://doi.org/10.31004/sjkt.v2i4.22411>
- Kamyab, A., Bijani, M., Jormand, H., Harsini, P. A., & Jeihooni, A. K. (2024). Education based on the theory of planned behavior to improve medication regimen adherence, hope and marital quality in patients with substance use disorder. *BMC Public Health*, 24(1). <https://doi.org/10.1186/s12889-024-20651-1>
- Khasanah, U., Kelliat, B. A., Afiyanti, Y., Besral, B., & Sari, D. W. (2024). The Problems and Needs of Self-Management Among Indonesian Older Adults With Hypertension: A Qualitative Study. *SAGE Open Nursing*, 10. <https://doi.org/10.1177/23779608241282915>
- Koç, N., & Cömert, T. K. (2023). Knowledge and awareness level of healthcare professional candidate students on inherited metabolic diseases: a cross-sectional study. *BMC Medical Education*, 23(1). <https://doi.org/10.1186/s12909-023-04548-y>
- Kurnia, D., De, Y. K., Sinaga, Y., Vitniawati, V., Nyoman Sri, N., Hartini, M., Kaniawati, M., & Sarinengsih, Y. (2023). Edukasi dan Skiring Hipertensi Dalam Membangun Kampung Germas Di Desa Cileunyi Kulon Kabupaten Bandung. In *Jurnal Pengabdian Masyarakat Almarisah* (Vol. 2023, Issue 2). <https://jurnalalmarisah.stifa.ac.id>
- Kurniadi, K., Muhtar, M., Supriadin, S., Jannah, N., & Vitasari, D. (2025). Telenursing Innovation in Education to Prevent the Incidence and Complications of Diabetes Mellitus: Changing the Health Behavior of

- Diabetes Patients. *Media Penelitian Dan Pengembangan Kesehatan*, 35(3), 871–880. <https://doi.org/10.34011/jmp2k.v35i3.2673>
- Loh, H. H., Tay, S. P., Koa, A. J., Yong, M. C., Said, A., Chai, C. S., Malik, N. M. A., Su, A. T., Tang, B. B. C., Tan, F. H. S., Azizan, E. A., & Sukor, N. (2025). Hypertension in obstructive sleep apnea: the hidden role of renin–angiotensin–aldosterone system dysregulation. *Tropical Medicine and Health*, 53(1), 62. <https://doi.org/10.1186/s41182-025-00742-4>
- Lu, X., Xie, Q., Pan, X., Zhang, R., Zhang, X., Peng, G., Zhang, Y., Shen, S., & Tong, N. (2024). Type 2 diabetes mellitus in adults: pathogenesis, prevention and therapy. In *Signal Transduction and Targeted Therapy* (Vol. 9, Issue 1). Springer Nature. <https://doi.org/10.1038/s41392-024-01951-9>
- Luo, T., Lin, S., Zhang, W., Li, X., Wang, Y., Zhou, J., Liu, T., & Wu, G. (2024). Relationship between socioeconomic status and hypertension incidence among adults in southwest China: a population-based cohort study. *BMC Public Health*, 24(1), 1211. <https://doi.org/10.1186/s12889-024-18686-5>
- Manalu, A. B. (2021). Study Literature Review: Faktor-Faktor yang Mempengaruhi Tingkat Pengetahuan Perawat tentang Efek Sitotoksik dalam Pengelolaan Pemberian Obat Kemoterapi terhadap Lingkungan Tahun 2020. *ARTIKEL PENELITIAN Jurnal Kesehatan*, 10(1). <https://doi.org/10.37048/kesehatan.v10i2.357>
- Mardiana, S. S., Iza, I. N., Kumalasari, N., & Aisya, R. W. (2025). Edukasi Kesehatan Berbasis Buku Saku Meningkatkan Pengetahuan Diet Nutrisi Diabetes Mellitus. *Jurnal Inovasi Penelitian Dan Pengabdian Masyarakat*, 5(1), 140–149. <https://doi.org/10.53621/jippmas.v5i1.480>
- Mokolomban, C., Wiyono, W. I., & Mpila, D. A. (2018). Kepatuhan Minum Obat Pada Pasien Diabetes Melitus Tipe 2 Disertai Hipertensi Dengan Menggunakan Metode MMAS-8. In *PHARMACONJurnal Ilmiah Farmasi-UNSRAT* (Vol. 7, Issue 4).
- Momen, A., Ebrahimi, M., & Hassan, A. M. (2023). *Importance and Implications of Theory of Bloom's Taxonomy in Different Fields of Education* (pp. 515–525). https://doi.org/10.1007/978-3-031-20429-6_47
- Mutia, A., Yuli, N. A., Martono Diel, M., & Program Studi Profesi Ners Universitas Yatsi Madani, M. (2023). The Effect Of Telenursing On Information Service Satisfaction In Patients Who Have Been Treated In The PU 3 Room Of Hospital. A Tangerang. *Nusantara Hasana Journal*, 3(3), Page.
