

## ABSTRAK

**Anik Purnama Dewi, Ni Wayan** (2025), *Pengembangan Buku cerita digital Untuk Meningkatkan Pemahaman Konsep Makanan Sehat Pada Dimensi Tujuh Kebiasaan Anak Indonesia Hebat Siswa Kelas IV Sekolah Dasar*. Tesis, Pendidikan Dasar, Program Pascasarjana, Universitas Pendidikan Ganesha.

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*Kata-kata kunci:* bahan ajar digital, validitas, kepraktisan, efektivitas

Penelitian ini bertujuan menghasilkan buku cerita digital untuk meningkatkan pemahaman konsep Makanan Sehat pada Dimensi Tujuh Kebiasaan Anak Indonesia Hebat Pada Siswa Kelas IV Sekolah Dasar yang valid, praktis, dan efektif. Penelitian ini merupakan penelitian pengembangan dengan model ADDIE. Subjek penelitian adalah ahli materi, ahli desain, ahli media, guru, dan siswa. Objek penelitian adalah validitas, kepraktisan, dan efektivitas. Data diklasifikasikan menjadi dua yakni data kualitatif dan data kuantitatif. Teknik pengumpulan data menggunakan teknik kuesioner. Kuesioner digunakan untuk mengukur validitas dan kepraktisan bahan ajar digital. Validitas diuji oleh masing-masing 2 orang ahli yakni ahli materi, ahli media, dan ahli desain. Kepraktisan bahan ajar digital dinilai oleh 4 orang guru dan 10 orang siswa kelas IV SD Negeri 22 Dauh Puri. Data yang terkumpul kemudian dianalisis secara deskriptif kuantitatif. Hasil dari penelitian ini menunjukkan bahwa: (1) analisis uji validitas menunjukkan bahwa rata-rata keseluruhan validasi rata-rata skor sebesar 95% yang menunjukkan bahwa buku cerita digital termasuk dalam kriteria sangat valid. (2) kepraktisan bahan ajar digital ini menunjukkan rata-rata penilaian guru terhadap kepraktisan buku cerita digital sebesar 97% yang menunjukkan bahwa buku cerita digital berada pada kategori sangat praktis. Begitu pula rata-rata penilaian siswa terhadap kepraktisan buku cerita digital sebesar 92,38% yang menunjukkan bahwa buku cerita digital berada pada kategori sangat praktis. (3) hasil uji-t menunjukkan efektif meningkatkan pemahaman konsep. Berdasarkan hasil penelitian disimpulkan bahwa penelitian pengembangan ini menghasilkan buku cerita digital untuk meningkatkan pemahaman konsep Makanan Sehat pada Dimensi Tujuh Kebiasaan Anak Indonesia Hebat Pada Siswa Kelas IV Sekolah Dasar yang sangat valid, sangat praktis, dan efektif.

## ABSTRACT

**Anik Purnama Dewi, Ni Wayan** (2025) *Development of a Digital Story to Improve Understanding of the Healthy Food Concept in the Dimension of the Seven Habits of Great Indonesian Children among Fourth-Grade Elementary School Students*. Thesis, primary education, postgraduate program, university of education Ganesha

This thesis has been supervised and approved by supervisor I: Prof. Dr. I Wayan Lasmawan, M.Pd., and supervisor II : Prof. Dr. Ida Bagus Putrayasa, M.Pd.

*Keywords: digital teaching materials, validity, practicality, effectiveness*

*This study aims to produce a digital storybook to improve students' understanding of the concept of Healthy Food within the Dimension of the Seven Habits of Great Indonesian Children for fourth-grade elementary school students that is valid, practical, and effective. This research is a development study using the ADDIE model. The research subjects consisted of material experts, design experts, media experts, teachers, and students. The research objects were validity, practicality, and effectiveness. The data were classified into two types, namely qualitative data and quantitative data. The data collection technique used was a questionnaire. The questionnaire was used to measure the validity and practicality of the digital teaching material. Validity was tested by two experts in each field: material experts, media experts, and design experts. The practicality of the digital teaching material was assessed by four teachers and ten fourth-grade students of SD Negeri 22 Dauh Puri. The collected data were then analyzed using descriptive quantitative analysis. The results of this study indicate that: (1) the validity test analysis shows that the overall average validation score is 95%, which indicates that the digital storybook falls into the very valid category; (2) the practicality of the digital teaching material shows that the average teacher assessment of the practicality of the digital storybook is 97%, which indicates that it is in the very practical category. Likewise, the average student assessment of the practicality of the digital storybook is 92.38%, which also indicates that it is in the very practical category; (3) the results of the t-test show that it is effective in improving conceptual understanding. Based on these results, it can be concluded that this development research produces a digital storybook to improve understanding of the concept of Healthy Food within the Dimension of the Seven Habits of Great Indonesian Children for fourth-grade elementary school students that is very valid, very practical, and effective.*