

**PENGARUH MODEL PEMBELAJARAN PBL BERBANTUAN MEDIA
ICT TPACK TERHADAP HASIL BELAJAR PJOK MATERI
SENAM LANTAI PESERTA DIDIK KELAS III
SD NEGERI 2 BANYUNING**

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ABSTRAK

Penelitian ini bertujuan mengetahui pengaruh model pembelajaran *Problem Based Learning* (PBL) berbantuan media ICT TPACK terhadap hasil belajar PJOK materi senam lantai yaitu melompat, keseimbangan, dan cium lutut senam lantai peserta didik kelas III SD Negeri 2 Banyuning. Penelitian eksperimen semu (*quasi experiment*) ini menggunakan desain *posttest only control group design*. Populasi penelitian adalah peserta didik kelas III SD Negeri 2 Banyuning berjumlah 67 orang peserta didik dan sampel penelitian berjumlah 28 orang peserta didik, diperoleh dengan teknik *simple random sampling* berbasis kelas. Instrumen penelitian menggunakan pilihan ganda untuk ranah kognitif dan unjuk kerja *melompat, keseimbangan, dan cium lutut* untuk ranah psikomotor. Analisis data dilakukan melalui uji normalitas, uji homogenitas, dan uji hipotesis menggunakan uji *independent sample t-test* pada taraf signifikansi 0,05. Hasil penelitian menunjukkan data berdistribusi normal dan homogen. Hasil uji t diperoleh nilai signifikansi $0,00 < 0,05$, dengan t hitung 23.974. Berdasarkan hasil analisis data dan pembahasan, kesimpulan penelitian ini adalah model pembelajaran *Problem Based Learning* (PBL) berbantuan media ICT TPACK berpengaruh signifikan terhadap hasil belajar PJOK materi senam lantai peserta didik kelas III SD Negeri 2 Banyuning. Disarankan kepada guru PJOK SD dapat menggunakan Model pembelajaran *Problem Based Learning* (PBL) berbantuan media ICT TPACK pada materi senam lantai.

Kata-Kata kunci: PBL, ICT TPACK, PJOK, Senam Lantai, Hasil Belajar

**THE EFFECT OF THE PROBLEM BASED LEARNING (PBL) MODEL
ASSISTED BY ICT TPACK MEDIA ON PJOK LEARNING OUTCOMES IN
FLOOR GYMNASTICS MATERIAL FOR THIRD GRADE
STUDENTS OF SD NEGERI 2 BANYUNING**

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ABSTRACT

This study aims to determine the effect of the Problem Based Learning (PBL) learning model assisted by ICT TPACK media on the learning outcomes of Physical Education (PJOK) on the material of jumping, balancing, and knee-kissing floor gymnastics of third-grade students of SD Negeri 2 Banyuning. This quasi-experimental study used a posttest only control group design. The study population was 67 third-grade students of SD Negeri 2 Banyuning, with a sample of 28 students obtained using a simple random sampling technique based on class. The research instrument used multiple choices for the cognitive domain and jumping, balancing, and knee-kissing performance for the psychomotor domain. Data analysis was carried out through normality tests, homogeneity tests, and hypothesis tests using independent sample t-tests at a significance level of 0.05. The results showed that the data were normally distributed and homogeneous. The t-test results obtained a significance value of $0.00 < 0.05$, with a calculated t-value of 23.974. Based on the data analysis and discussion, the conclusion of this study is that the Problem-Based Learning (PBL) model assisted by ICT TPACK media has a significant effect on the physical education (PJOK) learning outcomes of third-grade students at SD Negeri 2 Banyuning. It is recommended that elementary school physical education (PJOK) teachers use the Problem-Based Learning (PBL) model assisted by ICT TPACK media for floor gymnastics.

Keywords: PBL, ICT TPACK, PJOK, Floor Gymnastics, Learning Outcomes