

# **THE CONTRIBUTION OF STUDENTS' MOTIVATION AND SELF-EFFICACY TO LEARNING GRIT IN ENGLISH CLASSES AT SENIOR HIGH SCHOOL: A MIXED METHOD STUDY**

## **TESIS**



**PROGRAM STUDI PENDIDIKAN BAHASA INGGRIS (S2)  
PROGRAM PASCASARJANA  
UNIVERSITAS PENDIDIKAN GANESHA**





- UU ITE No. 11 Tahun 2008 Pasal 5 Ayat 1 "Informasi Elektronik dan/atau hasil cetaknya merupakan alat bukti hukum yang sah"
- Dokumen ini telah ditandatangani secara elektronik menggunakan sertifikat elektronik yang diterbitkan BSrE - BSSN, validitas dokumen elektronik ini bisa dicek menggunakan aplikasi mobile VeryDS oleh BSrE
- Cetakan dokumen ini merupakan salinan dari file dokumen bertandatangan elektronik yang keabsahannya dapat diakses melalui scan QRCode yang terdapat pada sertifikat ini.

# TESIS

## DIAJUKAN UNTUK MELENGKAPI TUGAS DAN MEMENUHI SYARAT-SYARAT UNTUK MENCAPAI GELAR MAGISTER PENDIDIKAN



**Menyetujui**

|               |                                                                   |
|---------------|-------------------------------------------------------------------|
| Pembimbing I  | Prof. Dra. Luh Putu Artini, M.A., Ph.D.<br>NIP.196407141988102001 |
| Pembimbing II | I Putu Indra Kusuma, S.Pd., M.Pd. Ph.D.<br>NIP.198701172014041001 |



- UU ITE No. 11 Tahun 2008 Pasal 5 Ayat 1 "Informasi Elektronik dan/atau hasil cetaknya merupakan alat bukti hukum yang sah"
- Dokumen ini telah ditandatangani secara elektronik menggunakan sertifikat elektronik yang diterbitkan BSrE - BSSN, validitas dokumen elektronik ini bisa dicek menggunakan aplikasi mobile VeryDS oleh BSrE
- Cetakn dokumen ini merupakan salinan dari file dokumen bertandatangan elektronik yang keabsahannya dapat diakses melalui scan QRCode yang terdapat pada sertifikat ini.

Tesis oleh Ni Putu Wulan Dewayanti telah dipertahankan di depan tim penguji dan dinyatakan diterima sebagai salah satu persyaratan untuk memperoleh gelar Magister Pendidikan di Pendidikan Bahasa Inggris (S2), Program Pascasarjana, Universitas Pendidikan Ganesha  
 Pada tanggal 04 Agustus 2026

### Dewan Penguji

|         |                                                                   |
|---------|-------------------------------------------------------------------|
| Ketua   | Dr. Dewa Putu Ramendra, S.Pd., M.Pd.<br>NIP.197609022000031001    |
| Anggota | Prof. Dra. Luh Putu Artini, M.A., Ph.D.<br>NIP.196407141988102001 |
| Anggota | I Putu Indra Kusuma, S.Pd., M.Pd. Ph.D.<br>NIP.198701172014041001 |
| Anggota | Prof. Dr. Ni Nyoman Padmadewi, M.A.<br>NIP.196202021988032001     |
| Anggota | Made Hery Santosa, S.Pd, M.Pd., Ph.D.<br>NIP.197910232003121001   |

Mengetahui Direktur Program Pascasarjana  
 Universitas Pendidikan Ganesha,



Prof. Dr. I Nyoman Jampel, M.Pd.

NIP.195910101986031003



- UU ITE No. 11 Tahun 2008 Pasal 5 Ayat 1 "Informasi Elektronik dan/atau hasil cetaknya merupakan alat bukti hukum yang sah"
- Dokumen ini telah ditandatangani secara elektronik menggunakan sertifikat elektronik yang diterbitkan BSrE - BSSN, validitas dokumen elektronik ini bisa dicek menggunakan aplikasi mobile VeryDS oleh BSrE
- Cetakan dokumen ini merupakan salinan dari file dokumen bertandatangan elektronik yang keabsahannya dapat diakses melalui scan QRCode yang terdapat pada sertifikat ini.

## STATEMENT LETTER

I hereby honestly state that this Postgraduate Thesis in Education that is written as a partial requirement for the degree of Master in Education is my own work. All the information contained in this thesis which is derived from the work of others has been given an award by citing the name of the source authors correctly according to the academic norms, rules, and ethics. If it is discovered in the future that a portion or the whole thesis is not my original work or that there is a case of plagiarism, I willingly accept the consequence of my academic title withdrawal and other sanctions as postulated by Indonesian National Law.

