

**INVESTIGATING THE EFFECT OF FLIPPED  
LEARNING 3.0 AND SELF-REGULATED LEARNING ON  
SPEAKING PERFORMANCE OF TWELFTH GRADE  
STUDENTS OF SMA N 1 SUKASADA IN ACADEMIC  
YEAR 2019/2020**



**OLEH**

**AGUNG KRSNA LILA DASA**

**NIM 1612021050**

**PROGRAM STUDI PENDIDIKAN BAHASA INGGRIS**

**JURUSAN BAHASA ASING**

**FAKULTAS BAHASA DAN SENI**

**UNIVERSITAS PENDIDIKAN GANESHA**

**SINGARAJA**

**2020**

**INVESTIGATING THE EFFECT OF FLIPPED LEARNING 3.0  
AND SELF-REGULATED LEARNING ON SPEAKING  
PERFORMANCE OF TWELFTH GRADE STUDENTS OF  
SMA N 1 SUKASADA IN ACADEMIC YEAR 2019/2020**

**SKRIPSI**

**Diajukan kepada**

**Universitas Pendidikan Ganesha**

**Untuk Memenuhi Salah Satu Persyaratan dalam Menyelesaikan**

**Program Sarjana Pendidikan Bahasa Inggris**



**Oleh**

**Agung Krsna Lila Dasa**

**NIM 1612021050**

**PROGRAM STUDI PENDIDIKAN BAHASA INGGRIS**

**JURUSAN BAHASA ASING**

**FAKULTAS BAHASA DAN SENI**

**UNIVERSITAS PENDIDIKAN GANESHA**

**SINGARAJA**

**2020**

SKRIPSI

DIAJUKAN UNTUK MELENGKAPI TUGAS DAN  
MEMENUHI PERSYARATAN UNTUK MENCAPAI  
GELAR SARJANA PENDIDIKAN



Luh Diah Surya Adnyani, S.Pd., M.Pd.  
NIP. 198309232008122001

Luh Gd. Rahayu Budiyarta, S.Pd., M.Pd  
NIP. 199309192018012001

Skripsi oleh Agung Krsna Lila ini  
telah dipertahankan di depan dewan penguji  
pada tanggal 10 Juli 2020

**Dewan Penguji.**



Dr. Dewa Putu Ramendra, S.Pd., M.Pd.

(Ketua)

NIP. 197609022000031001

**Penguji I**

  
A.A. Gede Yudha Paramartha, S.Pd, M.Pd.

(Anggota)

NIP. 198806222014041001

**Penguji II**



Luh Diah Surya Adnyani, S.Pd., M.Pd.

(Anggota)

NIP. 198309232008122001

**Penguji III**



Luh Gd. Rahayu Budiarta, S.Pd., M.Pd

(Anggota)

NIP. 199309192018032001



Diterima oleh Panitia Ujian Fakultas Bahasa dan Seni  
Universitas Pendidikan Ganesha  
guna memenuhi syarat-syarat untuk mencapai gelar sarjana pendidikan

Pada:

Hari : Jumat

Tanggal : 24 Juli 2020



Dr. Dewa Putu Ramendra, S.Pd., M.Pd.  
NIP. 197609022000031001

Luh Diah Surya Adnyani, S.Pd., M.Pd.  
NIP. 198309232008122001

Mengesahkan



Prof. Dr. Made Sutama, M.Pd.

NIP. 196004241986031002

## PERNYATAAN

Dengan ini saya menyatakan bahwa skripsi yang berjudul *“Investigating The Effect of Flipped Learning 3.0 And Self-Regulated Learning on Speaking Performance of Twelfth Grade Students Of SMA N 1 Sukasada in Academic Year 2019/2020”* beserta isinya adalah benar-benar karya sendiri, dan saya tidak melakukan penjiplakan dan mengutip dengan cara-cara yang tidak sesuai dengan etika yang berlaku dalam masyarakat keilmuan. Atas pernyataan ini, saya siap menanggung resiko atas sanksi yang dijatuhkan kepada saya apabila dikemudian hari ditemukan adanya pelanggaran atau etika keilmuan dalam karya saya ini, atau ada klaim terhadap keaslian karya saya ini.

Singaraja, 20 Juli 2020

Yang membuat pernyataan,



Agung Krsna Lila Dasa

NIM. 1612021050

## ACKNOWLEDGEMENT

The writer thanks to the Almighty God, Ida Sang Hyang Widhi Wasa for his blessing in conducting this study, so that this thesis can be accomplished in the expected time. This gratitude is expressed to several parties who had contributed and supported for the successfulness of this thesis. They are:

1. Luh Diah Surya Adnyani, S.Pd., M.Pd. as the first supervisor and Luh Gd. Rahayu Budiarta, S.Pd., M.Pd. as the second supervisor for their valuable, assistance, guidance, correction, and solution so that this thesis could be finished.
2. The entire lecturers of English Language Education of Ganesha University of Education for their guidance, support, inspiration, and knowledge that has been given during the study in the university.
3. Drs. Putu Dana, M.Si as the headmaster of SMAN 1 Sukasada for the permission to conduct this study.
4. The twelfth-grade students in SMA N 1 Sukasada as the subjects of this study.

The writer realizes that this thesis is still beyond the perfection so that constructive critics toward the perfection of this study are very welcome.

