

**TUTORIAL TEKNIK DASAR *SMASH* BOLA VOLI PADA
PESERTA DIDIK KELAS XI SMK TRIATMAJAYA
SINGARAJA TAHUN PELAJARAN 2024/2025**

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ABSTRAK

Penelitian pengembangan ini bertujuan untuk menghasilkan media pembelajaran berbasis video tutorial teknik dasar *smash* bola voli yang berkualitas dan menarik bagi peserta didik kelas XI SMK Triatmajaya Singaraja Tahun Pelajaran 2024/2025. Rendahnya pemahaman dan keterampilan teknik *smash* serta minimnya media pembelajaran inovatif menjadi latar belakang utama penelitian ini. Penelitian menggunakan model pengembangan ADDIE (*Analyze, Design, Development, Implementation, Evaluation*). Subjek penelitian terdiri pada 1 ahli isi/materi, 1 ahli desain, 1 ahli media, serta peserta didik kelas XI yang meliputi uji coba perorangan (3 orang), uji coba kelompok kecil (6 orang), dan uji coba kelompok besar (12 orang). Instrumen pengumpulan data berupa angket validasi dan respons pengguna. Hasil penelitian memperlihatkan bahwa media video tutorial yang dikembangkan memperoleh penilaian yang sangat baik para ahli, dengan persentase validitas ahli isi/materi sebesar 91,6%, ahli desain 92%, dan ahli media 94%. Sementara itu, respons peserta didik juga sangat positif dengan rata-rata uji perorangan 94%, kelompok kecil 90,33%, dan kelompok besar 91,33%. Media ini dikemas secara menarik dengan kombinasi teks, gambar, audio, dan video slow-motion menggunakan aplikasi *CapCut*, sehingga memudahkan peserta didik memahami tahapan *smash* secara mandiri. Dapat disimpulkan bahwa media pembelajaran berbasis video tutorial teknik dasar *smash* bola voli ini layak dan efektif dipakai untuk aktivitas pembelajaran PJOK, mampu menaikkan motivasi serta pemahaman peserta didik terhadap materi *smash* bola voli.

Kata Kunci: Media Pembelajaran, Video Tutorial, Teknik *Smash* Bola Voli, Model ADDIE, Pendidikan Jasmani

**BASIC VOLLEYBALL SMASH TECHNIQUE TUTORIAL FOR GRADE XI
STUDENTS OF SMK TRIATMAJAYA SINGARAJA IN THE 2024/2025
ACADEMIC YEAR**

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ABSTRACT

This development research aims to produce high-quality and engaging video tutorials on basic volleyball smash techniques for grade XI students of SMK Triatmajaya Singaraja in the 2024/2025 academic year. The lack of understanding and skills in smash techniques, along with the lack of innovative learning media, are the main reasons for this research. The research uses the ADDIE (Analyze, Design, Development, Implementation, Evaluation) development model. The research subjects consisted of one content expert, one design expert, one media expert, and eleventh-grade students. The study included individual trials (3 people), small group trials (6 people), and large group trials (12 people). Data collection instruments included a validation questionnaire and user responses. The results showed that the developed video tutorial media received excellent reviews from the experts, with a validity percentage of 91.6% for the content/material expert, 92% for the design expert, and 94% for the media expert. Meanwhile, student responses were also very positive, with an average of 94% for individual trials, 90.33% for small groups, and 91.33% for large groups. This media was attractively packaged with a combination of text, images, audio, and slow-motion video using the CapCut application, making it easier for students to understand the stages of the smash independently. It can be concluded that this video tutorial-based learning media for basic volleyball smash techniques is suitable and effective for use in Physical Education (PJOK) learning activities, capable of increasing student motivation and understanding of volleyball smash material.

Keywords: Learning Media, Video Tutorial, Volleyball Smash Technique, ADDIE Model, Physical Education