Singaraja, 4 Agustus 2026

Statement by



Ni Putu Wulan Dewayanti

## ACKNOWLEDGEMENT

First and foremost, the writer would like to express the deepest gratitude to Almighty God for the endless blessings, guidance, and strength throughout the completion of this thesis entitled "The Relationship among Students' Motivation, Self-Efficacy, and Learning Grit in English Classes in Senior High School: a Mixed Method Study."

1. The writer would like to express sincere and deepest appreciation to the first supervisor, Prof. Dra. Luh Putu Artini, M.A., Ph.D., and the second supervisor, I Putu Indra Kusuma, S.Pd., M.Pd. Ph.D., for their invaluable guidance, constructive feedback, patience, encouragement, and continuous support throughout every stage of this research. Their expertise and dedication have greatly contributed to the successful completion of this thesis.
2. Heartfelt gratitude is also extended to the examiners, Prof. Dr. Ni Nyoman Padmadewi, M.A. and Made Hery Santosa, S.Pd, M.Pd., Ph.D., for their valuable suggestions, insightful comments, and constructive criticism, which have helped improve the quality of this thesis.
3. The Head of the English Education Study Program, all lecturers, and academic staff for their knowledge, assistance, and support throughout my academic journey.
4. The principal, English teachers, and Grade 10 students of SMA 7 Denpasar who willingly participated in this study. Their cooperation and contribution were essential for the completion of this research.
5. Deeply grateful to the beloved parents for their unconditional love, prayers, encouragement, and continuous support, both morally and materially. Their sacrifices and belief in the writer have been my greatest source of motivation.
6. My sincere gratitude to my beloved boyfriend for his endless love, encouragement, patience, and unwavering support throughout this journey.

Thank you for always believing in me and motivating me to complete this thesis.

7. To the writer's beloved sibling for the support, encouragement, and companionship given throughout my academic journey and during the completion of this thesis.
8. To the classmates for their friendship, assistance, and motivation during my years of study and throughout the process of completing this thesis.

The writer realizes that this thesis is still far from perfect. Therefore, the writer sincerely welcomes constructive criticism and suggestions for the improvement of this thesis. It is hoped that this thesis can provide valuable contributions to the field of English education and future researchers.

Singajara, 4 Agustus 2026

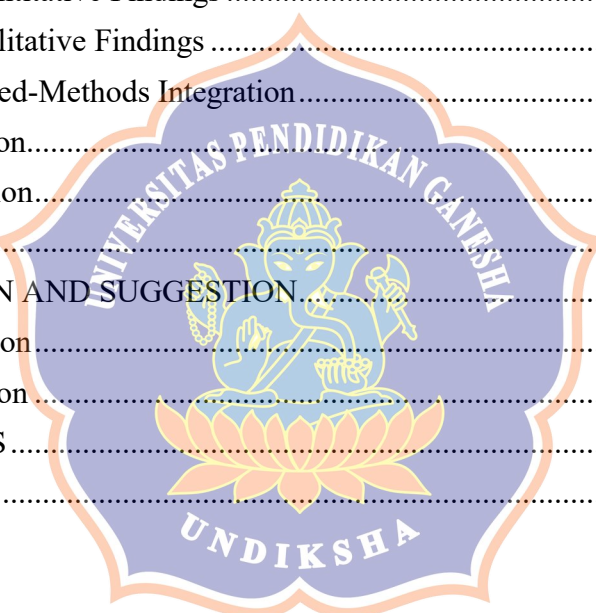


Ni Putu Wulan Dewayanti

## Table of Content

|                                              |      |
|----------------------------------------------|------|
| ACKNOWLEDGEMENT .....                        | vi   |
| ABSTRACT .....                               | viii |
| Table of Content .....                       | x    |
| CHAPTER I .....                              | 1    |
| INTRODUCTION .....                           | 1    |
| 1.1 Research Background .....                | 1    |
| 1.2 Problem Identification .....             | 5    |
| 1.3 Scope and Limitation .....               | 7    |
| 1.4 Research Question .....                  | 8    |
| 1.5 Objectives of the Study .....            | 8    |
| 1.6 Significance of the Study .....          | 8    |
| 1.6.1 Theoretically .....                    | 8    |
| 1.6.2 Practically .....                      | 9    |
| 1.7 Definition of Key Terms .....            | 10   |
| 1.7.1 Conceptual Definition .....            | 10   |
| 1.7.2 Operational Definition .....           | 12   |
| CHAPTER II LITERATURE REVIEW .....           | 14   |
| 2.1 Theoretical Review .....                 | 14   |
| 2.1.1 The Notion of Learning Grit .....      | 14   |
| 2.1.2 Dimension of Grit .....                | 17   |
| 2.1.3 The Notion of Motivation .....         | 21   |
| 2.1.4 Type of Motivation .....               | 23   |
| 2.1.5 The Notion of Self-Efficacy .....      | 24   |
| 2.1.6 Structure of Self-Efficacy Scale ..... | 25   |
| 2.2 Empirical Review .....                   | 32   |
| 2.3 Conceptual Framework .....               | 38   |
| 2.4 Research Hypothesis .....                | 39   |
| CHAPTER III RESEARCH METHOD .....            | 43   |
| 3.1 Research Design .....                    | 43   |
| 3.2 Research Setting .....                   | 44   |
| 3.3 The Population and Sample .....          | 45   |
| 3.4 Research Variable .....                  | 47   |
| 3.5 Data Collection Procedure .....          | 49   |