Singaraja, July 10, 2020



Agung Krsna Lila Dasa

## TABLE OF CONTENTS

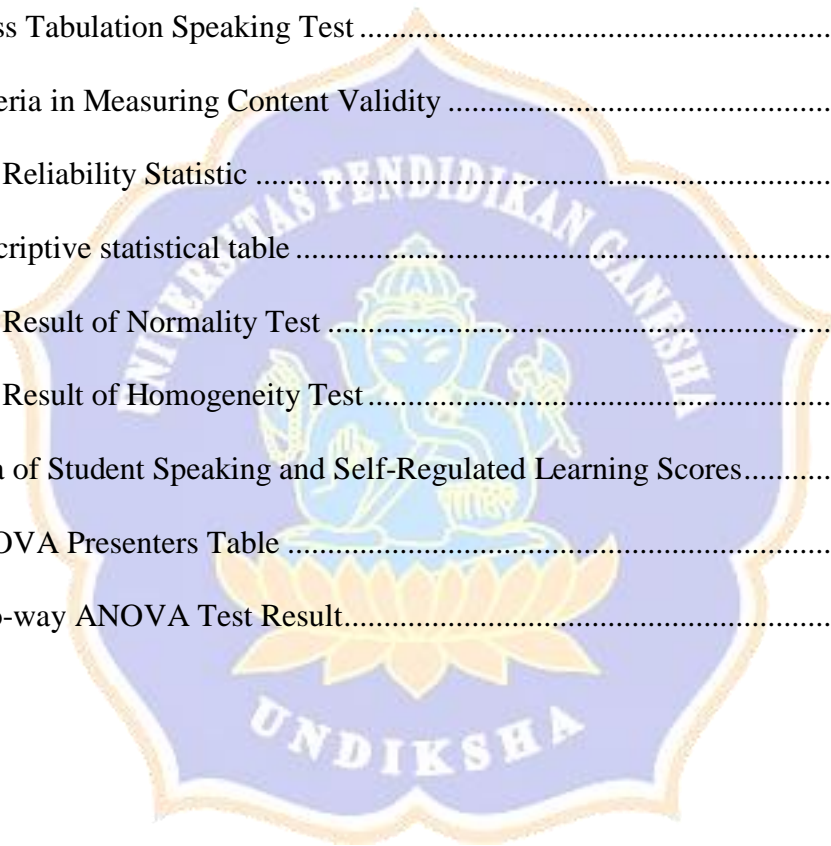
Acknowledgment .....	i
Abstract .....	ii
Table of Contents .....	iv
List of Table .....	vi
List of Appendix .....	vii
List of Figures .....	viii
Chapter I Introduction .....	1
1.1 Research Background .....	1
1.2 Problem Identification .....	7
1.3 Scope of the Study .....	7
1.4 Research Questions .....	8
1.5 Research Objectives .....	8
1.6 Research Significances .....	9
Chapter II Review of Related Literature .....	11
2.1 Theoretical Review .....	11
2.1.1 Speaking performance .....	11
2.1.2 The Concept of Flipped learning 3.0 .....	14
2.1.3 Flipped learning in speaking skills .....	16
2.1.4 TELL (technology enhanced language learning) .....	18
2.1.5 The Concept of Self-regulated Learning .....	21
2.2 Empirical Review .....	24
2.3 Conceptual of Framework .....	27
2.4 Research Hypothesis .....	28
Chapter III Research Method .....	31



3.1 Research Setting.....	31
3.2 Research Design.....	31
3.3 Subject of the study.....	33
3.4 Variable of the research .....	35
3.5 Data Collection Method.....	36
3.5.1 Procedure of collecting Data.....	36
3.5.2 Instrument of Collecting Data.....	36
3.5.3 Validity and Reliability of Instrument .....	43
3.6 Data Analysis .....	47
Chapter IV Finding and Discussion.....	50
4.1 Finding.....	50
4.1.1 Descriptive Statistical Analysis.....	50
4.1.2 Inferential Statistical Analysis .....	51
4.1.3 Hypothesis Testing.....	53
4.2 Discussion .....	57
4.3 Practical Implication.....	61
Chapter V Closing.....	63
5.1 Summary .....	63
5.2 Conclusion.....	64
5.3 Suggestion .....	64
References.....	66
Appendices.....	71

## LIST OF TABLES

Table 3.1 Research Design .....	32
Table 3.2 Population of the Study.....	33
Table 3.3 Equality Table of the Sample.....	34
Table 3.4 The Blue Print of Cyclical Phase of Self-Regulated Learning .....	38
Table 3.5 Speaking Scoring Rubric .....	41
Table 3.6 The Blue Print of Speaking Test.....	43
Table 3.7 Cross Tabulation Speaking Test .....	44
Table 3.8 Criteria in Measuring Content Validity .....	45
Table 3.9 The Reliability Statistic .....	46
Table 4.1 Descriptive statistical table .....	50
Table 4.2 The Result of Normality Test .....	51
Table 4.3 The Result of Homogeneity Test .....	53
Table 4.4 Data of Student Speaking and Self-Regulated Learning Scores.....	53
Table 4.5 ANOVA Presenters Table .....	55
Table 4.6 Two-way ANOVA Test Result.....	56



**LIST OF FIGURES**

Figure 2.1 Conceptual of Frame Work .....28

Figure 3.1 The Relationship Between Independent and Dependent Variable .....35



## LIST OF APPENDIXES

Appendix 1 Questionnaire Self-Regulated Learning.....	72
Appendix 2 Expert Judgment of Questionnaire.....	76
Appendix 3 Expert Judgment of Speaking Test Rubric.....	81
Appendix 4 Lesson Plan .....	84
Appendix 5 Speaking Test .....	126
Appendix 6 Students Test Result.....	128
Appendix 7 Students Questionnaire Result .....	133
Appendix 8 Certificate of Conducting Research .....	136
Appendix 9 Documentation of the research.....	139

