

LAMPIRAN

Lampiran 1. Surat Permohonan Izin Pengambilan Data



KEMENTERIAN PENDIDIKAN TINGGI, SAINS, DAN TEKNOLOGI
UNIVERSITAS PENDIDIKAN GANESHA
PROGRAM PASCASARJANA

Jalan Udayana No. 11 Singaraja, Bali 81116 Telepon. 081999446444 Laman www.pasca.undiksha.ac.id

Nomor : 1229/UN48.14.1/PT.02.05/2026
Lamp : -
Perihal : Mohon Izin Pengambilan Data

Yth. Direktur TK Pelangi School Bali
di tempat

Dengan hormat, dalam rangka pengumpulan data untuk Penelitian Tesis mahasiswa Program Pascasarjana Universitas Pendidikan Ganesha, bersama ini kami mohon kesediaan Bapak/Ibu untuk dapat menerima dan mengizinkan mahasiswa kami dengan identitas:

Nama : NI KADEK DAMIATI
NIM : 2429171006
Program studi : Pendidikan Anak Usia Dini (S2)
Judul Penelitian : Pengembangan Program Super Sehat untuk Meningkatkan Pola Hidup Bersih Sehat dan Gizi Seimbang Anak Usia Dini di TK Pelangi School Bali

untuk mendapatkan data/informasi yang dibutuhkan oleh mahasiswa dalam melakukan penelitian. Demikain disampaikan, atas perkenaan dan kerja sama yang baik kami ucapkan terima kasih.

Singaraja, 02 Maret 2026

a.n Direktur,

Wakil Direktur I,



Ida Bagus Putu Arnyana
NIP. 195812311986011005

Tembusan :

1. Kepala Subbagian Program Pascasarjana
2. Mahasiswa yang bersangkutan



Balai Besar
Sertifikasi
Elektronik

Catatan :

- UU ITE No. 11 Tahun 2008 Pasal 5 ayat 1 "Informasi Elektronik dan/atau Dokumen Elektronik dan/atau hasil cetaknya merupakan alat bukti hukum yang sah"
- Dokumen ini tertanda ditandatangani secara elektronik menggunakan sertifikat elektronik yang diterbitkan BsrE
- Surat ini dapat dibuktikan keasliannya dengan menggunakan *qr code* yang telah tersedia

Lampiran 2. Surat Permohonan Izin Observasi Data



KEMENTERIAN PENDIDIKAN TINGGI, SAINS, DAN TEKNOLOGI
UNIVERSITAS PENDIDIKAN GANESHA
PROGRAM PASCASARJANA

Jalan Udayana No. 11 Singaraja, Bali 81116 Telepon. 081999446444 Laman www.pasca.undiksha.ac.id

Nomor : 1662/UN48.14.1/PT.02.05/2026
Lamp : -
Perihal : Mohon Izin Observasi Data

Yth. Direktur TK Pelangi School Bali
di tempat

Dengan hormat, dalam rangka pengumpulan data untuk Proposal Disertasi/Tesis mahasiswa Program Pascasarjana Universitas Pendidikan Ganesha, bersama ini kami mohon kesediaan Bapak/Ibu untuk dapat menerima dan mengizinkan mahasiswa kami dengan identitas:

Nama : Ni Kadek Damiati
NIM : 2429171006
Program studi : Pendidikan Anak Usia Dini (S2)
Judul Penelitian : Pengembangan Program Super Sehat untuk Meningkatkan Pola Hidup Bersih Sehat dan Gizi Seimbang Anak Usia Dini di TK Pelangi School Bali

untuk mendapatkan data/informasi yang dibutuhkan oleh mahasiswa dalam melakukan penelitian. Demikain disampaikan, atas perkenaan dan kerja sama yang baik kami ucapkan terima kasih.

Singaraja, 26 Maret 2026

a.n Direktur,
Wakil Direktur I,



Ida Bagus Putu Amyana
NIP. 195812311986011005

Tembusan :

1. Kepala Subbagian Program Pascasarjana
2. Mahasiswa yang bersangkutan



Balai Besar
Sertifikasi
Elektronik

Catatan :

- UU ITE No. 11 Tahun 2008 Pasal 5 ayat 1 "Informasi Elektronik dan/atau Dokumen Elektronik dan/atau hasil cetaknya merupakan alat bukti hukum yang sah"
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- Surat ini dapat dibuktikan keasliannya dengan menggunakan *qr code* yang telah tersedia

Lampiran 3. Dokumentasi Kegiatan Penelitian



Lampiran 4. Output SPSS Hasil Analisis Data

Jenis Kelamin

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Laki-Laki	18	42.9	42.9	42.9
	Perempuan	24	57.1	57.1	100.0
Total		42	100.0	100.0	

