

**Asuhan Kebidanan Komprehensif Pada
Perempuan “LW” di TPMB “NT” Wilayah
Kerja Puskesmas Kubutambahan I
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ABSTRAK

Wanita usia subur yang tidak menggunakan KB berpeluang besar untuk hamil dan mengalami komplikasi dalam masa kehamilan, persalinan dan nifas. Hal ini dapat menyebabkan aborsi karena *unwanted pregnancy*, jarak hamil terlalu dekat, melahirkan terlalu banyak maupun komplikasi selama kehamilan, masa persalinan dan komplikasi masa nifas. Maka dari itu ibu dan bayi perlu diberikan asuhan secara komprehensif dan berkesinambungan. Dari 29 ibu hamil yang tercatat di register TPMB “NT” didapatkan 4 orang ibu hamil yang mencakup *unmeet need* KB. Laporan tugas akhir ini disusun menggunakan jenis penelitian deskriptif dengan metode studi kasus yang dilaksanakan pada tanggal 30 Maret sampai dengan 26 April 2026, pada Perempuan “LW” dari usia kehamilan 36 minggu 2 hari sampai nifas 2 minggu pertama yang bertempat di Praktik Mandiri Bidan “NT”. Pengambilan data dilakukan dengan cara melakukan anamnesa/wawancara, observasi, pemeriksaan fisik, dan studi dokumentasi. Dari hasil penelitian yang dilakukan, pada kunjungan pertama di trimester III ibu mengeluh belum memikirkan mengenai metode kontrasepsi yang akan digunakan setelah melahirkan namun ibu sudah mengetahui metode kontrasepsi yang sesuai dengan keadaannya saat ini karena telah diberikan konseling secara menyeluruh dan mendalam. Ibu bersalin dengan normal, ditolong oleh bidan. Pada saat persalinan, kala I terjadi selama kurang lebih 1.5 jam, kala II terjadi selama 25 menit, kala III terjadi selama 10 menit dan saat plasenta lahir ibu langsung menggunakan metode kontrasepsi IUD *post placenta*. Selama masa nifas, baik ibu maupun bayi telah mendapatkan asuhan yang sesuai, hasil pemeriksaan ibu dan bayi dalam batas normal dan tidak terdapat komplikasi pada ibu maupun bayi. Asuhan kebidanan pada Perempuan “LW” di PMB “NT” diberikan secara berkesinambungan dengan beberapa kesenjangan yang dapat ditemui antara teori dengan praktik di lapangan.

Kata Kunci: Kehamilan TM III, *Unmeet Need* KB, Asuhan Kebidanan Komprehensif.

***Comprehensive Midwifery Care for "LW" Woman
at "NT" Midwifery Practice, Kubutambahan I Public Health Center,
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ABSTRACT

Women of reproductive age who do not use contraception are at a higher risk of becoming pregnant and experiencing complications during pregnancy, childbirth, and the postpartum period. This condition may lead to abortion due to unwanted pregnancy, short birth spacing, high parity, as well as complications occurring during pregnancy, labor, and the puerperium. Therefore, both mother and baby need to receive comprehensive and continuous care. Out of 29 pregnant women recorded in the register of TPMB "NT," there were 4 women categorized as having an unmet need for family planning. This final report was prepared using a descriptive research design with a case study method conducted from March 30 to April 26, 2026, involving Mrs. "LW" from 36 weeks and 2 days of gestation until the first two weeks postpartum at the Independent Midwifery Practice "NT." Data collection was carried out through anamnesis/interviews, observation, physical examination, and documentation study. The results of the study showed that during the first visit in the third trimester, the mother stated that she had not yet considered the contraceptive method she would use after delivery. However, she already understood the contraceptive method that was appropriate for her current condition after receiving comprehensive and in-depth counseling. The mother delivered normally with assistance from a midwife. During labor, the first stage lasted approximately 1.5 hours, the second stage lasted 25 minutes, and the third stage lasted 10 minutes. Immediately after the placenta was delivered, the mother received a post-placental IUD contraceptive method. During the postpartum period, both the mother and the baby received appropriate care. The examination results of both mother and baby were within normal limits, and no complications were found in either of them. Midwifery care for Mrs. "LW" at PMB "NT" was provided continuously, although several discrepancies were identified between theoretical concepts and actual practices in the field.

Keywords: Third Trimester Pregnancy, Unmet Need for Family Planning, Comprehensive Midwifery Care.