

ANALISA TEKNIK PERMAINAN MEGAWATI HANGESTRI SEBAGAI *OPPOSITE HITTER* DI KLUB *RED SPARK* KOREA SELATAN

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ABSTRAK

Penelitian ini bertujuan untuk menganalisis teknik permainan Megawati Hangestri sebagai *opposite hitter* di klub *Red Sparks*, Korea Selatan, dengan fokus pada servis, *passing*, *smash*, dan blok. Penelitian ini menggunakan pendekatan kuantitatif deskriptif dengan sumber data berupa rekaman video pertandingan yang dianalisis secara statistik. Data yang diperoleh dikategorikan berdasarkan jenis teknik dan efektivitas pelaksanaannya, kemudian dibandingkan untuk melihat kecenderungan teknik yang paling dominan serta kontribusinya terhadap performa tim. Hasil penelitian menunjukkan bahwa teknik servis Megawati tergolong efektif dengan 87,5% servis masuk dan 12,5% menghasilkan *ace*. Pada teknik *passing*, *passing* bawah mendominasi sebesar 85,71%, sedangkan *passing* atas sebesar 14,29%. Pada teknik *smash*, *open smash* menjadi variasi paling dominan dengan persentase 56,25%, diikuti *semi smash* sebesar 29,23%. Adapun pada teknik blok, *double block* mendominasi sebesar 93,75% dan menunjukkan peran penting Megawati dalam menjaga pertahanan tim. Secara keseluruhan, Megawati memiliki penguasaan teknik dasar yang sangat baik, terutama dalam aspek serangan dan pertahanan, sehingga mampu memberi kontribusi nyata terhadap stabilitas permainan *Red Sparks*. Simpulan penelitian ini menegaskan bahwa performa Megawati tidak hanya ditopang oleh kekuatan *smash*, tetapi juga oleh efektivitas servis, ketepatan *passing*, dan kecermatan blok. Temuan ini juga menunjukkan bahwa Megawati mampu beradaptasi dengan tuntutan permainan modern yang menuntut kecepatan, ketepatan, dan transisi antarfase yang efisien. Keunggulan pada teknik-teknik tersebut memperlihatkan bahwa dirinya bukan hanya pencetak poin utama, tetapi juga pemain yang berperan dalam menjaga ritme dan konsistensi permainan tim. Dengan demikian, hasil penelitian ini dapat menjadi referensi bagi pelatih, atlet, dan peneliti dalam mengembangkan pembinaan bola voli berbasis data pertandingan. Saran bagi penelitian selanjutnya adalah memperluas analisis pada aspek psikologis, taktis, dan sosial budaya, serta membandingkan performa Megawati dengan *opposite hitter* lain di kompetisi internasional yang lebih komprehensif dan terukur ke depannya.

Kata-kata kunci: Megawati Hangestri, *opposite hitter*, *smash*, performa tim, *Red Sparks*.

**ANALYSIS OF MEGAWATI HANGESTRI'S PLAYING TECHNIQUES AS
AN OPPOSITE HITTER AT RED SPARKS VOLLEYBALL CLUB,
SOUTH KOREA**

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ABSTRACT

This study aims to analyze the playing techniques of Megawati Hangestri as an opposite hitter for the Red Sparks Volleyball Club, South Korea, focusing on serving, passing, spiking, and blocking techniques. This research employed a descriptive quantitative approach, utilizing video recordings of volleyball matches as the primary data source, which were analyzed statistically. The collected data were categorized according to the types of techniques and their execution effectiveness, and subsequently compared to identify the most dominant techniques and their contributions to the team's performance. The results revealed that Megawati's serving technique was highly effective, with 87.5% successful serves and 12.5% resulting in service aces. In terms of passing, forearm passing dominated at 85.71%, while overhead passing accounted for 14.29%. Regarding spiking, the open spike was the most frequently executed technique, representing 56.25% of all spikes, followed by the semi-spike at 29.23%. For blocking, the double block was the predominant technique, accounting for 93.75% of all blocking actions, highlighting Megawati's significant role in maintaining the team's defensive stability. Overall, Megawati demonstrated excellent mastery of fundamental volleyball techniques, particularly in offensive and defensive aspects, enabling her to make substantial contributions to the consistency and overall performance of the Red Sparks. The findings indicate that Megawati's performance is supported not only by her powerful attacking ability but also by her effective serving, accurate passing, and well-executed blocking. Furthermore, the study demonstrates her ability to adapt to the demands of modern volleyball, which requires speed, precision, and efficient transitions between phases of play. Her proficiency in these technical skills establishes her not only as the team's primary scorer but also as a key player in maintaining the rhythm and consistency of team performance. Therefore, the findings of this study may serve as a valuable reference for coaches, athletes, and researchers in developing data-driven volleyball coaching and training programs. Future studies are recommended to expand the analysis by incorporating psychological, tactical, and socio-cultural aspects, as well as comparing Megawati's performance with that of other opposite hitters competing at the international level to obtain more comprehensive and measurable findings.

Keywords: Megawati Hangestri, opposite hitter, spike, team performance, Red Sparks.