

**IMPLEMENTASI MODEL PEMBELAJARAN *PROBLEM BASED LEARNING* BERBANTUAN MEDIA POSTER UNTUK MENINGKATKAN HASIL BELAJAR PJOK MATERI BULUTANGKIS PADA PESERTA DIDIK KELAS VII 1 SMP LABORATORIUM UNDIKSHA TAHUN PELAJARAN 2025/2026**

**OLEH**

**W. Widhi Adnyana,**

**NIM 2216011088**

**Jurusan Pendidikan Olahraga**

**Prodi Pendidikan Jasmani Kesehatan, dan Rekreasi**

**ABSTRAK**

Penelitian ini bertujuan untuk meningkatkan hasil belajar peserta didik melalui implementasi model *Problem Based Learning* berbantuan media poster untuk meningkatkan hasil belajar PJOK materi bulutangkis pada peserta didik kelas VII 1 SMP Laboratorium Undiksha. Penelitian ini merupakan penelitian tindakan kelas. Subjek penelitian ini adalah peserta didik kelas VII 1 SMP Laboratorium Undiksha yang berjumlah 25 peserta didik. Rancangan penelitian ini menggunakan siklus dengan model penelitian tindakan kelas yang dilaksanakan sebanyak dua siklus, dengan masing-masing siklus terdiri atas 1 (satu) kali pertemuan. Adapun teknik pengumpulan data hasil belajar yang digunakan untuk melaksanakan observasi hasil belajar yaitu dengan menggunakan penilaian hasil belajar (*assesment*). Data dianalisis menggunakan analisis *statistik deskriptif*. Berdasarkan hasil analisis data yang didapatkan bahwa hasil belajar peserta didik teknik *forehand service*, *backhand service*, dan *forehand lob* bulutangkis secara klasikal pada siklus I dengan rata-rata 77,39 dan pada siklus II dengan rata-rata 81,40 dan ketuntasan hasil belajar pada siklus I menjadi 60% dan ketuntasan hasil belajar pada siklus II menjadi 100%, dapat dilihat bahwa ada terjadi peningkatan dari siklus I ke siklus II. Hasil penelitian menunjukkan bahwa implementasi model *Problem Based Learning* berbantuan media poster dapat meningkatkan hasil belajar PJOK melalui teknik *forehand service*, *backhand service*, dan *forehand lob* bulutangkis pada peserta didik kelas VII 1 SMP Laboratorium Undiksha. Dapat dilihat pada siklus I dan Siklus II persentase peningkatan hasil belajar. Berdasarkan hasil diatas menunjukkan bahwa implementasi model *Problem Based Learning* berbantuan media poster ini dapat meningkatkan hasil belajar terhadap peserta didik kelas VII 1 SMP Laboratorium Undiksha.

**Kata Kunci :** *Problem Based Learning*, Hasil Belajar Bulutangkis, Media Poster

**IMPLEMENTATION OF A POSTER-ASSISTED PROBLEM-BASED LEARNING MODEL TO IMPROVE BADMINTON LEARNING OUTCOMES IN GRADE VII STUDENTS AT UNDIKSHA LABORATORY SMP IN THE 2025/2026 ACADEMIC YEAR**

**By**

**W. Widhi Adnyana,**

**NIM 2216011088**

**Sports Education Department**

**Physical Education, Health, and Recreation Study Program**

**ABSTRACT**

*This study aims to improve student learning outcomes through the implementation of a poster-assisted problem-based learning model to improve badminton learning outcomes in PE for grade VII students at UNDIKSHA Laboratory SMP. This study is a classroom action research. The subjects were 25 students in grade VII of UNDIKSHA Laboratory SMP. This research design uses a cycle with a classroom action research model that is implemented in two cycles, with each cycle consisting of 1 (one) meeting. The learning outcome data collection technique used to carry out the observation of learning outcomes is by using learning outcome assessment. Data were analyzed using descriptive statistical analysis. Based on the results of the data analysis obtained that the learning outcomes of students in forehand service, backhand service, and forehand lob badminton techniques classically in cycle I with an average of 77.39 and in cycle II with an average of 81.40 and the completeness of learning outcomes in cycle I became 60% and the completeness of learning outcomes in cycle II became 100%, it can be seen that there was an increase from cycle I to cycle II. The results of the study show that the implementation of the Problem Based Learning model assisted by poster media can improve PJOK learning outcomes through forehand service, backhand service, and forehand lob badminton techniques in class VII 1 SMP Laboratorium Undiksha. It can be seen in cycle I and Cycle II the percentage of improvement in learning outcomes. The results above indicate that the implementation of the Problem-Based Learning model with the aid of poster media can improve learning outcomes for seventh-grade students at Undiksha Laboratory Middle School.*

**Keywords:** *Problem-Based Learning, Badminton Learning Outcomes, Poster Media*