

**PENGARUH MODEL PEMBELAJARAN KOOPERATIF
TIPE *NUMBERED HEAD TOGETHER* TERHADAP
HASIL BELAJAR TEKNIK *PASSING*
BOLA BASKET PADA PESERTA DIDIK KELAS X
SMKS PARIWISATA TRIATMA JAYA SINGARAJA
TAHUN PELAJARAN 2019/2020**

Oleh

Ni Wayan Megi Rosita, NIM 1616011035

Program Studi Pendidikan Jasmani, Kesehatan dan Rekreasi

ABSTRAK

Penelitian ini bertujuan untuk mengetahui pengaruh model pembelajaran kooperatif tipe NHT terhadap hasil belajar teknik *passing* bola basket pada peserta didik kelas X SMKS Pariwisata Triatma Jaya Singaraja tahun pelajaran 2019/2020. Jenis penelitian eksperimen sungguhan (*true experimental*) dengan rancangan penelitian *the randomized pretest-posttest control group the same subjek design*. Populasi yaitu seluruh peserta didik kelas X SMKS Pariwisata Triatma Jaya Singaraja tahun pelajaran 2019/2020 berjumlah 236 orang. Teknik pengambilan sampel menggunakan teknik *simple random sampling* berdasarkan kelas. Kelas yang menjadi sampel penelitian adalah kelas X K.1 sebagai kelompok eksperimen dan X K.4 sebagai kelompok kontrol. Penelitian dilakukan dengan dua kali perlakuan diluar *pretest* dan *posttest*. Data hasil belajar dikumpulkan melalui tes tulis objektif dan unjuk kerja peserta didik. Berdasarkan analisis data di dapatkan rata-rata hasil belajar kelompok eksperimen adalah 80,83, lebih tinggi dari rata-rata kelompok kontrol adalah 76,69. Hasil uji-t menunjukkan $0,003 < 0,05$. Berdasarkan analisa data dan pembahasan dapat disimpulkan bahwa model pembelajaran kooperatif tipe NHT berpengaruh signifikan terhadap hasil belajar teknik *passing* bola basket. Disarankan kepada guru PJOK dapat menerapkan model pembelajaran kooperatif tipe NHT karena sudah terbukti berpengaruh terhadap peningkatan hasil belajar peserta didik.

Kata kunci : NHT, hasil belajar, bola basket

**THE EFFECT OF COOPERATIVE LEARNING MODEL
NUMBERED HEAD TOGETHER (NHT) TYPE
ON THE LEARNING OUTCOMES OF BASKETBALL
PASSING BASIC TECHNIQUES TO CLASS X STUDENTS
AT TRIATMA JAYA TOURISM VOCATIONAL HIGH
SCHOOL YEAR 2019/2020**

By

Ni Wayan Megi Rosita, NIM 1616011035

Physical, Health and Recreation Education Departmen

ABSTRACT

This study aims to determine the effect of the NHT type in cooperative learning model on the learning outcomes of basic basketball passing techniques in class X students of Singaraja Triatma Jaya Tourism Vocational School 2019/2020. Type of research is a true experimental study with randomized pretest-post test control group design. The population was all students of class X students of Singaraja Triatma Jaya Tourism Vocational High School 2019/2020 with a total of 236 students. The sampling technique applied a simple random sampling technique based on the classes. Classes which were made as this study's samples were class X K.1 classified as the experimental group and X K.4 as the control group. The study was conducted with twice performances apart from pretest and post test. Data on learning outcomes were collected by objective written tests and student performances. Based on the data analysis, the average exsperimental group learning outcomes are 80,83, higher than the average control group which only 76,69. T-test result showed $0,003 < 0,05$. Based on data analysis and discussion, it can be concluded that the NHT type of cooperative learning model has a significant effect on learning outcomes in basketball passing techniques. It is recommended to PJOK teachers to apply the NHT type cooperative learning model because it has been proven to have an effect on improving students learning outcomes.

Keywords: NHT, learning outcomes, basketball