- Olivia, N., Syafrinanda, V., Simamora, E. R., Sitepu, I. C., & Manalu, N. F. S. (2023). Pemeriksaan Kesehatan: Skrining Kadar Gula Darah bagi Warga Desa Sei Mencirim, Dusun II, Kabupaten Deli Serdang. *Jurnal Pengabdian Masyarakat*, 1(8), 860–864. <https://doi.org/10.55681/ejoin.v1i8.1454>
- Ong, K. L., Stafford, L. K., McLaughlin, S. A., Boyko, E. J., Vollset, S. E., Smith, A. E., Dalton, B. E., Duprey, J., Cruz, J. A., Hagins, H., Lindstedt, P. A., Aali, A., Abate, Y. H., Abate, M. D., Abbasian, M., Abbasi-Kangevari, Z., Abbasi-Kangevari, M., Abd ElHafeez, S., Abd-Rabu, R., ... Vos, T. (2023). Global, regional, and national burden of diabetes from 1990 to 2021, with projections

- of prevalence to 2050: a systematic analysis for the Global Burden of Disease Study 2021. *The Lancet*, 402(10397), 203–234. [https://doi.org/10.1016/S0140-6736\(23\)01301-6](https://doi.org/10.1016/S0140-6736(23)01301-6)
- Pamungkas, I. G., & Mulyono, S. (2021a). Penggunaan Telenursing dalam Peningkatan Kualitas Hidup Pasien dengan Gagal Jantung. *Promotif: Jurnal Kesehatan Masyarakat*, 11(2), 207–214. <https://doi.org/10.56338/pjkm.v11i2.2061>
- Pamungkas, I. G., & Mulyono, S. (2021b). Penggunaan Telenursing dalam Peningkatan Kualitas Hidup Pasien dengan Gagal Jantung. *Promotif: Jurnal Kesehatan Masyarakat*, 11(2), 207–214. <https://doi.org/10.56338/pjkm.v11i2.2061>
- Patungo, V. (2023). Pengalaman Kader dalam Pelayanan Posyandu. *Jurnal Keperawatan Silampari*, 6(2), 1170–1181. <https://doi.org/10.31539/jks.v6i2.4675>
- Pradiptha, I. D. A. G. F., Purnamayanti, N. K. D., Budiawan, M., Gozali, W., Widiarini, L. M., & Suyakti, K. D. R. (2024). *Peningkatan Kompetensi Kader Posyandu Lansia melalui Pelatihan Posyandu Lansia di Daerah Wisata Sukasada*.
- Pradiptha, I. D. A. G. F., Purnamayanti, N. K. D., Putra, M. M., Wijana, K., Harini, R. T., Rusiawati, D., Gayatri, G., & Widiarini, L. M. (2023). *Peningkatan Kompetensi Kader dan Lansia melalui Pelatihan Senam Kaki Diabetes di Desa Panji, Buleleng* (Vol. 8).
- Pradiptha, I. D. A. G. F., Purnamayanti, N. K. D., Putra, M. M., Wijana, K., Harini, R. T., Rusiawati, D., Gayatri, G., & Widiarini, L. M. (2024). *Peningkatan Kompetensi Kader dan Lansia melalui Pendampingan Posyandu Lansia dan Pelatihan Senam Kaki Diabetes*.
- Purnawinadi, I. G. (2025). Persepsi Mahasiswa Keperawatan tentang Telenursing. *Klabat Journal of Nursing*, 7(1), 97. <https://doi.org/10.37771/kjn.v7i1.1302>
- Putra, I. M. A. S. (2021). *Gambaran Tingkat Pengetahuan dan Sikap Keluarga Penderita Hipertensi Tentang Protokol Kesehatan Pencegahan Covid-19 di Wilayah Kerja Puskesmas 1 Denpasar Barat*.
- Ramdani, S., & Haddiya, I. (2024). Updates in the management of hypertension. *Annals of Medicine & Surgery*, 86(6), 3514–3521. <https://doi.org/10.1097/MS9.0000000000002052>
- Rosalinda, J. (2023). Faktor-Faktor yang Mempengaruhi Tingkat Kepatuhan Pengobatan Pasien Diabetes Melitus Tipe 2 di Puskesmas Kotagede II Yogyakarta. In *Health Information : Jurnal Penelitian* (Vol. 15).
- Rosário, J., Raposo, B., Santos, E., Dias, S., & Pedro, A. R. (2024). Efficacy of health literacy interventions aimed to improve health gains of higher education students—a systematic review. *BMC Public Health*, 24(1). <https://doi.org/10.1186/s12889-024-18358-4>
- Saeed Alshahrani, M., Hamid Alrashidi, R., mamdoh Bin Saeed, A., Musayfir Almutairi, D., Saleem Alharbi, G., Mohammed Alsalhi, M., Yousef Mobarki,

- M., & Siraj Nasser Lasloun, H. (2024). *The Role of Telenursing in Addressing Nursing Sector Challenges and Improving Healthcare in Saudi Arabia*. 7(S3).