|                                                             |     |
|-------------------------------------------------------------|-----|
| 3.7 Research Instrument .....                               | 50  |
| 3.8 Validity and Reliability Test .....                     | 55  |
| 3.8.1 Quantitative Validity and Reliability.....            | 55  |
| 3.8.2 Validity of the Semi-Structured Interview Guide ..... | 59  |
| 3.9 Data Analysis Technique.....                            | 60  |
| 3.9.1 Quantitative Data Analysis.....                       | 60  |
| 3.9.2 Qualitative Data Analysis.....                        | 63  |
| 3.10 Statistical Hypothesis .....                           | 64  |
| CHAPTER IV .....                                            | 66  |
| FINDINGS AND DISCUSSION .....                               | 66  |
| 4. 1 Research Findings .....                                | 66  |
| 4.1.1 Quantitative Findings .....                           | 66  |
| 4.1.2 Qualitative Findings .....                            | 78  |
| 4.1.3 Mixed-Methods Integration.....                        | 89  |
| 4.2 Discussion.....                                         | 91  |
| 4.3 Implication.....                                        | 95  |
| CHAPTER V .....                                             | 97  |
| CONCLUSION AND SUGGESTION .....                             | 97  |
| 5.1 Conclusion.....                                         | 97  |
| 5.2 Suggestion.....                                         | 99  |
| REFERENCES .....                                            | 101 |
| APPENDICES .....                                            | 105 |



## List of Figures

|                                       |    |
|---------------------------------------|----|
| Figure 2. 1 Conceptual Framework..... | 39 |
|---------------------------------------|----|



## List of Tables

5

|                                                                                    |    |
|------------------------------------------------------------------------------------|----|
| Table 3. 2 Total Sample .....                                                      | 46 |
| Table 3. 3 Grit Scale Indicator .....                                              | 51 |
| Table 3. 4 Self-Efficacy Scale.....                                                | 52 |
| Table 3. 5 Motivation Scale Indicator .....                                        | 52 |
| Table 3. 6 Interview Guided Indicator .....                                        | 54 |
| Table 3. 7 Expert Judgement Result.....                                            | 56 |
| Table 3. 8 Cronbach's Alpha Level .....                                            | 58 |
| Table 3. 9 The Validity and Reliability Results .....                              | 58 |
| Table 4. 1 Descriptive Statistic.....                                              | 66 |
| Table 4. 2 Kolmogorov-Smirnov Test.....                                            | 68 |
| Table 4. 3 Result of Linearity Test: Motivation(X1) and Learning Grit (Y) .....    | 69 |
| Table 4. 4 Result of Linearity Test: Self-efficacy (X2) and Learning Grit (Y) .... | 69 |
| Table 4. 5 Multicollinearity Test.....                                             | 70 |
| Table 4. 6 Heteroscedasticity Test.....                                            | 71 |
| Table 4. 7 Regression Coefficients of Motivation (X1).....                         | 72 |
| Table 4. 8 Model Fit Measure of Motivation and Learning Grit.....                  | 73 |
| Table 4. 10 Model Fit Measure of Self-efficacy and Learning Grit.....              | 74 |
| Table 4. 11 Regression Coefficients of.....                                        | 75 |
| Table 4. 12 Model Fit Measures.....                                                | 77 |
| Table 4. 13 Mixed-Method Integration .....                                         | 90 |

## List of Appendices

|                                                                                     |     |
|-------------------------------------------------------------------------------------|-----|
| Appendix 1. Expert Judgment of Interview Guide for Preliminary Data .....           | 105 |
| Appendix 2. Expert Judgment of Interview Guide for Preliminary Data .....           | 106 |
| Appendix 3. Interview Guide Sheet .....                                             | 107 |
| Appendix 4. Results of the Teacher Interview .....                                  | 109 |
| Appendix 5. Expert Judgment of Questionnaire from 1 <sup>st</sup> Supervisor .....  | 113 |
| Appendix 6. Expert Judgment of Questionnaire from 2 <sup>nd</sup> Supervisor.....   | 114 |
| Appendix 7. Research Questionnaire .....                                            | 115 |
| Appendix 8. Expert Judgment of Interview Guide from 1 <sup>st</sup> Supervisor..... | 118 |
| Appendix 9. Expert Judgment of Interview Guide from 2 <sup>nd</sup> Supervisor..... | 119 |
| Appendix 10 Interview Guide Sheet .....                                             | 119 |
| Appendix 11. Results of the Interview .....                                         | 123 |

