

**PENGARUH *SELF-EFFICACY* DAN *SOFT SKILL* TERHADAP
KESIAPAN KERJA MAHASISWA UNIVERSITAS PENDIDIKAN
GANESHA**

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ABSTRAK

Penelitian ini dilakukan untuk menguji pengaruh *self efficacy* dan *soft skill* terhadap kesiapan kerja mahasiswa Universitas Pendidikan Ganesha. Penelitian ini menggunakan pendekatan kuantitatif dengan subjek penelitian mahasiswa Undiksha yang memiliki pengalaman atau masih menjadi pengurus inti di organisasi, dengan objek penelitian *self efficacy*, *soft skill* dan kesiapan kerja. Metode pengambilan sampel dalam penelitian ini menggunakan *non-probability sampling* dan teknik yang digunakan adalah *incidental sampling* dengan jumlah sampel sebanyak 130 responden. Data dikumpulkan menggunakan kuesioner dan dianalisis dengan regresi linier berganda. Hasil penelitian menunjukkan bahwa (1) *self efficacy* dan *soft skill* berpengaruh secara simultan terhadap kesiapan kerja mahasiswa undiksha, (2) *self efficacy* berpengaruh positif dan signifikan terhadap kesiapan kerja mahasiswa undiksha, dan (3) *soft skill* berpengaruh positif dan signifikan terhadap kesiapan kerja mahasiswa undiksha. Oleh karena itu, peningkatan kesiapan kerja dapat dilakukan dengan memperkuat *self efficacy* melalui pengalaman keberhasilan, dukungan sosial, serta pengelolaan emosi yang positif. Serta pengembangan *soft skill* seperti komunikasi, kerja sama tim, dan kemampuan beradaptasi sehingga mahasiswa lebih siap menghadapi dunia kerja.

Kata kunci: kesiapan kerja dan *self efficacy*, *soft skill*

***THE EFFECT OF SELF-EFFICACY AND SOFT SKILLS ON THE WORK
READINESS OF STUDENTS AT GANESHA UNIVERSITY OF EDUCATION***

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ABSTRACT

This study was conducted to examine the influence of self-efficacy and soft skills on the work readiness of students at Ganesha University of Education. This study employed a quantitative approach, with the research subjects being Undiksha students who have experience or are currently serving as core members of student organizations. The research variables were self-efficacy, soft skills, and work readiness. The sampling method used in this study was non-probability sampling, specifically incidental sampling, with a sample size of 130 respondents. Data were collected using a questionnaire and analyzed using multiple linear regression. The results showed that (1) self-efficacy and soft skills simultaneously influence the work readiness of Undiksha students, (2) self-efficacy has a positive and significant effect on the work readiness of Undiksha students, and (3) soft skills have a positive and significant effect on the work readiness of Undiksha students. Therefore, work readiness can be enhanced by strengthening self-efficacy through experiences of success, social support, and positive emotional regulation. Additionally, developing soft skills such as communication, teamwork, and adaptability will better prepare students to enter the workforce.

Keywords: employability and self-efficacy, soft skills