

PENGEMBANGAN *PODCAST* BERBASIS *MINDFUL LEARNING* UNTUK MENINGKATKAN KETERAMPILAN BERBICARA SISWA KELAS IV SEKOLAH DASAR

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ABSTRAK

Penelitian ini bertujuan untuk: (1) mendeskripsikan rancang bangun pengembangan media *podcast* berbasis *mindful learning* untuk siswa kelas IV sekolah dasar, (2) mendeskripsikan hasil uji validitas media pembelajaran *podcast* berbasis *mindful learning*, (3) mendeskripsikan hasil uji kepraktisan media *podcast* berbasis *mindful learning*, dan (4) menguji efektivitas media *podcast* berbasis *mindful learning* dalam meningkatkan keterampilan berbicara siswa kelas IV sekolah dasar. Penelitian ini menggunakan model pengembangan ADDIE. Subjek penelitian ini adalah ahli materi, ahli media, guru kelas IV, serta siswa kelas IV SD Negeri 5 Banyuning. Sedangkan objek penelitian yaitu media *podcast* berbasis *mindful learning*. Metode pengumpulan data yang digunakan yaitu observasi, wawancara, kuesioner, dan tes performa. Instrumen pengumpulan data meliputi lembar validasi ahli, angket respons guru dan siswa, serta tes keterampilan berbicara berupa *pretest* dan *posttest*. Hasil penelitian menunjukkan bahwa: (1) menghasilkan produk berupa media pembelajaran *podcast* berbasis *mindful learning* untuk meningkatkan keterampilan berbicara siswa kelas IV sekolah dasar; (2) hasil uji validitas menunjukkan bahwa media pembelajaran *podcast* berbasis *mindful learning* tergolong sangat valid; (3) hasil uji kepraktisan menunjukkan bahwa media pembelajaran *podcast* berbasis *mindful learning* memperoleh tingkat kepraktisan sebesar 90,5% berdasarkan respons siswa dan 93,3% berdasarkan respons guru dengan kualifikasi sangat praktis; dan (4) hasil uji efektivitas menunjukkan nilai signifikansi uji-t kurang dari 0,05, sehingga media *podcast* berbasis *mindful learning* efektif meningkatkan keterampilan berbicara siswa kelas IV sekolah dasar.

Kata Kunci : *Podcast*, *Mindful Learning*, Keterampilan Berbicara, Sekolah Dasar, Media Pembelajaran.

DEVELOPING A MINDFUL LEARNING-BASED PODCAST TO IMPROVE SPEAKING SKILLS OF GRADE IV ELEMENTARY SCHOOL STUDENTS

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ABSTRACT

This study aims to: (1) describe the design of mindful learning-based podcast media development for fourth-grade elementary school students, (2) describe the results of the validity test of mindful learning-based podcast learning media, (3) describe the results of the practicality test of mindful learning-based podcast media, and (4) test the effectiveness of mindful learning-based podcast media in improving the speaking skills of fourth-grade elementary school students. This study uses the ADDIE development model. The subjects of this study are subject matter experts, media experts, fourth-grade teachers, and fourth-grade students at SD Negeri 5 Banyuning. Meanwhile, the object of this study is mindful learning-based podcast media. The data collection methods used are observation, interviews, questionnaires, and performance tests. The data collection instruments included expert validation sheets, teacher and student response questionnaires, and speaking skill tests in the form of pre-tests and post-tests. The results of the study show that: (1) it produces a product in the form of mindful learning-based podcast learning media to improve the speaking skills of fourth-grade elementary school students; (2) the validity test results show that mindful learning-based podcast learning media is very valid; (3) the practicality test results show that mindful learning-based podcast learning media obtained a practicality level of 90.5% based on student responses and 93.3% based on teacher responses with a very practical qualification; and (4) the effectiveness test results show a t-test significance value of less than 0.05, so that mindful learning-based podcast media are effective in improving the speaking skills of fourth-grade elementary school students.

Keywords: Podcast, Mindful Learning, Speaking Skills, Elementary School, Learning Media.