Descriptive Statistics

	N	Minimum	Maximum	Mean	Std. Deviation
Usia	42	4	7	5.10	.656
Valid N (listwise)	42				

Pre PHBS 1

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	tidak pernah	3	7.1	7.1	7.1
	kadang kadang	20	47.6	47.6	54.8
	sering	19	45.2	45.2	100.0
Total		42	100.0	100.0	

Pre PHBS 2

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	tidak pernah	2	4.8	4.8	4.8
	kadang kadang	26	61.9	61.9	66.7
	sering	14	33.3	33.3	100.0
Total		42	100.0	100.0	

Pre PHBS 3

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	tidak pernah	28	66.7	66.7	66.7

	kadang kadang	11	26.2	26.2	92.9
	sering	3	7.1	7.1	100.0
	Total	42	100.0	100.0	

Pre PHBS 4

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	tidak pernah	1	2.4	2.4	2.4
	kadang kadang	14	33.3	33.3	35.7
	sering	27	64.3	64.3	100.0
	Total	42	100.0	100.0	

Pre PHBS 5

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	tidak pernah	12	28.6	28.6	28.6
	kadang kadang	22	52.4	52.4	81.0
	sering	8	19.0	19.0	100.0
	Total	42	100.0	100.0	

Pre PHBS 6

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	tidak pernah	26	61.9	61.9	61.9
	kadang kadang	10	23.8	23.8	85.7
	sering	6	14.3	14.3	100.0
	Total	42	100.0	100.0	

Pre PHBS 7

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	tidak pernah	2	4.8	4.8	4.8
	kadang kadang	30	71.4	71.4	76.2
	sering	10	23.8	23.8	100.0

Total	42	100.0	100.0
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Pre PHBS 8

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	tidak pernah	8	19.0	19.0	19.0
	kadang kadang	8	19.0	19.0	38.1
	sering	26	61.9	61.9	100.0
	Total	42	100.0	100.0	

Pre PHBS 9

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	tidak pernah	18	42.9	42.9	42.9
	kadang kadang	18	42.9	42.9	85.7
	sering	6	14.3	14.3	100.0
	Total	42	100.0	100.0	

Pre PHBS 10

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	tidak pernah	15	35.7	35.7	35.7
	kadang kadang	21	50.0	50.0	85.7
	sering	6	14.3	14.3	100.0
	Total	42	100.0	100.0	

Pre PHBS 11

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	tidak pernah	25	59.5	59.5	59.5
	kadang kadang	12	28.6	28.6	88.1
	sering	5	11.9	11.9	100.0
	Total	42	100.0	100.0	

Pre PHBS 12

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	tidak pernah	10	23.8	23.8	23.8
	kadang kadang	26	61.9	61.9	85.7
	sering	6	14.3	14.3	100.0
	Total	42	100.0	100.0	

Pre PHBS 13

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	tidak pernah	1	2.4	2.4	2.4
	kadang kadang	16	38.1	38.1	40.5
	sering	25	59.5	59.5	100.0
	Total	42	100.0	100.0	

Pre PHBS 14

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	tidak pernah	25	59.5	59.5	59.5
	kadang kadang	14	33.3	33.3	92.9
	sering	3	7.1	7.1	100.0
	Total	42	100.0	100.0	

Pre GZ 1

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	kadang kadang	17	40.5	40.5	40.5
	sering	25	59.5	59.5	100.0
	Total	42	100.0	100.0	

Pre GZ 2

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	tidak pernah	5	11.9	11.9	11.9
	kadang kadang	12	28.6	28.6	40.5
	sering	25	59.5	59.5	100.0
	Total	42	100.0	100.0	

Pre GZ 3

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	tidak pernah	2	4.8	4.8	4.8
	kadang kadang	25	59.5	59.5	64.3
	sering	15	35.7	35.7	100.0
	Total	42	100.0	100.0	

Pre GZ 4

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	tidak pernah	24	57.1	57.1	57.1
	kadang kadang	11	26.2	26.2	83.3
	sering	7	16.7	16.7	100.0
	Total	42	100.0	100.0	

Pre GZ 5

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	kadang kadang	11	26.2	26.2	26.2
	sering	31	73.8	73.8	100.0
	Total	42	100.0	100.0	

Pre GZ 6

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	tidak pernah	18	42.9	42.9	42.9

	kadang kadang	18	42.9	42.9	85.7
	sering	6	14.3	14.3	100.0
	Total	42	100.0	100.0	

Pre GZ 7

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	tidak pernah	12	28.6	28.6	28.6
	kadang kadang	25	59.5	59.5	88.1
	sering	5	11.9	11.9	100.0
	Total	42	100.0	100.0	

