

**PENGARUH TEKNIK KONTRAK PERILAKU
(BEHAVIOR CONTRACT) TERHADAP DISIPLIN
ANAK KELOMPOK B DI TK GANESA
TAHUN PELAJARAN
2019/2020**

Oleh

I Gusti Ayu Fitria Devi, NIM 1611061042

Prodi Pendidikan Guru Pendidikan Anak Usia Dini

ABSTRAK

Penelitian ini bertujuan untuk mengkaji pengaruh kontrak perilaku (*Behavior contract*) terhadap disiplin anak. Penelitian ini merupakan bentuk Penelitian *pre-eksperimen* jenis *One group pre-test dan pos-test*. Populasi penelitian ini adalah anak kelompok B di TK Ganesa , dengan sampel empat anak yang diberikan perlakuan (*treatment*). Teknik penentuan sampel pada penelitian ini menggunakan teknik *purposive sampling*. Analisis data melalui statistik deskriptif meliputi mean, median, standar deviasi serta varians, dan statistik inferensial meliputi uji normalitas, uji homogenitas, dan uji t. Hasil uji normalitas *Pre-test* diperoleh $L_0 (0,008) < L_t (0,381)$ Maka H_0 diterima, dan uji normalitas *Post-test* diperoleh $L_0 (0,227) < L_t (0,381)$ Maka H_0 diterima. Hasil uji homogenitas $F_{hitung} \leq F_{tabel} = 1,8 < 9,28$, dikategorikan homogen. hasil uji Hipotesis $t_{hitung} = 9$, lebih kecil dari t_{tabel} yaitu 2,446 . Hal ini menunjukkan bahwa H_0 ditolak dan H_1 diterima. Sehingga dapat disimpulkan bahwa teknik kontrak perilaku (*Behavior contract*) dapat berpengaruh positif terhadap perilaku disiplin anak.

Kata Kunci : kontrak perilaku, disiplin anak, penelitian *pre-eksperimen*

ABSTRACT

This study aims to examine the relationship of contract behavior (contract behavior) to the discipline of children. This research is a pre-trial research type One group Pre-test-Post-test. The study population was children B, with a sample of children given consultation (treatment). The sampling technique in this study used purposive sampling technique. Data analysis uses descriptive statistics, mean, median, mode, standard deviation and variance, and inferential statistics include normality test, homogeneity test, and t test. Pre-test normality test results

obtained $L_0 (0.008) < L_t (0.381)$ Then H_0 is accepted, and Post-test normality test is obtained $L_0 (0.227) < L_t (0.381)$ Then H_0 is accepted. Homogeneity test results $F_{\text{calculated}} \leq F_{\text{table}} = 1.8 < 9.28$, categorized as homogeneous. Hypothesis test results $t\text{-count} = 9$, smaller than $t\text{-table}$ is 2.446. This shows that H_0 is rejected and H_1 is accepted. This becomes a finding that explains what is meant by the behavioral contract (behavioral contract) of the child's discipline. Therefore it can be denied that the contract behavior technique (contract behavior) has a positive impact on the discipline behavior of children.

Keywords: *behaviour contract, child discipline, pre-experimental research*