- Salman, Y., Risnawati, R., Perdani, R., Husin, H., & Hamdie, Z. M. (2024). Analisis Faktor Usia, Pendidikan dan Pekerjaan Ibu terhadap Tingkat Pengetahuan Ibu Balita Stunting tentang Perilaku Hidup Bersih dan Sehat di Kabupaten Balangan. *Jurnal Kesehatan Indonesia*, 14(2), 107–112. <https://doi.org/10.33657/jurkessia.v14i2.952>
- Sari, D. K. (2023). Peranan Telenursing Untuk Meningkatkan Mutu dalam Pelayanan Keperawatan. *Jurnal Manajemen Informasi Kesehatan Indonesia (JMIKI)*, 11(1). <https://doi.org/10.33560/jmiki.v11i1.408>
- Setyarini, A., Setyo Utomo, A., Diah, M. C., & Kemenkes Malang, P. (2023). Efektivitas Modul Edukasi Berbasis Health Belief Model dalam Meningkatkan Kesadaran dan Perilaku Pencegahan Hipertensi pada Remaja Poltekkes Kemenkes Malang 2). *Jurnal Informasi Kesehatan Indonesia*, 09(03).
- Silalahi, L. E. (2024). *Konsep Dasar Penyakit Diabetes Mellitus*.
- Sofwatillah, Risnita, Jailani, M. S., & Saksitha, D. A. (2024). *Teknik Analisis Data Kuantitatif Dan Kualitatif Dalam Penelitian Ilmiah*. 15.
- Subratha, H. F. A., Giri, K. E., Khoiroh, N., Hanisyah Putri, N. A., & Widiarta, M. B. O. (2023). Optimalisasi Keterampilan Kader Posyandu Dalam Mengolah Mp-Asi Anti Stunting Berbahan Baku Pangan Lokal Di Desa Wisata Panji. *Jurnal Abdimas ITEKES Bali*, 3(1), 70–79. <https://doi.org/10.37294/jai.v3i1.532>
- Sugandini, W., Erawati, N. K., & Mertasari, L. (2023). Pelatihan dan Pendampingan Kader Posyandu Membuat Pudding Jagung Modisco untuk Pemberian Makanan Tambahan (PMT) di Desa Tegallingsah. In *Jurnal Widya Laksana* (Vol. 12, Issue 1).
- Sugiyono, & Puspanthani, M. E. (2020). *Metodologi Penelitian Kesehatan* (Y. Kamasturyani, Ed.). Alfabeta CV.
- Suprpto, S., Trimaya Cahya Mulat, & Yuriatson Yuriatson. (2022). Kompetensi Kader Posyandu Lansia melalui Pelatihan dan Pendampingan. *Abdimas Polsaka*, 1(2), 39–44. <https://doi.org/10.35816/abdimaspolsaka.v1i2.15>
- Tarini, N. W. D., Astini, N. N. A., Gozali, W., & Widiarta, O. (2021). *Pendampingan Kader Posyandu dalam Pelaksanaan KIE KB secara Daring pada Pasangan Usia Subur di Masa Pandemi COVID-19 di Desa Tegal Linggah, Kecamatan Sukasada*.
- Upoyo, A. S., Sari, Y., Taufik, A., Anam, A., & Kuswati, A. (2024). The Effect of Online Group Education on Promoting Knowledge, Motivation, Self-Efficacy, Self-Care Behaviors and Preventing Uncontrolled Blood Pressure in Hypertensive Patients: A Quasi-Experiment Study. *SAGE Open Nursing*, 10. <https://doi.org/10.1177/23779608241299288>
- WHO. (2023, September 19). *First WHO Report Details Devastating Impact of Hypertension and Ways to Stop It*.

- Yang, J., Qian, F., Chavarro, J. E., Ley, S. H., Tobias, D. K., Yeung, E., Hinkle, S. N., Bao, W., Li, M., Liu, A., Mills, J. L., Sun, Q., Willett, W. C., Hu, F. B., & Zhang, C. (2022). Modifiable risk factors and long term risk of type 2 diabetes among individuals with a history of gestational diabetes mellitus: prospective cohort study. *BMJ*, e070312. <https://doi.org/10.1136/bmj-2022-070312>
- Yuswantina, R. Y., Dyahariesti, N. D., Fitra Sari, N. L., & Kurnia Sari, E. D. (2019). Hubungan Faktor Usia dan Tingkat Pendidikan Terhadap Pengetahuan Penggunaan Antibiotik di Kelurahan Sidorejo Kidul. *Indonesian Journal of Pharmacy and Natural Product*, 2(1). <https://doi.org/10.35473/ijpnp.v2i1.193>
- Zuliatika, P., & Purnamawati, D. (2024). Peran Telenursing dalam Peningkatan Mutu Pelayanan Keperawatan. *PubHealth Jurnal Kesehatan Masyarakat*, 3(1), 1–6. <https://doi.org/10.56211/pubhealth.v3i1.574>