Pre GZ 8

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	tidak pernah	2	4.8	4.8	4.8
	kadang kadang	8	19.0	19.0	23.8
	sering	32	76.2	76.2	100.0
	Total	42	100.0	100.0	

Pre GZ 9

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	tidak pernah	12	28.6	28.6	28.6
	kadang kadang	21	50.0	50.0	78.6
	sering	9	21.4	21.4	100.0
	Total	42	100.0	100.0	

Pre GZ 10

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	tidak pernah	5	11.9	11.9	11.9
	kadang kadang	29	69.0	69.0	81.0
	sering	8	19.0	19.0	100.0

Total	42	100.0	100.0
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Pre GZ 11

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	kadang kadang	9	21.4	21.4	21.4
	sering	31	73.8	73.8	95.2
	selalu	2	4.8	4.8	100.0
	Total	42	100.0	100.0	

Pre GZ 12

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	tidak pernah	4	9.5	9.5	9.5
	kadang kadang	22	52.4	52.4	61.9
	sering	15	35.7	35.7	97.6
	selalu	1	2.4	2.4	100.0
	Total	42	100.0	100.0	

Post PHBS 1

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	kadang kadang	2	4.8	4.8	4.8
	sering	16	38.1	38.1	42.9
	selalu	24	57.1	57.1	100.0
	Total	42	100.0	100.0	

Post PHBS 2

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	kadang kadang	1	2.4	2.4	2.4
	sering	22	52.4	52.4	54.8
	selalu	19	45.2	45.2	100.0
	Total	42	100.0	100.0	

Post PHBS 3

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	kadang kadang	3	7.1	7.1	7.1
	sering	24	57.1	57.1	64.3
	selalu	15	35.7	35.7	100.0
	Total	42	100.0	100.0	

Post PHBS 4

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	sering	12	28.6	28.6	28.6
	selalu	30	71.4	71.4	100.0
	Total	42	100.0	100.0	

Post PHBS 5

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	kadang kadang	2	4.8	4.8	4.8
	sering	32	76.2	76.2	81.0
	selalu	8	19.0	19.0	100.0
	Total	42	100.0	100.0	

Post PHBS 6

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	kadang kadang	2	4.8	4.8	4.8
	sering	25	59.5	59.5	64.3
	selalu	15	35.7	35.7	100.0
	Total	42	100.0	100.0	

Post PHBS 7

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	sering	21	50.0	50.0	50.0
	selalu	21	50.0	50.0	100.0
	Total	42	100.0	100.0	

Post PHBS 8

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	kadang kadang	1	2.4	2.4	2.4
	sering	10	23.8	23.8	26.2
	selalu	31	73.8	73.8	100.0
	Total	42	100.0	100.0	

Post PHBS 9

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	kadang kadang	7	16.7	16.7	16.7
	sering	24	57.1	57.1	73.8
	selalu	11	26.2	26.2	100.0
	Total	42	100.0	100.0	

Post PHBS 10

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	kadang kadang	5	11.9	11.9	11.9
	sering	28	66.7	66.7	78.6
	selalu	9	21.4	21.4	100.0
	Total	42	100.0	100.0	

Post PHBS 11

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	tidak pernah	1	2.4	2.4	2.4

	kadang kadang	5	11.9	11.9	14.3
	sering	26	61.9	61.9	76.2
	selalu	10	23.8	23.8	100.0
	Total	42	100.0	100.0	

Post PHBS 12

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	kadang kadang	3	7.1	7.1	7.1
	sering	27	64.3	64.3	71.4
	selalu	12	28.6	28.6	100.0
	Total	42	100.0	100.0	

Post PHBS 13

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	kadang kadang	2	4.8	4.8	4.8
	sering	8	19.0	19.0	23.8
	selalu	32	76.2	76.2	100.0
	Total	42	100.0	100.0	

Post PHBS 14

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	kadang kadang	8	19.0	19.0	19.0
	sering	29	69.0	69.0	88.1
	selalu	5	11.9	11.9	100.0
	Total	42	100.0	100.0	

Post GZ 1

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	sering	11	26.2	26.2	26.2
	selalu	31	73.8	73.8	100.0

Total	42	100.0	100.0
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Post GZ 2

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	sering	13	31.0	31.0	31.0
	selalu	29	69.0	69.0	100.0
	Total	42	100.0	100.0	

Post GZ 3

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	sering	18	42.9	42.9	42.9
	selalu	24	57.1	57.1	100.0
	Total	42	100.0	100.0	

Post GZ 4

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	kadang kadang	4	9.5	9.5	9.5
	sering	29	69.0	69.0	78.6
	selalu	9	21.4	21.4	100.0
	Total	42	100.0	100.0	

Post GZ 5

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	sering	9	21.4	21.4	21.4
	selalu	33	78.6	78.6	100.0
	Total	42	100.0	100.0	

Post GZ 6

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	kadang kadang	3	7.1	7.1	7.1
	sering	21	50.0	50.0	57.1
	selalu	18	42.9	42.9	100.0
	Total	42	100.0	100.0	

Post GZ 7

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	kadang kadang	1	2.4	2.4	2.4
	sering	32	76.2	76.2	78.6
	selalu	9	21.4	21.4	100.0
	Total	42	100.0	100.0	

Post GZ 8

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	sering	7	16.7	16.7	16.7
	selalu	35	83.3	83.3	100.0
	Total	42	100.0	100.0	

Post GZ 9

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	kadang kadang	1	2.4	2.4	2.4
	sering	29	69.0	69.0	71.4
	selalu	12	28.6	28.6	100.0
	Total	42	100.0	100.0	

Post GZ 10

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	kadang kadang	2	4.8	4.8	4.8

sering	28	66.7	66.7	71.4
selalu	12	28.6	28.6	100.0
Total	42	100.0	100.0	

Post GZ 11

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	sering	8	19.0	19.0	19.0
	selalu	34	81.0	81.0	100.0
	Total	42	100.0	100.0	

Post GZ 12

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	kadang kadang	1	2.4	2.4	2.4
	sering	25	59.5	59.5	61.9
	selalu	16	38.1	38.1	100.0
	Total	42	100.0	100.0	

Tests of Normality

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
Skor Pre PHBS	.218	42	.000	.862	42	.000
Skor Pre GZ	.158	42	.010	.922	42	.007
Post PHBS	.119	42	.147	.964	42	.207
Skor Post GZ	.207	42	.000	.884	42	.000

a. Lilliefors Significance Correction

Test of Homogeneity of Variances

		Levene Statistic	df1	df2	Sig.
Skor Pre PHBS	Based on Mean	28.864	1	40	.000
	Based on Median	18.297	1	40	.000
	Based on Median and with adjusted df	18.297	1	23.118	.000
	Based on trimmed mean	28.437	1	40	.000

Skor Pre GZ	Based on Mean	8.219	1	40	.007
	Based on Median	6.319	1	40	.016
	Based on Median and with adjusted df	6.319	1	28.528	.018
	Based on trimmed mean	8.075	1	40	.007
Post PHBS	Based on Mean	20.879	1	40	.000
	Based on Median	14.073	1	40	.001
	Based on Median and with adjusted df	14.073	1	24.007	.001
	Based on trimmed mean	20.650	1	40	.000
Skor Post GZ	Based on Mean	12.945	1	40	.001
	Based on Median	10.189	1	40	.003
	Based on Median and with adjusted df	10.189	1	32.957	.003
	Based on trimmed mean	12.682	1	40	.001

Descriptive Statistics

	N	Mean	Std. Deviation	Minimum	Maximum
Skor Pre PHBS	42	27.7143	5.73515	19.00	42.00
Skor Pre GZ	42	27.1190	4.34602	20.00	37.00
Post PHBS	42	46.7381	3.99426	37.00	56.00
Skor Post GZ	42	41.9524	2.79331	38.00	48.00

Wilcoxon Signed Ranks Test

Ranks

		N	Mean Rank	Sum of Ranks
Post PHBS - Skor Pre PHBS	Negative Ranks	0 ^a	.00	.00
	Positive Ranks	42 ^b	21.50	903.00
	Ties	0 ^c		
	Total	42		
Skor Post GZ - Skor Pre GZ	Negative Ranks	0 ^d	.00	.00
	Positive Ranks	42 ^e	21.50	903.00
	Ties	0 ^f		

Total	42		
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- a. Post PHBS < Skor Pre PHBS
- b. Post PHBS > Skor Pre PHBS
- c. Post PHBS = Skor Pre PHBS
- d. Skor Post GZ < Skor Pre GZ
- e. Skor Post GZ > Skor Pre GZ
- f. Skor Post GZ = Skor Pre GZ

Test Statistics^a

	Post PHBS - Skor Pre PHBS	Skor Post GZ - Skor Pre GZ
Z	-5.656 ^b	-5.671 ^b
Asymp. Sig. (2-tailed)	.000	.000

- a. Wilcoxon Signed Ranks Test
- b. Based on negative ranks.





NB: Buku panduan dilampirkan terpisah